

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 1 Boys 100 Meter Dash 2A

**National:** 10.15 N 1990 Henry Neal  
**Colo. Prep:** 10.32 C 2007 Jeremy Rankin  
**State Meet:** 10.80 R 2001 Brett Ortiz

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Mike Carl	SR	Miami-Yoder	11.02Q1.2
2 Bruce Baxter	SR	Briggsdale	11.13Q2.0
3 Tyler Thorne	SR	Pikes Peak	11.23Q2.0
4 Kellen Schuebel	SR	Dolores	11.30Q1.2
5 Jake Walker	JR	Hayden	11.30Q1.2
6 Cody Roberts	SO	Hoehne	11.34Q2.0
7 Christian Burney	JR	Rocky Ford	11.45q 1.2
8 Lakin Alley	SO	Baca County	11.47q 2.0
9 Bryar DeSanti	JR	Merino	11.48q 2.0
10 Kyle Stroud	JR	Swink	11.49 1.2
11 Travis Adamson	JR	Byers	11.49 1.2
12 Thomas Samora	SR	Cotopaxi	11.50 1.2
13 Adrian Penny	SO	Paonia	11.55 2.0
14 Lance Martinez	SR	Del Norte	11.65 1.2
15 Dylon Rinaldo	SR	Merino	11.71 2.0
--- Davy Assie	JR	Lutheran-Parker	DNS 2.0

## Event 1 Boys 100 Meter Dash 2A

**National:** 10.15 N 1990 Henry Neal  
**Colo. Prep:** 10.32 C 2007 Jeremy Rankin  
**State Meet:** 10.80 R 2001 Brett Ortiz

Name	Yr	School	Finals
<b>Finals</b>			
1 Mike Carl	SR	Miami-Yoder	11.08 2.1
2 Bruce Baxter	SR	Briggsdale	11.13 2.1
3 Kellen Schuebel	SR	Dolores	11.23 2.1
4 Tyler Thorne	SR	Pikes Peak	11.29 2.1
5 Jake Walker	JR	Hayden	11.44 2.1
6 Bryar DeSanti	JR	Merino	11.45 2.1
7 Lakin Alley	SO	Baca County	11.45 2.1
8 Cody Roberts	SO	Hoehne	11.57 2.1
9 Christian Burney	JR	Rocky Ford	11.57 2.1

## Event 2 Boys 200 Meter Dash 2A

**National:** 20.13 N 1985 Roy Martin  
**Colo. Prep:** 20.70 C 2005 Jeremy Dodson  
**State Meet:** 22.23 R 5/15/2009 Mike Carl

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Mike Carl	SR	Miami-Yoder	22.51Q1.3
2 Bruce Baxter	SR	Briggsdale	22.83Q0.7
3 Tyler Thorne	SR	Pikes Peak	22.74Q1.3
4 Kyle Carper	JR	Holyoke	23.11Q0.7
5 Cody Roberts	SO	Hoehne	23.14Q0.7
6 Luis Huerta	JR	Wray	23.22Q1.3
7 Jarret Cure	SO	Wray	23.21q 0.7

8 Adrian Penny	SO	Paonia	23.42q 0.7
9 Jake Walker	JR	Hayden	23.51q 0.7
10 Thomas Samora	SR	Cotopaxi	23.79 1.3
11 Chris Winstead	SR	Miami-Yoder	23.87 1.3
12 Lance Martinez	SR	Del Norte	23.91 0.7
13 Logan Davisson	SR	Akron	23.92 1.3
14 Toby Casias	FR	Meeker	24.03 0.7
15 Kyle Stroud	JR	Swink	24.05 1.3
16 Reiss Dillon	JR	Mancos	24.14 1.3
17 Wesley Lowe	JR	Dayspring Chris.	24.42 0.7
--- Davy Assie	JR	Lutheran-Parker	DNS 1.3

## Event 2 Boys 200 Meter Dash 2A

**National:** 20.13 N 1985 Roy Martin  
**Colo. Prep:** 20.70 C 2005 Jeremy Dodson  
**State Meet:** 22.23 R 5/15/2009 Mike Carl

Name	Yr	School	Finals
<b>Finals</b>			
1 Mike Carl	SR	Miami-Yoder	22.23R1.6
2 Tyler Thorne	SR	Pikes Peak	22.49 1.6
3 Bruce Baxter	SR	Briggsdale	22.64 1.6
4 Luis Huerta	JR	Wray	22.90 1.6
5 Kyle Carper	JR	Holyoke	23.03 1.6
6 Jake Walker	JR	Hayden	23.05 1.6
7 Jarret Cure	SO	Wray	23.09 1.6
8 Adrian Penny	SO	Paonia	23.38 1.6
9 Cody Roberts	SO	Hoehne	23.45 1.6

## Event 3 Boys 400 Meter Dash 2A

**National:** 45.25 N 1993 Calvin Harrison  
**Colo. Prep:** 46.23 C 2006 J.T. Scheuerman  
**State Meet:** 49.17 R 1983 Kevin Young

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Jake Beckman	SR	Wray	50.75Q
2 Nick Bennett	JR	E.C.A.	51.31Q
3 Max Fokken	SR	Briggsdale	51.73Q
4 Kyle Carper	JR	Holyoke	51.83Q
5 Oakley Hayes	JR	Ignacio	51.80Q
6 Lakin Alley	SO	Baca County	51.99Q
7 Brandon Oosthuysen	JR	Holyoke	52.01q
8 Kyle Moore	SO	Rocky Ford	52.15q
9 Dylan Carr	JR	Byers	52.39q
10 Jon Christian	SR	La Veta	52.56
11 Logan Davisson	SR	Akron	52.59
12 Jake Six	JR	Las Animas	52.96
13 Jordan VanVleet	SR	Paonia	53.05
14 Adam Nickerson	SR	Dolores	53.17
15 Lance Martinez	SR	Del Norte	53.83
--- Davy Assie	JR	Lutheran-Parker	DNS

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## Event 3 Boys 400 Meter Dash 2A

**National:** 45.25 N 1993 Calvin Harrison  
**Colo. Prep:** 46.23 C 2006 J.T. Scheuerman  
**State Meet:** 49.17 R 1983 Kevin Young

Name	Yr	School	Finals
<b>Finals</b>			
1 Jake Beckman	SR	Wray	49.92
2 Nick Bennett	JR	E.C.A.	50.21
3 Kyle Carper	JR	Holyoke	51.01
4 Max Fokken	SR	Briggsdale	51.20
5 Kyle Moore	SO	Rocky Ford	51.44
6 Lakin Alley	SO	Baca County	51.73
7 Dylan Carr	JR	Byers	51.95
8 Oakley Hayes	JR	Ignacio	52.17
9 Brandon Oosthuysen	JR	Holyoke	52.28

## Event 4 Boys 800 Meter Run 2A

**National:** 1:46.45 N 1996 Michael Granville  
**Colo. Prep:** 1:51.23 C 2001 James Hatch  
**State Meet:** 1:56.13 R 2002 Cory Kline

Name	Yr	School	Finals
<b>Finals</b>			
1 Alex Dorr	SR	Wiggins	1:58.47
2 Jake Beckman	SR	Wray	1:59.31
3 Hagen Turner	JR	Baca County	2:00.18
4 Scott Coyle	SR	Plateau Valley	2:00.62
5 Joel Villagomez	JR	Center	2:00.80
6 Brandon Tortorelli	JR	Hoehne	2:00.91
7 Canaan Reeverts	SR	Burlington	2:01.02
8 Jack Linehan	SR	Crested Butte	2:01.04
9 Brock Cambell	JR	Meeker	2:05.89
10 Kyle Brown	JR	Elbert	2:07.14
11 Derek Smart	SR	Merino	2:07.50
12 Tyler Barela	SO	Sierra Grande	2:08.14
13 Alex Schmidt	SR	Fleming	2:08.27
14 Josh Harris	SR	Swink	2:08.89
--- Gilbert Tucker	SR	Wiggins	DNS

## Event 5 Boys 1600 Meter Run 2A

**National:** 3:59.51 N 2001 Alan Webb  
**Colo. Prep:** 4:10.98 C 1981 Richie Martinez  
**State Meet:** 4:21.35 R 2002 Aucencio Martinez

Name	Yr	School	Finals
<b>Finals</b>			
1 Shawn Dubbs	JR	Cripple Creek	4:24.80
2 Jack Linehan	SR	Crested Butte	4:27.97
3 Victor Montoya	JR	Rocky Ford	4:29.59
4 Steven Stoot	SR	Fountain Valley	4:30.69
5 Alex Dorr	SR	Wiggins	4:34.97
6 Trenton Rico	SO	Burlington	4:37.33
7 Scott Coyle	SR	Plateau Valley	4:37.76
8 Gilbert Tucker	SR	Wiggins	4:40.97
9 Eric Lewis	SO	Mancos	4:45.22
10 Logan Trautwein	SR	Wiggins	4:50.29

11 Chris Lessard	FR	Custer County	4:54.23
12 Jeremiah Evangelista	JR	Vanguard	4:54.88
13 Jaxon Meardon	FR	Baca County	4:58.37
14 Santino Apodaca	SR	Rocky Ford	5:05.11
--- Joel Villagomez	JR	Center	DNS

## Event 6 Boys 3200 Meter Run 2A

**National:** 8:34.23 N 2008 German Fernandez  
**Colo. Prep:** 9:05.89 C 2003 Brent Vaughn  
**State Meet:** 9:36.88 R 1987 Ray Harvey

Name	Yr	School	Finals
<b>Finals</b>			
1 Steven Stoot	SR	Fountain Valley	J9:47.39
2 Victor Montoya	JR	Rocky Ford	J9:47.39
3 Shawn Dubbs	JR	Cripple Creek	9:56.28
4 Gilbert Tucker	SR	Wiggins	10:19.40
5 Ty Williams	FR	Norwood	10:25.03
6 Eric Lewis	SO	Mancos	10:27.72
7 Alex Dorr	SR	Wiggins	10:31.22
8 Santino Apodaca	SR	Rocky Ford	10:32.31
9 Logan Trautwein	SR	Wiggins	10:40.85
10 Jeremiah Evangelista	JR	Vanguard	10:48.80
11 Colten Rogers	SO	Telluride	10:52.13
12 Kirbi Stum	JR	Plainview	10:53.05
13 Manuel Garcia	JR	Antonito	10:59.04
14 Arnold Clarke	JR	Cripple Creek	11:02.76
15 Max Wilding	SR	Deaf & Blind	11:03.10
--- Jack Linehan	SR	Crested Butte	DNS

## Event 7 Boys 110 Meter Hurdles 2A

**National:** 13.1h N 1980 Dennis Brantley  
**National:** 13.30 N 1990 Chris Nelloms  
**Colo. Prep:** 13.61 C 2004 Wilbert Smith  
**State Meet:** 14.49 R 2008 Dan Baer

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Marcelis Tatum	SR	Limon	15.23Q1.4
2 Matthew Feola	JR	Lutheran-Parker	15.91Q1.3
3 Sam Kelly	SR	Dolores	15.55Q1.4
4 Colin Simon	SO	Stratton	16.07Q1.3
5 Logan Merrill	SO	Akron	15.79Q1.4
6 Sean McCoy	SR	Dolores	16.27Q1.3
7 Dwight Kadiurous	SR	Miami-Yoder	15.94q 1.4
8 Landry Cogburn	SO	Baca County	16.06q 1.4
9 Josh Lowder	SR	Sargent	16.18q 1.4
10 Billy Fourney	SR	Norwood	16.32 1.3
11 Kevin Jones	SR	Merino	16.46 1.3
12 Keith Cabrera	JR	Swink	17.01 1.4
13 Kyle Ewertz	SR	Wiggins	17.28 1.4
14 Tyson Thrall	SR	Granada	17.65 1.3
15 Justin Lowder	FR	Sargent	17.86 1.3
16 Ben Peters	SR	Custer County	18.02 1.3
--- Jared Sanderford	SR	Dayspring Chris.	DNS 1.3

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## Event 7 Boys 110 Meter Hurdles 2A

**National:** 13.1h N 1980 Dennis Brantlty  
**National:** 13.30 N 1990 Chris Nelloms  
**Colo. Prep:** 13.61 C 2004 Wilbert Smith  
**State Meet:** 14.49 R 2008 Dan Baer

