



Colorado High School Activities Association

'Seeking Excellence in Academics, Activities and Athletics'



14855 E. 2nd Ave.
Aurora, CO 80011
(303) 344-5050
Fax (303) 367-4101
www.chsaa.org

September, 2011

TO: CROSS COUNTRY REGIONAL DIRECTORS

RE: CROSS COUNTRY REGIONAL QUALIFYING MEETS

I want to thank you for agreeing to host your Regional State Qualifying Cross Country Meet. I appreciate the time and effort that you put forth to make sure the quality of your meet is above standard.

Enclosed is the 2011 Cross Country Regional and State Bulletin. I have also enclosed a copy of the updated regional sites.

I will need all site directors to FAX or E-mail (rblanfordgreen@chsaa.org) me a copy of your final results no later than 7:00 pm Saturday, October 22, 2011. Please don't mail your entries. Final preparations for the State Championships are expedited when your entries are in our office by Saturday evening.

Coaches will enter their own entries into "The End Result" system by 10:00 am Sunday, October 23. I need your final results to double-check their entries.

****NOTE: ENTRIES CAN BE FAXED TO THE CHSAA (303-367-4101)***

PLEASE NOTE: No Minimum Number of Teams

2A QUALIFIERS - 40% full teams - Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 3-7 members (score "3"). Teams must start and finish race to be included in percentage counts. Maximum of 5 entered for state - no alternates should be entered.

3A QUALIFIERS - 40% full teams - Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 4-8 members (score "4"). Teams must start and finish race to be included in percentage counts. Maximum of 6 entered for state - no alternates should be entered.

4A/5A QUALIFIERS - 40% full teams - Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 5 to 9 members (score "5"). Teams must start and finish race to be included in percentage counts. Maximum of 7 entered for state - no alternates should be entered.

I wish to take this opportunity to thank you again for hosting a regional qualifying meet. If any questions come up, feel free to contact this office.

Sincerely,

Rhonda Blanford-Green
Assistant Commissioner

Enclosures: 2011 Cross Country Regional & State Bulletin

NOTE: We have instructed Marvin Rhodes, Echelons to send the plaques directly to you. If you have not received the regional championship plaques and individual ribbons by October 17, 2011, contact me.

THE FOLLOWING REPRESENTS THE BASIC RESPONSIBILITIES OF THE CROSS COUNTRY REGIONAL DIRECTOR

- Initial planning of the event (timing plan, scorers, starters, workers, facilities, course measurements, etc.
- Communication to Athletic Directors and/or Coaches on site location, time schedule, and additional procedures pertaining to the event.
- Coordination of Games Committee.
- Distribution of plaques and medals to athletes.
- Have emergency medical plan in place and a trainer or trained medical personnel on site. Inform coaches on the location of medical area.
- Should pre-inspect facilities and course to insure safety for athletes, coaches, and spectators.
- Forward all necessary information to the CHSAA office by the deadline time schedule.
- Inform CHSAA Liaison of any disqualification or problems that occur during or after the meet.
- Have a great time and know that your administration of this event is greatly appreciated.

Thanks

Rhonda Blanford-Green

1. LIST OF SCHOOLS IN YOUR REGIONAL:

The new list of schools in your regionals (please refer to the attached new list) reflects the schools who indicated that they had cross country at the beginning of the season. If a school that is not on the attached list enters your regional, instruct them that they will need clearance from the CHSAA before they are able to compete. Director can call Rhonda Blanford-Green (cell phone # 720-581-8104) or Jane Boudreau.

If you do not receive an entry from a school on your list, make certain to call them.

2. ONE PERSON TEAMS:

One-person teams may enter regionals but will not receive a team score.

3. TEAM SCORING:

Team scores only reflect teams with the required number of runners. Do not displace individual's place and re-score using team finishers. Athletes earn their point finish for final results.

4. SATURDAY DEADLINE:

The individual and team finishers form must be in our office by Saturday, October 22, 2011 at 7:00 pm. Rhonda Blanford-Green or Jane Boudreau will accept your faxes at the office 303-367-4101 or E-mail rblanfordgreen@chsaa.org.

5. TIES:

In team scoring shall be resolved by comparing the next place finishers from the tying teams. The team with the highest finisher shall prevail. If one team does not have a next place finisher, the team with the next place finisher shall prevail. If the maximum competitors of tying teams finish, the tie shall be resolved by totaling the scores of all the finishers.

