



# REGIONAL ENTRY FORM

**MAIL TO: Your regional director on Sunday, February 5, 2011**

\_\_\_\_\_ **High School      Class      2A      3A      4A      5A**

This is to certify that each wrestler named above:

1. Is eligible as specified by the Colorado High School Activities Association in the by-laws relating to general and athletic eligibility?
2. Has a weight card for him on file in the principal's office and his name appears on the school's official weight certification list.
3. Has not accumulated more than 30 points (match count total) in all matches during the wrestling season.
4. Is not entered in a weight class lower than that in which he has had half of his weigh-ins on or after January 2<sup>nd</sup>.
5. He is not entered in a weight more than one weight class above that in which his actual weight would place him (with the two pound growth allowance added). The minimum weight for a 285-pound contestant is 195+ pounds. The maximum weight for any contestant shall be 285 pounds.

NOTE: The growth allowance does affect the 285-pound contestant. He may weigh 286 on the second consecutive day of competition.

Principal's Signature \_\_\_\_\_ Date \_\_\_\_\_

Coach's Signature \_\_\_\_\_ Date \_\_\_\_\_