

Colorado High School - 5/20/2010 to 5/22/2010
State Track & Field Championships
Jefferson County Stadium, Lakewood
Meet Program

Event 1 Boys 100 Meter Dash 2A**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/20/2010 - 2:40 PM**

National: 10.15 1990 Henry Neal
Colo. Prep: 10.32 2007 Jeremy Rankin
State Meet: 10.80 2001 Brett Ortiz

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Jake Warta	JR SEDG	12.34
3	Toby Casias	SO MEEK	11.60
4	Dakota Parker	FR FOWL	11.53
5	Jake Walker	SR HAYD	11.30
6	Laken Alley	JR BACA	11.34
7	Cody Roberts	JR HOEH	11.49
8	Matt Brown	SR LIMO	11.78
9	Mashi Moghad	SR LUTP	11.85

Heat 2 of 2 Prelims

1			
2	Travis Groves	SO WIGG	12.38
3	Jose Olivas	SR CENT	11.56
4	Christian Burn	SR ROCF	11.53
5	Bryar DeSanti	SR MERI	11.26
6	Travis Adamsc	SR BYER	11.36
7	Steven Voight	JR PAON	11.39
8	Ethan Brownin	JR CRIP	11.78
9	Brett Schmidt	JR LIMO	11.79

Event 2 Boys 200 Meter Dash 2A**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/20/2010 - 6:40 PM**

National: 20.13 1985 Roy Martin
Colo. Prep: 20.70 2005 Jeremy Dodson
State Meet: 22.23 2009 Mike Carl

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Robert Ryland	SO SRGR	24.12
3	Matt Brown	SR LIMO	23.47
4	Travis Adamsc	SR BYER	23.42
5	Jarret Cure	JR WRAY	22.93
6	Jake Walker	SR HAYD	23.07
7	Christian Burn	SR ROCF	23.31
8	Richard Emmc	JR PAON	23.63
9	Jake Warta	JR SEDG	24.10

Heat 2 of 2 Prelims

1			
2	Jacob Wilson	SR PEET	24.47
3	Brian Weikel	JR BYER	23.45
4	Bryar DeSanti	SR MERI	23.44
5	Luis Huerta	SR WRAY	22.78
6	Jacob Sarradet	SR SHIN	23.09
7	Steven Voight	JR PAON	23.20
8	Morgan Biel	SR SARG	23.77
9	Cody Roberts	JR HOEH	24.00

Event 3 Boys 400 Meter Dash 2A**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/20/2010 - 5:20 PM**

National: 45.25 1993 Calvin Harrison
Colo. Prep: 46.23 2006 J.T. Scheuerman
State Meet: 49.17 1983 Kevin Young

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Jeff Hawthorne	SR HAXT	53.94
3	Brandon Torto	SR HOEH	52.24
4	Jotrayl Campbe	JR HILL	51.61
5	Kyle Moore	JR ROCF	50.78
6	Oakley Hayes	SR IGNA	50.79
7	Kyle Brown	SR ELBT	51.50
8	Richard Emmc	JR PAON	52.57
9	Kyle Garcia	SR DELN	53.45

Heat 2 of 2 Prelims

1	Michael Crane	SO SPRN	54.57
2	DJ Lindenthal	SR MERI	54.27
3	Morgan Biel	SR SARG	52.22
4	Dylan Carr	SR BYER	51.75
5	Coley David	SO BURL	50.60
6	Jarret Cure	JR WRAY	51.10
7	Jacob Sarradet	SR SHIN	51.48
8	Alex Estes	SR SORO	52.70
9	Dillon Patterso	SR OTIS	53.01

Event 4 Boys 800 Meter Run 2A**Friday 5/21/2010 - 12:40 PM**

National: 1:46.45 1996 Michael Granville
Colo. Prep: 1:51.23 2001 James Hatch
State Meet: 1:56.13 2002 Cory Kline

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Eric Lewis	JR MANC	1:59.40
2	Brandon Torto	SR HOEH	2:00.10
3	Shawn Dubbs	SR CRIP	2:01.25
4	Brock Campbe	SR MEEK	2:01.91
5	Trenton Rico	JR BURL	2:03.82
6	Kyle Brown	SR ELBT	2:05.62
7	Joel Villagome	SR CENT	2:06.43
8	Alex Flynn	JR PAON	2:06.84
9	Hagen Turner	SR BACA	2:07.14
10	Tyler Barela	JR SRGR	2:07.43
11	Steven Chuma	SR PLAN	2:07.45
12	Mark Trujillo	SO ROCF	2:07.81
13	Jeremy Louten	SO HOLY	2:07.95
14	Harrison Johns	SR FLEM	2:08.51
15	Kyle Carey	SR OTIS	2:09.03
16	Cody Campbel	SR KIOW	2:09.33

Event 5 Boys 1600 Meter Run 2A**Saturday 5/22/2010 - 11:10 AM**

National: 3:59.51 2001 Alan Webb
Colo. Prep: 4:10.98 1981 Richie Martinez
State Meet: 4:21.35 2002 Aucencio Martinez

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Shawn Dubbs	SR CRIP	4:28.81
2	Eric Lewis	JR MANC	4:36.86
3	Ty Williams	SO NORW	4:39.65
4	Chris Zirkle	JR HAYD	4:43.20
5	Steven Chuma	SR PLAN	4:43.99
6	Tyler Barela	JR SRGR	4:46.77
7	Trenton Rico	JR BURL	4:47.27
8	Kirbi Stum	SR PLAN	4:49.72
9	Jeremiah Evan	SR VANG	4:50.03
10	Angel Ramos	SR ROCF	4:50.07
11	Matt Fulmer	JR FLAG	4:50.13
12	Jeremy Louten	SO HOLY	4:51.61
13	Arnold Clarke	SR CRIP	4:52.20
14	Keith Heintzel	JR DAYS	4:58.89
15	Kyle Headrick	SR NEDE	4:58.95

Event 6 Boys 3200 Meter Run 2A**Friday 5/21/2010 - 4:00 PM**

National: 8:34.23 2008 German Fernandez
Colo. Prep: 9:05.89 2003 Brent Vaughn
State Meet: 9:36.88 1987 Ray Harvey

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Ty Williams	SO NORW	9:46.45
2	Shawn Dubbs	SR CRIP	9:51.99
3	Chris Zirkle	JR HAYD	10:12.44
4	Trevor Walters	SO PAON	10:21.72
5	Jeremiah Evan	SR VANG	10:28.31
6	Kirbi Stum	SR PLAN	10:40.81
7	Steven Chuma	SR PLAN	10:44.06
8	Angel Ramos	SR ROCF	10:46.17
9	Arnold Clarke	SR CRIP	10:52.35
10	Kaleb Stephen	SO DELN	10:56.27
11	Micah Tate	SO PPCH	11:05.94
12	Ryan Scheone	FR LUTP	11:06.03
13	Ryan Ernst	FR WIGG	11:08.17
14	Keith Heintzel	JR DAYS	11:08.76
15	Kyle Headrick	SR NEDE	11:10.05

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Event 7 Boys 110 Meter Hurdles 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 4:20 PM

National: 13.1h 1980 Dennis Brantlty
National: 13.30 1990 Chris Nelloms
Colo. Prep: 13.61 2004 Wilbert Smith
State Meet: 14.49 2008 Dan Baer

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Alex Quintana	SO HOLY	18.52
3	Theo Kurtzer	FR MERI	16.87
4	Justin Lowder	SO SARG	16.55
5	Sean McCoy	SR DOLO	15.38
6	Cody Dell	SO ROCF	16.15
7	Colin Simon	JR STRA	16.20
8	Alex Bernholtz	JR DOLO	17.22
9	Derek Reiman	JR OTIS	18.24

Heat 2 of 2 Prelims

1			
2			
3	Travis Gore	SO WEST	16.69
4	Jerome King	SR LIMO	16.61
5	Landry Cogbur	JR BACA	15.11
6	Matthew Feola	SR LUTP	16.15
7	Keith Cabrera	SR SWIN	16.16
8	Clark Cranfill	SO SARG	17.24
9	Scott Peters	SO CUST	17.70

Event 8 Boys 300 Meter Hurdles 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Friday 5/21/2010 - 11:45 AM

National: 35.02 2009 Reggie Wyatt
Colo. Prep: 36.41 2001 Gerren Crochet
State Meet: 38.75 2003 Keith Clayton

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Scott Peters	SO CUST	45.59
3	Logan Osborne	SR RANG	42.78
4	Taylor Bradfor	SR PAON	42.35
5	Spencer Cure	JR BURL	41.07
6	Sean McCoy	SR DOLO	41.97
7	Colin Simon	JR STRA	42.32
8	Alex Quintana	SO HOLY	43.17
9	Clay Blankensl	SR IDAL	44.41

Heat 2 of 2 Prelims

1			
2			
3	Jacob Penningt	SR HILL	42.68
4	Cody Dell	SO ROCF	42.40
5	Landry Cogbur	JR BACA	39.89
6	Jack Schwinn	SO WRAY	42.30
7	Theo Kurtzer	FR MERI	42.30
8	Chris Archulet	SR DELN	43.68
9	Justin Lowder	SO SARG	44.38

Event 9 Boys 4x100 Meter Relay 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 5:50 PM

National: 39.76 1998 Fort Worth-Wyatt H
Colo. Prep: 41.21 2007 Overland HS
State Meet: 43.54 1999 Holyoke HS

LaneTeam	Relay	Seed Time
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Heat 1 of 2 Prelims

1		
2	STHP	47.26
3	MERI	46.14
4	MANC	45.42
5	PAON	44.67
6	LIMO	44.69
7	MEEK	45.33
8	WIGG	46.46
9	DELN	47.13

Heat 2 of 2 Prelims

1		
2	SEDG	47.70
3	SPRN	45.89
4	ELBT	45.44
5	BYER	44.39
6	BURL	44.96
7	WRAY	44.99
8	SARG	46.69
9	KARV	46.77

Event 10 Boys 4x200 Meter Relay 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 3:40 PM

National: 1:23.92 2007 Fort Bend Hightower
Colo. Prep: 1:25.59 2007 George Washington I
State Meet: 1:30.54 1990 Julesburg HS

LaneTeam	Relay	Seed Time
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Heat 1 of 2 Prelims

1		
2	WIGG	1:37.29
3	SARG	1:34.21
4	PAON	1:33.48
5	BURL	1:32.35
6	BACA	1:32.50
7	ELBT	1:32.76
8	MANC	1:34.23
9	CENT	1:36.89

Heat 2 of 2 Prelims

1	SEDG	1:38.90
2	OTIS	1:37.96
3	MEEK	1:34.15
4	LIMO	1:34.00
5	WRAY	1:31.72
6	BYER	1:32.52
7	LUTP	1:32.74
8	DELN	1:35.67
9	SPRN	1:35.92

Event 11 Boys 4x400 Meter Relay 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 7:40 PM

National: 3:07.40 1985 Hawthorne HS, CA
Colo. Prep: 3:15.34 1997 Montbello Hs
State Meet: 3:25.75 2005 Haxtun HS

LaneTeam	Relay	Seed Time
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Heat 1 of 2 Prelims

1		
2	OTIS	3:42.82
3	DELN	3:40.46
4	MEEK	3:36.17
5	WRAY	3:32.16
6	IGNA	3:33.72
7	ROCF	3:35.57
8	MERI	3:40.57
9	WIGG	3:42.31