6. COACHING AT CHAMPIONSHIPS:

Coaches may instruct, give splits from an unrestricted area. Restricted: all areas on the race course including chute area directly behind start and finish areas. Officials may designate other areas for restriction.

7. UNIFORM RULE:

Follow it to the letter, but assist schools prior to the race and give them an opportunity to correct their uniforms.

Jog bras are not considered visible apparel. Athletes may wear any color or design. Teams do not have to wear the same jog bra.

If hats and gloves are determined to be necessary by your games committee due to adverse weather, a ruling will be made. They do not have to match.

**QUALIFIERS MUST BE ON THIS FORM OR SAME FORMAT
DO NOT SEND RESULTS "USE THIS FORM"**

BOYS

FINAL RESULTS - FAX SHEET

BOYS

By 7:00 pm - Saturday, October 22, 2011

Please Fax (303-367-4101) or E-mail (rblanfordgreen@chsaa.org) this form/information to Rhonda Blanford-Green. **Submit results to milesplit.com**

Class _____ Region # _____ Site Director _____

School Phone _____ Home Phone _____ Cell Phone _____

LIST INDIVIDUAL QUALIFIERS - ALL CLASSIFICATIONS

<u>Place</u>	<u>First Name</u>	<u>Last Name</u>	<u>High School</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____
11.	_____	_____	_____
12.	_____	_____	_____
13.	_____	_____	_____
14.	_____	_____	_____
15.	_____	_____	_____

TEAMS ADVANCING TO STATE - List School Name Only

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

**QUALIFIERS MUST BE ON THIS FORM OR SAME FORMAT
DO NOT SEND RESULTS "USE THIS FORM"**

**QUALIFIERS MUST BE ON THIS FORM OR SAME FORMAT
DO NOT SEND RESULTS "USE THIS FORM"**

GIRLS

FINAL RESULTS - FAX SHEET

GIRLS

By 7:00 pm - Saturday, October 22, 2011

Please Fax (303-367-4101) or E-mail (rblanfordgreen@chsaa.org) this form/information to Rhonda Blanford-Green. **Submit results to milesplit.com**

Class _____ Region # _____ Site Director _____

School Phone _____ Home Phone _____ Cell Phone _____

LIST INDIVIDUAL QUALIFIERS - ALL CLASSIFICATIONS

<u>Place</u>	<u>First Name</u>	<u>Last Name</u>	<u>High School</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____
11.	_____	_____	_____
12.	_____	_____	_____
13.	_____	_____	_____
14.	_____	_____	_____
15.	_____	_____	_____

TEAMS ADVANCING TO STATE - List School Name Only

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

**QUALIFIERS MUST BE ON THIS FORM OR SAME FORMAT
DO NOT SEND RESULTS "USE THIS FORM"**

7. **UNIFORM RULE (Continued):**

A competitor may be disqualified for wearing an illegal uniform as outlined in Rule 9, Section 6 (2011 Track & Field Rules, page 67-68). (Article 4 is the same rule which applies to track relay teams.)

Contestants shall not wear jewelry with the exception of religious or medical medals. If such medals are worn, they shall be taped to the body under the uniform.

Wrist watches, sunglasses and headbands can be worn.

8. **WIRELESS COMMUNICATION**

Coaches may use wireless communication (cell phones, walkies, etc.) to communicate with others in a non-restricted area. Any communication actual or perceived with competing athletes will result in a disqualification of the athlete and an unsportsmanlike ejection of the coach(s) involved with the violation.

CELL PHONES USED IN THE RESTRICTED AREA WILL RESULT IN AN EVENT DISQUALIFICATION.

9. **DISQUALIFICATION (Rule 9 – Section 7)**

ART. 1 . . . A competitor who false starts. (See 5-7-4)

ART. 2 . . . A competitor who interferes with another competitor. (See 4-6-3 through 5)

ART. 3 . . . A competitor who is unsporting or uses unacceptable conduct. (See 4-6-1, 2)

ART. 4 . . . A competitor receives any assistance from any other person. (See 4-6-8)

NOTE: Providing liquids during competition is not considered to be an aid or assistance.

ART. 5 . . . A competitor who fails to complete the prescribed course that is defined by a legal marking system.

PENALTY: (Arts. 1-5) Disqualification from the event.

10. **SUSPENSION (Rule 3 – Section 2)**

ART. 5 . . . A meet may be suspended by the games committee, in collaboration with the referee, due to an emergency such as hazardous weather conditions or power failure.

