

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004
State Track & Field Championships (4A, 5A)
Jeffco Stadium, Lakewood, CO
Results

Girls 100 Meter Dash 4A

State Meet:	11.34 S 5/21/2004	Ashley Owens
Colorado:	11.37 C 1997	Alisha Latimer
National:	11.14 N 1992	Marion Jones
Name	Yr	SchoolPrelims

Preliminaries

1	Ashley Owens	SR	Liberty	S	11.34	Q	0.9
2	Griffin Matthew	SO	Niwot		12.03	Q	0.7
3	Kira Robinson	JR	Mullen		12.38	Q	-1.1
4	Nyeisha Wright	SO	Widefield		12.42	Q	-1.1
5	Katasha McCormick	JR	Sierra		12.44	Q	0.7
6	Lindsey Crawford		Pine Creek		12.59	Q	0.9
7	Faybiana Gobert	SO	Fountain-FC		12.71	q	0.7
8	Kim Markham	SO	Windsor		12.73	q	0.7

Girls 100 Meter Dash 4A

State Meet:	11.34 S 5/21/2004	Ashley Owens
Colorado:	11.37 C 1997	Alisha Latimer
National:	11.14 N 1992	Marion Jones
Name	Yr	SchoolFinals

Finals

1	Ashley Owens	SR	Liberty		11.38	10
2	Griffin Matthew	SO	Niwot		12.08	8
3	Kira Robinson	JR	Mullen		12.29	7
4	Nyeisha Wright	SO	Widefield		12.44	6
5	Lindsey Crawford		Pine Creek		12.59	5
6	Kim Markham	SO	Windsor		12.69	4
7	Faybiana Gobert	SO	Fountain-FC		12.75	3
8	Katasha McCormick	JR	Sierra		12.81	2

Girls 200 Meter Dash 4A

State Meet:	23.42 S 5/21/2004	Ashley Owens
Colorado:	23.36 C 1994	Aspen Burkett
National:	22.67 N 1992	Marion Jones
Name	Yr	SchoolPrelims

Preliminaries

1	Ashley Owens	SR	Liberty	S	23.42	Q	1.5
2	Nyeisha Wright	SO	Widefield		24.91	Q	2.5
3	Griffin Matthew	SO	Niwot		25.57	Q	1.1
4	Katasha McCormick	JR	Sierra		24.99	Q	2.5
5	Allison Hawes	JR	Woodland Pk		25.47	Q	
1.5							
6	Maya Shealey	SO	Skyline		25.88	Q	1.1
7	Faybiana Gobert	SO	Fountain-FC		25.54	q	1.5
8	Caitlin Able	SO	Mullen		25.66	q	2.5

Girls 200 Meter Dash 4A

State Meet:	23.42 S 5/21/2004	Ashley Owens
Colorado:	23.36 C 1994	Aspen Burkett
National:	22.67 N 1992	Marion Jones

Name	Yr	SchoolFinals
-------------	-----------	---------------------

Finals

1	Ashley Owens	SR	Liberty		23.42	S	10
2	Griffin Matthew	SO	Niwot		25.31		8
3	Nyeisha Wright	SO	Widefield		25.43		7
4	Katasha McCormick	JR	Sierra		25.68		6
5	Faybiana Gobert	SO	Fountain-FC		25.83		5
6	Allison Hawes	JR	Woodland Pk		25.90		4
7	Maya Shealey	SO	Skyline		26.00		3
8	Caitlin Able	SO	Mullen		26.33		2

Girls 400 Meter Dash 4A

State Meet:	55.95 S 1994	Amy Feinsinger
Colorado:	53.71 C 1993	Cynthia Newsome
National:	50.74 N 2000	Monique Henderson
Name	Yr	SchoolPrelims

Preliminaries

1	Katasha McCormick	JR	Sierra		56.58	Q
2	Allison Hawes	JR	Woodland Pk		57.67	Q
3	Caitlin Able	SO	Mullen		58.69	Q
4	Jamila Young	SR	Lewis-Palmer		58.56	Q
5	Jessica Peters	SO	Steamboat Sp		59.13	Q
6	Amy Starkweather	SR	Pueblo Count		59.84	Q
7	Melecia Lewis	SR	Ranum		58.95	q
8	Lauren Iseman	SO	Mullen		59.18	q

Girls 400 Meter Dash 4A

State Meet:	55.95 S 1994	Amy Feinsinger
Colorado:	53.71 C 1993	Cynthia Newsome
National:	50.74 N 2000	Monique Henderson
Name	Yr	SchoolFinals

Finals

1	Allison Hawes	JR	Woodland Pk		56.74	10
2	Katasha McCormick	JR	Sierra		56.99	8
3	Caitlin Able	SO	Mullen		58.38	7
4	Jamila Young	SR	Lewis-Palmer		59.04	6
5	Kristen Hughes	FR	Lewis-Palmer		59.92	5
6	Amy Starkweather	SR	Pueblo Count		60.45	4
7	Lauren Iseman	SO	Mullen		60.51	3

Girls 800 Meter Run 4A

State Meet:	2:11.94 S 2001	Jenna Bimbi
Colorado:	2:07.52 C 1996	Tara Mendozza
National:	2:04.50 N 1980	Joetta Clark
Name	Yr	SchoolFinals

1	Laura Knapp	JR	Alamosa		2:17.05	10
2	Angela Potrykus	JR	Conifer		2:17.87	8
3	Sofia Monroe	SO	Pueb Centen'		2:18.45	7
4	Claire Twark	SR	Mullen		2:21.13	6
5	Jennifer Jones	JR	Mullen		2:21.28	5

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

6 Tara King	SO	Steamboat Sp	2:22.29	4
7 Savannah Beecraft	SR	Rifle	2:22.38	3
8 Marissa Urban	JR	Woodland Pk	2:22.66	2

State Meet:	13.86 S 5/22/2004	Kira Robinson
Colorado:	13.23 C 1996	Dominique Calloway
National:	13.20 N 2000	Nicole Denby
Name	Yr	SchoolFinals

Girls 1600 Meter Run 4A

State Meet:	5:01.50 S 2002	Jenna Bimbi
Colorado:	4:49.86 C 1991	Melody Fairchild
National:	4:39.40 N 1985	Laura Matson
Name	Yr	SchoolFinals

Finals

1 Kira Robinson	JR	Mullen	13.86	S	10
2 Nicole Elliott	JR	Liberty	15.32		8
3 Patrice Jordan	JR	Harrison	15.32		7
4 Tasia Schlagel	SR	Niwot	15.34		6
5 Janelle Neumann	JR	Brighton	15.36		5
6 Kim Markham	SO	Windsor	15.65		4
7 Alexis Spiranac	FR	Lewis-Palmer	15.93		3
8 Claire Pedrick	SR	Cheyenne Mt	16.12		2

1 Whitney Anderson	JR	Summit	5:07.92	10
2 Heather Loseke	SR	Pueblo East	5:13.41	8

(Girls 1600 Meter Run 4A)

Name	Yr	SchoolFinals
-------------	-----------	---------------------

3 Angela Potrykus	JR	Conifer	5:13.77	7
4 Marissa Urban	JR	Woodland Pk	5:22.28	6
5 Jennifer Webers	FR	Conifer	5:22.30	5
6 Sierra Anderson	SR	Summit	5:22.84	4
7 Ashlyn Rhule		Mt View	5:24.81	3
8 Calah Sanchez	JR	Pueblo Cntrl	5:28.57	2

Girls 3200 Meter Run 4A

State Meet:	11:03.61 S 5/22/2004	Whitney Anderson
Colorado:	10:34.09 C 1990	Melody Fairchild
National:	9:48.59 N 1996	Kimberly Mortensen
Name	Yr	SchoolFinals

1 Whitney Anderson	JR	Summit	11:03.61	S	10
2 Heather Loseke	SR	Pueblo East	11:32.58		8
3 Sierra Anderson	SR	Summit	11:42.15		7
4 Ashlyn Rhule		Mt View	11:43.03		6
5 Jennifer Webers	FR	Conifer	11:50.02		5
6 Kellie Callahan	SO	Pine Creek	11:52.81		4
7 Kelly Hertnecky	SR	Greeley Cent	11:56.23		3
8 Ashley Poland	SR	Broomfield	11:59.95		2

Girls 100 Meter Hurdles 4A

State Meet:	13.86 S 5/22/2004	Kira Robinson
Colorado:	13.23 C 1996	Dominique Calloway
National:	13.20 N 2000	Nicole Denby
Name	Yr	SchoolPrelims

Preliminaries

1 Kira Robinson	JR	Mullen	14.16	Q	0.8
2 Kim Markham	SO	Windsor	15.34	Q	-0.6
3 Janelle Neumann	JR	Brighton	15.46	Q	-0.5
4 Tasia Schlagel	SR	Niwot	15.37	Q	-0.6
5 Patrice Jordan	JR	Harrison	15.43	Q	0.8
6 Nicole Elliott	JR	Liberty	15.81	Q	-0.5
7 Alexis Spiranac	FR	Lewis-Palmer	16.18	q	-0.6
8 Claire Pedrick	SR	Cheyenne Mt	16.23	q	-0.5

Girls 100 Meter Hurdles 4A

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results****Girls 300 Meter Hurdles 4A**

State Meet: 43.59 S 5/22/2004 **Melecia Lewis**
Colorado: 41.35 C 2000 **Twink Krainik**
National: 39.98 N 2001 **Lashinda Demus**

Name	Yr	School	Prelims
------	----	--------	---------

1	Fountain-Ft Carson	49.03	10
2	Lewis-Palmer	49.30	8
3	Harrison	50.26	7
	Greeley West	50.69	6

Preliminaries

1	Melecia Lewis	SR	Ranum	45.27	Q
2	Tasia Schlagel	SR	Niwot	46.23	Q
3	Crystal Ross	SR	Woodland Pk	47.20	Q
4	Kim Markham	SO	Windsor	46.50	Q
5	Rachel Thomsen	FR	Brighton	47.04	Q
6	Kaity Edmiston	SO	Palisade	48.21	Q
7	Jackie Shea	FR	Mt Vista	47.73	q
8	Cameron Smith	SO	Sterling	47.93	q

Girls 300 Meter Hurdles 4A

State Meet: 43.59 S 5/22/2004 **Melecia Lewis**
Colorado: 41.35 C 2000 **Twink Krainik**
National: 39.98 N 2001 **Lashinda Demus**

Name	Yr	School	Finals
------	----	--------	--------

Finals

1	Melecia Lewis	SR	Ranum	43.59	S	10
2	Kim Markham	SO	Windsor	46.11		8
3	Tasia Schlagel	SR	Niwot	46.25		7
4	Crystal Ross	SR	Woodland Pk	46.80		6
5	Cameron Smith	SO	Sterling	47.89		5
6	Rachel Thomsen	FR	Brighton	47.93		4
7	Jackie Shea	FR	Mt Vista	47.96		3
8	Janelle Neumann	JR	Brighton	51.61		2