Name	Yr	School	Finals
<b>Finals</b>			
1 Marcellis Tatum	SR	Limon	15.45 0.9
2 Sam Kelly	SR	Dolores	15.62 0.9
3 Colin Simon	SO	Stratton	15.68 0.9
4 Matthew Feola	JR	Lutheran-Parker	15.70 0.9
5 Landry Cogburn	SO	Baca County	15.78 0.9
6 Logan Merrill	SO	Akron	15.79 0.9
7 Sean McCoy	SR	Dolores	15.94 0.9
8 Josh Lowder	SR	Sargent	15.98 0.9
9 Dwight Kadiurous	SR	Miami-Yoder	18.18 0.9

## Event 8 Boys 300 Meter Hurdles 2A

**National:** 35.28 N 2007 Jeshua Anderson  
**Colo. Prep:** 36.41 C 2001 Gerren Crochet  
**State Meet:** 38.75 R 2003 Keith Clayton

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Dwight Kadiurous	SR	Miami-Yoder	40.28Q
2 Logan Merrill	SO	Akron	41.57Q
3 Marcellis Tatum	SR	Limon	40.37Q
4 Sam Kelly	SR	Dolores	41.66Q
5 Jacob Pennington	JR	Hilltop Baptist	41.77Q
6 Josh Lowder	SR	Sargent	42.05Q
7 Landry Cogburn	SO	Baca County	42.12q
8 Spencer Cure	SO	Burlington	42.19q
9 Tyrel Barry	SR	Hoehne	42.40q
10 Billy Fourney	SR	Norwood	42.40
11 Taylor Bradford	JR	Paonia	42.44
12 Jack Schwinn	FR	Wray	42.65
13 Chris Archulletta	JR	Del Norte	43.60
14 Johnny Ornelas	SO	Sedgwick Cty.	44.98
15 Clay Blankenship	JR	Idalia	45.13
--- Tyndan Marquez	SR	Granada	DNS
--- Jared Sanderford	SR	Dayspring Chris.	DNS

## Event 8 Boys 300 Meter Hurdles 2A

**National:** 35.28 N 2007 Jeshua Anderson  
**Colo. Prep:** 36.41 C 2001 Gerren Crochet  
**State Meet:** 38.75 R 2003 Keith Clayton

Name	Yr	School	Finals
<b>Finals</b>			
1 Marcellis Tatum	SR	Limon	40.14
2 Landry Cogburn	SO	Baca County	40.29
3 Sam Kelly	SR	Dolores	40.81
4 Dwight Kadiurous	SR	Miami-Yoder	41.00
5 Jacob Pennington	JR	Hilltop Baptist	41.20
6 Logan Merrill	SO	Akron	41.60

7 Spencer Cure	SO	Burlington	41.87
8 Josh Lowder	SR	Sargent	42.01
9 Tyrel Barry	SR	Hoehne	43.23

## Event 9 Boys 4x100 Meter Relay 2A

**National:** 39.76 N 1998 Fort Worth-Wyatt HS, TX  
**Colo. Prep:** 41.21 C 2007 Overland HS  
**State Meet:** 43.54 R 1999 Holyoke HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Miami-Yoder		44.08Q
2 Wray		44.33Q
3 Paonia		44.67Q
4 Limon		44.87Q
5 Hayden		44.77Q
6 Merino		45.19Q
7 Hoehne		45.21q
8 Springfield		45.40q
9 Dolores High School		45.50q
10 Meeker		45.84
11 Byers		46.11
12 Wiggins		46.61
13 South Park		47.22
14 Del Norte		47.23
15 Swink		47.32
16 Sedgwick County		47.45
17 Dayspring Christian		48.01

## Event 9 Boys 4x100 Meter Relay 2A

**National:** 39.76 N 1998 Fort Worth-Wyatt HS, TX  
**Colo. Prep:** 41.21 C 2007 Overland HS  
**State Meet:** 43.54 R 1999 Holyoke HS

Team	Relay	Finals
<b>Finals</b>		
1 Wray		43.88
2 Miami-Yoder		43.98
3 Paonia		44.64
4 Hayden		45.02
5 Dolores High School		45.27
6 Springfield		45.65
7 Merino		45.72
8 Hoehne		45.77
9 Limon		45.83

## Event 10 Boys 4x200 Meter Relay 2A

**National:** 1:23.92 N 2007 Fort Bend Hightower HS, TX  
**Colo. Prep:** 1:25.59 C 2007 George Washington HS  
**State Meet:** 1:30.54 R 1990 Julesburg HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Wray		1:30.82Q
2 Miami-Yoder		1:32.57Q
3 Paonia		1:32.42Q

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**Preliminaries ... (Event 10 Boys 4x200 Meter Relay 2A)**

Team	Relay	Prelims
4 Sargent		1:34.47Q
5 Hayden		1:33.51Q
6 Byers		1:35.01Q
7 Merino		1:33.55q
8 Springfield		1:34.78q
9 Las Animas		1:35.81q
10 Center		1:35.88
11 Sedgwick County		1:36.22
12 Soroco		1:38.02
13 Wiggins		1:38.39
14 Hoehne		1:38.79
15 Dayspring Christian		1:42.05
--- Limon		DNF

**Event 10 Boys 4x200 Meter Relay 2A**

National: 1:23.92 N 2007 Fort Bend Hightower HS, TX  
 Colo. Prep: 1:25.59 C 2007 George Washington HS  
 State Meet: 1:30.54 R 1990 Julesburg HS

Team	Relay	Finals
<b>Finals</b>		
1 Wray		1:30.86
2 Miami-Yoder		1:31.60
3 Paonia		1:33.46
4 Hayden		1:34.32
5 Byers		1:34.88
6 Springfield		1:35.19
7 Merino		1:36.47
--- Las Animas		DQ
--- Sargent		DQ

**Event 11 Boys 4x400 Meter Relay 2A**

National: 3:07.40 N 1985 Hawthorne HS, CA  
 Colo. Prep: 3:15.34 C 1997 Montbello Hs  
 State Meet: 3:25.75 R 2005 Haxtun HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Wray		3:28.16Q
2 Sargent		3:28.75Q
3 Limon		3:28.67Q
4 Rocky Ford		3:31.90Q
5 Paonia		3:31.81Q
6 Baca County		3:31.93Q
7 Hoehne		3:32.79q
8 Burlington		3:33.32q
9 Soroco		3:36.34q
10 Merino		3:36.66
11 Wiggins		3:37.17
12 Lutheran-Parker		3:37.25
13 Akron		3:39.56
14 Ignacio		3:41.50
15 Center		3:46.57

**Event 11 Boys 4x400 Meter Relay 2A**

National: 3:07.40 N 1985 Hawthorne HS, CA  
 Colo. Prep: 3:15.34 C 1997 Montbello Hs  
 State Meet: 3:25.75 R 2005 Haxtun HS

Team	Relay	Finals
<b>Finals</b>		
1 Wray		3:26.16
2 Sargent		3:27.69
3 Rocky Ford		3:29.45
4 Limon		3:29.84
5 Hoehne		3:30.49
6 Baca County		3:30.69
7 Paonia		3:31.19
8 Burlington		3:32.93
9 Soroco		3:38.92

**Event 12 Boys 4x800 Meter Relay 2A**

National: 7:36.24 N 1982 Ambler Wissahickson, PA  
 Colo. Prep: 7:45.10 C 2001 Smokey Hill HS  
 State Meet: 8:09.70 R 2006 Peyton HS

Team	Relay	Finals
<b>Finals</b>		
1 Wiggins		8:15.69
2 Burlington		8:18.73
3 Rocky Ford		8:31.06
4 Paonia		8:32.15
5 Meeker		8:41.89
6 Vail Christian		8:51.34
7 Hoehne		8:58.22
8 Hi-Plains		9:02.97
9 Otis		9:07.22
10 Kiowa		9:08.69
11 Springfield		9:12.16
12 Sedgwick County		9:14.32
13 Cripple Creek-Victor		9:26.27
14 La Veta		9:37.72
--- Baca County		DQ

**Event 13 Boys High Jump 2A**

National: 7-05.25 N 1984 Dothel Edwards  
 Colo. Prep: 7-04 C 1990 Matt Hemingway  
 State Meet: 6-11 R 1999 Tyson Parrot

Name	Yr	School	Finals
<b>Finals</b>			
1 Kent Herman	SR	Hi-Plains	6-05.00
2 Murphy Smartt	JR	Hayden	J6-05.00
3 Ethan Browning	SO	Cripple Creek	6-04.00
4 Chris Winstead	SR	Miami-Yoder	6-02.00
5 Scott Fedel	SR	Ouray	J6-02.00
6 Kellen Schuebel	SR	Dolores	6-01.00
7 Colton Brown	JR	Meeker	J6-01.00
8 Kegan Carwin	JR	Peetz	6-00.00
9 Jason Peggram	SR	Wiggins	5-10.00
9 Taylor Russel	JR	Karval	5-10.00

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## Finals ... (Event 13 Boys High Jump 2A)

Name	Yr	School	Finals
9 Lane Elliott	JR	Karval	5-10.00
12 Colin Simon	SO	Stratton	5-08.00
12 Trey Vanskyock	FR	Cotopaxi	5-08.00
12 Cameron Nelson	JR	Creede	5-08.00
--- Derek Schulz	FR	Wray	NH
--- Kevin Jones	SR	Merino	NH

## Event 14 Boys Pole Vault 2A

National: 18-02.25 N 1999 Eric Eshbach  
 Colo. Prep: 17-07.50 C 1986 Pat Manson  
 State Meet: 14-09 R 1984 Bill Culbreath

Name	Yr	School	Finals
<b>Finals</b>			
1 Luke Terrell	JR	Idalia	13-03.00
2 Logan Ramseier	JR	Idalia	12-06.00
3 David Kelly	JR	Limon	12-00.00
3 Johnny Ornelas	SO	Sedgwick Cty.	12-00.00
5 Kevin Jones	SR	Merino	11-06.00
6 AJ Silva	SR	West Grand	10-06.00
7 Ricky Gamblin	SR	West Grand	J10-06.00
8 Raudel Lucero	SR	Ignacio	J10-06.00
--- Luis Quezada	SR	Bethune	NH
--- Samuel Barraza	SO	Bethune	NH
--- Eric Martinez	SR	Center	NH

## Event 15 Boys Long Jump 2A

National: 26-04.75 N 1989 James Stallworth  
 Colo. Prep: 24-07.50 C 1990 Chris Sanders  
 State Meet: 22-11.75 R 1931 Otto Staab

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle Carper	JR	Holyoke	21-07.25 -1.5
2 Estes Alex	JR	Soroco	20-06.00 -0.2
3 Kraig Tagtmeyer	JR	Hi-Plains	20-04.50 +0.0
4 Kelly Siegrist	JR	Wray	20-01.00 +0.0
5 Derek Schulz	FR	Wray	20-00.75 -0.6
6 Morgan Biel	JR	Sargent	19-11.50 -0.6
7 Nicholas Elstad	SR	Deaf & Blind	19-10.75 +0.0
8 Adam Marostica	SO	Idalia	19-10.25 +0.0
9 Jordan VanVleet	SR	Paonia	19-08.50 -0.9
10 Kanden Brady	SR	Rangely	19-03.50 -0.3
--- Jason Peggram	SR	Wiggins	ND NWI
--- Kyle Tapia	JR	Cripple Creek	ND NWI
--- Jose Uriarte	JR	Antonito	ND NWI
--- Taylor Russel	JR	Karval	ND NWI
--- Jack Petty	JR	Flagler	ND NWI

## Event 16 Boys Triple Jump 2A

National: 52-10.50 N 1980 Charles Mayfield  
 Colo. Prep: 51-00.25 C 1973 Victor White  
 State Meet: 48-04 R 2005 Jason Brenton