11. **LIQUIDS**

Providing liquids during competition is not considered to be an aid or assistance (See Rule 9 – Section 7 – Article 4)

UPDATED

2011

**CROSS
COUNTRY**

REGIONALS

2011 BOYS' & GIRLS' CROSS COUNTRY REGIONALS

CLASS 2A

(Schools may be added or deleted from regional based on ability to field teams)

REGION #1 (13) Alexander Dawson, Collegiate Academy, Denver Academy, Denver Christian, Lutheran (Parker), Lyons, *Merino, Nederland, Resurrection Christian, Shining Mountain Waldorf, Union Colony, Wiggins, Yuma

Site: Lyons High School
Date: Thursday, October 20 Time - TBA
Director: Mark Roberts, Coach
School: Lyons High School
S. 2nd Street
Lyons 80540
Phone: 303-823-6631

REGION #2 (12) Colorado Springs School, Evangelical Christian, Fountain Valley, Front Range Christian, Kiowa, *Peyton, Pikes Peak Christian, Plainview, Rocky Ford, Rye, South Baca, Vanguard

Site: Fountain Creek Regional Park (Fountain)
Date: Friday, October 21
Director: Tim VanSickler, AD
School: Peyton High School
13885 Bradshaw Road
Peyton 80831
Phone: 719-749-0417

REGION #3 (11) Antonito, Centennial, Center, *Creede, Custer County, Del Norte, John Mall, Mountain Valley/Moffat, Sangre de Cristo, Sargent, Sierra Grande

Site: Monte Vista Golf Course
Date: Friday, October 21 – Time: 9:00 am
Director: Kyle Uhrich, Cross Country Coach
School: Creede High School
308 LaGarita Street
Creede 81103
Phone: 719-658-2220

CLASS 2A (Continued)

REGION #4 (8) Crested Butte Community, DeBeque, **Lake City** Community, Mancos, *Meeker, Ouray, Rangely, Telluride

Site: Confluence Park - Delta
Date: Wednesday, October 19 – Time: 1:00 pm
Director: Bruce Keith, AD
School: Delta High School
1400 Pioneer Road
Delta 81416
Phone: 970-874-8031

* - Indicates school responsible for facilitating selection of regional site, time and director. Regional sites will be alternated on a yearly basis. If a school would like to facilitate the regional meet, contact the school with the asterisk.

Qualifying Procedure - 40% full teams – Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 3-7 members (score "3"). Teams must start and finish race to be included in percentage counts. Maximum of 5 entered for state – no alternates should be entered.

2011 BOYS' & GIRLS' CROSS COUNTRY REGIONALS

CLASS 3A

(Schools may be added or deleted from regional based on ability to field teams)

REGION #1 (14) Aspen, Basalt, Bayfield, Buena Vista, Centauri, Coal Ridge, Grand Valley, *Gunnison, Hotchkiss, Lake County, Monte Vista, Olathe, Pagosa Springs, Rifle

Site: Confluence Park - Delta
Date: Wednesday, October 19 – Time: 2:00 pm
Director: Bruce Keith
School: Delta High School
1400 Pioneer Road
Delta 81416
Phone: 970-874-8031

REGION #2 (11) Alamosa, Classical Academy, Colorado Springs Christian, Ellicott, Florence, *James Irwin Charter School, La Junta, Lamar, Manitou Springs, St. Mary's, Salida

Site: Fountain Creek Regional Park (Fountain)
Date: Friday, October 21
Director: Alan Versaw, CC Coach & Blake Gavin, AD
School: The Classical Academy
975 Stout Road
Colorado Springs 80921
Phone: 719-484-0091

REGION #3 (14) Academy, The, Arrupe Jesuit, Clear Creek, Colorado Academy, Denver School of Sci. & Tech., Faith Christian, Holy Family, Kent Denver, *Peak to Peak Charter, Machebeuf, Bishop, Middle Park, Platte Canyon, St. Mary's Academy, Sheridan

Site: Holy Family High School
Date: Friday, October 21
Director: Tom Buckner
School: Peak to Peak High School
800 Melin Drive
Lafayette 80026
Phone: 303-917-4255

CLASS 3A (Continued)

REGION #4 (15) Berthoud, Brush, Eagle Ridge Academy, Eaton, Estes Park, Frontier Academy, **Highland**, Jefferson Academy, Mead, Pinnacle (The), Platte Valley, Strasburg, University, *Valley, Weld Central

Site: Lyons High School
Date: Thursday, October 20 – Time: TBA
Director: Kathy Leiding, AD & Mark Roberts, Coach
School: Lyons High School
100 S. 2nd Avenue
Lyons 80540
Phone: 303-823-6631

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Qualifying Procedure - 40% full teams - Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 4 - 8 members (score "4"). Teams must start and finish race to be included in percentage counts. Maximum of 6 entered for state – no alternates should be entered.