Girls 4x100 Meter Relay 4A

State Meet: 48.38 S 2003 **Niwot**
Colorado: 46.76 C 2002 **Montbello HS**
National: 44.70 N 1997 **Playa Del Rey-Saint Bernard,**

Team	Relay	Prelims
------	-------	---------

Preliminaries

1	Fountain-Ft Carson	48.93	Q
2	Harrison	49.96	Q
3	Greeley West	50.10	Q
4	Lewis-Palmer	48.94	Q
5	Glenwood Springs	50.79	Q
6	Ralston Valley	51.13	Q
7	Brighton	50.96	q
8	Cheyenne Mountain	51.28	q

Girls 4x100 Meter Relay 4A

State Meet: 48.38 S 2003 **Niwot**
Colorado: 46.76 C 2002 **Montbello HS**
National: 44.70 N 1997 **Playa Del Rey-Saint Bernard,**

Team	Relay	Finals
------	-------	--------

Finals

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results**

		Finals ... (Girls)			
4x100 Meter Relay 4A)				5 Berthoud	4:07.04 Q
Team Relay		Finals		6 Woodland Park	4:07.50 Q
5 Ralston Valley		51.08	5	7 Montrose	4:06.37 q
6 Glenwood Springs		51.21	4	8 Conifer	4:07.09 q
7 Brighton		51.62	3		
8 Cheyenne Mountain		51.85	2		

Girls 4x200 Meter Relay 4A**State Meet: 1:41.56 S 5/22/2004 Lewis-Palmer****E Langdon, L Langdon, T Morton, J Young****Colorado: 1:39.99 C 1999 Montbello HS****National: 1:36.70 N 1993 Dallas Carter, TX****Team Relay Prelims****Preliminaries**

1 Lewis-Palmer	1:43.17	Q
2 Harrison	1:43.37	Q
3 Greeley West	1:44.03	Q
4 Fountain-Ft Carson	1:44.19	Q
5 Sierra	1:45.97	Q
6 Niwot	1:46.63	Q
7 Mullen	1:46.88	q
8 Glenwood Springs	1:47.20	q

Girls 4x200 Meter Relay 4A**State Meet: 1:41.56 S 5/22/2004 Lewis-Palmer****E Langdon, L Langdon, T Morton, J Young****Colorado: 1:39.99 C 1999 Montbello HS****National: 1:36.70 N 1993 Dallas Carter, TX****Team Relay Finals****Finals**

1 Lewis-Palmer	1:41.56	S	10
2 Harrison	1:43.69		8
3 Fountain-Ft Carson	1:45.44		7
4 Greeley West	1:46.23		6
5 Niwot	1:46.39		5
6 Sierra	1:46.65		4
7 Glenwood Springs	1:47.95		3
8 Hinkley	1:48.75		2

Girls 4x400 Meter Relay 4A**State Meet: 3:55.70 S 5/22/2004 Lewis-Palmer****K Hughes, T Morton, N Polanco, J Young****Colorado: 3:48.59 C 1993 Denver South HS****National: 3:35.72 N 2001 Long Beach Wilson, CA****Team Relay Prelims****Preliminaries**

1 Lewis-Palmer	4:03.27	Q
2 Ranum	4:05.16	Q
3 Harrison	4:05.57	Q
4 Mullen	4:05.71	Q

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results****Girls 4x400 Meter Relay 4A****State Meet: 3:55.70 S 5/22/2004 Lewis-Palmer****K Hughes, T Morton, N Polanco, J Young****Colorado: 3:48.59 C 1993 Denver South HS****National: 3:35.72 N 2001 Long Beach Wilson, CA**

Team	Relay	Finals
-------------	--------------	---------------

Finals

1 Harrison	1:47.74	10
2 Mullen	1:49.30	8
3 Lewis-Palmer	1:49.45	7

Finals

1 Lewis-Palmer	3:55.70	S	10
2 Mullen	3:58.14		8
3 Ranum	4:01.13		7
4 Woodland Park	4:01.58		6
5 Berthoud	4:03.04		5
6 Montrose	4:04.12		4
7 Harrison	4:07.17		3
8 Conifer	4:10.37		2

Girls 4x800 Meter Relay 4A**State Meet: 9:26.01 S 2000 Moffat County HS****Colorado: 9:19.02 C 2002 Smoky Hill HS****National: 8:58.43 N 1982 Ft. Washington Upper Dublin,**

Team	Relay	Finals
-------------	--------------	---------------

1 Conifer	9:29.75		10
2 Mullen	9:41.45		8
3 Alamosa	9:47.78		7
4 Brighton	9:49.59		6
5 Sand Creek	9:51.16		5
6 Woodland Park	9:51.81		4
7 Liberty	9:52.61		3
8 Moffat County	9:53.37		2

Girls 800 Sprint Medley 4A**State Meet: 1:47.60 S 2003 Harrison****Colorado: 1:40.25 C 1998 Overland HS****National: 1:36.07 N 1993 Dallas Carter**

Team	Relay	Prelims
-------------	--------------	----------------

Preliminaries

1 Harrison	1:48.46	Q
2 Ranum	1:49.69	Q
3 Steamboat Springs	1:50.00	Q
4 Mullen	1:50.09	Q
5 Lewis-Palmer	1:50.45	Q
6 Sierra	1:53.07	Q
7 Greeley West	1:50.20	q
8 Sand Creek	1:51.84	q

Girls 800 Sprint Medley 4A**State Meet: 1:47.60 S 2003 Harrison****Colorado: 1:40.25 C 1998 Overland HS****National: 1:36.07 N 1993 Dallas Carter**

Team	Relay	Finals
-------------	--------------	---------------

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results****Finals ... (Girls 800 Sprint Medley 4A)**

Team	Relay	Finals
4 Ranum		1:49.83 6
5 Steamboat Springs		1:50.01 5
6 Greeley West		1:50.70 4
7 Sand Creek		1:51.82 3
8 Fort Morgan		1:52.71 2

Girls High Jump 4A

State Meet: 5-08.25 S 1999 **Jill Fadenrecht**
Colorado: 5-11 C 1989 **Duff Leibl**
National: 6-03 N 1992 **Amy Acuff**

Name	Yr	School	Finals
1 Jessica Peters	SO	Steamboat Sp	5-07.00 10
2 Alexis Spiranac	FR	Lewis-Palmer	5-07.00 8
3 Amy Hanes	JR	Greeley West	5-04.00 7
4 Emily Uher	JR	Woodland Pk	5-03.00 6
5 Holly Benson	JR	Cheyenne Mt	5-02.00 5
6 Kristen Kugler	SO	Sterling	5-02.00 4
7 Chelsea Lyles	SO	Harrison	5-02.00 2.5
7 Conny Berger	SR	Mont-Cortez	5-02.00 2.5

Girls Pole Vault 4A

State Meet: 11-07 S 5/21/2004 **Kate Colvin**
Colorado: 11-06.25 C 2001 **Megan Ballard**
National: 13-08 N 2001 **Shayla Balentine**

Name	Yr	School	Finals
1 Kate Colvin	JR	Lewis-Palmer	11-07.00 S 10
2 Shanda Crowder	SR	Pueblo South	11-01.00 8
3 Mandy Pohja	SR	Sterling	10-00.00 6.5
3 Veronica Morales		Pine Creek	10-00.00 6.5
5 Amy Pogorelz	SR	Fort Morgan	9-06.00 4.5
5 Erika Morrow	JR	Liberty	9-06.00 4.5
7 Keri Lynch	SR	Fort Morgan	9-06.00 2.5
7 Molly Callendar	JR	Mullen	9-06.00 2.5

Girls Long Jump 4A

State Meet: 19-00.25 S 5/22/2004 **Griffin Matthew**
Colorado: 19-06 C 1985 **Caryl Smith**
National: 22-01.75 N 1976 **Kathy McMillan**

Name	Yr	School	Finals
1 Griffin Matthew	SO	Niwot	19-00.25 S 10
2 Kira Robinson	JR	Mullen	17-01.00 8
3 Patrice Jordan	JR	Harrison	16-10.00 7
4 Kristen Kugler	SO	Sterling	16-09.00 6
5 Kira Tessler	FR	Lewis-Palmer	16-06.50 5
6 Denise Tillman	FR	Sierra	16-05.25 4
7 Holly Benson	JR	Cheyenne Mt	16-05.00 3
8 Alison Peck	JR	Ralston Vall	15-11.75 2

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Girls Triple Jump 4A

State Meet: 39-02.50 S 2003 **Fatima Maddox**
Colorado: 40-05.50 C 2002 **LaStar Smith**
National: 44-02.25 N 2001 **Ychlandria Spears**

Name	Yr	School	Finals
1 Shay Miles	FR	Pueblo Cntrl	38-01.75 10
2 Dominique Bingham	SO	Harrison	37-03.25 8
3 Sidney Clewe		Lewis-Palmer	36-05.75 7
4 Nashira Mitchell		Pueblo Cntrl	35-09.75 6
5 Danielle Clasby	SO	Canon City	35-06.25 5
6 Kaytlin Smith		Alameda	35-03.00 4
7 Kristen Kugler	SO	Sterling	35-00.50 3
8 Morgan Huey	SO	Centaurus	34-06.00 2

2 Talaya Owens	SO	G Washington	12.15 Q
0.5			
3 Tanesha Carr	SR	Eaglecrest	12.26 Q 1.6
4 Kory Hardiway	SR	Montbello	12.12 Q 1.2
5 Amie Stewart	SR	Longmont	12.22 Q 0.5
6 Jessica Anderson	SR	Mitchell	12.42 Q 1.6
7 KristaBelle Kiper	FR	G Washington	12.46 q 0.5
8 Adwoa Abadie	SO	Eaglecrest	12.47 q 1.2

Girls 100 Meter Dash 5A

State Meet: 11.37 S 1997 **Alisha Latimer**
Colorado: 11.37 C 1997 **Alisha Latimer**
National: 11.14 N 1992 **Marion Jones**

Name **Yr** **School** **Finals**

Finals

1 Talaya Owens	SO	G Washington	12.01 10
2 Kory Hardiway	SR	Montbello	12.07 8
3 Chelsea Taylor	JR	Montbello	12.08 7
4 Amie Stewart	SR	Longmont	12.14 6
5 Tanesha Carr	SR	Eaglecrest	12.31 5
6 KristaBelle Kiper	FR	G Washington	12.33 4
7 Jessica Anderson	SR	Mitchell	12.44 3
8 Jourdan Otis		Chaparral	12.49 2

Girls Shot Put 4A

State Meet: 42-07 S 1985 **Gina Kovar**
Colorado: 50-01 C 1994 **Collinus Newsome**
National: 52-07.75 N 1983 **Natalie Kaaiawahia**