Heat 2 of 2 Prelims

1		
2		
3	HOEH	3:40.24
4	PAON	3:37.78
5	BURL	3:31.30
6	BACA	3:33.73
7	ELBT	3:35.33
8	LAVE	3:41.28
9	LIMO	3:41.29

Event 12 Boys 4x800 Meter Relay 2A

Thursday 5/20/2010 - 4:30 PM

National: 7:33.48 2009 Warrington Central
Colo. Prep: 7:45.10 2001 Smokey Hill HS
State Meet: 8:09.70 2006 Peyton HS

LaneTeam	Relay	Seed Time
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Section 1 of 1 Finals

1	ROCF	8:34.00
2	WRAY	8:37.05
3	PAON	8:39.88
4	VANG	8:47.31
5	CRIP	8:47.96
6	BACA	8:48.11
7	HOLY	8:49.59
8	SORO	8:49.85
9	KIOW	8:55.75
10	DELN	8:56.99
11	HIPL	8:57.61
12	CENT	8:59.77
13	OTIS	9:01.25
14	SEDG	9:03.87
15	MANC	9:09.24

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Event 13 Boys High Jump 2A

Saturday 5/22/2010 - 9:30 AM

National: 7-05.75 2009 James White
 Colo. Prep: 7-04 1990 Matt Hemingway
 State Meet: 6-11 1999 Tyson Parrot

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Skylar Stortent	JR	SEDG		5-06.00
2	Cameron Nelsc	SR	CRED		5-08.00
3	Charlie Whiteh	SR	JOHN		5-08.00
4	Chandler Dohe	FR	LIMO		5-08.00
5	Jacob Wilson	SR	PEET		5-10.00
6	Lobo James	SR	TELL		5-10.00
7	Jacob Lockhart	JR	SWIN		5-10.00
8	Scott Dow	SR	CALH		5-10.00
9	Chase Langley	JR	PLAT		6-00.00
10	Andrew Bower	JR	LUTP		6-00.00
11	Ethan Gruntor	SR	CROW		6-00.00
12	Kegan Carwin	SR	PEET		6-02.00
13	Brett Stone	SR	KARV		6-03.00
14	Colton Brown	SR	MEEK		6-03.00
15	Ethan Brownin	JR	CRIP		6-04.00
16	Rene Valdez	SR	HAYD		6-06.00

Event 14 Boys Pole Vault 2A

Friday 5/21/2010 - 10:00 AM

National: 18-02.25 1999 Eric Eshbach
 Colo. Prep: 17-07.50 1986 Pat Manson
 State Meet: 14-09 1984 Bill Culbreath

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Landon Stang	FR	LIMO		8-00.00
2	Luke Terrell	SR	IDAL		9-00.00
3	Colin Eberhart	JR	BURL		9-06.00
4	Drake Brandor	SO	OTIS		9-06.00
5	Pie Lombardi	JR	SORO		9-09.00
6	Logan Cummin	FR	WEST		10-03.00
7	Tim Ritschard	JR	WEST		10-09.00
8	Logan Ramseic	SR	IDAL		11-06.00
9	Jourdan Hottin	SO	AKRO		11-06.00
10	David Kelly	SR	LIMO		12-00.00
11	Johnny Ornela	JR	SEDG		12-07.00

Event 15 Boys Long Jump 2A

Thursday 5/20/2010 - 4:30 PM

National: 26-04.75 1989 James Stallworth
 Colo. Prep: 24-07.50 1990 Chris Sanders
 State Meet: 22-11.75 1931 Otto Staab

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Curran Barnes-	SO	MERI		19-05.00
2	Colin Simon	JR	STRA		19-06.00
3	Jacob Sarradet	SR	SHIN		19-09.25
4	Kyle Baker	JR	STHP		19-09.50
5	Kristian Ander	JR	SANG		19-09.75
6	Reiss Dillon	SR	MANC		19-11.00
7	Alberto Gutieri	FR	KITC		20-01.00
8	Morgan Biel	SR	SARG		20-01.00
9	Cody Miles	SR	SORO		20-01.25
Flight 2 of 2 Finals					
1	Adam Marostic	JR	IDAL		20-04.00
2	Kelly Siegrist	SR	WRAY		20-04.50
3	Rafe Schroder	SR	BACA		20-08.00
4	Kraig Tagtmey	SR	HIPL		20-09.50
5	AJ Moody	SO	CSDB		20-11.25
6	Genesis Enriqu	JR	BACA		20-11.50
7	Kyle Carper	SR	HOLY		21-07.00
8	Taylor Russel	SR	KARV		21-07.00
9	Alex Estes	SR	SORO		21-09.75

Event 16 Boys Triple Jump 2A

Friday 5/21/2010 - 12:00 PM

National: 52-10.50 1980 Charles Mayfield
 Colo. Prep: 51-00.25 1973 Victor White
 State Meet: 48-04 2005 Jason Brenton

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Cody Howard	FR	CUST		38-04.00
2	Jake Fox	SR	EADS		39-02.50
3	Tylor Coley	JR	SARG		39-03.00
4	Saul Gomez	SR	HOLL		39-07.75
5	Dustin Jenkins	SO	SIML		39-11.25
6	Cody Miles	SR	SORO		40-04.50
7	Jeff Hawthorne	SR	HAXT		40-09.00
8	Adam Marostic	JR	IDAL		40-11.50
Flight 2 of 2 Finals					
1	Kyle Baker	JR	STHP		40-11.50
2	Miguel Martin	JR	GRAN		41-00.00
3	Matthew Brow	SR	GENO		41-01.50
4	Kaleb Sackmar	JR	OURA		41-09.25
5	Corey Miller	JR	WIGG		41-11.00
6	Coley David	SO	BURL		42-00.25
7	Alex Estes	SR	SORO		42-11.00
8	Kyle Carper	SR	HOLY		43-00.50

Event 17 Boys Shot Put 2A

Thursday 5/20/2010 - 2:00 PM

National: 77-00 1979 Michael Carter
 Colo. Prep: 71-03.25 2009 Mason Finley
 State Meet: 59-09.25 1964 Mike Tomasini

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Daniel Frink	SR	CUST		40-07.50
2	Dylan Sisneros	SR	ANTO		40-10.50
3	Tyler Davis	SR	WIGG		41-09.00
4	Clay Groff	SR	CUST		42-03.00
5	Andrew Lights	SO	FLEM		42-09.75
6	Jakota Walters	SR	CROW		44-04.50
7	Alex Herrera	SR	IGNA		44-05.50
8	Daniel Weirich	FR	EADS		44-05.75
Flight 2 of 2 Finals					
1	Sam Rueb	JR	HIPL		44-06.00
2	Isaac Leonard	SR	MANC		45-08.50
3	Caleb Smith	JR	PPCH		45-09.00
4	Matt Watwood	SR	SORO		46-10.50
5	Jordan Murphy	SO	LUTP		47-08.00
6	Lance Pickett	JR	OTIS		47-10.25
7	Nolan Queen	SR	BURL		48-00.50
8	Garrett Smith	SR	EADS		48-03.00

Event 18 Boys Discus Throw 2A

Friday 5/21/2010 - 11:00 AM

National: 236-06 2009 Mason Finley
 Colo. Prep: 236-06 2009 Mason Finley
 State Meet: 178-06.5 1964 Mike Tomasini

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Dillan Kizer	SO	SEDG		117-04
2	Kyle Pollock	SR	WIGG		120-07
3	Clay Groff	SR	CUST		121-05
4	Ryan Wix	JR	MEEK		123-01
5	Andrew Perry	FR	OTIS		125-09
6	Andrew Carsor	SR	BETH		125-10
7	Cole Nordyke	SR	CUST		126-06
8	Bradley Vigil	SO	LAVE		131-10
9					
Flight 2 of 2 Finals					
1	John Knudsen	SR	CHYW		133-01
2	Caleb Smith	JR	PPCH		137-11
3	Alex Herrera	SR	IGNA		139-04
4	Lance Pickett	JR	OTIS		141-04
5	Tyler Davis	SR	WIGG		142-02
6	Daniel Weirich	FR	EADS		145-10
7	Matt Watwood	SR	SORO		146-03
8	Nolan Queen	SR	BURL		155-04
9	Garrett Smith	SR	EADS		155-10

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Event 21 Girls 100 Meter Dash 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 2:40 PM

National: 11.14 1992 Marion Jones
Colo. Prep: 11.31 1987 Caryl Smith
State Meet: 12.41 1989 Hollie Michael

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Breanna Sticke	SO LIMO	13.87
3	Jodi States	JR WILE	13.17
4	Tess Wallace	SR DOLO	13.16
5	Alexis Seifert	SO OTIS	12.86
6	Brittany Cripp	SR VANG	12.93
7	Jenson Hashba	SR MOFF	13.15
8	Kathryn Doll	SO MEEK	13.20
9	Alia Buchholz	SO LIMO	13.85

Heat 2 of 2 Prelims

1			
2			
3	Sydni Riley	SO CRIP	13.16
4	Nissi Hallman	JR EADS	13.16
5	Marissa Smith	SR HOLY	12.58
6	Lexi Atkinson	FR DOLO	12.94
7	Sami Willhoite	JR LAVE	12.95
8	April Gonzales	JR FOWL	13.23
9	Ashley Atkin	JR FLEM	13.39

Event 22 Girls 200 Meter Dash 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 6:40 PM

National: 22.52 2003 Allyson Felix
Colo. Prep: 23.36 1994 Aspen Burkett
State Meet: 25.42 2007 Shaylee Robinette

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Marisol Ordon	FR BURL	28.21
3	Kathryn New	FR SANG	27.37
4	Nissi Hallman	JR EADS	27.17
5	Ashley Atkin	JR FLEM	26.35
6	Alexis Seifert	SO OTIS	26.52
7	Caitlyn Hubba	JR LIMO	26.98
8	Sierra Geroux	SO CUST	27.39
9	April Gonzales	JR FOWL	28.11

Heat 2 of 2 Prelims

1			
2	Julie Hernandez	JR CALI	29.18
3	Kathryn Doll	SO MEEK	27.26
4	Michelle Simr	FR IGNA	27.22
5	Marissa Smith	SR HOLY	25.91
6	Riccie Stwalley	SR LASA	26.60
7	Brittany Cripp	SR VANG	26.71
8	Jenson Hashba	SR MOFF	27.40
9	Ashlyn Gruber	SO VLCH	27.45

Event 23 Girls 400 Meter Dash 2A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 5:20 PM

National: 50.74 2000 Monique Henderson
Colo. Prep: 53.71 1993 Cynthia Newsome
State Meet: 56.36 2001 Jessica Brown

LaneName	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1			
2	Cj Twiss	SR WRAY	63.46
3	Kayla Pribble	SR DOVE	62.19
4	Caitlyn Hubba	JR LIMO	61.35
5	Marissa Smith	SR HOLY	58.59
6	Ashley Atkin	JR FLEM	59.15
7	Heather Dueste	JR HOLY	61.25
8	Kathryn New	FR SANG	62.33
9	Brittany Cripp	SR VANG	63.27

Heat 2 of 2 Prelims

1			
2	Morgan Oestm	FR FLAG	63.94
3	Jamie Delgado	SO WRAY	61.74
4	April Gonzales	JR FOWL	61.69
5	Sydney Clarkso	JR AKRO	58.19
6	Ashlyn Gruber	SO VLCH	60.72
7	Sydni Riley	SO CRIP	61.22
8	Skylar Kraatz	SO CRES	62.51
9	Natalie Neece	SO JOHN	63.24

Event 24 Girls 800 Meter Run 2A

Friday 5/21/2010 - 12:40 PM

National: 2:02.90 2008 Chanelle Price
Colo. Prep: 2:07.53 1996 Tara Mendoza
State Meet: 2:15.48 2001 Jessica Brown