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle Carper	JR	Holyoke	44-11.75 2.9
2 Reese Thompson	SR	Holly	43-08.50 4.6
3 Jordan VanVleet	SR	Paonia	43-00.00 3.2
4 Estes Alex	JR	Soroco	42-09.00 3.3
5 Max Fokken	SR	Briggsdale	41-10.25 3.4
6 Logan Foster	SR	Hayden	41-04.00 4.4
7 Nicholas Elstad	SR	Deaf & Blind	41-02.25 3.8
8 Kanden Brady	SR	Rangely	41-01.00 3.1
9 Morgan Biel	JR	Sargent	40-10.00 2.4
10 TJ Armstrong	SR	Calhan	40-09.50 3.3
11 Coley David	FR	Burlington	40-03.50 1.2
12 Saul Gomez	JR	Holly	39-10.00 1.1
13 Kyle Baker	SO	South Park	39-09.75 0.8
14 Jeff Hawthorne	JR	Haxtun	38-06.75 1.8
15 Dylan Arredondo	SR	Cheyenne Wells	38-05.75 +0.0
16 Patrick Gallegos	SO	Del Norte	37-08.75 1.8
--- Miguel Martinez	SO	Granada	DNS NWI

## Event 17 Boys Shot Put 2A

National: 77-00 N 1979 Michael Carter  
 Colo. Prep: 66-03.25 C 1982 Jim Banich  
 State Meet: 59-09.25 R 1964 Mike Tomasini

Name	Yr	School	Finals
<b>Finals</b>			
1 Carson Ebke	SR	Sedgwick Cty.	52-03.00
2 Stryker Lane	SR	Norwood	50-00.00
3 Reed Jablonski	SR	Sedgwick Cty.	46-09.50
4 Justin Tjaden	SR	Sedgwick Cty.	46-01.75
5 Tyler Yowell	SR	Genoa-Hugo	45-10.00
6 Matt Watwood	JR	Soroco	45-08.00
7 Zeb Bailey	JR	Hi-Plains	44-02.00
8 Clay Schafer	SR	Ouray	44-00.75
9 Tyler Thorne	SR	Pikes Peak	43-09.00
10 Garrett Smith	JR	Eads	J43-09.00
11 Austin Adamson	JR	Eads	41-01.25
12 Cody Hart	SR	Custer County	40-02.00

## Event 18 Boys Discus Throw 2A

National: 234-03 N 2001 Niklas Arrhenius  
 Colo. Prep: 222-03 C 2008 Mason Finley  
 State Meet: 186-10 R 2007 Mason Finley

Name	Yr	School	Finals
<b>Finals</b>			
1 Stryker Lane	SR	Norwood	154-04
2 Matt Watwood	JR	Soroco	153-11
3 Garrett Smith	JR	Eads	137-02
4 Johnny Wix	JR	Meeker	136-00
5 Abel Velasquez	SR	Ignacio	128-11

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 18 Boys Discus Throw 2A)

Name	Yr	School	Finals
6 Nolan Queen	JR	Burlington	126-00
7 Kyle Pollock	JR	Wiggins	121-00
8 Lance Pickett	SO	Otis	120-04
9 Ethan Hilferty	SR	Limon	119-10
10 Ben Maes	JR	Custer County	113-10
11 Jeremy Lund	SR	Wray	112-10
12 Aaron Delrick	JR	Aguilar	100-07
--- Carson Ebke	SR	Sedgwick Cty.	ND
--- Ben Rinehart	SR	Burlington	ND
--- Cody Hart	SR	Custer County	ND
--- Cody Sharpe	SR	Baca County	ND

## Event 21 Girls 100 Meter Dash 2A

**National:** 11.14 N 1992 Marion Jones  
**Colo. Prep:** 11.31 C 1987 Caryl Smith  
**State Meet:** 12.41 R 1989 Hollie Michael

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Brittany Crippen	JR	Vanguard	12.68Q1.9
2 Arianna Andreatta	SR	Hoehne	12.78Q1.8
3 Haven Cappellucci	SR	Hoehne	12.76Q1.9
4 Makenzie Ault	SO	Sedgwick Cty.	12.86Q1.8
5 Kathryn Doll	FR	Meeker	12.91Q1.9
6 Ashley Atkin	SO	Fleming	13.14Q1.8
7 Nissi Hallman	SO	Eads	13.22q 1.9
8 Riccie Stwalley	JR	Las Animas	13.26q 1.8
9 Kayla Pribble	JR	Dove Creek	13.31q 1.8
10 marquel gueck	FR	Haxtun	13.33 1.9
11 Breanna Stickels	FR	Limon	13.38 1.8
12 Trudy Rheingans	SO	Sargent	13.45 1.8
13 Meagan Nahrwold	SO	Byers	13.48 1.8
14 Elizabeth Shearon	SR	Vail Christian	13.61 1.9
15 April Gonzales	SO	Fowler	13.72 1.9

## Event 21 Girls 100 Meter Dash 2A

**National:** 11.14 N 1992 Marion Jones  
**Colo. Prep:** 11.31 C 1987 Caryl Smith  
**State Meet:** 12.41 R 1989 Hollie Michael

Name	Yr	School	Finals
<b>Finals</b>			
1 Brittany Crippen	JR	Vanguard	12.77 2.0
2 Haven Cappellucci	SR	Hoehne	12.81 2.0
3 Riccie Stwalley	JR	Las Animas	12.85 2.0
4 Arianna Andreatta	SR	Hoehne	12.95 2.0
5 Makenzie Ault	SO	Sedgwick Cty.	12.95 2.0
6 Kathryn Doll	FR	Meeker	13.12 2.0
7 Ashley Atkin	SO	Fleming	13.13 2.0
8 Nissi Hallman	SO	Eads	13.14 2.0
9 Kayla Pribble	JR	Dove Creek	13.50 2.0

## Event 22 Girls 200 Meter Dash 2A

**National:** 22.52 N 2003 Allyson Felix  
**Colo. Prep:** 23.36 C 1994 Aspen Burkett  
**State Meet:** 25.42 R 2007 Shaylee Robinette

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Haven Cappellucci	SR	Hoehne	26.09Q1.2
2 Marissa Smith	JR	Holyoke	26.13Q0.7
3 Brittany Dickerson	JR	McClave	26.38Q0.7
4 Brittany Crippen	JR	Vanguard	26.64Q1.2
5 Arianna Andreatta	SR	Hoehne	26.77Q0.7
6 Meagan Nahrwold	SO	Byers	27.37Q1.2
7 Ashley Atkin	SO	Fleming	26.79q 0.7
8 Sophia Aparicio	SR	Las Animas	27.41q 1.2
9 Josephine Bush	FR	Telluride	27.61q 0.7
10 marquel gueck	FR	Haxtun	27.80 1.2
11 Shea Brgoch	SR	La Veta	27.90 0.7
12 Shelby Goodrich	JR	Kim	27.93 1.2
13 Ashlyn Gruber	FR	Vail Christian	27.95 1.2
14 Courtney Brunner	SO	Dolores	28.24 0.7
15 Aubrey Head	JR	Limon	28.32 1.2

## Event 22 Girls 200 Meter Dash 2A

**National:** 22.52 N 2003 Allyson Felix  
**Colo. Prep:** 23.36 C 1994 Aspen Burkett  
**State Meet:** 25.42 R 2007 Shaylee Robinette

Name	Yr	School	Finals
<b>Finals</b>			
1 Marissa Smith	JR	Holyoke	26.13 0.3
2 Haven Cappellucci	SR	Hoehne	26.33 0.3
3 Brittany Crippen	JR	Vanguard	26.36 0.3
4 Brittany Dickerson	JR	McClave	26.45 0.3
5 Arianna Andreatta	SR	Hoehne	26.61 0.3
6 Ashley Atkin	SO	Fleming	27.01 0.3
7 Meagan Nahrwold	SO	Byers	27.40 0.3
8 Josephine Bush	FR	Telluride	27.62 0.3
9 Sophia Aparicio	SR	Las Animas	27.74 0.3

## Event 23 Girls 400 Meter Dash 2A

**National:** 50.74 N 2000 Monique Henderson  
**Colo. Prep:** 53.71 C 1993 Cynthia Newsome  
**State Meet:** 56.36 R 2001 Jessica Brown

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Marissa Smith	JR	Holyoke	58.67Q
2 Sydney Clarkson	SO	Akron	59.41Q
3 Ashley Atkin	SO	Fleming	59.42Q
4 Haven Cappellucci	SR	Hoehne	59.55Q
5 Heather Duester	SO	Holyoke	60.48Q
6 Brittani Venard	SR	Paonia	60.64Q
7 Meagan Nahrwold	SO	Byers	60.91q
8 April Gonzales	SO	Fowler	60.94q

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Preliminaries ... (Event 23 Girls 400 Meter Dash 2A)**

Name	Yr	School	Prelims
9 Tae'lor Purdy	SR	Deer Trail	61.73q
10 Arianna Andreatta	SR	Hoehne	61.91
11 Johnna Baller	SO	North Park	62.07
12 Brittany Crippen	JR	Vanguard	63.00
13 Sydni Riley	FR	Cripple Creek	63.24
14 Emilee Weirich	FR	Eads	63.38
15 Ashlyn Gruber	FR	Vail Christian	63.60
16 Karina Metzler	FR	Dayspring Chris.	64.78
--- Catheryn Ambler	JR	Kim	DNS

**Event 23 Girls 400 Meter Dash 2A**

**National:** 50.74 N 2000 **Monique Henderson**  
**Colo. Prep:** 53.71 C 1993 **Cynthia Newsome**  
**State Meet:** 56.36 R 2001 **Jessica Brown**

Name	Yr	School	Finals
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1 Marissa Smith	JR	Holyoke	58.46
2 Ashley Atkin	SO	Fleming	58.67
3 Sydney Clarkson	SO	Akron	58.76
4 Brittani Venard	SR	Paonia	59.77
5 Heather Duester	SO	Holyoke	60.29
6 Meagan Nahrwold	SO	Byers	61.10
7 Tae'lor Purdy	SR	Deer Trail	61.11
8 April Gonzales	SO	Fowler	61.32
--- Haven Cappellucci	SR	Hoehne	DNS

**Event 24 Girls 800 Meter Run 2A**

**National:** 2:02.90 N 2008 **Chanelle Price**  
**Colo. Prep:** 2:07.53 C 1996 **Tara Mendoza**  
**State Meet:** 2:15.48 R 2001 **Jessica Brown**

Name	Yr	School	Finals
------	----	--------	--------

1 Ashley Atkin	SO	Fleming	2:21.52
2 Johanna Reed	JR	Paonia	2:23.46
3 Kat Robinson	JR	Nederland	2:23.65
4 Audrey Hogan	JR	Rangely	2:24.21
5 Kelly Lamb	JR	Creede	2:26.70
6 Julia Saunders	SR	Akron	2:27.24
7 Mariah Brown	FR	Elbert	2:27.76
8 Sarah Aranci	SR	Bethune	2:28.05
9 Taylor Goodhue	SR	Simla	2:28.82
10 Jessica Linder	SR	Vail Christian	2:29.68
11 Danielle Lewis	JR	Kim	2:33.05
12 Ariel Ambler	SR	Kim	2:37.92
13 Amber Reynolds	FR	Sangre de Cristo	2:38.56
14 Sarah Gallegos	SR	Del Norte	2:45.76
15 Riccie Stwalley	JR	Las Animas	2:45.90

**Event 25 Girls 1600 Meter Run 2A**

**National:** 4:33.82 N 2008 **Christine Babcock**  
**Colo. Prep:** 4:49.86 C 1991 **Melody Fairchild**  
**State Meet:** 5:02.46 R 1990 **Cruz Zarco**

Name	Yr	School	Finals
------	----	--------	--------

1 Kelley Robinson	FR	Nederland	5:19.14
2 Johanna Reed	JR	Paonia	5:23.34
3 Kat Robinson	JR	Nederland	5:23.71
4 Julia Saunders	SR	Akron	5:24.24
5 Erin Kelly	SO	Crested Butte	5:27.01
6 Audrey Hogan	JR	Rangely	5:28.30
7 Amy Polson	SR	Lutheran-Parker	5:28.81
8 Kelly Lamb	JR	Creede	5:33.73
9 Tara Richardson	SR	Wiggins	5:34.42
10 Nicole O'Dwyer	JR	Limon	5:45.36
11 Valerie Stark	SO	Custer County	5:47.06
12 Melanie Burton	SO	Bethune	5:52.33
13 Christina Lobato	SR	Rocky Ford	5:53.83
14 Katie Merewether	SR	Karval	5:59.75
15 Ana Martinez	SO	South Park	6:01.94
16 Michaela Montez	JR	Fowler	6:09.25