Name	Yr	School	Finals
1 Tiffany Dykstra	JR	Pueblo Cntrl	37-10.25 10
2 Amber Sutherland	SR	Glenwood Spr	37-06.75 8
3 Brittney Whiteman	JR	Mont-Cortez	35-08.50 7
4 Laci Whorton	JR	Fort Morgan	35-05.00 6
5 Crystal Wipf	SR	Brighton	35-03.00 5
6 Meaghan Green	JR	Pueblo East	34-11.00 4
7 Brittani Weber	JR	Moffat Co	34-09.00 3
8 Norma Holguin		Mt View	34-04.50 2

Girls 200 Meter Dash 5A

State Meet: 23.36 S 1994 **Aspen Burkett**
Colorado: 23.36 C 1994 **Aspen Burkett**
National: 22.67 N 1992 **Marion Jones**

Name **Yr** **School** **Prelims**

Preliminaries

1 Talaya Owens	SO	G Washington	24.76 Q
1.9			
2 Amie Stewart	SR	Longmont	25.00 Q 4.0
3 Amanda Lawler	SR	Rocky Mt	25.19 Q 2.0
4 KristaBelle Kiper	FR	G Washington	24.91 Q
1.9			
5 Brandi Martin	SO	Gateway	25.29 Q 4.0
6 Jessica Anderson	SR	Mitchell	25.46 Q 2.0
7 Tanesha Carr	SR	Eaglecrest	25.57 q 4.0
8 Kalimah Muhammad	SR	Eaglecrest	25.68 q 2.0

Girls Discus Throw 4A

State Meet: 144-11 S 1997 **C. Griffin**
Colorado: 152-10 C 2002 **Sarah Stevens**
National: 188-04 N 1994 **Suzy Powell**

Name	Yr	School	Finals
1 Ashley Stephens	JR	Sierra	126-08 10
2 Amber Sutherland	SR	Glenwood Spr	126-02 8
3 Emily Geubelle	SO	Broomfield	121-03 7
4 Adrienne Haag	SO	Westminster	119-06 6
5 Christa Dillon		Englewood	119-05 5
6 Meaghan Green	JR	Pueblo East	119-01 4
7 Norma Holguin		Mt View	117-10 3
8 Crystal Wipf	SR	Brighton	113-09 2

Girls 100 Meter Dash 5A

State Meet: 11.37 S 1997 **Alisha Latimer**
Colorado: 11.37 C 1997 **Alisha Latimer**
National: 11.14 N 1992 **Marion Jones**

Name **Yr** **School** **Prelims**

Preliminaries

1 Chelsea Taylor	JR	Montbello	11.95 Q 1.2
------------------	----	-----------	-------------

Girls 200 Meter Dash 5A

State Meet: 23.36 S 1994 **Aspen Burkett**
Colorado: 23.36 C 1994 **Aspen Burkett**
National: 22.67 N 1992 **Marion Jones**

Name **Yr** **School** **Finals**

Finals

1 Talaya Owens	SO	G Washington	24.72 10
2 KristaBelle Kiper	FR	G Washington	24.98 8
3 Amie Stewart	SR	Longmont	25.05 7
4 Jessica Anderson	SR	Mitchell	25.11 6

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

5	Amanda Lawler	SR	Rocky Mt	25.47	5
6	Tanesha Carr	SR	Eaglecrest	25.85	4
7	Kristen Pitt	SR	Thompson V	25.87	3
8	Brandi Martin	SO	Gateway	26.21	2

Girls 400 Meter Dash 5A

State Meet:	53.71 S 1993	Cynthia Newsome
Colorado:	53.71 C 1993	Cynthia Newsome
National:	50.74 N 2000	Monique Henderson
Name	Yr	School Prelims

Preliminaries

1	Amanda Lawler	SR	Rocky Mt	57.95	Q
2	Brittany Stephens	SO	Montbello	58.35	Q
3	Ari Curtis	FR	Rocky Mt	58.96	Q
4	Chanell Nichols	JR	Rampart	59.11	Q
5	Ashley Walker	SO	Montbello	59.16	Q
6	Kalimah Muhammad	SR	Eaglecrest	59.27	Q
7	Lara Castleton	SO	Heritage	59.14	q
8	Brandi Martin	SO	Gateway	59.17	q

Girls 400 Meter Dash 5A

State Meet:	53.71 S 1993	Cynthia Newsome
Colorado:	53.71 C 1993	Cynthia Newsome
National:	50.74 N 2000	Monique Henderson
Name	Yr	School Finals

Finals

1	Amanda Lawler	SR	Rocky Mt	56.27	10
2	Kalimah Muhammad	SR	Eaglecrest	57.98	8
3	Brandi Martin	SO	Gateway	58.65	7
4	Ari Curtis	FR	Rocky Mt	58.95	6
5	Ashley Walker	SO	Montbello	58.98	5
6	Brittany Stephens	SO	Montbello	59.49	4
7	Lara Castleton	SO	Heritage	59.77	3
8	Mikki Musso		Chaparral	61.07	2

Girls 800 Meter Run 5A

State Meet:	2:07.52 S 1996	Tara Mendozza
Colorado:	2:07.52 C 1996	Tara Mendozza
National:	2:04.50 N 1980	Joetta Clark
Name	Yr	School Finals

1	Katlyn Kaltenbach	SR	Smoky Hill	2:12.81	10
2	Morgan Schulz	JR	Smoky Hill	2:14.48	8
3	Maddie McKeever	JR	Heritage	2:14.93	7
4	Leah Avila	SR	Smoky Hill	2:15.85	6
5	Allie Abdouch	FR	Doherty	2:16.26	5
6	Gillian Allen	JR	Ft Collins	2:17.76	4
7	Elsabeth Goshu	JR	G Washington	2:19.12	3
8	Megan Johnson		Green Mt	2:19.65	2

Girls 1600 Meter Run 5A

State Meet:	4:49.86 S 1991	Melody Fairchild
Colorado:	4:49.86 C 1991	Melody Fairchild
National:	4:39.40 N 1985	Laura Matson
Name	Yr	School Finals

1	Katlyn Kaltenbach	SR	Smoky Hill	4:57.07	10
---	-------------------	----	------------	---------	----

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results**

2	Morgan Schulz	JR	Smoky Hill	5:01.53	8	6	Jodi Davenport	SR	Highlands R	15.08	4
3	Maddie McKeever	JR	Heritage	5:02.92	7	7	Kelly Coomes	FR	Rampart	15.60	3
4	Katie Follett	SO	Ft Collins	5:04.41	6	8	Amanda Johnson	SR	Arapahoe	15.61	2
5	Elsabeth Goshu	JR	G Washington	5:09.98	5						
6	Erin Stratton	SO	Smoky Hill	5:13.82	4						
7	Allie Abdouch	FR	Doherty	5:14.09	3						
8	Meredith MacGregor	FR	Fairview	5:17.53	2						

Girls 3200 Meter Run 5A**State Meet: 10:34.09 S 1990****Melody Fairchild****Colorado: 10:34.09 C 1990****Melody Fairchild****National: 9:48.59 N 1996****Kimberly Mortensen**

Name	Yr	School	Finals
------	----	--------	--------

1	Katlyn Kaltenbach	SR	Smoky Hill	10:56.57	10
2	Morgan Schulz	JR	Smoky Hill	10:59.36	8

(Girls 3200 Meter Run 5A)

Name	Yr	School	Finals
------	----	--------	--------

3	Katie Follett	SO	Ft Collins	11:16.49	7
4	Maddie McKeever	JR	Heritage	11:18.16	6
5	Keara Sammons	SO	Smoky Hill	11:29.85	5
6	Kristen Johansen	JR	Cherry Creek	11:33.95	4
7	Sarah Zuelke	JR	Longmont	11:37.38	3
8	Meredith MacGregor	FR	Fairview	11:43.01	2

Girls 100 Meter Hurdles 5A**State Meet: 13.23 S 1996****Dominique Calloway****Colorado: 13.23 C 1996****Dominique Calloway****National: 13.20 N 2000****Nicole Denby**

Name	Yr	School	Prelims
------	----	--------	---------

Preliminaries

1	Kory Hardiway	SR	Montbello	14.27	Q 0.3
2	Celrice Law	SR	Montbello	14.57	Q NWI
3	Nikita Eades	SO	Eaglecrest	14.69	Q 0.6
4	Chardae Hancock	SO	Montbello	14.98	Q NWI
5	Alexandra Gove	SO	Highlands R	15.14	Q 0.6
6	Kelly Coomes	FR	Rampart	15.53	Q 0.3
7	Jodi Davenport	SR	Highlands R	15.07	q NWI
8	Joey Collins	SR	Loveland	15.53	q 0.6

Girls 100 Meter Hurdles 5A**State Meet: 13.23 S 1996****Dominique Calloway****Colorado: 13.23 C 1996****Dominique Calloway****National: 13.20 N 2000****Nicole Denby**

Name	Yr	School	Finals
------	----	--------	--------

Finals

1	Celrice Law	SR	Montbello	13.93	10
2	Kory Hardiway	SR	Montbello	14.13	8
3	Nikita Eades	SO	Eaglecrest	14.49	7
4	Alexandra Gove	SO	Highlands R	14.75	6
5	Chardae Hancock	SO	Montbello	14.86	5

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results****Girls 300 Meter Hurdles 5A**

State Meet:	41.35 S 2000	Twink Krainik
Colorado:	41.35 C 2000	Twink Krainik
National:	39.98 N 2001	Lashinda Demus
Name	Yr	School Prelims

Preliminaries

1	Alexandra Gove	SO	Highlands R	44.46	Q
2	Nnenna Akotaobi		Thornton	44.57	Q
3	Kory Hardiway	SR	Montbello	44.81	Q
4	Joey Collins	SR	Loveland	45.59	Q
5	Jodi Davenport	SR	Highlands R	45.89	Q
6	Chardae Hancock	SO	Montbello	46.49	Q
7	Akilah Spencer	SR	Eaglecrest	46.26	q
8	Kristin Glisinski	SR	Longmont	46.98	q

Girls 300 Meter Hurdles 5A

State Meet:	41.35 S 2000	Twink Krainik
Colorado:	41.35 C 2000	Twink Krainik
National:	39.98 N 2001	Lashinda Demus
Name	Yr	School Finals

Finals

1	Kory Hardiway	SR	Montbello	43.58	10
2	Alexandra Gove	SO	Highlands R	44.19	8
3	Nnenna Akotaobi		Thornton	44.28	7
4	Joey Collins	SR	Loveland	44.77	6
5	Learsha Jones	FR	Aurora Centr	46.01	5
6	Kristin Glisinski	SR	Longmont	46.54	4
7	Jodi Davenport	SR	Highlands R	46.88	3
8	Chardae Hancock	SO	Montbello	47.16	2