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Johanna Reed	SR PAON	2:16.83
2	Kat Robinson	SR NEDE	2:21.30
3	Chelsy Reed	FR PAON	2:24.59
4	Sydney Clarkso	JR AKRO	2:24.93
5	Ashley Atkin	JR FLEM	2:25.87
6	Audrey Hogan	SR RANG	2:27.08
7	Michelle Pleug	JR LASA	2:28.44
8	Kelly Lamb	SR CRED	2:28.63
9	Jasmine Gome	FR SARG	2:30.87
10	Mariah Brown	SO ELBT	2:31.12
11	Melissa Ander	FR WRAY	2:33.42
12	Bay'lee Purdy	SO DEER	2:33.54
13	Samantha Curc	SR IDAL	2:33.98
14	Hilary Lengel	SR LIMO	2:34.95
15	Maggie Schnei	FR WILE	2:35.28
16	Amber Reynold	SO SANG	2:35.42

Event 25 Girls 1600 Meter Run 2A

Saturday 5/22/2010 - 11:10 AM

National: 4:33.82 2008 Christine Babcock
Colo. Prep: 4:49.86 1991 Melody Fairchild
State Meet: 5:02.46 1990 Cruz Zarco

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Johanna Reed	SR PAON	5:11.99
2	Birdie Hutton	SO SHIN	5:20.23
3	Kat Robinson	SR NEDE	5:21.57
4	Kelly Lamb	SR CRED	5:22.56
5	Kelsey Corbin	JR MANC	5:27.61
6	Kelley Robinsc	SO NEDE	5:29.79
7	Erin Kelly	JR CRES	5:33.17
8	Audrey Hogan	SR RANG	5:33.92
9	Chelsea Kilgor	SR VANG	5:36.50
10	Melanie Burto	JR BETH	5:40.04
11	Valerie Stark	JR CUST	5:44.77
12	Nicole O'Dwye	SR LIMO	5:46.66
13	Trisha O'rourk	JR DELN	5:47.09
14	Jodi States	JR WILE	5:58.46
15	Hannah Yahn	FR CALI	5:59.29
16	Megan Woods	FR AKRO	5:59.81
17	Brooke Grissor	JR FOWL	6:00.01
18	Sage Thompso	JR BACA	6:04.97
19	Emily Schuma	SO PEET	6:07.46

Event 26 Girls 3200 Meter Run 2A

Friday 5/21/2010 - 4:00 PM

National: 9:48.59 1996 Kimberly Mortensen
Colo. Prep: 10:21.37 1991 Melody Fairchild
State Meet: 10:56.61 1990 Cruz Zarco

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Johanna Reed	SR PAON	11:27.81
2	Birdie Hutton	SO SHIN	11:40.63
3	Kelley Robinsc	SO NEDE	11:43.84
4	Kelly Lamb	SR CRED	12:13.22
5	Chelsea Kilgor	SR VANG	12:14.06
6	Valerie Stark	JR CUST	12:15.24
7	Rachel Hampt	FR TELL	12:15.93
8	Melanie Burto	JR BETH	12:18.69
9	Kelsey Corbin	JR MANC	12:19.86
10	Erin Kelly	JR CRES	12:23.45
11	Rebecca Herm	SO NEDE	12:30.64
12	Savannah Will	FR HAYD	12:35.81
13	Trisha O'rourk	JR DELN	12:54.59
14	Brooke Grissor	JR FOWL	13:08.65
15	Emily Schuma	SO PEET	13:16.11
16	Shannon Huz	JR CROW	13:26.32
17	Christina Burc	JR CENT	13:29.79
18	Morgan Wood	FR AKRO	13:34.50
19	Tawney Bleak	JR OTIS	13:51.56
20	Michaela Mon	SR ROCF	13:56.50

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Event 27 Girls 100 Meter Hurdles 2A				
9 Advance: Top 3 Each Heat plus Next 3 Best Times				
Thursday 5/20/2010 - 4:05 PM				
National:	13.03	2007	Vashti Thomas	
Colo. Prep:	13.23	1996	Dominique Calloway	
State Meet:	14.50	2006	Emily Hanna	
LaneName	Yr	School	Seed	Time
Heat 1 of 2 Prelims				
1				
2	Laura Beckma	SO SEDG		17.92
3	Brittney Brew	SO CROW		17.44
4	Jordan McHen	SR DOLO		16.88
5	Lindsey Stindt	SO NORW		15.86
6	Logan Franek	FR ELBT		16.01
7	Emy Ludwig	SO TELL		16.60
8	Nicole Carpent	JR PEET		17.53
9	Kayla Taplin	SO DAYS		17.65
Heat 2 of 2 Prelims				
1				
2				
3	Sarah Saleck	SO STHP		17.34
4	Bethany Feldm	JR CUST		17.30
5	Caitlyn Hubba	JR LIMO		15.47
6	Kira Wendrych	JR KIW		16.42
7	Tori Mortenser	SO SANF		16.52
8	Ashleigh Fox	JR FOWL		17.58
9	Maggie Cure	JR WRAY		17.64

Event 28 Girls 300 Meter Hurdles 2A				
9 Advance: Top 3 Each Heat plus Next 3 Best Times				
Friday 5/21/2010 - 11:05 AM				
National:	39.98	2001	Lashinda Demus	
Colo. Prep:	41.35	2000	Twink Krainik	
State Meet:	44.44	2000	Shonda Brown	
LaneName	Yr	School	Seed	Time
Heat 1 of 2 Prelims				
1				
2	Shelby Beavers	SR HOLY		51.90
3	Brandy Haller	SR WDLN		50.36
4	Sarah Saleck	SO STHP		49.46
5	Caitlyn Hubba	JR LIMO		47.76
6	Kira Wendrych	JR KIW		48.37
7	Andi Munson	JR MIAM		49.26
8	Kendyl Pearce	JR CHER		50.59
9	Donna Tavako	JR HOEH		51.79
Heat 2 of 2 Prelims				
1	Paige Mcdanie	SO SANF		52.45
2	Maggie Cure	JR WRAY		52.24
3	Nicole Newth	SR SEDG		49.64
4	Jordan McHen	SR DOLO		49.50
5	Lindsey Stindt	SO NORW		46.60
6	Emy Ludwig	SO TELL		49.04
7	Corrine Huthoc	SO VANG		49.21
8	Alexa Gerber	JR BACA		51.19
9	Sidney Merrill	FR AKRO		51.34

Event 29 Girls 4x100 Meter Relay 2A				
9 Advance: Top 3 Each Heat plus Next 3 Best Times				
Thursday 5/20/2010 - 5:50 PM				
National:	44.50	2004	Long Beach Poly HS	
Colo. Prep:	46.51	2007	George Washington I	
State Meet:	50.37	2002	Julesburg HS	
LaneTeam	Relay	Seed	Time	
Heat 1 of 2 Prelims				
1				
2	LAVE		54.18	
3	VLCH		53.69	
4	CALH		53.38	
5	AKRO		51.98	
6	HOLY		52.16	
7	SIML		53.38	
8	SEDG		53.74	
9	SPRN		53.99	
Heat 2 of 2 Prelims				
1				
2	SARG		54.23	
3	FOWL		53.53	
4	OTIS		53.51	
5	DOLO		50.91	
6	LASA		52.68	
7	LIMO		52.73	
8	SANF		53.78	
9	MANC		53.79	

Event 30 Girls 4x200 Meter Relay 2A				
9 Advance: Top 3 Each Heat plus Next 3 Best Times				
Thursday 5/20/2010 - 3:40 PM				
National:	1:33.87	2004	Long Beach Poly HS	
Colo. Prep:	1:38.09	2007	George Washington I	
State Meet:	1:46.45	2006	Limon HS	
LaneTeam	Relay	Seed	Time	
Heat 1 of 2 Prelims				
1				
2	CENT		1:56.09	
3	SPRN		1:53.88	
4	WRAY		1:52.48	
5	AKRO		1:47.45	
6	PAON		1:50.51	
7	ELBT		1:51.53	
8	DELN		1:54.33	
9	CUST		1:55.44	
Heat 2 of 2 Prelims				
1				
2				
3	MIAM		1:52.75	
4	SIML		1:52.55	
5	HOLY		1:47.02	
6	LASA		1:50.55	
7	DOLO		1:50.96	
8	SORO		1:55.12	
9	HAXT		1:55.31	

Event 31 Girls 4x400 Meter Relay 2A				
9 Advance: Top 3 Each Heat plus Next 3 Best Times				
Thursday 5/20/2010 - 7:40 PM				
National:	3:35.49	2004	Long Beach Poly HS	
Colo. Prep:	3:48.59	1993	Denver South HS	
State Meet:	4:04.57	2003	Lyons HS	
LaneTeam	Relay	Seed	Time	
Heat 1 of 2 Prelims				
1				
2	HOEH		4:28.54	
3	WIGG		4:25.37	
4	KIW		4:20.28	
5	PAON		4:13.37	
6	DOLO		4:14.28	
7	KIMM		4:18.77	
8	MERI		4:26.40	
9	COTO		4:27.96	
Heat 2 of 2 Prelims				
1				
2				
3	SORO		4:25.04	
4	ELBT		4:23.73	
5	AKRO		4:08.90	
6	WRAY		4:16.51	
7	LASA		4:16.57	
8	LIMO		4:26.66	
9	LAVE		4:27.38	

Event 32 Girls 4x800 Meter Relay 2A				
Thursday 5/20/2010 - 4:30 PM				
National:	8:58.43	1982	Ft. Wash. Upr. Dubli	
Colo. Prep:	9:00.07	2009	Thompson Valley HS	
State Meet:	9:54.55	2004	Limon HS	
LaneTeam	Relay	Seed	Time	
Section 1 of 1 Finals				
1	PAON		10:03.64	
2	DOLO		10:16.48	
3	MANC		10:28.67	
4	AKRO		10:36.67	
5	LIMO		10:38.50	
6	FOWL		10:39.70	
7	KIW		10:40.69	
8	MERI		10:42.34	
9	VANG		10:44.03	
10	EADS		10:45.26	
11	WIGG		10:45.40	
12	WRAY		10:54.98	
13	SARG		11:04.81	
14	DELN		11:14.02	
15	CUST		11:14.78	

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Event 33 Girls 800 Sprint Medley 2A**9 Advance: Top 3 Each Heat plus Next 3 Best Times****Thursday 5/20/2010 - 2:25 PM****Colo. Prep: 1:43.85 1996 George Washington****State Meet: 1:49.48 2006 Limon HS**

Lane	Team	Relay	Seed	Time
Heat 1 of 2 Prelims				
1				
2	MERI			2:01.56
3	LUTP			2:00.45
4	PAON			1:59.10
5	HOLY			1:54.64
6	KIMM			1:56.23
7	SIML			1:59.02
8	SPRN			2:00.47
9	SORO			2:01.53

Heat 2 of 2 Prelims

1				
2				
3	STHP			1:59.43
4	LAVE			1:59.40
5	AKRO			1:50.61
6	WRAY			1:56.24
7	DOLO			1:56.46
8	CALH			2:00.67
9	COTO			2:01.20