**Event 26 Girls 3200 Meter Run 2A**

**National:** 9:48.59 N 1996 **Kimberly Mortensen**  
**Colo. Prep:** 10:21.37 C 1991 **Melody Fairchild**  
**State Meet:** 10:56.61 R 1990 **Cruz Zarco**

Name	Yr	School	Finals
------	----	--------	--------

1 Erin Kelly	SO	Crested Butte	11:30.27
2 Tara Richardson	SR	Wiggins	12:01.43
3 Kenzie O'Brien	JR	Dayspring Chris.	12:04.18
4 Amy Polson	SR	Lutheran-Parker	12:07.51
5 Johanna Reed	JR	Paonia	12:11.35
6 Julia Saunders	SR	Akron	12:11.47
7 Nicole O'Dwyer	JR	Limon	12:43.50
8 Katie Merewether	SR	Karval	12:43.70
9 Valerie Stark	SO	Custer County	12:44.17
10 Kelsey Corbin	SO	Mancos	12:45.41
11 Heather Kochivar	JR	Kiowa	12:46.01
12 Christina Lobato	SR	Rocky Ford	13:18.76
13 Deisy Solano	JR	Center	13:42.11
14 Trisha O'Rourke	SO	Del Norte	13:52.42
15 Brooke Grissom	SO	Fowler	14:01.74

**Event 27 Girls 100 Meter Hurdles 2A**

**National:** 13.03 N 2007 **Vashti Thomas**  
**Colo. Prep:** 13.23 C 1996 **Dominique Calloway**  
**State Meet:** 14.50 R 2006 **Emily Hanna**

Name	Yr	School	Prelims
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1 Emily Hanna	SR	Fountain Valley	14.56Q3.1
2 Caitlyn Hubbard	SO	Limon	15.67Q2.0

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Preliminaries ... (Event 27 Girls 100 Meter Hurdles 2A)**

Name	Yr	School	Prelims
3 Lindsey Stindt	FR	Norwood	15.85Q2.0
4 Whitney Canty	SR	Sanford	16.40Q3.1
5 Tori Mortensen	FR	Sanford	16.42Q3.1
6 Sarah Gunkel	SR	Springfield	16.58Q2.0
7 Dani Ziegler	JR	Briggsdale	16.66q 2.0
8 Danette Billington	SR	West Grand	16.98q 2.0
9 Brandy Haller	JR	Woodlin	17.08q 3.1
10 Jordan McHenry	JR	Dolores	17.11 3.1
11 Bethany Feldmann	SO	Custer County	17.45 2.0
12 Katie Holtorf	FR	Akron	17.53 3.1
13 Kayla Taplin	FR	Dayspring Chris.	17.60 3.1
14 Karlee Wager	SO	Fowler	17.65 2.0
15 Ashleigh Fox	SO	Fowler	21.05 2.0

**Event 27 Girls 100 Meter Hurdles 2A**

<b>National:</b>	<b>13.03 N 2007</b>	<b>Vashti Thomas</b>
<b>Colo. Prep:</b>	<b>13.23 C 1996</b>	<b>Dominique Calloway</b>
<b>State Meet:</b>	<b>14.50 R 2006</b>	<b>Emily Hanna</b>

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Hanna	SR	Fountain Valley	14.72 2.2
2 Caitlyn Hubbard	SO	Limon	15.49 2.2
3 Lindsey Stindt	FR	Norwood	15.94 2.2
4 Tori Mortensen	FR	Sanford	16.38 2.2
5 Sarah Gunkel	SR	Springfield	16.80 2.2
6 Dani Ziegler	JR	Briggsdale	16.82 2.2
7 Whitney Canty	SR	Sanford	17.00 2.2
8 Danette Billington	SR	West Grand	17.08 2.2
9 Brandy Haller	JR	Woodlin	17.11 2.2

**Event 28 Girls 300 Meter Hurdles 2A**

<b>National:</b>	<b>39.98 N 2001</b>	<b>Lashinda Demus</b>
<b>Colo. Prep:</b>	<b>41.35 C 2000</b>	<b>Twink Krainik</b>
<b>State Meet:</b>	<b>44.44 R 2000</b>	<b>Shonda Brown</b>

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Haven Cappellucci	SR	Hoehne	46.56Q
2 Caitlyn Hubbard	SO	Limon	47.09Q
3 Meagan Nahrwold	SO	Byers	46.76Q
4 Lindsey Stindt	FR	Norwood	48.09Q
5 Kira Wendrych	SO	Kiowa	47.86Q
6 Jordan McHenry	JR	Dolores	49.61Q
7 Sarah Saleck	FR	South Park	49.62q
8 Danette Billington	SR	West Grand	49.64q
9 Whitney Canty	SR	Sanford	49.68q
10 Destinee Cogburn	SR	Baca County	49.92
11 Jessika Kienitz	SO	Rocky Ford	50.46
12 Kelsey DeShazo	SR	Dayspring Chris.	50.66
13 Katie Holtorf	FR	Akron	51.84
14 Nicole Newth	JR	Sedgwick Cty.	51.85
15 Maggie Cure	SO	Wray	52.48
16 Paige McDaniel	FR	Sanford	52.51

**Event 28 Girls 300 Meter Hurdles 2A**

<b>National:</b>	<b>39.98 N 2001</b>	<b>Lashinda Demus</b>
<b>Colo. Prep:</b>	<b>41.35 C 2000</b>	<b>Twink Krainik</b>
<b>State Meet:</b>	<b>44.44 R 2000</b>	<b>Shonda Brown</b>

Name	Yr	School	Finals
<b>Finals</b>			
1 Caitlyn Hubbard	SO	Limon	45.02
2 Haven Cappellucci	SR	Hoehne	45.49
3 Meagan Nahrwold	SO	Byers	47.12
4 Kira Wendrych	SO	Kiowa	47.97
5 Lindsey Stindt	FR	Norwood	48.35
6 Whitney Canty	SR	Sanford	48.79
7 Danette Billington	SR	West Grand	49.09
8 Sarah Saleck	FR	South Park	49.10
9 Jordan McHenry	JR	Dolores	49.62

**Event 29 Girls 4x100 Meter Relay 2A**

<b>National:</b>	<b>44.50 N 2004</b>	<b>Long Beach Poly HS, CA</b>
<b>Colo. Prep:</b>	<b>46.51 C 2007</b>	<b>George Washington HS</b>
<b>State Meet:</b>	<b>50.37 R 2002</b>	<b>Julesburg HS</b>

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Merino		51.84Q
2 Akron		52.01Q
3 Limon		52.47Q
4 Holyoke		52.55Q
5 Meeker		52.54Q
6 Fowler		53.15Q
7 Telluride		52.99q
8 Calhan		53.27q
9 Paonia		53.31q
10 McClave		53.63
11 Simla		53.63
12 La Veta		53.66
13 Springfield		54.19
14 Del Norte		55.44
15 Center		56.02

**Event 29 Girls 4x100 Meter Relay 2A**

<b>National:</b>	<b>44.50 N 2004</b>	<b>Long Beach Poly HS, CA</b>
<b>Colo. Prep:</b>	<b>46.51 C 2007</b>	<b>George Washington HS</b>
<b>State Meet:</b>	<b>50.37 R 2002</b>	<b>Julesburg HS</b>

Team	Relay	Finals
<b>Finals</b>		
1 Akron		51.25
2 Limon		51.94
3 Merino		52.04
4 Holyoke		52.13
5 Meeker		52.51
6 Calhan		53.31
7 Fowler		53.37
8 Paonia		53.53
9 Telluride		53.68

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 30 Girls 4x200 Meter Relay 2A

National: 1:33.87 N 2004 Long Beach Poly HS, CA  
 Colo. Prep: 1:38.09 C 2007 George Washington HS  
 State Meet: 1:46.45 R 2006 Limon HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Akron		1:46.75Q
2 Holyoke		1:49.10Q
3 McClave		1:50.18Q
4 Las Animas		1:50.52Q
5 Sanford		1:50.44Q
6 Merino		1:51.65Q
7 Paonia		1:51.57q
8 Soroco		1:51.86q
9 North Park		1:52.30q
10 Burlington		1:52.84
11 Calhan		1:53.36
12 La Veta		1:53.64
13 Wray		1:53.70
14 Sargent		1:53.91
--- Limon		DQ

## Event 30 Girls 4x200 Meter Relay 2A

National: 1:33.87 N 2004 Long Beach Poly HS, CA  
 Colo. Prep: 1:38.09 C 2007 George Washington HS  
 State Meet: 1:46.45 R 2006 Limon HS

Team	Relay	Finals
<b>Finals</b>		
1 Akron		1:48.23
2 Holyoke		1:50.44
3 McClave		1:51.29
4 Paonia		1:51.95
5 Sanford		1:52.01
6 Las Animas		1:52.59
7 Soroco		1:53.36
8 Merino		1:53.48
9 North Park		1:53.84

## Event 31 Girls 4x400 Meter Relay 2A

National: 3:35.49 N 2004 Long Beach Poly HS, CA  
 Colo. Prep: 3:48.59 C 1993 Denver South HS  
 State Meet: 4:04.57 R 2003 Lyons HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Akron		4:07.50Q
2 Kim		4:13.33Q
3 Limon		4:11.62Q
4 Paonia		4:16.36Q
5 Merino		4:16.96Q
6 Dolores High School		4:17.42Q
7 Dayspring Christian		4:21.35q
8 Wray		4:21.91q

9 Bethune	4:22.94q
10 West Grand	4:24.18
11 Sanford	4:24.81
12 Kiowa	4:25.99
13 Custer County	4:28.86
14 Las Animas	4:39.06
15 Del Norte	4:39.94

## Event 31 Girls 4x400 Meter Relay 2A

National: 3:35.49 N 2004 Long Beach Poly HS, CA  
 Colo. Prep: 3:48.59 C 1993 Denver South HS  
 State Meet: 4:04.57 R 2003 Lyons HS

Team	Relay	Finals
<b>Finals</b>		
1 Akron		4:06.68
2 Kim		4:07.93
3 Limon		4:09.65
4 Paonia		4:10.53
5 Merino		4:12.57
6 Dolores High School		4:18.92
7 Wray		4:20.05
8 Dayspring Christian		4:21.27
9 Bethune		4:26.35

## Event 32 Girls 4x800 Meter Relay 2A

National: 8:58.43 N 1982 Ft. Wash. Upr. Dublin, PA  
 Colo. Prep: 9:01.83 C 2003 Smoky Hill HS  
 State Meet: 9:54.55 R 2004 Limon HS

Team	Relay	Finals
<b>Finals</b>		
1 Paonia		9:58.79
2 Nederland		10:03.40
3 Limon		10:20.38
4 Wiggins		10:22.85
5 Bethune		10:26.67
6 Crested Butte		10:34.22
7 Fowler		10:44.48
8 Hayden		10:58.43
9 Merino		10:58.76
10 Kiowa		11:02.19
11 Wray		11:14.82
12 Las Animas		11:19.33
13 Antonito		11:21.56
14 Sargent		11:23.25
15 Center		11:28.22
16 Akron		11:28.75

## Event 33 Girls High Jump 2A

National: 6-03 N 1992 Amy Acuff  
 Colo. Prep: 6-01 C 1978 Sharon Burrill  
 State Meet: 5-11 R 1989 Duff Liebl

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Hanna	SR	Fountain Valley	5-06.00
2 Amber Lowther	JR	Rocky Ford	5-04.00

**Colorado High School - 5/14/2009 to 5/16/2009**

**State Track & Field Championships  
Jefferson County Stadium, Lakewood**

**Results**

**Finals ... (Event 33 Girls High Jump 2A)**

Name	Yr	School	Finals
3 Lauren Hagemeyer	SR	Ourray	5-03.00
4 Raya Nikol	JR	Limon	5-02.00
5 Brook Cecil	JR	West Grand	5-01.00
6 Melissa Kraker	JR	West Grand	J5-01.00
7 Stacy Post	SR	Wray	5-00.00
8 Lauren Posey	SR	Dayspring Chris.	J5-00.00
9 Sierra Geroux	FR	Custer County	J5-00.00
10 Nicole Carpenter	SO	Peetz	4-10.00
10 Destinee Cogburn	SR	Baca County	4-10.00
10 Chelsea Butler	JR	Kim	4-10.00
13 Stephanie Lund	SR	Lutheran-Parker	4-08.00
13 Calla Uhrich	JR	Creede	4-08.00
13 Nichole Burns	SR	Peetz	4-08.00