Girls 4x100 Meter Relay 5A

State Meet:	46.61 S 2003	Montbello
Colorado:	46.76 C 2002	Montbello HS
National:	44.70 N 1997	Playa Del Rey-Saint Bernard,
Team	Relay	Prelims

Preliminaries

1	George Washington			46.84	Q
2	Montbello			46.90	Q
3	Rocky Mountain			48.96	Q
4	Heritage			49.84	Q
5	Longmont			49.16	Q
6	Smoky Hill			49.99	Q
7	Eaglecrest			49.63	q
8	Chaparral			50.16	q

Girls 4x100 Meter Relay 5A

State Meet:	46.61 S 2003	Montbello
Colorado:	46.76 C 2002	Montbello HS
National:	44.70 N 1997	Playa Del Rey-Saint Bernard,
Team	Relay	Finals

Finals

1	George Washington	46.89	10
2	Montbello	46.93	8
3	Rocky Mountain	49.36	7
4	Longmont	49.56	6
5	Eaglecrest	49.60	5
6	Chaparral	50.00	4
7	Smoky Hill	50.01	3
8	Heritage	50.25	2

Girls 4x200 Meter Relay 5A

State Meet:	1:39.99 S 1999	Montbello HS
Colorado:	1:39.99 C 1999	Montbello HS
National:	1:36.70 N 1993	Dallas Carter, TX
Team	Relay	Prelims

Preliminaries

1	Montbello	1:41.55	Q
2	Rocky Mountain	1:42.05	Q
3	Heritage	1:43.26	Q

Preliminaries ... (Girls 4x200 Meter Relay 5A)

Team	Relay	Prelims	
4	Eaglecrest	1:44.91	Q
5	Highlands Ranch	1:43.65	Q
6	Thornton	1:45.80	Q
7	Chatfield	1:46.09	q
8	Arapahoe	1:46.32	q

Girls 4x200 Meter Relay 5A

State Meet:	1:39.99 S 1999	Montbello HS
Colorado:	1:39.99 C 1999	Montbello HS
National:	1:36.70 N 1993	Dallas Carter, TX
Team	Relay	Finals

Finals

1	Rocky Mountain	1:40.66	10
2	Montbello	1:41.78	8
3	Heritage	1:43.19	7
4	Eaglecrest	1:43.67	6
5	Highlands Ranch	1:44.23	5
6	Thornton	1:44.96	4
7	Smoky Hill	1:45.20	3
8	Arapahoe	1:45.89	2

Girls 4x400 Meter Relay 5A

State Meet:	3:48.59 S 1993	Denver South HS
Colorado:	3:48.59 C 1993	Denver South HS
National:	3:35.72 N 2001	Long Beach Wilson, CA
Team	Relay	Prelims

Preliminaries

1	Littleton	3:59.24	Q
2	Rocky Mountain	4:00.69	Q

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

3 Highlands Ranch	4:01.67	Q
4 Montbello	4:02.41	Q
5 Smoky Hill	4:02.58	Q
6 Fairview	4:04.31	Q
7 Loveland	4:04.18	q
8 Fort Collins	4:05.07	q

Girls 4x400 Meter Relay 5A

State Meet:	3:48.59 S 1993	Denver South HS
Colorado:	3:48.59 C 1993	Denver South HS
National:	3:35.72 N 2001	Long Beach Wilson, CA
Team	Relay	Finals

Finals

1 George Washington	3:51.51	10
2 Rocky Mountain	3:53.81	8
3 Highlands Ranch	3:56.33	7
4 Montbello	3:58.31	6
5 Smoky Hill	3:58.56	5
6 Loveland	4:00.36	4
7 Littleton	4:01.08	3
8 Fort Collins	4:02.56	2

Girls 4x800 Meter Relay 5A

State Meet:	9:01.83 S 2003	Smoky Hill
Colorado:	9:01.83 C 5/16/2003	Smoky Hill
National:	8:58.43 N 1982	Ft. Washinton Upper Dublin,

P

Team	Relay	Finals
1 Smoky Hill	9:13.38	10
2 Fort Collins	9:27.73	8
3 Cherry Creek	9:35.61	7
4 Rocky Mountain	9:45.77	6
5 Fairview	9:50.47	5
6 Heritage	9:54.12	4
7 Palmer	9:54.54	3
8 Arapahoe	9:59.00	2

Girls 800 Sprint Medley 5A

State Meet:	1:40.25 S 1998	Overland HS
Colorado:	1:40.25 C 1998	Overland HS
National:	1:36.70 N 1993	Dallas Carter, TX
Team	Relay	Prelims

Preliminaries

1 Montbello	1:48.08	Q
2 Arapahoe	1:49.12	Q
3 Littleton	1:49.47	Q
4 Rocky Mountain	1:48.59	Q
5 Thornton	1:49.16	Q
6 Doherty	1:50.23	Q
7 Chaparral	1:49.52	q
8 Heritage	1:50.27	q

Girls 800 Sprint Medley 5A

State Meet:	1:40.25 S 1998	Overland HS
Colorado:	1:40.25 C 1998	Overland HS
National:	1:36.70 N 1993	Dallas Carter, TX
Team	Relay	Finals

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Finals

1	Montbello	1:46.91	10
2	Rocky Mountain	1:47.45	8
3	George Washington	1:47.92	7
4	Littleton	1:48.98	6
5	Thornton	1:49.58	5
6	Arapahoe	1:49.68	4
7	Heritage	1:49.86	3
8	Doherty	1:50.94	2

5	Cissy Pierce	SR	Heritage	17-06.75	5
6	Laurel Scheiwe	JR	Rocky Mt	17-01.25	4
7	Ashleigh Morton	SR	Rocky Mt	17-00.50	3
8	Melonna Clarke	JR	Air Academy	16-08.50	2

Girls Triple Jump 5A

State Meet: 41-00.50 S 5/21/2004 Shaquania Lundy

Colorado: 40-05.50 C 2002 LaStar Smith

National: 44-02.25 N 2001 Ychindria Spears

Name Yr SchoolFinals

1	Shaquania Lundy	SR	G Washington	41-00.50	S 10
2	Janelle Jones	SR	Grandview	38-11.00	8
3	Lindsey Braddock		Chaparral	38-06.00	7
4	Laurel Scheiwe	JR	Rocky Mt	38-00.00	6
5	Celrice Law	SR	Montbello	37-01.25	5
6	Ari Curtis	FR	Rocky Mt	36-08.25	4
7	Tanesha Johnson	SO	Eaglecrest	36-03.00	3
8	Kaile Wilson	SO	Smoky Hill	36-02.25	2

Girls High Jump 5A

State Meet: 5-10 S 1977 Sharon Burrill/Pam Owen

(87)

Colorado: 5-11 C 1989 Duff Leibl

National: 6-03 N 1992 Amy Acuff

Name Yr SchoolFinals

1	Sonni Russell		Fruita-Mon	5-10.00	S 10
2	Cissy Pierce	SR	Heritage	5-07.00	8
3	Elizabeth Bitz		Coronado	5-07.00	7
4	Jordan Wood	FR	Smoky Hill	5-06.00	6
5	Chelsea Taylor	JR	Montbello	5-04.00	5
6	Ashleigh Morton	SR	Rocky Mt	5-04.00	4

(Girls High Jump 5A)

Name Yr SchoolFinals

7	Kaile Wilson	SO	Smoky Hill	5-04.00	3
8	Sara McConkie	SR	Doherty	5-03.00	2

Girls Shot Put 5A

State Meet: 50-01 S 1994 Collinus Newsome

Colorado: 50-01 C 1994 Collinus Newsome

National: 53-07.75 N 1983 Natalie Kaaiawahia

Name Yr SchoolFinals

1	Sarah Stevens	SR	Ft Collins	47-01.00	10
2	Julia Kloppe	SR	Rocky Mt	37-11.50	8
3	Jill Coulson		Coronado	37-08.75	7
4	Katelin Batten	SO	Grandview	36-06.50	6
5	Jen Jorgenson	SR	Ponderosa	36-03.50	5
6	Holly Newby	SR	Northglenn	35-07.75	4
7	Renee Harris	SO	Rampart	35-04.00	3
8	Marlenna Diaz	FR	Grand Jct	35-02.00	2

Girls Pole Vault 5A

State Meet: 12-06.50 S 5/22/2004 Kelley DiVesta

Colorado: 11-07.75 C 5/16/2003 Kelley DiVesta

National: 13-08 N 2001 Shayla Balentine

Name Yr SchoolFinals

1	Kelley DiVesta	SR	Palmer	12-06.50	S 10
2	Elouise Rudy	SR	Palmer	12-06.50	S 8
3	Jennifer Little	JR	Rocky Mt	10-06.00	7
4	Brittany Skarda	SR	Heritage	10-00.00	6
5	Hannah Fuerstien	SR	Boulder	10-00.00	5
6	Kelsey Teran	JR	Boulder	10-00.00	4
7	Michelle Ripple	SO	Arapahoe	9-06.00	3
8	Tamra Meier		Standley Lk	9-06.00	2

Girls Discus Throw 5A

State Meet: 153-03 S 2003 Sarah Stevens

Colorado: 152-10 C 2002 Sara Stevens

National: 188-04 N 1994 Suzy Powell

Name Yr SchoolFinals

1	Sarah Stevens	SR	Ft Collins	151-11	10
2	Stacey Robben		Chaparral	125-04	8
3	Jill Lloyd		Fruita-Mon	120-07	7
4	Julia Kloppe	SR	Rocky Mt	117-11	6
5	Holly Newby	SR	Northglenn	117-09	5
6	Katie Christensen	SR	Legacy	112-11	4
7	Jessica Gove	JR	Highlands R	112-03	3
8	Whitney Carlson	SR	Rampart	112-02	2

Girls Long Jump 5A

State Meet: 19-06 S 1985 Caryl Smith

Colorado: 19-06 C 1985 Caryl Smith

National: 22-01.75 N 1976 Kathy McMillan

Name Yr SchoolFinals

1	Chelsea Taylor	JR	Montbello	18-08.25	10
2	Shaquania Lundy	SR	G Washington	18-06.25	8
3	Jessica Anderson	SR	Mitchell	17-09.25	7
4	Nnenna Akotaobi		Thornton	17-09.00	6

Boys 100 Meter Dash 4A

State Meet: 10.53 S 2000 Gregg Twigg

Colorado: 10.50 C 2000 Roc Alexander

National: 10.15 N 1990 Henry Neal

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Name	Yr	School	Prelims
Preliminaries			
1 Nathan Yorks	JR	Mullen	10.63 Q 2.3
2 Julian Banks	SR	Greeley West	10.88 Q
0.7			
3 Sullimon Sayyid	SO	Broomfield	10.95 Q 1.8
4 Jared Romero		Alameda	10.95 Q 2.3
5 Grant Crunkleton	JR	Mullen	11.10 Q 0.7
6 Leroy Franklin	SR	Pueb Centen'	11.11 Q 1.8
7 Derick Bensen	SR	Skyview	10.96 q 2.3
8 Tyler Johnson	SR	Steamboat Sp	11.15 q 2.3