Event 34 Girls High Jump 2A**Saturday 5/22/2010 - 11:30 PM****National: 6-03 1992 Amy Acuff****Colo. Prep: 6-01 1978 Sharon Burrill****State Meet: 5-11 1989 Duff Liebl**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Abby Kurtzer	FR	HAXT		4-06.00
2	Nicole Carpent	JR	PEET		4-08.00
3	Veronica Burn	FR	MIAM		4-08.00
4	Michelle Simr	FR	IGNA		4-10.00
5	Brook Cecil	SR	WEST		4-10.00
6	Kenzi Mitchell	FR	SIML		4-10.00
7	Calla Urich	SR	CRED		5-00.00
8	Katie Monahar	SR	JOHN		5-00.00
9	Sidney Merrill	FR	AKRO		5-00.00
10	Haley Martinez	FR	HOLL		5-01.00
11	Chelsea Butler	SR	KIMM		5-01.00
12	Sierra Geroux	SO	CUST		5-02.00
13	Nicole Aranci	SO	BETH		5-02.00
14	Melissa Kraker	SR	WEST		5-03.00
15	Amber Lowthe	SR	ROCF		5-05.00

Event 35 Girls Pole Vault 2A**Friday 5/21/2010 - 12:30 PM****National: 14-01 2007 Tori Anthony****Colo. Prep: 13-03 2008 Elizabeth Stover****State Meet: 11-01 2004 Kathy Hall**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Emily Crews	SR	PPCH		6-06.00
2	Christina Pantl	SR	NTHP		7-06.00
3	Brook Cecil	SR	WEST		7-06.00
4	Ashton Taylor	JR	LIMO		8-00.00
5	Breanna Sticke	SO	LIMO		8-03.00
6	Kylie Alexand	SO	VLCH		8-06.00
7	Sydney Weyerl	JR	IDAL		8-06.00
8	Sidney Merrill	FR	AKRO		9-00.00
9	Laura Measles	SR	AKRO		9-00.00

Event 36 Girls Long Jump 2A**Thursday 5/20/2010 - 2:00 PM****National: 22-01.75 1976 Kathy McMillan****Colo. Prep: 21-00.75 2005 Chelsea Taylor****State Meet: 18-04 2003 Tonya Cure**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Alexandra Ten	SO	JOHN		14-06.50
2	Brittney Brew	SO	CROW		14-09.50
3	Kim Hazelton	SR	MIAM		14-10.00
4	Bri Euken	SR	PPCH		14-11.00
5	Sydni Heffelm	JR	STHP		14-11.50
6	Cami Moore	SR	SIML		15-01.25
7	Annie Wiley	SR	DELN		15-03.25
8	Alexis Seifert	SO	OTIS		15-04.25
9	Andie LaComb	SR	MERI		15-06.00
Flight 2 of 2 Finals					
1	Natasha Breide	SR	CALI		15-09.00
2	Kenzi Tefertill	SO	HOLL		16-01.00
3	Lexi Atkinson	FR	DOLO		16-03.00
4	Lindsey Stindt	SO	NORW		16-04.25
5	Jordan McHen	SR	DOLO		16-04.75
6	Casey Mitchek	SR	CHYW		16-05.00
7	Kathryn Doll	SO	MEEK		16-05.50
8	Larissa Conger	JR	MERI		16-06.00
9	Amber Lowthe	SR	ROCF		16-09.00

Event 37 Girls Triple Jump 2A**Friday 5/21/2010 - 2:45 PM****National: 44-02.25 2001 Ychlandria Spears****Colo. Prep: 41-03.50 2006 Nyeisha Wright****State Meet: 37-04.50 1997 Teale Goble**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Amanda Diaz	SO	BURL		32-00.75
2	Kristen Wilson	JR	SIML		32-01.25
3	Jamie Arterbur	SR	CUST		32-03.50
4	Kim Hazelton	SR	MIAM		32-04.75
5	Natasha Breide	SR	CALI		32-05.25
6	Aubree Haskin	SO	HAYD		32-06.00
7	Tori Mortenser	SO	SANF		32-08.50
8	Nissi Hallman	JR	EADS		33-01.50
Flight 2 of 2 Finals					
1	Cassie Lard	FR	DOLO		33-03.75
2	Kelsey Koester	SR	CALI		33-05.25
3	Kiri Ricker	FR	SPRN		34-01.50
4	Samantha Cure	SR	IDAL		34-01.50
5	Sierra Geroux	SO	CUST		34-02.50
6	Marci Vasa	JR	HOLY		34-06.00
7	Kathryn Doll	SO	MEEK		35-00.00
8	Amber Lowthe	SR	ROCF		37-04.00

Event 38 Girls Shot Put 2A**Thursday 5/20/2010 - 4:00 PM****National: 54-10.75 2003 Michelle Carter****Colo. Prep: 51-01 1994 Collinus Newsome****State Meet: 43-03 2001 Alyssa Harty**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Patricia Adams	JR	HOLY		28-08.50
2	Makenzi Kage	JR	AKRO		29-07.00
3	Lacy May	SR	CUST		30-10.00
4	Alison Canty	SR	SANF		30-10.50
5	Mari Satterly	FR	BURL		31-09.50
6	Ella Saunders	JR	AKRO		32-07.50
7	Mackenzie Tw	SR	WRAY		32-08.50
8					
Flight 2 of 2 Finals					
1	Mollie Lane	SR	NORW		33-00.00
2	Shelby Loflin	JR	ELBT		33-01.00
3	Amber Lowthe	SR	ROCF		33-06.00
4	Sonja Strong	SR	DOVE		33-10.25
5	Taylor Lobato	SR	CENT		34-08.00
6	Jordyn Rienks	SR	PAON		35-11.25
7	Lori Weirich	SR	EADS		37-09.75
8	Brittney Graha	SR	GENO		40-10.25

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Event 39 Girls Discus Throw 2A
Saturday 5/22/2010 - 9:30 AM
National: 190-03 2009 Ana Jelmini
Colo. Prep: 160-01 1994 Shelly Greathouse
State Meet: 139-08 2000 Loree Smith

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Lacy May	SR	CUST		95-08
2	Kyli Banks	JR	DOVE		96-11
3	Vanessa Burne	JR	MIAM		98-02
4	Anna Kindvall	SO	MERI		98-02
5	Lisa Witte	JR	SARG		98-10
6	Tatiana Shryoc	SO	BURL		100-00
7	Nicole Smith	SO	EADS		101-08
8					

Pos	Name	Yr	School	Seed	Mark
Flight 2 of 2 Finals					
1	Hannah Brandt	JR	OTIS		103-11
2	Laura Beckman	SO	SEDG		110-02
3	Taylor Lobato	SR	CENT		110-10
4	Jordyn Rienks	SR	PAON		112-06
5	Dani Lenz	JR	WRAY		115-01
6	Brittney Graha	SR	GENO		121-00
7	Mollie Lane	SR	NORW		121-11
8	Lori Weirich	SR	EADS		128-03

Event 41 Boys 100 Meter Dash 3A
9 Advance: Top 2 Each Heat plus Next 3 Best Times
Thursday 5/20/2010 - 2:35 PM
National: 10.15 1990 Henry Neal
Colo. Prep: 10.32 2007 Jeremy Rankin
State Meet: 10.98 2009 AJ Melillo

LaneName	Yr	School	Seed	Time
Heat 1 of 3 Prelims				
1				
2				
3	Scot Persichett	SR	WELD	11.59
4	Logan Powell	SO	DISC	11.43
5	Devon White	SR	MACH	11.27
6	Evan Marshall	JR	FTHC	11.27
7	Christian Four	SO	DISC	11.40
8	Brian Sunday	SO	LUTH	11.59
9	Tanner Morrov	JR	BRUS	11.90

LaneName	Yr	School	Seed	Time
Heat 2 of 3 Prelims				
1				
2				
3	Willie Wilkins	SR	PASO	11.55
4	Alex Mead	FR	MEAD	11.47
5	Luke Hemming	JR	ASPE	11.21
6	Dalton Arnold	SR	LYON	11.29
7	Garhett Jurgen	SR	OLAT	11.40
8	Martin Bustillc	JR	YUMA	11.61
9	Jon Alexander	JR	FLOR	11.89

LaneName	Yr	School	Seed	Time
Heat 3 of 3 Prelims				
1				
2				
3	Taylor Brownii	JR	ROAR	11.54
4	David Svistun	SO	LEGE	11.52
5	Ian Burrell	SR	STMR	11.20
6	Luke Johnson	SR	PEAK	11.29
7	Pablo Payan	SR	OLAT	11.39
8	Luke Van	SR	RYES	11.65
9	Dylan Jacoby	SO	STRS	11.79

Event 42 Boys 200 Meter Dash 3A
9 Advance: Top 2 Each Heat plus Next 3 Best Times
Thursday 5/20/2010 - 6:35 PM
National: 20.13 1985 Roy Martin
Colo. Prep: 20.70 2005 Jeremy Dodson
State Meet: 21.99 2001 Brandon Hostetter

LaneName	Yr	School	Seed	Time
Heat 1 of 3 Prelims				
1				
2				
3	Gunnar Haynes	JR	EATO	23.08
4	Eric Wermuth	JR	CLAS	22.87
5	Ian Burrell	SR	STMR	22.51
6	Evan Marshall	JR	FTHC	22.59
7	Taylor Brownii	JR	ROAR	22.84
8	Thomas Willia	JR	HLFA	23.12
9	Sam Cortese	JR	BUEN	23.85

LaneName	Yr	School	Seed	Time
Heat 2 of 3 Prelims				
1				
2				
3	Alex Mead	FR	MEAD	23.05
4	Forrest Donnel	SO	LYON	22.88
5	Devon White	SR	MACH	22.47
6	Dylan Hoshijo	SR	STMR	22.78
7	Sterling Zehnd	SR	PTVA	22.83
8	Scout Cox	SO	HLFA	23.19
9	Zerek Jones	SO	PASO	23.82

LaneName	Yr	School	Seed	Time
Heat 3 of 3 Prelims				
1				
2				
3	Micah Twedell	SR	FTHC	22.99
4	Willie Wilkins	SR	PASO	22.90
5	Ben Brewer	SR	CEDA	22.44
6	Colby Fauser	SR	COAL	22.78
7	Dalton Arnold	SR	LYON	22.82
8	Darryl Aguilar	SR	BRUS	23.40
9	Sam Rhoton	FR	UNIV	23.49

Event 43 Boys 400 Meter Dash 3A
9 Advance: Top 2 Each Heat plus Next 3 Best Times
Thursday 5/20/2010 - 5:05 PM
National: 45.25 1993 Calvin Harrison
Colo. Prep: 46.23 2006 J.T. Scheurman
State Meet: 48.70 2002 Brian Black

LaneName	Yr	School	Seed	Time
Heat 1 of 3 Prelims				
1				
2	Taylor Shaffer	SR	PASO	53.17
3	Blake Bollig	SR	CEDA	52.25
4	Chris Ochoa	JR	TRIN	51.64
5	E J Nelson	SR	CLAS	50.43
6	Sterling Zehnd	SR	PTVA	50.46
7	Heath Anderso	SR	LAMA	51.57
8	Gintas Jarasius	SO	HLFA	52.28
9	Josue Meraz	SR	BRUS	52.72

LaneName	Yr	School	Seed	Time
Heat 2 of 3 Prelims				
1				
2	Ryan Boucher	FR	LYON	53.40
3	Sam Cortese	JR	BUEN	52.23
4	Sam Marsh	SO	CSPC	51.70
5	Ben Brewer	SR	CEDA	50.36
6	Zach Brownin	JR	ROAR	50.70
7	Sam Yeager	SR	FTHC	51.24
8	Shaun Wicen	JR	LYON	52.29
9	Stephen Gunte	SR	ERIE	52.60