2011 BOYS' & GIRLS' CROSS COUNTRY REGIONALS

CLASS 4A

(Schools may be added or deleted from regional based on ability to field teams)

REGION #1 (15) Alameda, Arvada, Centaurus, Conifer, D'Evelyn, *Denver North, Englewood, Evergreen, Fort Lupton, Golden, Green Mountain, Mullen, Skyview, Valor Christian, Wheat Ridge

Site: City Park
Date: Friday, October 21
Director: Justin Saylor
School: Denver Public Schools
2700 W. 7th Avenue
Denver 80204
Phone: 720-423-4247

REGION #2 (15) Broomfield, Erie, Fort Morgan, Frederick, Greeley Central, Longmont, Mountain View, Niwot, Northridge, *Roosevelt, Silver Creek, Skyline, Sterling, Thompson Valley, Windsor

Site: Lyons High School
Date: Thursday, October 20 – TBA – 3:00 pm
Director: Mark Roberts, Cross Country Coach
School: Lyons High School
100 S. 2nd Avenue
Lyons 80540
Phone: 303-823-6631

REGION #3 (15) Air Academy, Denver South, Denver West, Discovery Canyon, Elizabeth, Falcon, J.F. Kennedy, Lewis Palmer, *Mitchell, Palmer Ridge, Ridgeview, Sand Creek, Thomas Jefferson, Wasson, Woodland Park

Site: Monument Valley Valley Park
Date: Thursday, October 20
Director: David Eichman, District Athletic Director
School: Colorado Springs School District #11
2020 Glenn Summer
Colorado Springs 80903
Phone: 719-520-2690

CLASS 4A (Continued)

REGION #4 (14)

*Canon City, Cheyenne Mountain, Coronado, Harrison, Mesa Ridge, Pueblo Centennial, Pueblo Central, Pueblo County, Pueblo East, Pueblo South, Pueblo West, Sierra, Vista Ridge, Widefield

Site: Pueblo City Park
Date: Thursday, October 20 – Time: 4:00 pm (Girls)
Director: Rick Macias, District Athletic Director
School: Pueblo City Schools
315 W. 11th
Pueblo 81003
Phone: 719-549-7135

REGION #5 (11)

Battle Mountain, Delta, Durango, Eagle Valley, Glenwood Springs, Moffat County, Montezuma-Cortez, *Montrose, Palisade, Steamboat Springs, Summit

Site: Confluence Park - Delta
Date: Wednesday, October 19 – Time: 3:00 pm
Director: Bruce Keith, AD
School: Delta High School
1400 Pioneer Road
Delta 81230
Phone: 970-874-8031

* - Indicates school responsible for facilitating selection of regional site, time and director. Regional sites will be alternated on a yearly basis. If a school would like to facilitate the regional meet, contact the school with the asterisk.

Qualifying Procedure - 40% full teams – Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 5 to 9 members (score "5"). Teams must start and finish race to be included in percentage counts. Maximum of 7 entered for state – no alternates should be entered.

2011 BOYS' & GIRLS' CROSS COUNTRY REGIONALS

CLASS 5A

(Schools may be added or deleted from regional based on ability to field teams)

REGION #1 (12) Abraham Lincoln, Arapahoe, Arvada West, Aurora Central, Columbine, Denver East, Eaglecrest, *Grand Junction, Littleton, Montbello, Smoky Hill, Thornton

Site: Denver City Park
Date: Friday, October 21
Director: Justin Saylor
School: Denver Public Schools
2700 W. 7th Avenue
Denver 80204
Phone: 720-423-4245

REGION #2 (13) Bear Creek, Central (GJ), Chatfield, Cherokee Trail, Cherry Creek, Dakota Ridge, *Gateway, Grandview, Heritage, Overland, Regis (Boys), Regis (Girls), Standley Lake

Site: Aurora Sports Park
Date: Wednesday, October 19 – 4:00 pm
Director: Justin Hoffman, Athletic Director
School: Gateway High School
1300 S. Sable Blvd.
Aurora 80012
Phone: 303-326-1827