Boys 100 Meter Dash 4A			
State Meet:		10.53 S 2000	Gregg Twigg
Colorado:		10.50 C 2000	Roc Alexander
National:		10.15 N 1990	Henry Neal
Name	Yr	School	Finals
Finals			
1 Nathan Yorks	JR	Mullen	10.58 10
2 Julian Banks	SR	Greeley West	10.86 8
3 Sullimon Sayyid	SO	Broomfield	10.97 7
4 Grant Crunkleton	JR	Mullen	11.07 6
5 Derick Bensen	SR	Skyview	11.09 5
6 Jared Romero		Alameda	11.15 4
7 Marlon Allison		Alameda	11.22 3
8 Tyler Johnson	SR	Steamboat Sp	11.31 2

Boys 200 Meter Dash 4A			
State Meet:		21.10 S 1998	Corky Stark
Colorado:		21.02 C 2000	Roc Alexander
National:		20.13 N 1985	Roy Martin
Name	Yr	School	Prelims
Preliminaries			
1 Jon West	SR	Fountain-FC	21.78 Q 1.7
2 Julian Banks	SR	Greeley West	22.16 Q
1.9			
3 Nathan Yorks	JR	Mullen	22.32 Q 3.0
4 Leroy Franklin	SR	Pueb Centen'	22.37 Q 1.7
5 Derick Bensen	SR	Skyview	22.43 Q 1.9
6 Chance Fiala	SR	Elizabeth	22.68 Q 3.0
7 Marcus Padilla	SO	Skyline	22.57 q 1.9
8 Tyler Johnson	SR	Steamboat Sp	22.63 q 1.7

Boys 200 Meter Dash 4A			
State Meet:		21.10 S 1998	Corky Stark
Colorado:		21.02 C 2000	Roc Alexander
National:		20.13 N 1985	Roy Martin
Name	Yr	School	Finals
Finals			
1 Nathan Yorks	JR	Mullen	21.18 10
2 Jon West	SR	Fountain-FC	21.48 8
3 Julian Banks	SR	Greeley West	21.94 7
4 Leroy Franklin	SR	Pueb Centen'	22.40 6
5 Derick Bensen	SR	Skyview	22.59 5
6 Tyler Johnson	SR	Steamboat Sp	22.60 4
7 Chance Fiala	SR	Elizabeth	22.75 3
8 Sullimon Sayyid	SO	Broomfield	22.85 2

Boys 400 Meter Dash 4A			
State Meet:		47.06 S 1998	Matt Queen
Colorado:		46.65 C 1998	Bryan Swarn
National:		45.25 N 1993	Calvin Harrison
Name	Yr	School	Prelims
Prelims			

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Preliminaries

1	Jerrod Landress	SR	Pine Creek	48.68	Q
2	Chance Fiala	SR	Elizabeth	49.71	Q
3	Shane Gylling	SR	Alamosa	50.18	Q
4	Ronnie Reams	SR	Harrison	49.72	Q
5	Jerrod Fassler		Centaurus	49.84	Q
6	Matt Eicheldinger	JR	Montrose	50.40	Q
7	Cody Harper	SO	Broomfield	51.00	q
8	Jon Symond	SR	Skyline	51.22	q

7	Clay Smith	JR	Mont-Cortez	4:37.21	3
8	Austin Thompson	SR	Evergreen	4:38.88	2

Boys 3200 Meter Run 4A

State Meet:	9:28.75 S 2002	David Olson	
Colorado:	9:18.38 C 2001	Bret Schoolmeester	
National:	8:41.10 N 2000	Dathan Ritzenhein	
Name	Yr	School	Finals

1	Aaron Clark	SR	Broomfield	9:46.16	10
2	Jamison Ricks	JR	Woodland Pk	9:52.58	8
3	Tyler Rasmussen	SO	Sterling	9:55.01	7
4	Sean Kinne	SR	Liberty	9:59.87	6
5	Paul Hamilton	SR	Liberty	10:00.61	5
6	Gabe Aufderheide	SR	Montrose	10:03.12	4
7	Austin Thompson	SR	Evergreen	10:07.52	3
8	Tyler O'Leary	SR	Steamboat Sp	10:07.54	2

Boys 400 Meter Dash 4A

State Meet:	47.06 S 1998	Matt Queen	
Colorado:	46.65 C 1998	Bryan Swarn	
National:	45.25 N 1993	Calvin Harrison	
Name	Yr	School	Finals

1	Jerrod Landress	SR	Pine Creek	48.71	10
2	Jerrod Fassler		Centaurus	49.29	8
3	Ronnie Reams	SR	Harrison	49.44	7
4	Chance Fiala	SR	Elizabeth	49.69	6
5	Matt Eicheldinger	JR	Montrose	50.05	5
6	Shane Gylling	SR	Alamosa	50.16	4
7	Adam Estes	JR	Canon City	51.43	3
8	Cody Harper	SO	Broomfield	51.81	2

Boys 110 Meter Hurdles 4A

State Meet:	13.68 S 1998	Ricardo Moody	
Colorado:	13.68 C 1995	Jeramie Thomas/Ricardo	
National:	13.10 N 1980	Dennis Brantley	
Name	Yr	School	Prelims

Preliminaries

1	Derek Johnson	SR	Mullen	14.45	Q 0.3
2	Robbie Marin	SR	Greeley Cent	14.66	Q 1.3

Preliminaries ... (Boys 110 Meter Hurdles 4A)

Name	Yr	School	Prelims
3	Brian Higgs	JR	Pueblo South 15.08 Q 0.3
4	Josh Streeter	JR	Alamosa 15.22 Q 1.3
5	Ben Yeh	SO	Mt View 15.41 Q 0.3
6	Marcus Emelio	SR	Pueb Centen' 15.49 Q 1.3
7	John Turner	SR	Sierra 15.44 q 0.3
8	Ernie DeRubis	SR	Mesa Ridge 15.53 q 1.3

Boys 800 Meter Run 4A

State Meet:	1:53.37 S 2000	Bryan Dillon	
Colorado:	1:51.88 C 2001	James Hatch	
National:	1:46.45 N 1996	Michael Granville	
Name	Yr	School	Finals

1	Anthony Luna	SR	Ranum	1:54.81	10
2	Josh Arters	SR	Niwot	1:56.91	8
3	Emmanuel Cain	JR	Westminster	1:57.65	7
4	Chris Anderson	SO	Harrison	1:58.21	6
5	Colin Lyons		Elizabeth	1:58.78	5
6	Steve Garcia	SR	Pueblo East	1:58.97	4
7	Mitch Diede	SR	Greeley West	1:59.75	3
8	Amado Villarreal		Englewood	1:59.79	2

Boys 110 Meter Hurdles 4A

State Meet:	13.68 S 1998	Ricardo Moody	
Colorado:	13.68 C 1995	Jeramie Thomas/Ricardo	
National:	13.10 N 1980	Dennis Brantley	
Name	Yr	School	Finals

Finals

1	Derek Johnson	SR	Mullen	14.24	10
2	Robbie Marin	SR	Greeley Cent	14.29	8
3	Josh Streeter	JR	Alamosa	14.93	7
4	Ben Yeh	SO	Mt View	15.29	6
5	Brian Higgs	JR	Pueblo South	15.32	5
6	John Turner	SR	Sierra	15.38	4
7	Ernie DeRubis	SR	Mesa Ridge	15.41	3
8	Anthony Johnson		Englewood	15.47	2

Boys 1600 Meter Run 4A

State Meet:	4:12.61 S 2002	David Olson	
Colorado:	4:10.98 C 1981	Rich Martinez	
National:	3:59.51 N 2001	Alan Webb	
Name	Yr	School	Finals

1	Jeremy Freed	JR	Evergreen	4:28.81	10
2	Aaron Clark	SR	Broomfield	4:29.17	8
3	Tyler Rasmussen	SO	Sterling	4:29.91	7
4	Jamison Ricks	JR	Woodland Pk	4:34.85	6
5	Ayahye Aden	SR	Alamosa	4:35.72	5
6	Emmanuel Cain	JR	Westminster	4:36.13	4

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Boys 300 Meter Hurdles 4A

State Meet:	36.82 S 1998	Derek Applewhite
Colorado:	36.41 C 2001	Gerren Crochet
National:	35.32 N 1985	George Porter
Name	Yr	SchoolPrelims

Preliminaries

1	Robbie Popp	SR	Pueblo East	39.25	Q
2	Nathan Shoaf	SR	Pueb Centen'	39.94	Q
3	Josh Streeter	JR	Alamosa	39.96	Q
4	Ricky Brewer	SO	Mullen	40.02	Q
5	Bill Barker	SR	Conifer	40.29	Q
6	Ryan Weber	JR	Mont-Cortez	40.45	Q
7	John Turner	SR	Sierra	40.58	q
8	Craig Somers	JR	Pine Creek	40.66	q

Boys 300 Meter Hurdles 4A

State Meet:	36.82 S 1998	Derek Applewhite
Colorado:	36.41 C 2001	Gerren Crochet
National:	35.32 N 1985	George Porter
Name	Yr	SchoolFinals

Finals

1	Robbie Popp	SR	Pueblo East	38.71	10
2	Josh Streeter	JR	Alamosa	38.77	8
3	Nathan Shoaf	SR	Pueb Centen'	40.26	7
4	Bill Barker	SR	Conifer	40.48	6
5	Ricky Brewer	SO	Mullen	40.53	5
6	John Turner	SR	Sierra	40.83	4
7	Ryan Weber	JR	Mont-Cortez	41.11	3
8	Craig Somers	JR	Pine Creek	41.58	2

Boys 4x100 Meter Relay 4A

State Meet:	41.28 S 1997	Mullen HS
Colorado:	41.28 C 1997	Mullen HS
National:	39.76 N 1998	Ft. Worth OD Wyatt, TX
Team	Relay	Prelims

Preliminaries

1	Mullen	42.51	Q
2	Fountain-Ft Carson	43.18	Q
3	Harrison	43.35	Q
4	Fort Morgan	43.58	Q
5	Canon City	43.85	Q
6	Greeley West	43.86	Q
7	Sand Creek	43.69	q
7	Broomfield	43.69	q

Boys 4x100 Meter Relay 4A

State Meet:	41.28 S 1997	Mullen HS
Colorado:	41.28 C 1997	Mullen HS
National:	39.76 N 1998	Ft. Worth OD Wyatt, TX
Team	Relay	Finals