**Event 34 Girls Pole Vault 2A**

**National: 14-01 N 2007**      **Tori Anthony**  
**Colo. Prep: 13-03 C 2008**      **Elizabeth Stover**  
**State Meet: 11-01 R 2004**      **Kathy Hall**

Name	Yr	School	Finals
<b>Finals</b>			
1 Erin Krause	SR	Akron	10-00.00
2 Laura Measles	JR	Akron	8-06.00
3 Ashton Taylor	SO	Limon	J8-06.00
4 Breanna Stickels	FR	Limon	8-00.00
4 Matti Irvine	SR	North Park	8-00.00
6 Erin Bell	SO	Sedgwick Cty.	J8-00.00
7 Brook Cecil	JR	West Grand	7-06.00
7 Kylie Alexander	FR	Vail Christian	7-06.00
7 Jerae David	SR	Burlington	7-06.00
10 Bonnie Prewitt	SR	Del Norte	J7-06.00

**Event 35 Girls Long Jump 2A**

**National: 22-01.75 N 1976**      **Kathy McMillan**  
**Colo. Prep: 21-00.75 C 2005**      **Chelsea Taylor**  
**State Meet: 18-04 R 2003**      **Tonya Cure**

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Post	SR	Wray	17-00.00 -1.6
2 Kathryn Doll	FR	Meeker	16-09.25 -0.9
3 Brittany Kelly	SR	Calhan	16-03.00 -1.0
4 Shelby Goodrich	JR	Kim	15-11.50 -2.5
5 Raya Nikol	JR	Limon	J15-11.50 -1.3
6 Amber Lowther	JR	Rocky Ford	15-10.00 -0.4
7 Makenzie Ault	SO	Sedgwick Cty.	15-06.75 +0.0
8 Destinee Cogburn	SR	Baca County	15-06.50 +0.0
9 Lindsey Stindt	FR	Norwood	15-05.75 -0.2
10 Tori Mortensen	FR	Sanford	15-02.75 +0.0
10 Christa Loyd	SR	Wray	15-02.75 -1.4
12 Callie Conrad	JR	Flagler	15-01.75 +0.0
13 Natasha Breidenbach	JR	Caliche	15-01.50 +0.0
14 Larissa Conger	SO	Merino	14-08.75 -1.4
--- Brittany Myers	JR	Center	ND NWI
--- Whitney Blinzinger	SO	Sanford	ND NWI

--- Victoria Phelan      SO Rangely      ND NWI

**Event 36 Girls Triple Jump 2A**

**National: 44-02.25 N 2001**      **Ychindria Spears**  
**Colo. Prep: 41-03.50 C 2006**      **Nyeisha Wright**  
**State Meet: 37-04.50 R 1997**      **Teale Goble**

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Post	SR	Wray	37-02.25 1.8
2 Kathryn Doll	FR	Meeker	36-07.25 4.7
3 Brittany Dickerson	JR	McClave	35-00.50 1.9
4 Samantha Cure	JR	Idalia	34-07.25 2.6
5 Amber Lowther	JR	Rocky Ford	34-02.00 3.4
6 Sydni Heffelman	SO	South Park	34-00.00 3.3
7 Kelsey Koester	JR	Caliche	33-09.25 3.5
8 Ariel Ambler	SR	Kim	33-05.00 3.3
9 Brittany Kelly	SR	Calhan	33-04.75 3.3
10 Natasha Breidenbach	JR	Caliche	33-01.50 2.3
11 Whitney Blinzinger	SO	Sanford	32-05.00 3.6
12 Victoria Phelan	SO	Rangely	32-01.00 2.1
13 Susanna Shearier	SR	Lutheran-Parker	31-09.75 1.8
14 Maddison Kopsa	JR	Hayden	31-03.75 2.9
15 Jamie Arterburn	JR	Custer County	31-01.00 3.8
16 Raya Nikol	JR	Limon	29-01.00 3.7

**Event 37 Girls Shot Put 2A**

**National: 54-10.75 N 2003**      **Michelle Carter**  
**Colo. Prep: 51-01 C 1994**      **Collinus Newsome**  
**State Meet: 43-03 R 2001**      **Alyssa Harty**

Name	Yr	School	Finals
<b>Finals</b>			
1 Stacy Post	SR	Wray	39-07.00
2 Brittney Graham	JR	Genoa-Hugo	39-02.25
3 Holli Salazar	SR	Hayden	37-10.75
4 Chelsey Muth	SR	Swink	37-08.50
5 Christine Tompkins	SR	Simla	36-09.50
6 Lori Weirich	JR	Eads	34-11.50
7 Jordyn Rienks	JR	Paonia	33-10.50
8 Taylor Lobato	JR	Center	32-02.00
9 Eliza Poet	SR	Burlington	32-00.25
10 Desi Aguirre	SR	John Mall	31-07.50
11 Makenzie Greenwood	SO	Akron	30-11.50
12 Mollie Lane	JR	Norwood	30-11.00
13 Ella Saunders	SO	Akron	30-04.25
--- Marilyn May	SR	Custer County	ND
--- Wendy Bridge	JR	Pawnee	ND

**Event 38 Girls Discus Throw 2A**

**National: 188-04 N 1994**      **Suzy Powell**  
**Colo. Prep: 160-01 C 1994**      **Shelly Greathouse**  
**State Meet: 139-08 R 2000**      **Loree Smith**

Name	Yr	School	Finals
<b>Finals</b>			
1 Christine Tompkins	SR	Simla	124-01
2 Lori Weirich	JR	Eads	123-07

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 38 Girls Discus Throw 2A)

Name	Yr	School	Finals
3 Holli Salazar	SR	Hayden	116-01
4 Mollie Lane	JR	Norwood	114-01
5 Stacy Post	SR	Wray	113-06
6 Eliza Poet	SR	Burlington	105-08
7 Taylor Lobato	JR	Center	105-05
8 Brittney Graham	JR	Genoa-Hugo	102-05
9 Makenzie Greenwood	SO	Akron	101-09
10 Ashley Cambell	FR	Sedgwick Cty.	101-06
11 Dani Lenz	SO	Wray	96-04
12 Ella Saunders	SO	Akron	95-01
13 Morgan Neese	SO	Sanford	91-02
14 Lacy May	JR	Custer County	82-11
--- Dylaina Morelli	SR	Mancos	ND

## Event 39 Girls 800 Sprint Medley 2A

Colo. Prep: 1:40.25 C 1999 Overland HS

State Meet: 1:49.48 R 2006 Limon HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Akron		1:50.40Q
2 Telluride		1:54.40Q
3 Holyoke		1:54.46Q
4 Las Animas		1:54.50Q
5 Kim		1:54.55Q
6 Limon		1:54.55Q
7 Fowler		1:54.58q
8 Merino		1:55.64q
9 North Park		1:56.01q
10 Burlington		1:56.27
11 Elbert		1:56.85
12 Vail Christian		1:57.20
13 Sanford		1:57.75
14 Cripple Creek-Victor		2:00.36
15 La Veta		2:01.24

## Event 39 Girls 800 Sprint Medley 2A

Colo. Prep: 1:40.25 C 1999 Overland HS

State Meet: 1:49.48 R 2006 Limon HS

Team	Relay	Finals
<b>Finals</b>		
1 Akron		1:51.04
2 Telluride		1:54.90
3 Holyoke		1:54.95
4 Las Animas		1:55.10
5 Kim		1:55.28
6 Merino		1:55.70
7 Fowler		1:56.62
8 North Park		1:56.92
9 Limon		2:04.83

## Event 41 Boys 100 Meter Dash 3A

National: 10.15 N 1990 Henry Neal

Colo. Prep: 10.32 C 2007 Jeremy Rankin

State Meet: 10.98 R 5/14/2009 AJ Melillo

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 AJ Melillo	SR	Platte Canyon	R 10.98Q0.9
2 Blaise Lake	SR	Lutheran-Denver	11.05Q1.2
3 Steffan Higgins	SR	Erie	11.23Q2.2
4 Ryan Marshall	SR	Colo Spgs Chris.	11.17Q0.9
5 Scot Persichette	JR	Weld Central	11.29Q1.2
6 Greg Reese	JR	Erie	11.40Q2.2
7 Luke Johnson	JR	Peak to Peak	11.31q 1.2
8 Ben Brewer	JR	Cedaredge	11.36q 0.9
9 Nick Welder	JR	Holy Family	11.36q 0.9
10 Garhett Jurgens	JR	Olath	11.39 0.9
11 Jace Rogers	SR	Yuma	11.45 1.2
12 Luke Hemming	SO	Aspen	11.46 1.2
13 Niuller Briotto	SR	Manitou Spgs.	11.49 2.2
14 Jake Van	JR	Rye	11.59 0.9
15 Christian Fournier	FR	Discovery Cnyn.	11.63 2.2
16 Michael VanDenBerg	JR	DenverChristian	11.65 2.2
17 Gunnar Haynes	SO	Eaton	11.66 2.2
18 Colby Hunt	SR	Centauri	11.88 1.2
19 Dominic Zimmerman	SR	Florence	11.88 1.2
--- Geoff Keeling	SR	Strasburg	DNS 2.2

## Event 41 Boys 100 Meter Dash 3A

National: 10.15 N 1990 Henry Neal

Colo. Prep: 10.32 C 2007 Jeremy Rankin

State Meet: 10.98 R 5/14/2009 AJ Melillo

Name	Yr	School	Finals
<b>Finals</b>			
1 AJ Melillo	SR	Platte Canyon	11.02 0.3
2 Blaise Lake	SR	Lutheran-Denver	11.08 0.3
3 Steffan Higgins	SR	Erie	11.26 0.3
4 Luke Johnson	JR	Peak to Peak	11.28 0.3
5 Ryan Marshall	SR	Colo Spgs Chris.	11.31 0.3
6 Scot Persichette	JR	Weld Central	11.41 0.3
7 Nick Welder	JR	Holy Family	11.48 0.3
8 Ben Brewer	JR	Cedaredge	11.48 0.3
9 Greg Reese	JR	Erie	11.50 0.3

## Event 42 Boys 200 Meter Dash 3A

National: 20.13 N 1985 Roy Martin

Colo. Prep: 20.70 C 2005 Jeremy Dodson

State Meet: 21.99 R 2001 Brandon Hostetter

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Blaise Lake	SR	Lutheran-Denver	22.40Q0.8
2 Ryan Marshall	SR	Colo Spgs Chris.	22.53Q+0.0
3 AJ Melillo	SR	Platte Canyon	22.60Q1.1

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Preliminaries ... (Event 42 Boys 200 Meter Dash 3A)

Name	Yr	School	Prelims
4 Michael Shroeder	JR	Buena Vista	22.62Q0.8
5 Scot Persichette	JR	Weld Central	22.65Q1.1
6 Steffan Higgins	SR	Erie	22.68Q+0.0
7 Gabe Meidl	SR	Machebeuf	22.72q 0.8
8 Grant Stegehuis	SR	Faith Christian	22.78q+0.0
9 Alex Engel	SR	Peak to Peak	22.97q 0.8
10 Ben Brewer	JR	Cedaredge	23.15 1.1
11 Luke Hemming	SO	Aspen	23.21 1.1
12 Brodie Idler	JR	Lamar	23.29 1.1
13 Omar Melendrez	SO	Grand Valley	23.42 +0.0
14 Chaz Guererro	JR	Rye	23.45 +0.0
15 Darren Craig	SR	Bennett	23.81 +0.0
16 Brian Sunday	FR	Lutheran-Denver	23.84 1.1
17 Dylan Jacoby	FR	Strasburg	23.88 1.1
18 Dylan Hoshijo	JR	Saint Mary's HS	23.93 0.8
19 Kyle Monroe	JR	Platte Valley	24.03 +0.0
20 Luis Ochoa	SR	Trinidad	24.31 0.8
21 Justin Kelley	SO	University	25.00 +0.0
--- Riziah Dahn	SR	Ellicott	DNS 0.8
--- Gregg McMillan	SR	Cedaredge	DNS 0.8