REGION #3 (12) Boulder, Fairview, Fruita Monument, George Washington, Greeley West, Hinkley, Lakewood, Monarch, Pomona, Ralston Valley, *Rangeview, ThunderRidge

Site: Aurora Sports Park
Date: Wednesday, October 19 – 2:30 pm
Director: Vic Strouse, Athletic Director
School: Rangeview High School
17599 E. Iliff Avenue
Aurora 80013
Phone: 303-271-2856

CLASS 5A (Continued)

REGION #4 (13) Adams City, Brighton, Fort Collins, Fossil Ridge, Horizon, Legacy, Loveland, Mountain Range, Northglenn, Poudre, *Prairie View, Rocky Mountain, Westminster

Site: Adams County Fairgrounds
Date: Friday, October 21
Director: Rich Affleck, AD
School: Prairie View High School
12909 E. 120th Avenue
Henderson 80640
Phone: 303-655-8800

REGION 5 (15) Castle View, Chaparral, Doherty, Douglas County, Fountain-Fort Carson, *Highlands Ranch, Legend, Liberty, Mountain Vista, Palmer, Pine Creek, Ponderosa, Rampart, Rock Canyon

Site: Monument Valley Park
Date: Thursday, October 20 – Time: 2:00 pm
Director: Dave Eichman, District Athletic Director
School: Colorado Springs School District #11
2020 Glenn Summer
Colorado Springs 80903
Phone: 719-520-2690

* - Indicates school responsible for facilitating selection of regional site, time and director. Regional sites will be alternated on a yearly basis. If a school would like to facilitate the regional meet, contact the school with the asterisk.

Qualifying Procedure - 40% full teams – Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 5 to 9 members (score "5"). Teams must start and finish race to be included in percentage counts. Maximum of 7 entered for state – no alternates should be entered.

REGIONAL DIRECTORS

CHECKLIST

_____ **Make copies of the following pages for all regional coaches. Distribute to head coaches.**

_____ **Fax final results to Rhonda Blanford-Green at 303-367-4101 by 7:00 pm Saturday, October 22, 2011.**

_____ **You are not responsible for team entries to state.**

In the event of inclement weather, you will run your event on the next available day (possible Sunday). Please call.

**Important number to remember:
Rhonda's cell phone – 720-581-8104.**

**DIRECTORS – PLEASE MAKE A COPY OF THESE
PAGES FOR ALL REGIONAL COACHES**

STATE CROSS COUNTRY CHAMPIONSHIP INFORMATION

STATE MEET INFORMATION

(60th Annual Boys – 33rd Annual Girls)

**COACHES YOU MUST ENTER YOUR OWN ATHLETES –
SEE ENTRY INSTRUCTIONS INCLUDED IN THIS
PACKET**

SITE

Arapahoe County Fairgrounds - Aurora

DATE

Saturday, October 29, 2011

HOST

CHSAA, Smoky Hill High School, Runner's Roost

SITE DIRECTOR

Brian Manley, Coach – Smoky Hill High School
Jeff Blivens, Coach – Smoky Hill High School
Tom Fitzgerald, Coach – Smoky Hill High School
Ed Riegert, Special Events Runner's Roost

MEET DIRECTOR

Rhonda Blanford-Green, Associate Commissioner, CHSAA

REFEREES

Jim Gjerde
KC Logan

TIME SCHEDULE

2A Girls – 9:30 am - 3A Boys – 10:00 am - 4A Boys - 10:30 am - 5A Girls - 11:00 am
2A Boys - 11:30 am - 3A Girls - 12:00 pm - 4A Girls - 12:30 pm - 5A Boys - 1:00 pm

DISTANCE

The race will be run on the site of Arapahoe County Fairgrounds. The course is a 5000m course and consists of rolling hills, dirt, and prairie grass. National Federation and CHSAA rules will be adhered to for the state meet.

STATE SITE INFORMATION (from Site Director)

The Arapahoe County Fairgrounds Site:

1. Bus and Team parking as directed by parking attendants.
2. The Pre-State Meet will be the ONLY opportunity to compete on the future state course. As of this printing, all teams that replied ON TIME for the Pre-State Meet have been accepted. PLEASE do not show up at the Pre State Meet to warm-up on the course. Only accepted teams for the Meet will be allowed on the course. **Failure to comply with this rule could result in team/coach placed on RESTRICTION.**
3. Please police your team camps for trash and athlete gear!

QUALIFIERS TO STATE

2A QUALIFIERS – 40% full teams – Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 3-7 members (score "3"). Teams must start and finish race to be included in percentage counts. Maximum of 5 entered for state – no alternates should be entered.