LaneName	Yr	School	Seed	Time
Heat 3 of 3 Prelims				
1				
2				
3	Clark Mourmin	FR	CLAS	52.12
4	Nate Golter	JR	HLFA	52.04
5	Devon White	SR	MACH	49.74
6	Taylor Brownii	JR	ROAR	50.90
7	Derek Schneid	SR	VALL	51.08
8	Tim Lee	JR	STRS	52.53
9	Michael Sobon	JR	MIDD	52.56

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Event 44 Boys 800 Meter Run 3A

Friday 5/21/2010 - 1:00 PM

National: 1:46.45 1996 Michael Granville

Colo. Prep: 1:51.23 2001 James Hatch

State Meet: 1:52.75 2003 Jason Zichterman

LaneName	Yr	School	Seed Time
Section 1 of 1 Finals			
1 Sterling Zehnd	SR	PTVA	1:57.58
2 Eric Versaw	SR	CLAS	1:57.77
3 Amos Bowen	JR	BRUS	1:58.08
4 Sam Yeager	SR	FTHC	1:59.10
5 Conner Roper	JR	BASA	1:59.76
6 Ryan Poland	SR	DCHR	1:59.93
7 Nick Adams	JR	DISC	2:00.46
8 Zach Pfeifer	JR	LYON	2:01.22
9 Colin Wetmore	SR	HLFA	2:01.36
10 Eliel Ruiz	JR	COAL	2:01.78
11 Darren Peterse	JR	DCHR	2:01.93
12 Deron Rindels	SR	FTHC	2:02.21
13 Derek Schneid	SR	VALL	2:02.29
14 Steven Floyd	SR	HOTC	2:02.83
15 Jake Purvis	SO	CLAS	2:04.50
16 Zach Lucero	JR	PASO	2:04.74
17 Kyle Ross	JR	CLAS	2:04.83
18 Nick Federico	SO	LKCO	2:06.46
19 Billy Forell	JR	RYES	2:06.97
20 JP Mile	SR	PEAK	2:08.21
21 CJ Henderson	JR	ELLI	2:08.48
22 Casey Anderso	SR	LYON	2:08.54

Event 45 Boys 1600 Meter Run 3A

Saturday 5/22/2010 - 1:40 PM

National: 3:59.51 2001 Alan Webb

Colo. Prep: 4:10.98 1981 Richie Martinez

State Meet: 4:12.69 2002 Bret Schoolmeester

LaneName	Yr	School	Seed Time
Section 1 of 1 Finals			
1 Ryan Poland	SR	DCHR	4:28.37
2 Josh Simkins	JR	CLAS	4:30.74
3 Amos Bowen	JR	BRUS	4:31.02
4 Conner Roper	JR	BASA	4:35.11
5 Derek Laue	SR	BAYF	4:36.09
6 John Cusick	JR	BAYF	4:36.58
7 Derek Schneid	SR	VALL	4:38.02
8 Garrett Coles	FR	UNIV	4:38.93
9 Mark Joseph	JR	LUTH	4:39.43
10 Alex Roeca	JR	DISC	4:40.32
11 Evan Fortney	SO	FTHC	4:40.37
12 John Metzger	SR	CLAS	4:40.67
13 Adam Avischic	SO	CLAS	4:40.74
14 Brandon Fritz	JR	EATO	4:40.82
15 Sam Yeager	SR	FTHC	4:43.10
16 Josh Noriega	JR	SALD	4:44.02
17 Casey Anderso	SR	LYON	4:47.12
18 Sam Whelan	SR	GRVA	4:47.24
19 Zach Pfeifer	JR	LYON	4:47.50
20 Dylan Donoho	SR	LYON	4:47.73
21 Cale Adams	SR	GUNN	4:52.79

Event 46 Boys 3200 Meter Run 3A

Thursday 5/20/2010 - 6:05 PM

National: 8:34.23 2008 German Fernandez

Colo. Prep: 9:05.89 2003 Brent Vaughn

State Meet: 9:18.38 2001 Bret Schoolmeester

LaneName	Yr	School	Seed Time
Section 1 of 1 Finals			
1 Ryan Poland	SR	DCHR	9:39.79
2 Amos Bowen	JR	BRUS	9:56.29
3 Josh Simkins	JR	CLAS	10:04.04
4 Conner Roper	JR	BASA	10:09.02
5 Josh Noriega	JR	SALD	10:12.24
6 Mark Joseph	JR	LUTH	10:12.76
7 Evan Fortney	SO	FTHC	10:13.61
8 Matt Thompson	SO	LEGE	10:13.99
9 Derek Laue	SR	BAYF	10:15.99
10 Caleb Voth	JR	FTHC	10:17.26
11 John Cusick	JR	BAYF	10:17.95
12 Alex Roeca	JR	DISC	10:19.16
13 Sam Whelan	SR	GRVA	10:21.37
14 Tabor Miyauch	FR	MIDD	10:21.40
15 Bryan Devore	JR	EATO	10:22.63
16 Joshua George	SO	CLAS	10:22.96
17 John Metzger	SR	CLAS	10:23.48
18 Garrett Coles	FR	UNIV	10:26.24
19 Anthony Rios	FR	BRUS	10:26.42
20 Isaiah Martine	FR	GRVA	10:38.40
21 Dylan Donoho	SR	LYON	10:40.11
22 Connor Ryan	JR	ERIE	10:47.50
23 Ian McLain	FR	ESTS	10:52.56

Event 47 Boys 110 Meter Hurdles 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 4:15 PM

National: 13.1h 1980 Dennis Brantlty

National: 13.30 1990 Chris Nelloms

Colo. Prep: 13.61 2004 Wilbert Smith

State Meet: 14.37 2004 Brad Gamble

LaneName	Yr	School	Seed Time
Heat 1 of 3 Prelims			
1			
2 Drew Coggswe	FR	UNIV	18.66
3 Jared Hernande	SO	MEAD	16.98
4 Jake Wood	JR	MANI	15.78
5 Geordan Brew	SR	CEDA	15.56
6 Taylor Young	JR	CSPC	15.63
7 Sam Little	SO	MIDD	15.76
8 Stefan Whiting	JR	GUNN	17.02
9 Jacob Macklin	SO	FTHC	17.33

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Heat 2 of 3 (Event 47 Boys 110 Meter Hurdles 3A)

1				
2				
3	Jordan Huwa	FR	PTVA	16.81
4	Jacob Windsor	SR	LYON	15.91
5	David Wang	SR	PEAK	15.50
6	Michael Ellswc	JR	DISC	15.64
7	Jordan Cruz	SR	STM	15.73
8	Luke Monsma	SR	DCHR	17.07
9	Tanner Paulek	JR	BAYF	17.29

Heat 3 of 3 Prelims

1				
2				
3	Ryan Stahl	SR	PASO	16.80
4	Jacob Bloom	SO	LEGE	16.71
5	Ben Hinckfoot	SR	CLAS	14.71
6	Anthony Erps	JR	FLOR	15.64
7	Alex Drake	SO	DISC	15.68
8	Bryce Decker	SR	CNTA	17.22
9	Skylar Seewalc	JR	BRUS	17.26

Event 48 Boys 300 Meter Hurdles 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Friday 5/21/2010 - 11:35 AM

**National: 35.02 2009 Reggie Wyatt
Colo. Prep: 36.41 2001 Gerren Crochet
State Meet: 38.39 1995 Ben Myers**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1				
2				
3	Jordan Huwa	FR	PTVA	43.52
4	Jacob Bloom	SO	LEGE	42.72
5	Jacob Windsor	SR	LYON	40.11
6	Jake Wood	JR	MANI	40.60
7	Stefan Whiting	JR	GUNN	42.32
8	Vince Heronen	JR	HLFA	43.73
9				

Heat 2 of 3 Prelims

1				
2				
3	Andrew Konen	SO	DCHR	43.48
4	Dante Markley	FR	CEDA	43.09
5	Zak Hall	SR	ESTS	39.97
6	Geordan Brewc	SR	CEDA	40.72
7	Sam Little	SO	MIDD	41.82
8	Colten Bray	SR	UNIV	44.35
9				

Heat 3 of 3 Prelims

1				
2				
3	Bryce Decker	SR	CNTA	43.48
4	Ryan Stahl	SR	PASO	43.16
5	Ben Hinckfoot	SR	CLAS	39.46
6	Alex Drake	SO	DISC	41.18
7	David Wang	SR	PEAK	41.20
8	Brett Jackson	JR	CNTA	44.36
9	Christopher Flc	SO	BRUS	44.49

Event 49 Boys 4x100 Meter Relay 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 5:35 PM

**National: 39.76 1998 Fort Worth-Wyatt H
Colo. Prep: 41.21 2007 Overland HS
State Meet: 42.86 1997 Holyoke HS**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 3 Prelims

1				
2	PEAK			46.09
3	COAL			45.06
4	LAMA			44.76
5	LYON			43.73
6	RYES			43.82
7	EATO			44.66
8	STM			45.08
9	FLOR			45.65

Heat 2 of 3 Prelims

1				
2				
3	LUTH			44.92
4	LEGE			44.85
5	OLAT			43.65
6	PTVA			44.14
7	CEDA			44.62
8	DISC			45.09
9	HOTC			45.35

Heat 3 of 3 Prelims

1				
2				
3	ERIE			44.90
4	UNIV			44.87
5	FTHC			43.54
6	HLFA			44.27
7	CSPC			44.48
8	BRUS			45.20
9	PASO			45.28

Event 50 Boys 4x200 Meter Relay 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 3:20 PM

**National: 1:23.92 2007 Fort Bend Hightower
Colo. Prep: 1:25.59 2007 George Washington I
State Meet: 1:28.31 2002 Yuma HS**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 3 Prelims

1				
2				
3	BUEN			1:33.47
4	MANI			1:32.91
5	CLAS			1:31.36
6	FTHC			1:31.40
7	HLFA			1:32.88
8	BRUS			1:33.51
9	WELD			1:36.82

Heat 2 of 3 Prelims

1				
2				
3	COAL			1:33.39
4	PTVA			1:33.07
5	OLAT			1:31.26
6	CSPC			1:31.66
7	EATO			1:32.71
8	STM			1:33.52
9	DCHR			1:34.69

Heat 3 of 3 Prelims

1				
2				
3	PASO			1:33.30
4	FLOR			1:33.11
5	CEDA			1:31.25
6	RYES			1:31.87
7	LYON			1:32.01
8	LUTH			1:33.66
9	ERIE			1:34.47

Event 51 Boys 4x400 Meter Relay 3A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 7:20 PM

**National: 3:07.40 1985 Hawthorne HS, CA
Colo. Prep: 3:15.34 1997 Montbello Hs
State Meet: 3:22.42 2002 Gunnison HS**

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	PEAK			3:47.77
2	LEGE			3:39.27
3	HLFA			3:32.40
4	LAMA			3:31.35
5	CEDA			3:25.45
6	LYON			3:27.47
7	ERIE			3:30.94
8	UNIV			3:34.59
9	TRIN			3:39.12

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Heat 2 of 2 (Event 51 Boys 4x400 Meter Relay 3A)

1	PTCN	3:42.37
2	PASO	3:39.61
3	CSPC	3:32.25
4	STRS	3:31.88
5	CLAS	3:24.54
6	COAL	3:29.61
7	HOTC	3:30.60
8	BRUS	3:35.20
9	RYES	3:38.00