Finals

1	Mullen	42.22	10
2	Harrison	42.90	8
3	Fountain-Ft Carson	43.30	7
4	Greeley West	43.55	6
5	Fort Morgan	43.73	5
6	Rifle	43.93	4
7	Canon City	44.09	3
8	Broomfield	44.36	2

Boys 4x200 Meter Relay 4A

State Meet:	1:26.03 S 2000	Mullen HS
Colorado:	1:25.93 C 1996	Highlands Ranch HS
National:	1:24.97 N 1999	Baton Rouge, LA/Houston

Fores

Team	Relay	Prelims
-------------	--------------	----------------

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Preliminaries

1	Harrison	1:29.54	Q
2	Sierra	1:30.15	Q
3	Broomfield	1:30.80	Q
4	Pueblo South	1:29.81	Q
5	Alameda	1:30.34	Q
6	Mullen	1:30.84	Q
7	Alamosa	1:31.25	q
8	Pueblo East	1:31.48	q

1	Fountain-Ft Carson	3:19.56	10
2	Alamosa	3:20.58	8
3	Harrison	3:21.27	7
4	Ranum	3:22.06	6
5	Montrose	3:23.69	5
6	Broomfield	3:25.50	4
7	Pueblo East	3:25.63	3
8	Sierra	3:28.16	2

Boys 4x200 Meter Relay 4A

State Meet:	1:26.03 S 2000	Mullen HS
Colorado:	1:25.93 C 1996	Highlands Ranch HS
National:	1:24.97 N 1999	Baton Rouge, LA/Houston

Boys 4x800 Meter Relay 4A

State Meet:	7:52.32 S 2003	Westminster
Colorado:	7:45.10 C 2001	Smoky Hill HS
National:	7:36.24 N 1982	Ambler Wissahickon, PA

Fores

Team	Relay	Finals
------	-------	--------

1	Harrison	7:58.13	10
2	Ranum	8:01.79	8
3	Moffat County	8:02.03	7
4	Westminster	8:02.47	6
5	Liberty	8:08.15	5
6	Montrose	8:08.39	4
7	Mullen	8:08.46	3
8	Cheyenne Mountain	8:11.74	2

Finals

1	Harrison	1:30.14	10
2	Pueblo South	1:30.15	8
3	Broomfield	1:30.62	7

Finals ... (Boys 4x200 Meter Relay 4A)

Team	Relay	Finals
------	-------	--------

4	Mullen	1:30.67	6
5	Sierra	1:30.95	5
6	Alameda	1:31.30	4
7	Pueblo East	1:32.31	3
8	Greeley Central	1:32.60	2

Boys High Jump 4A

State Meet:	6-10 S 1991	Tracy Heiman	
Colorado:	7-02.25 C 1991	Matt Hemingway	
National:	7-05.25 N 1984	Dothel Edwards	
Name	Yr	School	Finals

1	Trent Manganello	SR	Montrose	6-06.00	10
2	Chris Brunson	SR	Adams City	6-06.00	8
3	Joey Knight		Jefferson	6-05.00	7
4	Derek Johnson	SR	Mullen	6-05.00	6
5	Steve Johnson	SO	Cheyenne Mt	6-05.00	5
6	Brandon Trujillo	JR	Pueblo West	6-04.00	4
7	Spencer Gang	SO	Skyline	6-03.00	3
8	Mike Rodriguez	SR	Greeley West	6-03.00	2

Boys 4x400 Meter Relay 4A

State Meet:	3:17.87 S 2003	Alamosa
Colorado:	3:15.34 C 1997	Montbello HS
National:	3:07.40 N 1985	Hawthorne, CA
Team	Relay	Prelims

Preliminaries

1	Harrison	3:22.99	Q
2	Alamosa	3:24.04	Q
3	Fountain-Ft Carson	3:24.67	Q
4	Ranum	3:24.49	Q
5	Sierra	3:25.37	Q
6	Pueblo East	3:25.79	Q
7	Montrose	3:25.93	q
8	Broomfield	3:26.69	q

Boys Pole Vault 4A

State Meet:	15-08.25 S 5/21/2004	Dustin Somerville	
Colorado:	17-03 C 1986	Pat Manson	
National:	18-02.25 N 1999	Eric Eshbach	
Name	Yr	School	Finals

1	Dustin Somerville	SR	Liberty	15-08.25	S	10
2	Chris Kraak	JR	Greeley West	13-06.00		8
3	Kyle Krueger	SR	Lewis-Palmer	13-00.00		7
4	Mike Cobb		Lewis-Palmer	13-00.00		6
5	Jake Alexander	JR	Sterling	12-06.00		4
5	Cole Sutak	SR	Alamosa	12-06.00		4
5	Danny Rullo	SR	Westminster	12-06.00		4
8	Brian Inglis	SR	Lewis-Palmer	12-06.00		2

Boys 4x400 Meter Relay 4A

State Meet:	3:17.87 S 2003	Alamosa
Colorado:	3:15.34 C 1997	Montbello HS
National:	3:07.40 N 1985	Hawthorne, CA
Team	Relay	Finals

Finals

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results****Boys Long Jump 4A****State Meet: 23-11 S 1992****Monte Fry****Colorado: 24-05.50 C 1994****William Henderson****National: 26-04.75 N 1989****James Stallworth**

Name	Yr	School	Finals
1 Cody Palmer	SR	Moffat Co	22-04.50 10
2 Brandon Gray	JR	Fountain-FC	22-03.00 8
3 Kevin Hancock	SR	Widefield	21-11.00 7
4 Alex Swanson	JR	Palisade	21-08.00 6
5 Ian Duff		Hinkley	21-07.00 5
6 Mike Herrera	SR	Pueblo West	21-04.50 4
7 Paul Kasemir	SR	Niwot	21-04.50 3
8 Jerrod Fassler		Centaurus	21-03.75 2

Boys Triple Jump 4A**State Meet: 49-07.25 S 1999****Chavous Nichols****Colorado: 51-00.25 C 1973****Vic White****National: 52-10.50 N 1980****Charles Mayfield**

Name	Yr	School	Finals
1 Brent Byrd	JR	Harrison	48-03.75 10
2 Nmandi Agwu	JR	Mullen	46-01.50 8
3 Paul Kasemir	SR	Niwot	45-04.50 7
4 Kevin Hancock	SR	Widefield	44-10.25 6
5 Jerrod Fassler		Centaurus	44-04.25 5
6 London Fuller	JR	Pueblo Cntrl	44-03.00 4
7 John Alderson	JR	Rifle	44-01.75 3
8 Cody Palmer	SR	Moffat Co	44-00.50 2

Boys Shot Put 4A**State Meet: 60-04.75 S 1997****Carlos Tarin****Colorado: 66-03.25 C 1982****Jim Banich****National: 77-00 N 1979****Michael Carter**

Name	Yr	School	Finals
1 Matt Gersick	SR	Pueblo West	55-06.75 10
2 Phil Loadholt	SR	Fountain-FC	53-10.00 8
3 Andrew Stone	JR	Rifle	51-05.00 7
4 Drew Ford	SR	Alamosa	50-05.00 6
5 Jeremiah Giambartolomei	JR	Evergreen	49-10.25 5
6 Jeff Hall	SR	Falcon	48-10.00 4
7 Gabe DeAnda	SR	Mullen	47-11.00 3
8 Scott Stekr		Alameda	47-10.25 2

Boys Discus Throw 4A**State Meet: 183-11 S 1990****Ron Wach****Colorado: 192-05 C 1977****Todd Austin****National: 234-03 N 2001****Niklas Arrhenius**

Name	Yr	School	Finals
1 Phil Loadholt	SR	Fountain-FC	158-02 10
2 Jack Waldron	SR	Brighton	157-07 8
3 Matt Gersick	SR	Pueblo West	154-02 7

4 Jeremiah Giambartolomei	JR	Evergreen	151-10 6
5 Kory Peterson		Englewood	151-02 5
6 Andrew Stone	JR	Rifle	149-05 4
7 Scott Stekr		Alameda	149-01 3
8 Tanner Hayes	SR	Montrose	148-06 2

Boys 100 Meter Dash 5A**State Meet: 10.50 S 2000****Roc Alexander****Colorado: 10.50 C 2000****Roc Alexander****National: 10.15 N 1990****Henry Neal**

Name	Yr	School	Prelims
1 Kevin Crowe	SR	Wasson	10.65 Q 1.4
2 Tommy Dotson	SR	Wasson	10.69 Q 1.1
3 Jeremy Dodson		G Washington	10.76 Q
1.5			
4 Jared Lewis	SR	Montbello	10.77 Q 1.5
5 Shaun Dewitty	JR	Doherty	10.79 Q 1.4
6 Kenny Virgil	SR	Poudre	10.93 Q 1.1
7 Marcellus Honeycutt	SR	G Washington	10.80 q 1.4
7 Michael Medina		Bear Creek	10.80 q 1.5

Preliminaries

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Boys 100 Meter Dash 5A

State Meet:	10.50 S 2000	Roc Alexander		
Colorado:	10.50 C 2000	Roc Alexander		
National:	10.15 N 1990	Henry Neal		
Name	Yr	School	Finals	

Finals

1	Kevin Crowe	SR	Wasson	10.54	10
2	Tommy Dotson	SR	Wasson	10.68	8
3	Jared Lewis	SR	Montbello	10.87	7
4	Michael Medina		Bear Creek	10.90	6
5	Ryan Campbell		Chatfield	10.92	5
6	Kenny Virgil	SR	Poudre	10.93	4
7	Shaun Dewitty	JR	Doherty	10.96	3
8	Marcellus Honeycutt	SR	G Washington	10.99	2

Preliminaries

1	Evan Wright	SR	Overland	48.66	Q
2	Nate Terry	SR	Loveland	48.74	Q
3	Anthony Stanfield	SR	Smoky Hill	48.81	Q
4	Derek Winton	SR	Monarch	49.13	Q
5	Maurice Cox	SR	Overland	49.76	Q
6	Chris Gingery	SR	Ft Collins	49.77	Q
7	Ryan Friese	SO	Rampart	49.73	q
8	Collin Effler	SR	Loveland	50.40	q

Boys 400 Meter Dash 5A

State Meet:	46.65 S 1998	Bryan Swarn	
Colorado:	46.65 C 1998	Bryan Swarn	
National:	45.25 N 1993	Calvin Harrison	
Name	Yr	School	Finals

Finals

1	Evan Wright	SR	Overland	48.19	10
2	Anthony Stanfield	SR	Smoky Hill	48.38	8

Finals ... (Boys 400 Meter Dash 5A)

Name	Yr	School	Finals
3	Nate Terry	SR	Loveland 49.01 7
4	Derek Winton	SR	Monarch 49.17 6
5	Chris Gingery	SR	Ft Collins 50.10 5
6	Maurice Cox	SR	Overland 50.15 4
7	Ryan Friese	SO	Rampart 50.46 3
8	Zack Ancell	SO	Highlands R 50.82 2