## Event 42 Boys 200 Meter Dash 3A

National: 20.13 N 1985 Roy Martin  
 Colo. Prep: 20.70 C 2005 Jeremy Dodson  
 State Meet: 21.99 R 2001 Brandon Hostetter

Name	Yr	School	Finals
1 Blaise Lake	SR	Lutheran-Denver	22.08 1.5
2 AJ Melillo	SR	Platte Canyon	22.09 1.5
3 Ryan Marshall	SR	Colo Spgs Chris.	22.19 1.5
4 Steffan Higgins	SR	Erie	22.47 1.5
5 Gabe Meidl	SR	Machebeuf	22.48 1.5
6 Scot Persichette	JR	Weld Central	22.54 1.5
7 Michael Shroeder	JR	Buena Vista	22.66 1.5
8 Grant Stegehuis	SR	Faith Christian	22.88 1.5
9 Alex Engel	SR	Peak to Peak	23.15 1.5

## Event 43 Boys 400 Meter Dash 3A

National: 45.25 N 1993 Calvin Harrison  
 Colo. Prep: 46.23 C 2006 J.T. Scheuerman  
 State Meet: 48.70 R 2002 Brian Black

Name	Yr	School	Prelims
1 Grant Stegehuis	SR	Faith Christian	50.08Q
2 Blaise Lake	SR	Lutheran-Denver	50.15Q
3 Ryan Marshall	SR	Colo Spgs Chris.	50.72Q
4 Thomas Hoffman	SR	Platte Canyon	50.36Q
5 Gabe Meidl	SR	Machebeuf	50.52Q
6 Sam Hutchison	SR	University	50.84Q
7 Nolan Bohm	SR	Yuma	50.43q
8 AJ Melillo	SR	Platte Canyon	50.78q
9 Dan Gieck	SR	Manitou Spgs.	50.87q

10 Gregg McMillan	SR	Cedaredge	50.99
11 Isaac Weber	SR	Faith Christian	51.42
12 Darren Craig	SR	Bennett	52.04
13 Tyler Davis	SO	Weld Central	52.05
14 Andrew Jackson	SR	Highland	52.51
15 Sam Cortese	SO	Buena Vista	52.60
16 Omar Melendrez	SO	Grand Valley	52.69
17 Taylor Shaffer	JR	Pagosa Springs	52.88
18 Heath Anderson	JR	Lamar	53.42
19 Luis Ochoa	SR	Trinidad	54.11
20 Blake Bollig	JR	Cedaredge	54.25
--- Seth James	SR	Brush	DNS
--- Sterling Zehnder	JR	Platte Valley	DNS
--- Riziah Dahn	SR	Ellicott	DNS

## Event 43 Boys 400 Meter Dash 3A

National: 45.25 N 1993 Calvin Harrison  
 Colo. Prep: 46.23 C 2006 J.T. Scheuerman  
 State Meet: 48.70 R 2002 Brian Black

Name	Yr	School	Finals
1 Blaise Lake	SR	Lutheran-Denver	49.57
2 Ryan Marshall	SR	Colo Spgs Chris.	49.92
3 Grant Stegehuis	SR	Faith Christian	49.99
4 Thomas Hoffman	SR	Platte Canyon	50.46
5 Gabe Meidl	SR	Machebeuf	50.61
6 Dan Gieck	SR	Manitou Spgs.	50.63
7 Nolan Bohm	SR	Yuma	50.78
8 Sam Hutchison	SR	University	51.18
9 AJ Melillo	SR	Platte Canyon	52.56

## Event 44 Boys 800 Meter Run 3A

National: 1:46.45 N 1996 Michael Granville  
 Colo. Prep: 1:51.23 C 2001 James Hatch  
 State Meet: 1:52.75 R 2003 Jason Zichterman

Name	Yr	School	Finals
1 Thomas Hoffman	SR	Platte Canyon	1:54.52
2 Sterling Zehnder	JR	Platte Valley	1:55.77
3 Sam Hutchison	SR	University	1:57.62
4 Joseph Demoor	SR	Buena Vista	1:58.61
5 Eric Versaw	JR	Classical Acdy.	1:58.66
6 Cody Watkins	SR	Hotchkiss	1:59.79
7 Ryan Poland	JR	DenverChristian	2:01.15
8 Conner Roper	SO	Basalt	2:01.41
9 Isaac Weber	SR	Faith Christian	2:02.22
10 Jordan Karlberg	SR	Eaton	2:02.62
11 Hunter Stayton	SR	Erie	2:02.69
12 Tanner Phelps	SR	Bayfield	2:02.90
13 Colin Wetmore	JR	Holy Family	2:03.61
14 Jesse Krueger	SR	Bayfield	2:04.21
15 Sam Yeager	JR	Faith Christian	2:04.61
16 Amos Bowen	SO	Brush	2:05.64
17 DaNivin Murphy	JR	Coal Ridge	2:06.12
18 Nate Brown	SR	Manitou Spgs.	2:06.72

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 44 Boys 800 Meter Run 3A)

Name	Yr	School	Finals
19 Cody Smith	SR	Erie	2:07.83
20 Joe Jedrzejewski	SR	Lyons	2:08.37
21 Nick Brown	SR	Manitou Spgs.	2:10.02
--- Andrew Roberts	SR	Lyons	DNS

## Event 45 Boys 1600 Meter Run 3A

National: 3:59.51 N 2001 Alan Webb  
 Colo. Prep: 4:10.98 C 1981 Richie Martinez  
 State Meet: 4:12.69 R 2002 Bret Schoolmeester

Name	Yr	School	Finals
<b>Finals</b>			
1 Joseph Demoor	SR	Buena Vista	4:21.96
2 Andrew Roberts	SR	Lyons	4:23.19
3 Sterling Zehnder	JR	Platte Valley	4:28.52
4 Ryan Poland	JR	DenverChristian	4:28.69
5 Sam Feldotto	SR	Classical Acdy.	4:30.43
6 Amos Bowen	SO	Brush	4:32.11
7 Evan Fortney	FR	Faith Christian	4:32.21
8 Josh Simkins	SO	Classical Acdy.	4:32.26
9 John Metzger	JR	Classical Acdy.	4:34.32
10 Thomas Hoffman	SR	Platte Canyon	4:35.24
11 Zach Pfeifer	SO	Lyons	4:39.67
12 Derek Laue	JR	Bayfield	4:40.70
13 Hunter Stayton	SR	Erie	4:41.15
14 Conner Roper	SO	Basalt	4:42.36
15 DaLin Murphy	SR	Coal Ridge	4:42.62
16 Tanner Phelps	SR	Bayfield	4:42.70
17 Dylan Donohoe	JR	Lyons	4:48.36
18 Bryan Devore	SO	Eaton	4:49.66
19 Brandon Fritz	SO	Eaton	4:53.38
--- Cody Watkins	SR	Hotchkiss	DNS

## Event 46 Boys 3200 Meter Run 3A

National: 8:34.23 N 2008 German Fernandez  
 Colo. Prep: 9:05.89 C 2003 Brent Vaughn  
 State Meet: 9:18.38 R 2001 Bret Schoolmeester

Name	Yr	School	Finals
<b>Finals</b>			
1 Joseph Demoor	SR	Buena Vista	9:24.58
2 Andrew Roberts	SR	Lyons	9:27.62
3 Ryan Poland	JR	DenverChristian	10:00.12
4 Sam Feldotto	SR	Classical Acdy.	10:06.63
5 John Metzger	JR	Classical Acdy.	10:08.05
6 Derek Laue	JR	Bayfield	10:08.85
7 Zach Pfeifer	SO	Lyons	10:13.64
8 Amos Bowen	SO	Brush	10:17.27
9 Evan Fortney	FR	Faith Christian	10:18.07
10 DaLin Murphy	SR	Coal Ridge	10:18.66
11 Jackson Walsh	SR	Pagosa Springs	10:30.27
12 Jon Burrows	SR	La Junta	10:36.61
13 Tyler Sorensen	SO	Centauri	10:38.46
14 Caleb Voth	SO	Faith Christian	10:38.99
15 Derek Lovato	SR	Erie	10:41.92

16 Bryce Johnston	SO	Gunnison	10:48.70
17 Sam Whelan	JR	Grand Valley	10:54.25
18 Bryan Devore	SO	Eaton	10:58.21
19 Garrett Carver	SR	University	10:58.44
20 Matt Kloenne	SO	Saint Mary's HS	10:59.30
21 Connor Ryan	SO	Erie	11:04.07
22 Alex Roeca	SO	Discovery Cnyn.	11:10.61

## Event 47 Boys 110 Meter Hurdles 3A

National: 13.1h N 1980 Dennis Brantlty  
 National: 13.30 N 1990 Chris Nelloms  
 Colo. Prep: 13.61 C 2004 Wilbert Smith  
 State Meet: 14.37 R 2004 Brad Gamble

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kameron Weber	SR	Strasburg	15.06Q1.7
2 Ben Hinckfoot	JR	Classical Acdy.	15.13Q2.3
3 Colton Cowan	SR	Grand Valley	15.52Q1.7
4 Ethan Coe	SR	Hotchkiss	15.84Q2.3
5 David Wang	JR	Peak to Peak	15.77Q1.7
6 Geordan Brewer	JR	Cedaredge	15.91Q2.3
7 Joseph Shoemaker	SR	University	15.88q 1.7
8 Taylor Young	SO	Colo Spgs Chris.	15.95q 1.7
9 Michael Cardinal	SR	Peak to Peak	15.99q 2.3
10 Taylor Hindman	SR	Holy Family	16.15 1.7
11 Jeremiah Burroughs	SR	University	16.20 2.3
12 Anthony Erps	SO	Florence	16.22 2.3
12 Wayne Perry	SR	Erie	16.22 1.7
14 James Gayer	SR	Holy Family	16.77 2.3
15 Michael Ellsworth	SO	Discovery Cnyn.	16.86 2.3
16 Bryce Decker	JR	Centauri	17.07 1.7
17 Jacob Macklin	FR	Faith Christian	17.99 2.3
18 Ryan Stahl	JR	Pagosa Springs	18.06 1.7

## Event 47 Boys 110 Meter Hurdles 3A

National: 13.1h N 1980 Dennis Brantlty  
 National: 13.30 N 1990 Chris Nelloms  
 Colo. Prep: 13.61 C 2004 Wilbert Smith  
 State Meet: 14.37 R 2004 Brad Gamble

Name	Yr	School	Finals
<b>Finals</b>			
1 Kameron Weber	SR	Strasburg	15.01 4.7
2 Colton Cowan	SR	Grand Valley	15.02 4.7
3 Ben Hinckfoot	JR	Classical Acdy.	15.42 4.7
4 Ethan Coe	SR	Hotchkiss	15.53 4.7
5 David Wang	JR	Peak to Peak	15.86 4.7
6 Taylor Young	SO	Colo Spgs Chris.	15.94 4.7
7 Michael Cardinal	SR	Peak to Peak	16.00 4.7
8 Joseph Shoemaker	SR	University	16.06 4.7
9 Geordan Brewer	JR	Cedaredge	16.20 4.7

**Colorado High School - 5/14/2009 to 5/16/2009**  
**State Track & Field Championships**  
**Jefferson County Stadium, Lakewood**  
**Results**

**Event 48 Boys 300 Meter Hurdles 3A**

**National:** 35.28 N 2007 Jeshua Anderson  
**Colo. Prep:** 36.41 C 2001 Gerren Crochet  
**State Meet:** 38.39 R 1995 Ben Myers

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Kameron Weber	SR Strasburg	39.76Q
2	Ben Hinckfoot	JR Classical Acdy.	40.30Q
3	Bryan Salinas	SR Roaring Fork	40.84Q
4	Joseph Shoemaker	SR University	41.37Q
5	Jeremiah Burroughs	SR University	41.05Q
6	Geordan Brewer	JR Cedaredge	41.44Q
7	Shaun Clyncke	SR Holy Family	41.17q
8	Bradey Gasaway	SR Coal Ridge	41.51q
9	Jared Tonder	JR Grand Valley	41.77q
10	Branden Gunn	SR Manitou Spgs.	41.88
11	Jacob Windsor	JR Lyons	42.03
12	Ryan Stahl	JR Pagosa Springs	42.17
13	Issac Fonken	SR Estes Park	42.58
14	Zak Hall	JR Estes Park	42.70
15	Anthony Erps	SO Florence	43.14
16	Jose Ramirez	SO Trinidad	43.38
17	Michael Ellsworth	SO Discovery Cnyn.	43.82
18	James Gayer	SR Holy Family	45.47