Event 52 Boys 4x800 Meter Relay 3A**Thursday 5/20/2010 - 2:50 PM****National: 7:33.48 2009 Warrington Central****Colo. Prep: 7:45.10 2001 Smokey Hill HS****State Meet: 7:53.53 2003 D'Evelyn HS**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	CLAS		8:08.03
2	FTHC		8:19.40
3	DCHR		8:19.68
4	HLFA		8:22.29
5	BRUS		8:23.09
6	PASO		8:28.47
7	DISC		8:28.84
8	SALD		8:29.85
9	GUNN		8:30.64
10	COAL		8:32.84
11	EATO		8:36.83
12	MANI		8:42.08
13	CEDA		8:43.59
14	STRS		8:44.01
15	TRIN		8:57.80
16	LYON		9:04.61
17	BENN		9:06.16
18	ERIE		9:06.17

Event 53 Boys High Jump 3A**Saturday 5/22/2010 - 1:30 PM****National: 7-05.75 2009 James White****Colo. Prep: 7-04 1990 Matt Hemingway****State Meet: 7-02.25 1991 Matt Hemingway**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Justice Sutton	FR	CLAS		5-08.00
2	Torrey Smith	SR	FTHC		5-10.00
3	CJ Henderson	JR	ELLI		5-10.00
4	Thomas VanH	JR	HLFA		5-10.00
5	Britten Abbott	FR	EATO		5-10.00
6	Ryan Boucher	FR	LYON		5-10.00
7	Levi Webber	SR	OLAT		6-00.00
8	Christian Dick	JR	UNIV		6-00.00
9	Aaron Velasqu	SO	BAYF		6-00.00
10	Robbie Tye	SO	DISC		6-00.00
11	Ben Shipman	SR	MIDD		6-00.00
12	Hayden Loude	SR	FTHC		6-02.00
13	Kyle Nachbar	JR	DISC		6-02.00
14	Chris Isaac	SR	BAYF		6-02.25
15	Josh Graner	SR	BUEN		6-03.00
16	Danny Martine	SO	CEDA		6-04.00
17	Nathan Nadow	SR	WELD		6-05.00
18	Gunnar Hayne	JR	EATO		6-05.25

Event 54 Boys Pole Vault 3A**Thursday 5/20/2010 - 3:00 PM****National: 18-02.25 1999 Eric Eshbach****Colo. Prep: 17-07.50 1986 Pat Manson****State Meet: 15-00 2004 Drew McClure**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Steele Allred	SO	BAYF		9-00.00
2	Trevor Kirby	SR	PTCN		9-06.00
3	Marc Schmidt	JR	MIDD		9-09.00
4	Seth Greenwalk	SR	PTCN		10-00.00
5	Justin Vang	SO	ERIE		10-00.00
6	Jacob Farnum	SR	PTCN		10-06.00
7	Kellen Lutz	FR	MIDD		10-09.00
8	Andrew Rohs	SR	LYON		11-00.00
9	Anthony Triffe	SO	LYON		11-00.00
10	Alex Klopp	SO	YUMA		11-00.00
11	Patrick Hutchi	SR	MIDD		11-03.00
12	Shane Terrell	JR	YUMA		11-06.00
13	Thad Hocking	SO	CSPC		11-06.00
14	Kaci Rex	SO	DISC		11-06.00
15	Seth Wilson	SR	CSPC		12-00.00
16	Connor Neville	SO	UNIV		12-00.00
17	Travis Stuever	JR	BAYF		13-00.00
18	Alex Frazier	SR	LYON		13-00.00
19	Jacob Hetrick	SR	BAYF		13-00.00
20	Kevin Schwinc	SR	CLAS		14-00.00

Event 55 Boys Long Jump 3A**Saturday 5/22/2010 - 12:00 PM****National: 26-04.75 1989 James Stallworth****Colo. Prep: 24-07.50 1990 Chris Sanders****State Meet: 23-01.25 2003 Josiah Baker**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Chris Brekke	SR	FTHC		19-00.25
2	Cody Nichols	SO	FLOR		19-01.00
3	Cody Bowen	FR	WELD		19-02.75
4	Tim Wortman	JR	UNIV		19-05.75
5	Josh Graner	SR	BUEN		19-06.00
6	Levi Larson	SR	HIGH		19-06.00
7	Ryan Langewi	JR	LUTH		19-06.50
8	Forrest Donnel	SO	LYON		19-08.25
9	Austin Ekeler	FR	EATO		19-09.50
10	Jack Rosenber	JR	KENT		20-02.00
Flight 2 of 2 Finals					
1	Jacobe Galley	FR	HOTC		20-03.00
2	Evan Ferchau	SR	GUNN		20-03.50
3	Luke Johnson	SR	PEAK		20-05.75
4	Ian Burrell	SR	STMR		20-08.75
5	Kevin Schwinc	SR	CLAS		20-10.00
6	Patrick Sulliva	SR	HOTC		21-00.50
7	Christian Four	SO	DISC		21-02.00
8	Hayden Loude	SR	FTHC		21-03.00
9	Jake Van	SR	RYES		21-05.50
10	CJ Kukus	JR	BRUS		21-10.75

Event 56 Boys Triple Jump 3A**Thursday 5/20/2010 - 3:00 PM****National: 52-10.50 1980 Charles Mayfield****Colo. Prep: 51-00.25 1973 Victor White****State Meet: 47-05 1999 Marcus Brown**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Britten Abbott	FR	EATO		38-06.00
2	Jesse Arnold	SO	BUEN		38-11.00
3	Troy Zupancic	SR	RYES		39-02.00
4	Vincent Albo	SO	BRUS		39-08.25
5	Shane Terrell	JR	YUMA		39-10.75
6	Keaton Wilsor	SR	OLAT		40-02.50
7	Taylor Swanen	SR	BAYF		40-03.25
8	Damian Trost	SR	LUTH		40-06.50
9	Ben Shipman	SR	MIDD		40-06.75
10	Nate Golter	JR	HLFA		40-07.25

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Flight 2 of 2 (Event 56 Boys Triple Jump 3A)

1	Levi Hammett	JR	ERIE	40-10.00
2	Brandon Schle	SR	COAL	41-05.25
3	Max Dixon	FR	ERIE	41-08.25
4	Jack Rosenber	JR	KENT	41-10.00
5	Collin Scheer	FR	CLAS	41-10.25
6	Josh Graner	SR	BUEN	42-05.00
7	Luke Johnson	SR	PEAK	42-06.75
8	Christian Four	SO	DISC	42-10.25
9	Cole McQueen	SR	MANI	43-02.25
10	Hayden Loude	SR	FTHC	44-03.00

Event 57 Boys Shot Put 3A

Friday 5/21/2010 - 11:00 AM
National: 77-00 1979 Michael Carter
Colo. Prep: 71-03.25 2009 Mason Finley
State Meet: 67-10.25 2009 Mason Finley

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Steven Floyd	SR	HOTC	41-03.25
2	Marcos Rodrig	SO	LYON	43-00.25
3	Miguel Barajas	SO	CEDA	43-06.00
4	Jake Landals	SR	MANI	43-11.50
5	Derek McCartr	SO	FTHC	44-06.75
6	Dallan Whistar	SR	WELD	44-09.00
7	Evan McKagau	JR	MACH	45-00.75
8	John Owens	JR	LAMA	45-01.50
9	Robert Newell	SR	ERIE	45-06.50

Flight 2 of 2 Finals

1	Ty Van Oort	SO	RYES	45-08.25
2	Keanan Garnes	JR	GUNN	45-09.25
3	Grayson Bundi	FR	FTHC	46-03.00
4	Seth Posey	SO	BAYF	47-06.00
5	Josh Lenhardt	SR	HIGH	47-07.25
6	Levi Brennema	SR	BRUS	48-01.00
7	Clint Myers	JR	SALD	50-00.75
8	Lucas Navarro	SR	UNIV	50-05.00
9	Adam Montoy	SR	LAMA	50-07.75

Event 58 Boys Discus Throw 3A

Thursday 5/20/2010 - 3:00 PM
National: 236-06 2009 Mason Finley
Colo. Prep: 236-06 2009 Mason Finley
State Meet: 214-01 2009 Mason Finley

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Tanner Neil	JR	GRVA	121-04
2	Christopher Ba	SO	DISC	122-01
3	Jesse Barbich	JR	CEDA	123-11
4	Robert Newell	SR	ERIE	124-00
5	Aaron Velasqu	SO	BAYF	124-05
6	Emilio Carrillo	JR	LAMA	124-11
7	Michael Frehr	JR	LYON	126-05
8	Keanan Garnes	JR	GUNN	129-00
9	Austin Trapha	JR	YUMA	130-02
10				

Flight 2 of 2 Finals

1	Lucas Navarro	SR	UNIV	131-08
2	Grayson Bundi	FR	FTHC	137-03
3	Hunter Holmes	SR	CLER	144-08
4	Levi Brennema	SR	BRUS	146-02
5	Zeke Aguilera	JR	LAMA	146-08
6	Michael Keeve	SR	HIGH	147-02
7	Josh Willuhn	SR	ERIE	148-08
8	Kristjian Malo	JR	MNTE	156-06
9	Ty Van Oort	SO	RYES	157-08
10	Colton Emich	SR	HLFA	161-09

Event 61 Girls 100 Meter Dash 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times
Thursday 5/20/2010 - 2:35 PM
National: 11.14 1992 Marion Jones
Colo. Prep: 11.31 1987 Caryl Smith
State Meet: 12.07 2004 Dimma Kaylu

LaneName	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1				
2				
3	Brinley Bensor	SR	FTHC	13.41
4	Kaydee Vallier	FR	DISC	13.12
5	Khadijah Sayyi	SO	PEAK	12.65
6	Icenia Anderso	JR	JAME	12.69
7	Rachelle Litshe	SR	CEDA	13.03
8	Rachel True	SR	ASPE	13.42
9	Mariah Brandl	SO	EATO	13.59

Heat 2 of 3 Prelims

1				
2				
3	Sierra Aten	JR	BAYF	13.37
4	Aimee Ledall	FR	EATO	13.24
5	Rachel Hinker	JR	LYON	12.61
6	Samantha Reid	SR	CLAS	12.70
7	Sarah Tenschei	FR	STMR	12.96
8	Patty Powers	SO	BAYF	13.47
9	Allison Hatch	SR	PEAK	13.56

Heat 3 of 3 Prelims

1				
2				
3	Kayla Gross	SR	HIGH	13.28
4	Emily Hirschfe	SR	PTCN	13.28
5	Sierra William	SO	CEDA	12.49
6	Rachel Morale	FR	PTVA	12.79
7	Alexis Pappas	FR	LEGE	12.88
8	Lydia Hunt	JR	CNTA	13.52
9	Tawni Middlet	SO	OLAT	13.55

Event 62 Girls 200 Meter Dash 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times
Thursday 5/20/2010 - 6:35 PM
National: 22.52 2003 Allyson Felix
Colo. Prep: 23.36 1994 Aspen Burkett
State Meet: 24.54 2004 Dimma Kaylu

LaneName	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1				
2				
3	Adrianna Maes	SR	PTVA	27.51
4	Rachel Morale	FR	PTVA	26.48
5	Samantha Reid	SR	CLAS	26.02
6	Khadijah Sayyi	SO	PEAK	26.04
7	Sarah Tenschei	FR	STMR	26.47
8	Alyssa Atkins	SR	ESTS	27.74
9				

Heat 2 of 3 Prelims

1				
2				
3	Kayla Gross	SR	HIGH	27.13
4	Emily Hirschfe	SR	PTCN	26.91
5	Samantha Berg	JR	MIDD	25.75
6	Alexis Pappas	FR	LEGE	26.24
7	Shannon Harre	SR	CLAS	26.37
8	Patty Powers	SO	BAYF	28.07
9	Holly Steele	JR	RYES	28.26