Boys 200 Meter Dash 5A

State Meet:	21.02 S 2000	Roc Alexander	
Colorado:	21.02 C 2000	Roc Alexander	
National:	20.13 N 1985	Roy Martin	
Name	Yr	School	Prelims

Preliminaries

1	Donald Adetoye	SR	Littleton	21.47	Q 1.6
2	Julius Bouyea	SR	Littleton	21.55	Q 1.6
3	Jeremy Dodson		G Washington	21.82	Q
2.4					
4	Kevin Crowe	SR	Wasson	21.84	Q 1.6
4	Marcellus Honeycutt	SR	G Washington	21.84	Q
2.4					
6	Nate Terry	SR	Loveland	21.97	Q 1.6
7	Ryan Campbell		Chatfield	21.93	q 2.4
8	Michael Medina		Bear Creek	21.97	q 2.4

Boys 800 Meter Run 5A

State Meet:	1:51.88 S 2001	James Hatch	
Colorado:	1:51.88 C 2001	James Hatch	
National:	1:46.45 N 1996	Michael Granville	
Name	Yr	School	Finals

1	Michael Greenwood	SR	Palmer	1:53.13	10
2	Dan Read		Lakewood	1:54.34	8
3	Will Buchanan	JR	Rocky Mt	1:54.56	7
4	Preston Garcia	SR	Smoky Hill	1:55.01	6
5	Matt Hill	SR	Smoky Hill	1:56.00	5
6	Ollice Burke	11	Wasson	1:56.02	4
7	Mohamud Ige		Denver South	1:56.25	3
8	Jesse Romero		West High Sch	1:56.56	2

Boys 200 Meter Dash 5A

State Meet:	21.02 S 2000	Roc Alexander	
Colorado:	21.02 C 2000	Roc Alexander	
National:	20.13 N 1985	Roy Martin	
Name	Yr	School	Finals

Finals

1	Kevin Crowe	SR	Wasson	21.62	10
2	Julius Bouyea	SR	Littleton	21.81	8
3	Donald Adetoye	SR	Littleton	21.84	7
4	Marcellus Honeycutt	SR	G Washington	21.87	6
5	Jeremy Dodson		G Washington	22.01	5
6	Michael Medina		Bear Creek	22.20	4
7	Ryan Campbell		Chatfield	22.21	3

Boys 1600 Meter Run 5A

State Meet:	4:10.98 S 1981	Rich Martinez	
Colorado:	4:10.98 C 1981	Rich Martinez	
National:	3:59.51 N 2001	Alan Webb	
Name	Yr	School	Finals

1	Ryan Deak	SR	Smoky Hill	4:16.46	10
2	Bradley Harkrader		Thornton	4:18.98	8
3	Mohamud Ige		Denver South	4:24.22	7

Boys 400 Meter Dash 5A

State Meet:	46.65 S 1998	Bryan Swarn	
Colorado:	46.65 C 1998	Bryan Swarn	
National:	45.25 N 1993	Calvin Harrison	
Name	Yr	School	Prelims

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004
State Track & Field Championships (4A, 5A)
Jeffco Stadium, Lakewood, CO
Results

4	Jason Graham	Thornton	4:25.29	6
5	Kyle Carney	Dakota Ridge	4:25.36	5
6	Yusuf Aden Ahmed	Denver South	4:25.46	4
7	Jason Holt	SR Ft Collins	4:26.21	3
8	Micah Moseley	Thunder Rdg	4:26.74	2

Boys 3200 Meter Run 5A

State Meet:	9:05.89 S 2003	Brent Vaughn
Colorado:	9:18.38 C 2001	Bret Schoolmeester
National:	8:41.10 N 2000	Dathan Ritzenhein
Name	Yr	School
		Finals

1	Bradley Harkrader	Thornton	9:15.16	C	10
2	Ryan Deak	SR Smoky Hill	9:41.03		8
3	Jason Holt	SR Ft Collins	9:44.41		7
4	Ryan Hafer	SR Coronado	9:44.47		6
5	Steven Weeks	Arvada	9:44.63		5
6	Casey Wahlers	Wheat Ridge	9:49.74		4
7	Jason Graham	Thornton	9:51.35		3
8	Micah Moseley	Thunder Rdg	9:51.62		2

Boys 110 Meter Hurdles 5A

State Meet:	13.62 S 5/22/2004	Wilbert Smith
Colorado:	13.68 C 1995	J. Thomas/Ricardo Moody
(98)	National:	13.10 N 1980
	Name	Yr
		School
		Prelims

Preliminaries

1	Brandon Sample	SR G Washington	13.91	Q	
0.6					
2	Wilbert Smith	SR Eaglecrest	14.06	Q	0.5
3	Brandon Woods	JR Smoky Hill	14.34	Q	1.8
4	Bryson Harrington	Green Mt	14.16	Q	0.5
5	Mike DiFelice	SR Rampart	14.25	Q	0.6
6	Aaron Merrill	SR Ft Collins	14.39	Q	1.8
7	Terry Anderson	SR Smoky Hill	14.50	q	1.8
8	Zach Jordan	JR Thompson V	14.60	q	0.6

Boys 110 Meter Hurdles 5A

State Meet:	13.62 S 5/22/2004	Wilbert Smith
Colorado:	13.68 C 1995	J. Thomas/Ricardo Moody
(98)	National:	13.10 N 1980
	Name	Yr
		School
		Finals

Finals

1	Wilbert Smith	SR Eaglecrest	13.62	S	10
2	Brandon Sample	SR G Washington	13.90		8
3	Mike DiFelice	SR Rampart	14.00		7
4	Brandon Woods	JR Smoky Hill	14.33		6
5	Aaron Merrill	SR Ft Collins	14.47		5
6	Terry Anderson	SR Smoky Hill	14.48		4
7	Zach Jordan	JR Thompson V	14.54		3
8	Bryson Harrington	Green Mt	14.55		2

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Boys 300 Meter Hurdles 5A

State Meet:	36.41 S 2001	Gerren Crochet
Colorado:	36.41 C 2001	Gerren Crochet
National:	35.32 N 1985	George Porter
Name	Yr	SchoolPrelims

Preliminaries

1	Mike DiFelice	SR	Rampart	37.60	Q
2	Terry Anderson	SR	Smoky Hill	38.10	Q
3	Kyle Keeler	SR	Longmont	38.87	Q
4	Mike Arnwine		Thornton	38.91	Q
5	Aaron Merrill	SR	Ft Collins	38.97	Q
6	Wilbert Smith	SR	Eaglecrest	39.62	Q
7	Brian Johnson		G Washington	39.15	q
8	Keith Hittle	JR	Doherty	39.79	q

Boys 300 Meter Hurdles 5A

State Meet:	36.41 S 2001	Gerren Crochet
Colorado:	36.41 C 2001	Gerren Crochet
National:	35.32 N 1985	George Porter
Name	Yr	SchoolFinals

Finals

1	Mike DiFelice	SR	Rampart	37.79	10
2	Terry Anderson	SR	Smoky Hill	38.38	8
3	Aaron Merrill	SR	Ft Collins	38.72	7

Finals ... (Boys 300 Meter Hurdles 5A)

Name	Yr	SchoolFinals
4	Kyle Keeler	SR Longmont 38.73 6
5	Mike Arnwine	Thornton 39.08 5
6	Brian Johnson	G Washington 39.76 4
7	Keith Hittle	JR Doherty 39.99 3
8	Wilbert Smith	SR Eaglecrest 41.63 2

Boys 4x100 Meter Relay 5A

State Meet:	41.24 S 5/22/2004	Montbello
S Myles, D Sampson, T Greer, J Lewis		
Colorado:	41.28 C 1997	Mullen HS
National:	39.76 N 1998	Fort Worth OD Wyatt, TX
Team	Relay	Prelims

Preliminaries

1	Montbello	41.52	Q
2	George Washington	41.91	Q
3	Smoky Hill	42.40	Q
4	Wasson	42.06	Q
5	Littleton	42.10	Q
6	Overland	42.41	Q
7	Doherty	42.66	q
8	Poudre	42.83	q

Boys 4x100 Meter Relay 5A

State Meet:	41.24 S 5/22/2004	Montbello
S Myles, D Sampson, T Greer, J Lewis		
Colorado:	41.28 C 1997	Mullen HS
National:	39.76 N 1998	Fort Worth OD Wyatt, TX
Team	Relay	Finals

Finals

1	Montbello	41.24	S	10
2	Wasson	41.71		8
3	George Washington	41.87		7
4	Smoky Hill	42.21		6
5	Poudre	42.71		5
6	Overland	42.72		4
7	Grand Junction	42.90		3
8	Littleton	42.95		2

Boys 4x200 Meter Relay 5A

State Meet:	1:25.93 S 1996	Highlands Ranch Hs
Colorado:	1:25.93 C 1996	Highlands Ranch HS
National:	1:24.97 N 1999	Baton Rouge, LA/Houston

Fores

Team	Relay	Prelims
-------------	--------------	----------------

Preliminaries

1	George Washington	1:26.38	Q
2	Littleton	1:27.60	Q
3	Smoky Hill	1:27.88	Q
4	Montbello	1:26.47	Q
5	Overland	1:28.09	Q
6	Fort Collins	1:29.52	Q
7	Thompson Valley	1:29.45	q
8	Chaparral	1:29.53	q

Boys 4x200 Meter Relay 5A

State Meet:	1:25.93 S 1996	Highlands Ranch Hs
Colorado:	1:25.93 C 1996	Highlands Ranch HS
National:	1:24.97 N 1999	Baton Rouge, LA/Houston

Fores

Team	Relay	Finals
-------------	--------------	---------------

Finals

1	Montbello	1:25.97	10
2	George Washington	1:25.99	8
3	Smoky Hill	1:26.57	7
4	Littleton	1:27.25	6
5	Overland	1:27.26	5
6	Fort Collins	1:28.72	4
7	Thompson Valley	1:29.53	3
8	Chaparral	1:29.72	2

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

Boys 4x400 Meter Relay 5A

State Meet: 3:15.34 S 1997 Montbello HS
Colorado: 3:15.34 C 1997 Montbello HS
National: 3:07.40 N 1985 Hawthorne, CA
Team Relay Prelims

Name Yr SchoolFinals

1	Mike McConkie	JR	Doherty	6-08.00	10
2	David Walden	SR	Ft Collins	6-07.00	8
3	Matt Trostel	JR	Poudre	6-06.00	7
4	Ian Storz		Wheat Ridge	6-06.00	6
5	Jared Lewis	SR	Montbello	6-06.00	5
6	Brice Burkhardt	SR	Rocky Mt	6-06.00	4
7	Matt Cordova	SR	Doherty	6-05.00	3
8	Victor Guevin		Central-GJ	6-04.00	2