3A QUALIFIERS - 40% full teams – Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 4-8 members (score "4"). Teams must start and finish race to be included in percentage counts. Maximum of 6 entered for state – no alternates should be entered.

4A/5A QUALIFIERS - 40% full teams – Athletes who finish in the top 15 places and don't exceed their state team entry maximum. Full teams must consist of 5 to 9 members (score "5"). Teams must start and finish race to be included in percentage counts. Maximum of 7 entered for state – no alternates should be entered.

Rounding Teams:

Example – 4 teams 0 to .49 = 4 teams
 .50 to .99 = 5 teams

SCORING

Individuals:

All athletes finishing in the “Top 15” will be awarded a ribbon (but all may not advance to state if their team numbers exceed maximum). No additional runners will be moved up. All runners are considered regional finishers. A coach must make a decision on advancing individual athletes as no team can advance more athletes than the stated team maximum.

Point Scoring:

- All varsity runners will be scored by the places in which they finish. This means that the team scores will not be re-tabulated. (This interpretation is different from one I gave at the Coach’s Clinic – through conversations, re-scoring meets without automatic timing systems can set up a scenario of individual/and team point scoring errors).

The committee can discuss an alternative scoring process at the November Committee Meeting.

- No athletes will be displaced in scoring. All Athletes considered varsity team members (not alternates) and no re-scores of final team results.

Example

2A school has 6 athletes place in Top 15. 2A team has team maximum of 5 entries to state. Only 5 athletes can be entered to represent the school at state. 6th athlete is not automatically eligible to represent his/her team at state. Team maximums at state are a coaches decision.

ENTRIES TO STATE (Coaches Entries by October 23 – 10:00 am)

The state cross country meet will be timed/scored through “Champion Chip/The End Result”.

Information on entering your athletes advancing to state is included in this packet. Coaches (not regional directors) will be responsible for competitor’s entries into the “champion chip” system.

Two independent chip timing systems will be in place, one primary, one for a back-up. We will also have a video review system in place.

The scoring team will be conducted of “Champion Chip Minnesota”.

SUBSTITUTION FROM REGIONAL TO STATE

Individual Qualifiers:

If a runner who has qualified as an individual at regional is unable to compete in the state meet, the next finisher shall be eligible to compete in the state meet provided the regional director contacts the CHSAA Cross Country Administrator. No changes will be made once results are submitted to CHSAA.

Team Qualifiers:

A school qualifies a team -- not five or seven individuals -- to state. Team members are eligible for the top ten places awarded at state. All team members must be entered electronically.

DO NOT CALL IN TEAM SUBSTITUTIONS. DO NOT ENTER ALTERNATES IN CHAMPION CHIP SYSTEM..

A coach of a qualifying team may substitute eligible team members for those who competed at regionals. Coaches do not have to notify the CHSAA on team changes. Regional entries have to be turned into our race coordinator on Sunday. Champion Chip information for school entries will be forwarded in the Regional Director's packet. We can make changes up to one hour prior to the start on race day. Every athlete is given an assigned individual number and two-chips for competition. If you substitute a team runner without notification on race day, your runner will be given the name and time of their former team member. Scratch/add sheets will be in each coach's packet on race day. They must be submitted to the CHSAA liaison (in writing) at the race inquiry table - one hour prior to the athlete's race. **Do not put alternates in your entries on Champion Chip.**

INQUIRY TABLE

- Team Athlete Changes
- Name/Team Corrections
- Omitted Athletes
- Protest (all protest will be reviewed at inquiry table and must be in writing - forms at inquiry table)
- General Questions

DIRECTIONS

See attached map.

APPEALING A DECISION AT THE STATE CHAMPIONSHIPS

If a head coach has an appeal or protest regarding a misapplication of a rule, clerical or scoring errors, or order of finish, they may use the form provided in their packet to file a formal protest at the inquiry table. The games referee will handle all protest. A games committee decision on a case being appealed will be final.

If a coach is ejected for interference with any athlete during the course of the race, the team and coach/individual who interfered will be ejected. National Federation rules permit the referee and/or games committee to eject the team and the interfering coach/individual.

SCHOOL PACKET PICK-UP

Packets may be picked up starting at **8:30 a.m.** on Saturday, October 29, at the start headquarters. Packet pick-up at the main building. You can pick up packets for all classifications after 8:30 a.m.