**Event 48 Boys 300 Meter Hurdles 3A**

**National:** 35.28 N 2007 Jeshua Anderson  
**Colo. Prep:** 36.41 C 2001 Gerren Crochet  
**State Meet:** 38.39 R 1995 Ben Myers

Name	Yr	School	Finals
<b>Finals</b>			
1	Ben Hinckfoot	JR Classical Acdy.	39.27
2	Kameron Weber	SR Strasburg	39.36
3	Jeremiah Burroughs	SR University	40.34
4	Bryan Salinas	SR Roaring Fork	40.50
5	Shaun Clyncke	SR Holy Family	41.26
6	Jared Tonder	JR Grand Valley	41.68
7	Geordan Brewer	JR Cedaredge	42.34
8	Joseph Shoemaker	SR University	42.99
9	Bradey Gasaway	SR Coal Ridge	45.99

**Event 49 Boys 4x100 Meter Relay 3A**

**National:** 39.76 N 1998 Fort Worth-Wyatt HS, TX  
**Colo. Prep:** 41.21 C 2007 Overland HS  
**State Meet:** 42.86 R 1997 Holyoke HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Erie	44.14Q
2	Holy Family	44.18Q
3	Olathe	44.19Q
4	Lyons	44.36Q
5	Rye	44.19Q

6	Coal Ridge	44.75Q
7	Peak to Peak	44.74q
8	Manitou Springs	44.80q
9	Eaton	44.83q
10	Hotchkiss	45.20
11	Colo Spgs Chris.	45.27
12	Platte Valley	45.34
13	Centauri	45.83
14	Yuma	45.97
15	Discovery Canyon	46.00
16	Denver Christian	46.05
17	Sheridan	46.18
18	Salida	46.73

**Event 49 Boys 4x100 Meter Relay 3A**

**National:** 39.76 N 1998 Fort Worth-Wyatt HS, TX  
**Colo. Prep:** 41.21 C 2007 Overland HS  
**State Meet:** 42.86 R 1997 Holyoke HS

Team	Relay	Finals
<b>Finals</b>		
1	Holy Family	44.09
2	Olathe	44.26
3	Lyons	44.28
4	Peak to Peak	44.28
5	Manitou Springs	44.77
6	Eaton	44.96
7	Coal Ridge	44.98
---	Rye	DNF
---	Erie	DNF

**Event 50 Boys 4x200 Meter Relay 3A**

**National:** 1:23.92 N 2007 Fort Bend Hightower HS, TX  
**Colo. Prep:** 1:25.59 C 2007 George Washington HS  
**State Meet:** 1:28.31 R 2002 Yuma HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Buena Vista	1:31.18Q
2	Erie	1:31.45Q
3	Lutheran-Denver	1:31.63Q
4	Holy Family	1:31.69Q
5	Lyons	1:31.71Q
6	Cedaredge	1:31.85Q
7	Coal Ridge	1:32.15q
8	Classical Academy	1:32.26q
9	Platte Canyon	1:32.28q
10	Grand Valley	1:32.81
11	Hotchkiss	1:33.46
12	Manitou Springs	1:33.59
13	University	1:33.78
14	Colo Spgs Chris.	1:34.83
15	Weld Central	1:34.97
16	Yuma	1:34.98
17	Salida	1:37.29
---	Pagosa Springs	DQ

Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

Results

**Preliminaries ... (Event 50 Boys 4x200 Meter Relay 3A)**

Team	Relay	Prelims
---	Platte Valley	DQ
---	Roaring Fork	DNS

**Event 50 Boys 4x200 Meter Relay 3A**

<b>National:</b>	1:23.92 N 2007	Fort Bend Hightower HS, TX
<b>Colo. Prep:</b>	1:25.59 C 2007	George Washington HS
<b>State Meet:</b>	1:28.31 R 2002	Yuma HS

Team	Relay	Finals
<b>Finals</b>		
1	Lutheran-Denver	1:31.25
2	Cedaredge	1:31.67
3	Erie	1:31.85
4	Holy Family	1:31.98
5	Lyons	1:32.00
6	Coal Ridge	1:32.54
7	Classical Academy	1:32.72
8	Platte Canyon	1:33.70
---	Buena Vista	DQ

**Event 51 Boys 4x400 Meter Relay 3A**

<b>National:</b>	3:07.40 N 1985	Hawthorne HS, CA
<b>Colo. Prep:</b>	3:15.34 C 1997	Montbello Hs
<b>State Meet:</b>	3:22.42 R 2002	Gunnison HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1	University	3:26.58Q
2	Faith Christian	3:27.39Q
3	Hotchkiss	3:26.88Q
4	Cedaredge	3:27.69Q
5	Classical Academy	3:27.19Q
6	Buena Vista	3:28.95Q
7	Lyons	3:29.19q
8	Yuma	3:29.90q
9	Holy Family	3:31.66q
10	Strasburg	3:33.00
11	Lamar	3:33.22
12	Erie	3:33.32
13	Manitou Springs	3:33.76
14	Coal Ridge	3:34.99
15	Weld Central	3:37.26
16	Bayfield	3:37.43
17	Centauri	3:39.94
18	Legend	3:46.13

**Event 51 Boys 4x400 Meter Relay 3A**

<b>National:</b>	3:07.40 N 1985	Hawthorne HS, CA
<b>Colo. Prep:</b>	3:15.34 C 1997	Montbello Hs
<b>State Meet:</b>	3:22.42 R 2002	Gunnison HS

Team	Relay	Finals
<b>Finals</b>		
1	Faith Christian	3:24.73
2	Classical Academy	3:25.16

3	University	3:25.44
4	Lyons	3:26.72
5	Buena Vista	3:27.02
6	Hotchkiss	3:27.99
7	Holy Family	3:28.38
8	Yuma	3:29.57
9	Cedaredge	3:31.32

**Event 52 Boys 4x800 Meter Relay 3A**

<b>National:</b>	7:36.24 N 1982	Ambler Wissahickson, PA
<b>Colo. Prep:</b>	7:45.10 C 2001	Smokey Hill HS
<b>State Meet:</b>	7:53.53 R 2003	D'Evelyn HS

Team	Relay	Finals
<b>Finals</b>		
1	Classical Academy	8:03.74
2	Bayfield	8:06.23
3	Faith Christian	8:11.45
4	University	8:13.79
5	Gunnison	8:20.06
6	Erie	8:21.67
7	Eaton	8:24.26
8	Holy Family	8:24.64
9	Lamar	8:25.53
10	Pagosa Springs	8:31.56
11	Weld Central	8:34.14
12	Discovery Canyon	8:34.14
13	Brush	8:35.34
14	Lyons	8:35.44
15	Coal Ridge	8:38.99
16	Salida	8:57.09
17	Grand Valley	8:57.26
18	Denver Christian	9:01.16

**Event 53 Boys High Jump 3A**

<b>National:</b>	7-05.25 N 1984	Dothel Edwards
<b>Colo. Prep:</b>	7-04 C 1990	Matt Hemingway
<b>State Meet:</b>	7-02.25 R 1991	Matt Hemingway

Name	Yr	School	Finals
<b>Finals</b>			
1	Cody Johnson	SR Ellicott	6-04.00
2	Alex Nadow	JR Weld Central	6-03.00
3	Gunnar Haynes	SO Eaton	J6-03.00
4	Christian Thivessen	JR Lamar	6-02.00
5	Torrey Smith	JR Faith Christian	J6-02.00
5	Kristjian Malouff	SO Monte Vista	J6-02.00
7	Hayden Loudenslager	JR Faith Christian	J6-02.00
8	Danny Martinez	FR Cedaredge	6-01.00
9	Derek Suiter	SO Cedaredge	J6-01.00
10	CJ Kukus	SO Brush	6-00.00
10	Trevor Crane	SR Classical Acdy.	6-00.00
12	Jacob Rhoton	SR University	5-10.00
12	Colby Hunt	SR Centauri	5-10.00
12	Michael Cardinal	SR Peak to Peak	5-10.00
12	Connor Coleman	SR Gunnison	5-10.00
16	Aaron Gustafson	SO Eaton	5-08.00

**Colorado High School - 5/14/2009 to 5/16/2009**  
**State Track & Field Championships**  
**Jefferson County Stadium, Lakewood**  
**Results**

**Finals ... (Event 53 Boys High Jump 3A)**

Name	Yr	School	Finals
16 Aaron Velasquez	FR	Bayfield	5-08.00
16 Kyle Nachbar	SO	Discovery Cnyn.	5-08.00
--- Andrew Melcher	JR	Holy Family	NH
--- Mark Allen	FR	Legend	NH
--- Clint Schubert	SR	Ellicott	DNS

**Event 54 Boys Pole Vault 3A**

**National: 18-02.25 N 1999 Eric Eshbach**  
**Colo. Prep: 17-07.50 C 1986 Pat Manson**  
**State Meet: 15-00 R 2004 Drew McClure**

Name	Yr	School	Finals
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**Finals**

1 Kevin Schwindt	JR	Classical Acdy.	13-00.00
2 Greg Reese	JR	Erie	J13-00.00
2 Jordan Kemme	SR	University	J13-00.00
4 Joel Fraser	SR	Gunnison	J13-00.00
5 Jacob Hetrick	JR	Bayfield	12-00.00
6 Alex Frazier	JR	Lyons	J12-00.00
6 Seth Wilson	JR	Colo Spgs Chris	J12-00.00
8 Travis Stuever	SO	Bayfield	11-06.00
9 Jacob Farnum	JR	Platte Canyon	J11-06.00
10 Lucus Larson	SR	University	J11-06.00
11 Patrick Hutchins	JR	Middle Park	11-00.00
12 Trevor Kirby	JR	Platte Canyon	10-06.00
12 Kyler Hamari	FR	Platte Canyon	10-06.00
12 Shane Terrell	SO	Yuma	10-06.00
12 Marc Schmidt	SO	Middle Park	10-06.00
12 Andy Yocum	SR	Colo Spgs Chris.	10-06.00
--- Matthew Chanlynn	SO	Lyons	NH
--- Kyle Monroe	JR	Platte Valley	NH
--- Jayde Mitchell	FR	Bayfield	DNS

**Event 55 Boys Long Jump 3A**

**National: 26-04.75 N 1989 James Stallworth**  
**Colo. Prep: 24-07.50 C 1990 Chris Sanders**  
**State Meet: 23-01.25 R 2003 Josiah Baker**

Name	Yr	School	Finals
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**Finals**

1 Tyler Thompson	SR	Roaring Fork	22-01.00 -0.5
2 CJ Kukus	SO	Brush	21-02.00 -1.0
3 Kameron Weber	SR	Strasburg	21-00.25 -0.7
4 Hayden Loudenslager	JR	Faith Christian	20-11.25 +0.0
5 Andrew Hadfield	SR	Saint Mary's HS	20-08.25 -1.8
6 Ja Loni Martinez	SR	Monte Vista	20-07.25 -1.5
7 Colton Cowan	SR	Grand Valley	20-02.50 -0.2
8 Jake Van	JR	Rye	20-02.25 -2.6
9 Travis Hergenreder	SR	Platte Valley	20-01.00 -1.6
10 Clint Schubert	SR	Ellicott	19-11.00 -1.3
11 Mark Santon	SR	Erie	19-07.00 -0.3
12 Jared Hock	SR	Lutheran-Denver	19-04.25 -2.5
13 Michael Shroeder	JR	Buena Vista	19-02.25 -0.1
14 Jack Rosenberg	SO	Kent Denver	19-00.00 -1.4
--- Connor Coleman	SR	Gunnison	ND NWI

--- Christian Fournier	FR	Discovery Cnyn.	ND NWI
--- Forrest Donnell	FR	Lyons	ND NWI
--- Cole Mcqueeney	JR	Manitou Spgs.	ND NWI