Heat 3 of 3 Prelims

1				
2				
3	Kelsey Reicher	SO	FLOR	27.05
4	Carolina Gutie	JR	HLFA	26.95
5	Rachel Hinker	JR	LYON	25.57
6	Tiffany Kenney	JR	CSPC	26.29
7	Icenia Anderso	JR	JAME	26.36
8	Jordan Steinke	SO	GRVA	28.14
9	Kjirsten Nelsor	JR	GUNN	28.19

Event 63 Girls 400 Meter Dash 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times
Thursday 5/20/2010 - 5:05 PM
National: 50.74 2000 Monique Henderson
Colo. Prep: 53.71 1993 Cynthia Newsome
State Meet: 55.94 2008 Samantha Berggren

LaneName	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1				
2				
3	Kirstie Stahlne	JR	GUNN	62.33
4	Lauren Shoop	JR	EATO	61.63
5	Ashley Araujo	JR	BRUS	60.03
6	Shannon Harre	SR	CLAS	60.29
7	Pyper Newton	JR	YUMA	61.07
8	Abbey Heredia	SR	MNTE	62.54
9				

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Heat 2 of 3 (Event 63 Girls 400 Meter Dash 3A)

1				
2				
3	Madeline Ande	JR	ERIE	61.99
4	Kayla Whitehe	SR	PEAK	61.80
5	Nicole Sassam	FR	CLAS	59.68
6	Jessica Klinger	FR	CLAS	60.41
7	Casey Kopang	JR	BENN	61.05
8	Sydney Moser	FR	MACH	64.39
9				

Heat 3 of 3 Prelims

1				
2				
3	Holly Steele	JR	RYES	61.89
4	Molly Roth	FR	TRIN	61.83
5	Samantha Berg	JR	MIDD	56.21
6	Brandi Krieg	JR	GRVA	60.96
7	Antonia Lira	SR	LAMA	60.97
8	Kristina Burk	SR	HLFA	65.92
9	Jessica Saiffee	SO	KENT	66.23

Event 64 Girls 800 Meter Run 3A

Friday 5/21/2010 - 1:00 PM

National: 2:02.90 2008 Chanelle Price
Colo. Prep: 2:07.53 1996 Tara Mendoza
State Meet: 2:12.70 2008 Samantha Berggren

LaneName	Yr	School	Seed Time	
Section 1 of 1 Finals				
1	Emily LaValle	SR	CLAS	2:11.06
2	Samantha Berg	JR	MIDD	2:14.36
3	Kara Slavoski	SR	STMR	2:18.06
4	Kim Hansen	JR	ESTS	2:20.88
5	Sarah Goss	SR	BRUS	2:22.22
6	Brandi Krieg	JR	GRVA	2:22.86
7	Meredith Sloar	JR	CLAS	2:24.27
8	Casey Kopang	JR	BENN	2:26.26
9	Erin Barker	FR	ESTS	2:27.30
10	Shelby Brow	JR	ERIE	2:27.75
11	Kayla Hinkley	SO	COAL	2:27.87
12	Sydney Harris	JR	STMR	2:28.12
13	Abby Schorg	FR	PTVA	2:28.21
14	Savannah Garc	SR	VALL	2:28.72
15	Jennifer Lehr	FR	KENT	2:29.01
16	Alisha Sorenso	FR	CNTA	2:29.03
17	Danielle Pajak	JR	PASO	2:29.13
18	Lauren Policky	SR	SALD	2:29.51
19	Jenna Carlson	SR	HLFA	2:30.76
20	Hilary Haase	SR	PTCN	2:33.94

Event 65 Girls 1600 Meter Run 3A

Saturday 5/22/2010 - 1:40 PM

National: 4:33.82 2008 Christine Babcock
Colo. Prep: 4:49.86 1991 Melody Fairchild
State Meet: 4:57.44 2005 Rachel Gioscia

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals				
1	Kaitlin Hanent	SR	CLAS	4:58.77
2	Samantha Berg	JR	MIDD	5:10.59
3	Shelby Stablef	SO	CLAS	5:13.26
4	Kara Slavoski	SR	STMR	5:14.84
5	Brandi Krieg	JR	GRVA	5:18.71
6	Sydney Harris	JR	STMR	5:19.13
7	Kim Hansen	JR	ESTS	5:19.14
8	Sarah Goss	SR	BRUS	5:22.12
9	Melissa Robert	JR	LYON	5:23.77
10	Allie Morgan	SO	DISC	5:26.62
11	Ariel Andrews	JR	YUMA	5:32.21
12	Lauren Policky	SR	SALD	5:32.55
13	Courtney Chac	FR	VALL	5:33.63
14	Deidra Montoy	JR	TRIN	5:34.07
15	Kaiti Davis	SO	SALD	5:35.60
16	Chiara Del Pic	SR	BASA	5:35.68
17	Brittany Droog	FR	CLAS	5:38.34
18	Jennifer Lehr	FR	KENT	5:40.52
19	Chelsea Weitz	JR	ESTS	5:42.22
20	Olivia Raspotn	FR	LYON	5:44.54
21	Anecia Lujan	SR	BENN	5:44.98
22	Mercy Bowen	FR	BRUS	5:47.71
23	Bethany Xiong	SO	FTHC	5:53.22
24	Jenna Carlson	SR	HLFA	5:55.81

Event 66 Girls 3200 Meter Run 3A

Thursday 5/20/2010 - 6:05 PM

National: 9:48.59 1996 Kimberly Mortensen
Colo. Prep: 10:21.37 1991 Melody Fairchild
State Meet: 10:52.49 2002 Caroline Cretti

LaneName	Yr	School	Seed Time
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Section 1 of 1 Finals				
1	Kaitlin Hanent	SR	CLAS	11:07.35
2	Shelby Stablef	SO	CLAS	11:22.27
3	Kara Slavoski	SR	STMR	11:42.68
4	Brandi Krieg	JR	GRVA	11:52.17
5	Sydney Harris	JR	STMR	11:55.61
6	Allie Morgan	SO	DISC	11:56.34
7	Melissa Robert	JR	LYON	11:57.25
8	Savannah Garc	SR	VALL	11:58.28
9	Brittany Droog	FR	CLAS	12:04.36
10	Victoria Milan	SO	BRUS	12:10.15
11	Jennifer Lehr	FR	KENT	12:11.25
12	Chiara Del Pic	SR	BASA	12:14.12
13	Vela Bair	SO	HOTC	12:19.42
14	Mercy Bowen	FR	BRUS	12:26.53
15	Hilary Haase	SR	PTCN	12:30.51
16	Kaiti Davis	SO	SALD	12:34.80
17	Janae Johnson	JR	DISC	12:48.28
18	Danielle Mede	FR	HLFA	12:48.70
19	Gabby Grenier	SR	BAYF	12:56.79
20	Chelsea Weitz	JR	ESTS	12:57.58
21	Dominica Allo	SO	SALD	13:07.35
22	Casey Kopang	JR	BENN	13:11.42
23	Smith Seraphir	FR	MIDD	13:16.02
24	Michelle McQu	SO	ESTS	13:21.09

Event 67 Girls 100 Meter Hurdles 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 4:00 PM

National: 13.03 2007 Vashti Thomas
Colo. Prep: 13.23 1996 Dominique Calloway
State Meet: 14.91 1992 Leona Russell

LaneName	Yr	School	Seed Time
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Heat 1 of 3 Prelims				
1				
2				
3	Lisa Wickman	JR	BAYF	17.56
4	Toni Stoll	FR	PASO	17.26
5	Chelyn McCai	SR	COAL	15.56
6	Alexa Chacon	FR	CLAS	16.18
7	Jesse Montross	SO	LYON	17.14
8	Ashley Dunn	SR	PTVA	17.65
9				

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Heat 2 of 3 (Event 67 Girls 100 Meter Hurdles 3A)

1				
2				
3	Ana Plonski	JR	HLFA	17.54
4	Holly Prosser	SR	WELD	17.32
5	Tiffany Kenney	JR	CSPC	15.48
6	CeCe Pieper	SR	HOTC	16.29
7	Kala Matzdorf	SR	PASO	16.97
8	Cassie Gills	SO	HLFA	17.93
9				

Heat 3 of 3 Prelims

1				
2				
3	Madison Myer	SO	LYON	17.53
4	Hannah Schmi	SO	KENT	17.46
5	Becca Bultje	SR	CSPC	15.41
6	Tori Cox	SO	CSPC	16.34
7	Cheyenne Hick	JR	MIDD	16.54
8	Karli Jelden	SO	EATO	18.09
9	Kayla Gaab	FR	HIGH	18.32

Event 68 Girls 300 Meter Hurdles 3A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Friday 5/21/2010 - 10:55 AM

National: 39.98 2001 Lashinda Demus

Colo. Prep: 41.35 2000 Twink Krainik

State Meet: 43.96 2008 Margaret Weingart

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1				
2				
3	Mackenzie Dol	JR	HLFA	50.75
4	Jesse Montross	SO	LYON	48.67
5	Elena Roy	JR	CLAS	47.08
6	Chelyn McCai	SR	COAL	47.11
7	Kelsey Tofany	SR	ASPE	48.46
8	Kayla Myers	SR	LYON	50.84
9				

Heat 2 of 3 Prelims

1				
2				
3	Taylor Hale	JR	EATO	50.53
4	Ana Plonski	JR	HLFA	50.06
5	Emily LaValle	SR	CLAS	46.61
6	Alexa Chacon	FR	CLAS	47.31
7	Rachel Anders	JR	HLFA	48.35
8	Hannah Schmi	SO	KENT	51.39
9				

Heat 3 of 3 Prelims

1				
2				
3	Haley Goddard	SO	BAYF	50.52
4	Kala Matzdorf	SR	PASO	50.45
5	Lindsey Hubba	SR	VALL	45.84
6	CeCe Pieper	SR	HOTC	48.05
7	Michaela Oden	SR	VALL	48.14
8	Kelsey Lutz	FR	MEAD	51.43
9	Mellyni Murra	JR	TRIN	51.49

Event 69 Girls 4x100 Meter Relay 3A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 5:35 PM

National: 44.50 2004 Long Beach Poly HS,

Colo. Prep: 46.51 2007 George Washington I

State Meet: 50.08 2002 La Junta HS

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	FTHC		53.22
2	PEAK		52.42
3	HLFA		51.98
4	EATO		51.89
5	CLAS		50.14
6	BAYF		50.90
7	CEDA		51.60
8	STMR		52.19
9	LUTH		52.42

Heat 2 of 2 Prelims

1	PTVA		52.74
2	UNIV		52.60
3	ERIE		51.96
4	HOTC		51.92
5	CSPC		50.02
6	LYON		50.94
7	COAL		51.43
8	FLOR		52.33
9	CNTA		52.38

Event 70 Girls 4x200 Meter Relay 3A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 3:20 PM

National: 1:33.87 2004 Long Beach Poly HS,

Colo. Prep: 1:38.09 2007 George Washington I

State Meet: 1:44.45 2002 La Junta HS

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	WELD		1:58.24
2	LAJU		1:53.66
3	PASO		1:50.08
4	BAYF		1:48.98
5	CLAS		1:45.63
6	LUTH		1:47.20
7	COAL		1:48.21
8	ERIE		1:50.50
9	MACH		1:51.16

Heat 2 of 2 Prelims

1	LYON		1:56.11
2	LAMA		1:55.45
3	EATO		1:50.03
4	FLOR		1:49.20
5	VALL		1:45.18
6	CEDA		1:47.56
7	HLFA		1:48.16
8	GUNN		1:50.73
9	STRS		1:50.95