COURSE RESTRICTED

No teams or individuals may run or walk the course except for participation in the Pre-State Meet. This includes the day before the state meet. No exceptions. The course is restricted. HINT: Stay away from the course on Friday. Course officials report coaches on/or near the course. There has been confusion in the past. Please advise all coaches and athletes associated with your team to stay clear of the course.

Disqualification of a team can result from a failure to comply with this rule.

MEASURING DEVICES

Measuring devices (wheels, metal tapes, etc.) will not be allowed on the championship course the Friday prior to and/or championship day.

PENALTY: Disqualification from the meet and subsequent probation/restriction penalties based on CHSAA By-laws.

The devices on the course are disruptive to the administration of the meet. Each athlete will run the course at the equitable distance as measured by the site director.

CHECK IN

Athletes will receive all information in the team packet. They need to check-in at the starting line. Please make sure two-chips per athlete.

SCORING

Please direct all concerns or inquiries to a CHSAA administrator. Our timing company will use a timing chip system administrated by John Magnuson.

STATE PARTICIPATION CERTIFICATE

Each qualifying team will receive a packet containing an appropriate number of state meet participation certificates for each team member competing in the state meet.

Schools with individual qualifiers will also receive certificates for each qualifier when they pick up their meet information.

The purpose of the attractive, suitable-for-framing certificates is to recognize the dedication and accomplishments of all the athletes competing at the state level.

Additional certificates may be ordered from the CHSAA for coaches, assistant coaches, and managers at a cost of \$.25 per certificate.

Additional certificates are NOT to be ordered for team members who did not compete at the state meet.

To order: Call Sharon Aguilar at 344-5050 OR mail request with accompanying check to:

Attention: Sharon Aguilar
14855 E. Second Ave.
Aurora, CO 80011

OUTER APPAREL

The Games Committee will determine on race day if hats and gloves will be allowed. Illegal uniforms will result in a disqualification.

DRESSING ROOM FACILITIES

No dressing room facilities will be available at the state championship site. All runners should arrive in competition attire.

AWARDS PRESENTATION

Individual awards will be presented following each race in front of the grand stand. Team Trophy ceremonies will be held under "Green Awning/Tent" after the final race of the meet has concluded.

INHALERS

Inhalers may be used during races. Coaches need to have a doctor's okay on hand. Do not need to present a note to the CHSAA Liaison.

SUNGLASSES

Sunglasses may be worn at the regional and state meet. Games committee's have the opportunity to make their decision at their individual meets.

DOCTORS AND TRAINERS

Doctors and trainers will be provided by the Colorado High School Activities Association. They will be on the course and located at the finish.

PARKING

Parking attendants will direct bus/team and spectator upon arrival. Entrance located off Quincy Road at Fairground Entrance. **(NO CHARGE)**

TEAM RESULTS

You can get the final individual and team results from the Champion Chip web site (address will be in the state packet) or the CHSAA web site (www.chsaa.org). We will post team results following the Awards Ceremony at the Inquiry Table.

T-SHIRTS

Official 2011 CHSAA State Cross Country Meet T-shirts with four-color logo will be available at the state meet while they last.

Pre-sale of 2011 Cross Country Merchandise will be held at the Red Lion – Denver Southeast from 4:00 pm – 8:30 pm in Main Lobby.

Merchandise: T-shirts, patches, sweats and hats
Sizes: small, medium, large, extra-large

HOTEL – MOTELS

Reservations for hotels and motels should be secured as early as possible (list in back of packet).

INSTRUCTIONS FOR REGISTERING

DO NOT ENTER ALTERNATES – ALTERNATES ENTERED AT INQUIRY TABLE ON RACE DAY.

Congratulations!

Here are your instructions for registering your individual/team for the 2011 CHSAA State Cross Country Championships.

- Log onto “theendresultco.com” then to tab that says XC
- You will need to create an account if you did not attend the Fossil Ridge Invitational.
- You must create an account, once all info is filled in click the “continue sign-up” button on the login page.
- Once you have created a school – you must create your rosters. Click the male/female roster icons under the “Your Rosters” heading. After you’ve entered your athletes, click “save changes”.

If you have technical problems with the website, please contact:

John Magnuson
ChampionChip Minnesota
651-227-4810

REGISTRATION DEADLINE – SUNDAY, OCTOBER 23 BY 10:00 AM

The website will shut down at 10:15 am, please sign-up on time. If you need to make changes, you can do so the day of the race at the Inquiry Table.