Preliminaries

1	Fort Collins	3:18.44	Q
2	Smoky Hill	3:18.92	Q
3	Overland	3:19.47	Q
4	Montbello	3:19.95	Q
5	Poudre	3:20.36	Q
6	Littleton	3:21.47	Q
7	Heritage	3:22.03	q
8	Cherry Creek	3:23.06	q

Boys Pole Vault 5A

State Meet: 17-03 S 1986 Pat Manson
Colorado: 17-03 C 1986 Pat Manson
National: 18-02.25 N 1999 Eric Eshbach

Name Yr SchoolFinals

1	Levi Gallas		Chaparral	14-06.00	10
2	Ty Schiebeler	SR	Smoky Hill	14-00.00	8
3	Kirk Cooper	SO	Smoky Hill	14-00.00	7
4	Matt Tuggle		Chaparral	13-06.00	6
5	Bryce Cherpelis	SR	Monarch	13-06.00	5
6	Mike Juergens		Pomona	13-00.00	4
7	Alex Lyydon	SR	Heritage	13-00.00	3
8	Pat Deal	JR	Loveland	13-00.00	2

Boys 4x400 Meter Relay 5A

State Meet: 3:15.34 S 1997 Montbello HS
Colorado: 3:15.34 C 1997 Montbello HS
National: 3:07.40 N 1985 Hawthorne, CA
Team Relay Finals

Finals

1	Fort Collins	3:15.38	10
2	Overland	3:15.81	8
3	Smoky Hill	3:15.82	7
4	Montbello	3:16.92	6
5	Littleton	3:17.59	5
6	Poudre	3:20.34	4
7	Cherry Creek	3:20.90	3
8	Loveland	3:21.02	2

Boys Long Jump 5A

State Meet: 24-05.50 S 1995 William Henderson
Colorado: 24-05.50 C 1995 William Henderson
National: 26-04.75 N 1989 James Stallworth

Name Yr SchoolFinals

1	Raymond Blackledge	JR	Palmer	23-06.50	10
2	Marcus Gaines	SR	Smoky Hill	23-05.50	8
3	David Eischeid	JR	Longmont	22-06.25	7
4	Jarrelle Johnson	SR	Wasson	22-01.50	6
5	Shaun Dewitty	JR	Doherty	21-10.00	5
6	Pat Ealy		Denver South	21-07.00	4
7	Bryant Jestes	SR	Poudre	21-07.00	3
8	Michael Messimer	SR	Boulder	21-06.00	2

Boys 4x800 Meter Relay 5A

State Meet: 7:45.10 S 2001 Smoky Hill HS
Colorado: 7:45.10 C 2001 Smoky Hill HS
National: 7:36.24 N 1982 Ambler Wissahickon, PA
Team Relay Finals

1	Smoky Hill	7:51.66	10
2	Wasson	7:57.55	8
3	Denver West	7:58.39	7
4	Cherry Creek	7:59.37	6

(Boys 4x800 Meter Relay 5A)

Team Relay Finals

5	Fort Collins	8:03.41	5
6	Loveland	8:04.11	4
7	Lakewood	8:08.02	3
8	Arapahoe	8:10.57	2

Boys Triple Jump 5A

State Meet: 51-00.25 S 1973 Vic White
Colorado: 51-00.25 C 1973 Vic White
National: 52-10.50 N 1980 Charles Mayfield

Name Yr SchoolFinals

1	Jarrelle Johnson	SR	Wasson	49-04.50	10
2	Raymond Blackledge	JR	Palmer	48-01.75	8
3	Jason Smith	SR	Arapahoe	46-07.50	7
4	Jeff Mederios	SR	Highlands R	45-09.25	6
5	Marcus Gaines	SR	Smoky Hill	45-09.00	5
6	Chauncey Duckett	SR	Wasson	45-08.00	4
7	Shaun Dewitty	JR	Doherty	45-06.50	3

Boys High Jump 5A

State Meet: 7-02 S 1987 Jeff Martinez
Colorado: 7-02.25 C 1991 Matt Hemingway
National: 7-05.25 N 1984 Dothel Edwards

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004

State Track & Field Championships (4A, 5A)

Jeffco Stadium, Lakewood, CO

Results

8 Ryan Friese SO Rampart 45-00.50 2

15) Ranum 23

15) Greeley West 23

15) Glenwood Springs 23

18) Steamboat Springs 21

19) Alamosa 17

20) Windsor 16

21) Pine Creek 15.5

22) Widefield 15

22) Fort Morgan 15

24) Mountain View 14

25) Cheyenne Mountain 12

26) Montezuma-Cortez 9.5

Boys Shot Put 5A

State Meet: 66-03.25 S 1982

Jim Banich

Colorado: 66-03.25 C 1982

Jim Banich

National: 77-00 N 1979

Michael Carter

Name Yr School Finals

1 Matt Slauson SR Air Academy 59-04.50 10

2 Maurice Lucas JR Rangeview 54-07.75 8

3 Joe Douglas SR Smoky Hill 53-05.00 7

4 Shaw McGovern Pomona 53-01.00 6

5 Ross Diehl Douglas Co 52-07.25 5

6 Gordon Stant Dakota Ridge 51-06.25 4

7 Mitch James SR Littleton 50-07.50 3

8 Nicholas Alletto SR Ponderosa 49-04.75 2

27) Broomfield 9

28) Pueblo South 8

28) Sand Creek 8

28) Pueblo Centennial 8

31) Westminster 6

32) Englewood 5

32) Berthoud 5

32) Canon City 5

32) Moffat County 5

32) Ralston Valley 5

37) Greeley Central 4

37) Alameda 4

37) Pueblo County 4

37) Montrose 4

41) Mountain Vista 3

41) Rifle 3

41) Hinkley 3

41) Skyline 3

45) Centaurus 2

45) Ralston Valley 2

45) Palisade 2

48) Northridge 1

48) Elizabeth 1

Boys Discus Throw 5A

State Meet: 192-05 S 1977

Todd Austin

Colorado: 192-05 C 1977

Todd Austin

National: 234-03 N 2001

Niklas Arrhenius

Name Yr School Finals

1 Alex Godell SR Arapahoe 181-11 10

2 Maurice Lucas JR Rangeview 169-04 8

3 Ross Diehl Douglas Co 167-05 7

4 Joe Douglas SR Smoky Hill 160-01 6

5 Sam Barajas JR Monarch 156-07 5

6 Kris Means SO Grand Jct 153-09 4

7 Mitch James SR Littleton 153-07 3

8 Matt Slauson SR Air Academy 150-11 2

State Meet: 1:26.03 S 2000

Mullen HS

Colorado: 1:25.93 C 1996

Highlands Ranch HS

National: 1:24.97 N 1999

Baton Rouge, LA/Houston

Fores

Women - 4A - Team Rankings - 19 Events Scored

- 1) Lewis-Palmer 80
- 2) Mullen 75.5
- 3) Harrison 52.5
- 4) Woodland Park 44
- 4) Niwot 44
- 6) Conifer 37
- 7) Liberty 36.5
- 8) Sierra 35
- 9) Summit 31
- 10) Pueblo Central 28
- 11) Brighton 27
- 12) Fountain-Ft Carson 26
- 13) Sterling 24.5
- 14) Pueblo East 24

Women - 5A - Team Rankings - 19 Events Scored

- 1) Montbello 111
- 2) Rocky Mountain 103
- 3) Smoky Hill 101
- 4) George Washington 85
- 5) Heritage 58
- 6) Fort Collins 48
- 7) Eaglecrest 41
- 8) Highlands Ranch 36
- 9) Longmont 26
- 10) Chaparral 25
- 11) Thornton 22
- 12) Palmer 21

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results**

13) Fruita-Monument	17	27) Pine Creek	12
14) Mitchell	16	28) Greeley Central	10
15) Coronado	15	28) Skyview	10
16) Grandview	14	30) Englewood	9
17) Doherty	13	31) Brighton	8
17) Arapahoe	13	31) Adams City	8
19) Loveland	12	31) Steamboat Springs	8
19) Cherry Creek	12	31) Cheyenne Mountain	8
21) Rampart	10	35) Montezuma-Cortez	7
21) Fairview	10	35) Jefferson	7
21) Boulder	10	37) Conifer	6
24) Gateway	9	37) Canon City	6
24) Littleton	9	37) Palisade	6
24) Northglenn	9	37) Mountain View	6
27) Ponderosa	6	41) Skyline	5
28) Aurora Central	5	41) Hinkley	5
29) Legacy	4	41) Fort Morgan	5
30) Thompson Valley	3	44) Pueblo Central	4
31) Green Mountain	2	44) Falcon	4
31) Air Academy	2	46) Mesa Ridge	3
31) Standley Lake	2	47) Glenwood Springs	2
31) Grand Junction	2	48) Sand Creek	1
35) Chatfield	1		

Men - 4A - Team Rankings - 18 Events Scored

1) Mullen	78
2) Harrison	58
3) Fountain-Ft Carson	51
4) Alamosa	42
4) Broomfield	42
6) Greeley West	36
7) Montrose	31
8) Evergreen	26
8) Liberty	26
10) Pueblo West	25
11) Ranum	24
12) Westminster	21
13) Pueblo East	20
14) Moffat County	19
15) Rifle	18
15) Niwot	18
15) Sterling	18
18) Woodland Park	16
18) Alameda	16
20) Pueblo Centennial	15
20) Lewis-Palmer	15
20) Sierra	15
20) Centaurus	15
24) Elizabeth	14
25) Pueblo South	13
25) Widefield	13

COLORADO HIGH SCHOOL - 5/21/2004 to 5/22/2004**State Track & Field Championships (4A, 5A)****Jeffco Stadium, Lakewood, CO****Results**

Men - 5A - Team Rankings - 18 Events Scored

1) Smoky Hill	126
2) Wasson	69
3) Fort Collins	55
4) George Washington	42
5) Montbello	38
6) Littleton	34
7) Thornton	32
8) Overland	31
9) Doherty	28
9) Palmer	28
11) Poudre	24
12) Rampart	22
13) Arapahoe	19
14) Chaparral	18
14) Denver South	18
16) Rangeview	16
16) Loveland	16
16) Monarch	16
19) Eaglecrest	13
19) Longmont	13
21) Air Academy	12
21) Douglas County	12
23) Lakewood	11
23) Rocky Mountain	11
23) Cherry Creek	11
26) Bear Creek	10
26) Wheat Ridge	10
26) Pomona	10
29) Denver West	9
29) Dakota Ridge	9
29) Highlands Ranch	9
32) Chatfield	8
32) Grand Junction	8
34) Thompson Valley	6
34) Coronado	6
36) Arvada	5
37) Thunder Ridge	4
37) Heritage	4
39) Central (Grand Jct)	3
40) Ponderosa	2
40) Green Mountain	2
40) Boulder	2
43) Grandview	1
43) Columbine	1