Event 71 Girls 4x400 Meter Relay 3A

9 Advance: Top 3 Each Heat plus Next 3 Best Times

Thursday 5/20/2010 - 7:20 PM

National: 3:35.49 2004 Long Beach Poly HS,

Colo. Prep: 3:48.59 1993 Denver South HS

State Meet: 3:58.07 2009 The Classical Acader

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1			
2	PEYT		4:23.56
3	COAL		4:19.80
4	HLFA		4:17.82
5	BRUS		4:10.58
6	VALL		4:11.60
7	PASO		4:16.70
8	TRIN		4:20.23
9	LYON		4:22.16

Heat 2 of 2 Prelims

1	PTCN		5:07.98
2	ESTS		4:27.49
3	ERIE		4:18.94
4	CEDA		4:17.88
5	CLAS		4:02.05
6	EATO		4:14.86
7	LAMA		4:15.24
8	CNTA		4:20.27
9	GUNN		4:21.02

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Event 72 Girls 4x800 Meter Relay 3A		
Thursday 5/20/2010 - 2:50 PM		
National:	8:58.43	1982 Ft. Wash. Upr. Dubli
Colo. Prep:	9:00.07	2009 Thompson Valley HS
State Meet:	9:29.21	2009 The Classical Academ
LaneTeam	Relay	Seed Time
Section 1 of 1 Finals		
1	CLAS	9:24.99
2	BRUS	10:02.59
3	CNTA	10:08.03
4	ESTS	10:09.53
5	YUMA	10:10.04
6	VALL	10:11.90
7	RYES	10:12.58
8	KENT	10:25.23
9	HLFA	10:28.38
10	CEDA	10:32.12
11	SALD	10:32.19
12	PTCN	10:35.01
13	COAL	10:36.58
14	GUNN	10:37.68
15	DISC	10:41.28
16	ERIE	10:42.54
17	PEYT	10:51.02
18	LYON	11:25.17

Event 73 Girls 800 Sprint Medley 3A		
9 Advance: Top 2 Each Heat plus Next 3 Best Times		
Thursday 5/20/2010 - 2:15 PM		
Colo. Prep:	1:43.85	1996 George Washington I
State Meet:	1:48.29	2004 University HS
LaneTeam	Relay	Seed Time
Heat 1 of 3 Prelims		
1		
2		
3	BENN	1:57.85
4	BUEN	1:56.24
5	CLAS	1:53.61
6	BRUS	1:54.33
7	CEDA	1:55.89
8	PASO	1:58.28
9		

Heat 2 of 3 Prelims		
1		
2		
3	PEAK	1:57.58
4	JAME	1:56.49
5	EATO	1:52.51
6	COAL	1:54.49
7	LUTH	1:55.26
8	SALD	1:58.65
9		

Heat 3 of 3 Prelims		
1		
2		
3	PTCN	1:57.01
4	HOTC	1:56.58
5	VALL	1:50.31
6	HLFA	1:54.91
7	ERIE	1:54.92
8	LAMA	1:58.70
9	CSPC	1:59.30

Event 74 Girls High Jump 3A		
Thursday 5/20/2010 - 3:30 PM		
National:	6-03	1992 Amy Acuff
Colo. Prep:	6-01	1978 Sharon Burrill
State Meet:	5-07	1994 Erica Skolasinski
Pos	Name	Yr School Seed Mark
Flight 1 of 1 Finals		
1	Kendall Janak	SR PTCN 4-08.00
2	Nikki Hubbard	SR HIGH 4-08.00
3	Kassie Johanss	SO HLFA 4-08.00
4	Lexi Laschinge	JR HLFA 4-08.00
5	Cassie Bratton	JR UNIV 4-10.00
6	Destini Meghe	FR BAYF 4-10.00
7	Nicole Hulet	SO ERIE 4-10.00
8	Alyssa Northar	SR CLAS 4-10.00
9	Alex Winer	SR PEAK 5-00.00
10	Jessica Klinger	FR CLAS 5-00.00
11	Kendal Lorentz	SO OLAT 5-00.00
12	Nola Basey	FR LYON 5-00.00
13	Taylor Sturms	SO LUTH 5-02.00
14	Cortlyne Hupp	SO FLOR 5-02.00
15	Tori Fisher	SO UNIV 5-02.00
16	Elizabeth Scha	SR MNTE 5-02.00
17	Noelle Brown	JR CLAS 5-02.00
18	Quincey Peder	JR MIDD 5-04.00
19	Jheri Gates	SR CEDA 5-04.00
20	Myra Dean	SR BAYF 5-06.00

Event 75 Girls Pole Vault 3A				
Friday 5/21/2010 - 3:00 PM				
National:	14-01	2007	Tori Anthony	
Colo. Prep:	13-03	2008	Elizabeth Stover	
State Meet:	11-01	2006	Carlee Morgan	
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Amber Boying	FR	LYON	6-00.00
2	Katie Patton	SO	BAYF	6-06.00
3	Dana Arling	FR	LYON	6-06.00
4	Amanda Jackr	SO	DISC	6-06.75
5	Tess Keller	JR	MANI	7-06.00
6	Katie Crosslan	SO	YUMA	8-00.00
7	Sydney Seifert	SR	PTCN	8-00.00
8	Lisa Lucas	SR	GUNN	8-00.00
9	Lihla Clancy	SR	MIDD	8-06.00
10	Taylor Hale	JR	EATO	8-06.00
11	Taryn Lee	SO	ERIE	8-06.00
12	Karli Jelden	SO	EATO	8-06.00
13	Katy Mulligan	SO	MIDD	9-00.00
14	Corbette Tscha	JR	LYON	9-00.00

Event 76 Girls Long Jump 3A				
Saturday 5/22/2010 - 9:30 AM				
National:	22-01.75	1976	Kathy McMillan	
Colo. Prep:	21-00.75	2005	Chelsea Taylor	
State Meet:	18-02.75	2009	Beth Jones	
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Caitlin Simbec	JR	BAYF	14-07.50
2	Ana Plonski	JR	HLFA	14-08.25
3	Toni Stoll	FR	PASO	15-00.00
4	Isabel Kirk	SR	ELLI	15-03.75
5	Nicole Hulet	SO	ERIE	15-06.25
6	Whitney Crow	JR	LAMA	15-08.25
7	Jordan Steinke	SO	GRVA	15-08.25
8	Brinley Bensor	SR	FTHC	15-08.50
9	Kelly Allen	FR	MIDD	15-10.50
10				

Flight 2 of 2 Finals				
1	Paitton Heltent	FR	EATO	16-02.00
2	Gabby Pajak	FR	PASO	16-03.25
3	Meaghan Jorda	SO	DISC	16-04.75
4	Alexa Chacon	FR	CLAS	16-09.50
5	Alexis Pappas	FR	LEGE	16-09.50
6	Alicia Nichols	SR	BRUS	16-09.50
7	Ashlie Bowles	JR	COAL	17-01.25
8	Beth Jones	SR	EATO	17-05.50
9	Rachel Hinker	JR	LYON	17-06.00
10	Tiffany Kenney	JR	CSPC	18-10.00

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Event 77 Girls Triple Jump 3A

Friday 5/21/2010 - 9:15 AM

National: 44-02.25 2001 Ychlandria Spears

Colo. Prep: 41-03.50 2006 Nyeisha Wright

State Meet: 38-01 2006 Abby Weedor

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Rebeka Loericic	SO	HLFA		29-03.50
2	Katy Biette	SR	HLFA		30-01.50
3	Cynthia Brand	SR	ELLI		31-03.75
4	Alex Heller	JR	BUEN		32-00.25
5	Noelle Brown	JR	CLAS		32-00.25
6	Isabel Kirk	SR	ELLI		32-00.50
7	Katie Savolt	SO	YUMA		32-01.00
8	Whitney Crowl	JR	LAMA		32-03.25
9	Jordan Dane	SR	ERIE		32-04.50
10	Ana Plonski	JR	HLFA		33-02.50

Flight 2 of 2 Finals

1	Jamie Deal	SR	CEDA		33-03.75
2	Quincey Peder	JR	MIDD		33-07.25
3	Lisa Fraser	JR	UNIV		34-02.50
4	Paitton Heltent	FR	EATO		34-03.00
5	Ashlie Bowles	JR	COAL		34-04.50
6	Gabby Pajak	FR	PASO		34-06.00
7	Alyssa Northar	SR	CLAS		34-07.75
8	Brooke Claunc	SR	MNTE		34-10.25
9	Toni Stoll	FR	PASO		35-03.00
10	Beth Jones	SR	EATO		37-07.00

Event 78 Girls Shot Put 3A

Saturday 5/22/2010 - 1:30 PM

National: 54-10.75 2003 Michelle Carter

Colo. Prep: 51-01 1994 Collinus Newsome

State Meet: 43-03 2001 Melissa Vallejos

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Shannon White	SR	BAYF		30-08.00
2	Elizabeth Swar	SR	CSPC		31-05.25
3	Molley Patrick	SR	HIGH		31-07.00
4	Monica Domin	JR	CNTA		32-00.00
5	Alexis Gerry	SO	HLFA		32-02.75
6	Rebecca Walk	JR	BRUS		32-03.00
7	Michelle Hicke	SO	LYON		32-03.25
8	Caitlin Chavez	SO	FTHC		32-10.50
9	Megan Bryant	SR	PASO		33-03.50

Flight 2 of 2 Finals

1	Elsa Krieg	JR	MIDD		33-08.50
2	Tori Gustafson	SR	WELD		33-10.00
3	Shelby Baker	SR	LAMA		33-11.50
4	Darla Rosenbr	SR	BRUS		33-11.75
5	Caitlin Brady	SR	GRVA		34-04.75
6	Tita Garcia	JR	CLAS		35-02.75
7	Lisa Lucas	SR	GUNN		36-05.50
8	Adrienne Letto	SR	FTHC		38-04.75
9	Kali Wolaver	SR	WELD		41-11.00
10	Megan Pattersc	SO	DOHP		43-09.00

Event 79 Girls Discus Throw 3A

Friday 5/21/2010 - 1:00 PM

National: 190-03 2009 Ana Jelmini

Colo. Prep: 160-01 1994 Shelly Greathouse

State Meet: 141-08 1998 Maggie Metzler

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Abby Griffith	SR	EATO		96-03
2	Sarah Schroede	SR	LAMA		97-04
3	Cheyenne Cool	JR	FLOR		97-08
4	Lisa Lucas	SR	GUNN		98-02
5	Kendra Naibau	JR	PTVA		98-06
6	Karli Jelden	SO	EATO		99-01
7	Sammi Gentile	FR	SALD		99-03
8	Elisabeth Root	SR	PEAK		100-03
9	Tori Gustafson	SR	WELD		101-07
10	Kali Wolaver	SR	WELD		102-06
11	Candice Shaw	SO	BAYF		103-03

Flight 2 of 2 Finals

1	Adrienne Letto	SR	FTHC		103-07
2	Elsa Krieg	JR	MIDD		104-06
3	Tina Gallmeyer	SR	LUTH		108-05
4	Shelby Crosby	SR	CEDA		111-01
5	Rebecca Walk	JR	BRUS		114-11
6	Serina Benight	JR	MANI		115-04
7	Molley Patrick	SR	HIGH		115-06
8	Christine Dreit	SR	BRUS		115-08
9	Elizabeth Swar	SR	CSPC		117-06
10	Megan Pattersc	SO	DOHP		122-01
11	Alexis Gerry	SO	HLFA		125-05