CHECK-IN PROCESS

When you arrive please head to the check-in tables. There you will receive course maps, bibs, lane assignments, chips, and information on how to attach the chips to each shoe.

CHECKOUT PROCESS

All schools are responsible for turning the chips back in before they leave the meet. Each chip not turned in will come with a \$30 charge (per athlete) to the school. Coaches should collect both chips from athletes after their race and turn them in on your way out. Checkout will be at the same location as the check-in station.

ORDER OF RACE

9:30 am	2A Girls	Run 5, Score 3
10:00 am	3A Boys	Run 6, Score 4
10:30 am	4A Boys	Run 7, Score 5
11:00 am	5A Girls	Run 7, Score 5
11:30 am	2A Boys	Run 5, Score 3
12:00 pm	3A Girls	Run 6, Score 4
12:30 pm	4A Girls	Run 7, Score 5
1:00 pm	5A Boys	Run 7, Score 5

FINISH

COACH YOUR ATHLETES TO RUN THROUGH THE TIMING PADS (MINIMIZE FINISH LINE DRAMA)

RESULTS

Race results will be posted shortly after each race at the by the inquiry table. You will also be able to access results online at:

http://www.onlineraceresults.com/event/view_event.php?event_id=1181

Congratulations for advancing to the 2011 CHSAA State Cross Country Championships.

If you have technical problems with the website, please contact:

John Magnuson
ChampionChip Minnesota
651-227-4810

Any other questions, contact:

Rhonda Blanford-Green, CHSAA Assistant Commissioner
303-344-5050 (work)

HOST HOTEL

Red Lion Hotel Denver Southeast



Colorado High School

Boys and Girls Cross Country

Host Hotel

Special \$79.95 discounted rate

October 29, 2011

- Complimentary meeting room for team meetings, including TV/DVD set-up
- Complimentary, hourly airport transportation
- Complimentary Roaring Start Hot Breakfast Buffet
 - Onsite guest laundry facilities
 - Free Wi-Fi

****Meeting space based on availability**

To make a reservation, please contact Maryellen at 303-695-1700 Ext. 2012 or email her at maryellen.sims@redlion.com

To reserve meeting space for your team contact Missy at 303-306-3325 or email her at melissa.marsh@redlion.com

HOTELS/MOTELS

CAMBRIA SUITES - DIA

16001 E. 40th Circle, Aurora, CO 80011
303-576-9600

COMFORT INN SOUTHEAST

14071 E. Iliff Ave., Aurora, CO
303-755-8000

DOUBLETREE - DENVER SE - AURORA

13696 E. Iliff Place, Aurora, CO
303-337-2800

FAIRFIELD INN

13851 E. Harvard Ave., Aurora, CO
303-745-6700

HAMPTON INN & SUITES PARKER

19010 E. Cottonwood Dr., Parker, CO
303-841-2977

HOLIDAY INN SELECT DENVER - PARKER

19308 Cottonwood Drive, Parker, CO
303-248-2147

HOMESTEAD STUDIO SUITES DENVER - AURORA

13942 E. Harvard Ave., Aurora, CO
303-750-9116

MOTEL 6 DENVER EAST - AURORA

14031 E. Iliff Ave., Aurora, CO
303-873-0286

RAMADA HOTEL & SUITES - ENGLEWOOD

7770 S. Peoria, Englewood, CO
303-790-7770

SADDLE ROCK VILLAGE INN BUILDING

22902 E. Smoky Hill Road, Aurora, CO
720-870-7860

SUPER 8-PARKER

6230 E. Pine Lane, Parker, CO
303-755-8000

WYNDHAM HOTELS & RESORTS

5272 S. Sicily Way - Aurora, CO
303-693-5604

COURSE MAP

COURSE MAP OF ARAPAHOE COUNTY FAIRGROUNDS 2010 PRE-STATE AND STATE MEET COURSE (DISTANCES ARE APPROXIMATE)

~ 100 FOOT ELEVATION GAIN & LOSS WITH EACH LOOP – 100% DIRT AND GRASS

MILE 1 

MILE 2 

MILE 3 



SOCK DRIVE

**Colorado Cross Country Athletes
Making A Difference!!**

**The CHSAA will be collecting
“NEW” White Socks
To be donated to the
Veteran’s Hospital
And the
Denver Homeless Shelter**

**There will be drop boxes at Registration
Table, Runner’s Roost Tent and other
locations to be announced
at the State Cross Country
Championships – Arapahoe County
Fairgrounds.**