**Event 56 Boys Triple Jump 3A**

**National: 52-10.50 N 1980 Charles Mayfield**  
**Colo. Prep: 51-00.25 C 1973 Victor White**  
**State Meet: 47-05 R 1999 Marcus Brown**

Name	Yr	School	Finals
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**Finals**

1 Tyler Thompson	SR	Roaring Fork	46-09.25 2.3
2 Hayden Loudenslager	JR	Faith Christian	44-01.00 1.8
3 CJ Kukus	SO	Brush	43-06.75 1.3
4 Ja Loni Martinez	SR	Monte Vista	43-02.75 3.4
5 Taylor Hindman	SR	Holy Family	42-11.75 3.3
6 Kameron Weber	SR	Strasburg	42-11.25 1.9
7 Clint Schubert	SR	Ellicott	42-09.50 2.5
8 Connor Coleman	SR	Gunnison	42-02.50 3.0
9 Jared Hock	SR	Lutheran-Denver	42-02.50 2.1
10 Travis Hergenreder	SR	Platte Valley	41-03.50 1.9
11 Taylor Swanemyr	JR	Bayfield	41-00.75 4.0
12 Brandon Schlegel	JR	Coal Ridge	40-11.00 3.9
13 Mark Santon	SR	Erie	40-09.75 2.3
14 Cole Mcqueeney	JR	Manitou Spgs.	40-09.25 3.3
15 John Jewell	SR	Pagosa Springs	40-07.25 2.8
16 Christian Fournier	FR	Discovery Cnyn.	39-11.50 2.4
17 Jeff Fouracre	JR	La Junta	39-10.75 4.0
18 Chris Brekke	JR	Faith Christian	39-01.75 0.8
19 Jaden Winger	JR	Yuma	38-06.50 3.1
--- Joe Valdez	SR	Rye	ND NWI
--- Luke Johnson	JR	Peak to Peak	DQ 3.4

**Event 57 Boys Shot Put 3A**

**National: 77-00 N 1979 Michael Carter**  
**Colo. Prep: 67-10.25 C 5/15/2009 Mason Finely**  
**State Meet: 67-10.25 R 5/15/2009 Mason Finely**

Name	Yr	School	Finals
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**Finals**

1 Mason Finely	SR	Buena Vista	67-10.25R
2 Nick Toberman	SR	Bennett	50-05.00
3 Lucas Navarro	JR	University	48-09.25
4 Kenny Peterson	SR	Rye	48-07.00
5 Adam Montoya	JR	Lamar	47-01.75
6 Mike Schmidt	SR	Middle Park	46-01.00
7 Alex Ulrich	SR	Ellicott	44-01.25
8 Ryan Hawkins	SR	Erie	42-08.50
9 Evan McKague	SO	Machebeuf	42-08.25
10 Keanan Garnes	SO	Gunnison	41-07.50
11 Jon Araujo	SR	Roaring Fork	40-11.50
12 Robert Newell	JR	Erie	40-08.25
13 Micah Applegate	JR	Faith Christian	40-04.00
14 Chris Carr	SR	Buena Vista	40-00.25
15 Trevor Karney	SR	La Junta	40-00.00
--- Levi Brennemann	JR	Brush	ND
--- Leon Propst	SR	Dolores Huerta	ND

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 57 Boys Shot Put 3A)

Name	Yr	School	Finals
--- Josh Lenhart	JR	Highland	ND
--- Mike Pollick	SR	Platte Canyon	ND

## Event 58 Boys Discus Throw 3A

<b>National:</b>	234-03 N 2001	Niklas Arrhenius
<b>Colo. Prep:</b>	222-03 C 2008	Mason Finley
<b>State Meet:</b>	214-01 R 5/14/2009	Mason Finley

Name	Yr	School	Finals
<b>Finals</b>			
1 Mason Finley	SR	Buena Vista	214-01R
2 Kenny Peterson	SR	Rye	145-08
3 Jon Araujo	SR	Roaring Fork	139-04
4 Colton Emich	JR	Holy Family	138-08
5 Alex Brown	SR	Yuma	137-06
6 Josh Willuhn	JR	Erie	136-03
7 Jon Swan	SR	Lutheran-Denver	J136-03
8 Kristjian Malouff	SO	Monte Vista	135-04
9 Michael Keever	JR	Highland	135-02
10 Joe Joyner	SR	Grand Valley	127-04
11 Mike Schmidt	SR	Middle Park	126-02
12 Alex Ulrich	SR	Ellicott	121-08
13 Zeke Aguilera-Ybarra	SO	Lamar	121-04
14 Mike Pollick	SR	Platte Canyon	120-04
15 Stephen Sloan	SR	Classical Acy.	114-00
16 Keanan Garnes	SO	Gunnison	113-04
--- Jess Pfarr	SO	Lyons	ND
--- Ryan Lebsack	SR	Yuma	ND
--- Mark Nelson	SO	Colo Spgs Chris.	ND

## Event 61 Girls 100 Meter Dash 3A

<b>National:</b>	11.14 N 1992	Marion Jones
<b>Colo. Prep:</b>	11.31 C 1987	Caryl Smith
<b>State Meet:</b>	12.07 R 2004	Dimma Kaylu

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Sam Reid	JR	Classical Acy.	12.52Q2.1
2 Tacole Williams	SR	Sheridan	12.55Q1.8
3 Rachel Hinker	SO	Lyons	12.65Q1.0
4 Christine Scott	FR	St. Mary's Acy.	12.55Q2.1
5 Lindsey Hubbard	JR	Valley	12.57Q1.8
6 Khadijah Sayyid	FR	Peak to Peak	12.85Q1.0
7 Taylor Allmon	SR	Basalt	12.87q2.1
8 Jacey Sirios	SO	Bayfield	12.90q1.8
9 Kailey Sauter	SR	Hotchkiss	12.95q1.0
10 Marcia Speights	SR	Saint Mary's HS	13.03 1.0
11 Kasey Jones	SO	James Irwin	13.16 2.1
12 Sienna Tracey	SO	Machebeuf	13.19 1.0
13 Sierra Williams	FR	Cedaredge	13.28 1.8
14 Kayla Gross	JR	Highland	13.29 2.1
15 Michelle Odenbaugh	SR	Valley	13.41 1.8
16 Katie Gray	SO	Florence	13.56 1.8
17 Allie Persichette	SO	Weld Central	13.75 1.0

18 Holly Prosser	JR	Weld Central	13.78	1.0
19 Tessa Taft	FR	Buena Vista	13.81	2.1

## Event 61 Girls 100 Meter Dash 3A

<b>National:</b>	11.14 N 1992	Marion Jones
<b>Colo. Prep:</b>	11.31 C 1987	Caryl Smith
<b>State Meet:</b>	12.07 R 2004	Dimma Kaylu

Name	Yr	School	Finals
<b>Finals</b>			
1 Rachel Hinker	SO	Lyons	12.31 0.8
2 Christine Scott	FR	St. Mary's Acy.	12.54 0.8
3 Tacole Williams	SR	Sheridan	12.66 0.8
4 Sam Reid	JR	Classical Acy.	12.70 0.8
5 Khadijah Sayyid	FR	Peak to Peak	12.81 0.8
6 Lindsey Hubbard	JR	Valley	12.84 0.8
7 Kailey Sauter	SR	Hotchkiss	12.96 0.8
8 Jacey Sirios	SO	Bayfield	12.97 0.8
9 Taylor Allmon	SR	Basalt	13.07 0.8

## Event 62 Girls 200 Meter Dash 3A

<b>National:</b>	22.52 N 2003	Allyson Felix
<b>Colo. Prep:</b>	23.36 C 1994	Aspen Burkett
<b>State Meet:</b>	24.54 R 2004	Dimma Kaylu

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Christine Scott	FR	St. Mary's Acy.	25.70Q1.3
2 Samantha Berggren	SO	Middle Park	25.72Q1.1
3 Rachel Hinker	SO	Lyons	26.06Q0.8
4 Sam Reid	JR	Classical Acy.	25.97Q1.1
5 Tiffany Kenney	SO	Colo Spgs Chris.	26.14Q0.8
6 Meghan Finney	SR	Gunnison	26.16Q1.3
7 Tacole Williams	SR	Sheridan	26.77q1.3
8 Kelsey Reichert	FR	Florence	26.78q1.3
9 Kasey Jones	SO	James Irwin	26.79q0.8
10 Taylor Allmon	SR	Basalt	26.87 0.8
11 Khadijah Sayyid	FR	Peak to Peak	26.99 1.1
12 Emily Hirschfeld	JR	Platte Canyon	27.36 1.1
13 Patty Powers	FR	Bayfield	27.65 1.1
14 Tracy Goetsch	SR	Highland	27.72 1.3
15 Meghan Jonikas	SO	Holy Family	28.00 0.8
16 Taylor Hale	SO	Eaton	28.00 1.3
17 Chandelle Haney	SO	Strasburg	28.06 1.1
18 Caitlin Simbeck	SO	Bayfield	28.14 0.8
19 Alyssa Atkins	JR	Estes Park	28.22 1.3
20 Madison Watson	JR	Lyons	28.83 0.8

## Event 62 Girls 200 Meter Dash 3A

<b>National:</b>	22.52 N 2003	Allyson Felix
<b>Colo. Prep:</b>	23.36 C 1994	Aspen Burkett
<b>State Meet:</b>	24.54 R 2004	Dimma Kaylu

Name	Yr	School	Finals
<b>Finals</b>			
1 Christine Scott	FR	St. Mary's Acy.	24.95 2.6
2 Samantha Berggren	SO	Middle Park	25.06 2.6

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 62 Girls 200 Meter Dash 3A)

Name	Yr	School	Finals
3 Rachel Hinker	SO	Lyons	25.28 2.6
4 Meghan Finney	SR	Gunnison	25.75 2.6
5 Sam Reid	JR	Classical Acdy.	25.85 2.6
6 Tacole Williams	SR	Sheridan	25.99 2.6
7 Tiffany Kenney	SO	Colo Spgs Chris.	26.48 2.6
8 Kelsey Reichert	FR	Florence	27.01 2.6
9 Kasey Jones	SO	James Irwin	27.09 2.6

## Event 63 Girls 400 Meter Dash 3A

National: 50.74 N 2000 Monique Henderson  
 Colo. Prep: 53.71 C 1993 Cynthia Newsome  
 State Meet: 55.94 R 2008 Samantha Berggren

Name	Yr	School	Prelims
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## Preliminaries

1 Samantha Berggren	SO	Middle Park	56.74Q
2 Kelsey Brown	SR	Classical Acdy.	59.64Q
3 Shannon Harrell	JR	Classical Acdy.	59.75Q
4 Kim Hansen	SO	Estes Park	61.01Q
5 Shey Kiester	SR	Gunnison	60.06Q
6 Brandi Krieg	SO	Grand Valley	61.15Q
7 Paige Vigil	SR	Platte Canyon	60.23q
8 Katie Chrisp	SR	Valley	61.37q
9 Casey Kopang	SO	Bennett	61.43q
10 Katie White	SR	Kent Denver	61.78
11 Lauren Shoop	SO	Eaton	62.16
12 Shannon Hernandez	JR	La Junta	62.22
13 Pyper Newton	SO	Yuma	62.43
14 Abbey Heredia	JR	Monte Vista	62.95
15 Taylor Sturms	FR	Lutheran-Denver	63.22
16 Kayla Whitehead	JR	Peak to Peak	64.63
17 Veronica Gillet	JR	Buena Vista	65.36
18 Danielle Pajak	SO	Pagosa Springs	65.68

## Event 63 Girls 400 Meter Dash 3A

National: 50.74 N 2000 Monique Henderson  
 Colo. Prep: 53.71 C 1993 Cynthia Newsome  
 State Meet: 55.94 R 2008 Samantha Berggren

Name	Yr	School	Finals
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## Finals

1 Samantha Berggren	SO	Middle Park	56.07
2 Shannon Harrell	JR	Classical Acdy.	59.24
3 Kelsey Brown	SR	Classical Acdy.	59.44
4 Shey Kiester	SR	Gunnison	59.92
5 Kim Hansen	SO	Estes Park	60.46
6 Brandi Krieg	SO	Grand Valley	60.55
7 Katie Chrisp	SR	Valley	61.14
8 Paige Vigil	SR	Platte Canyon	61.66
9 Casey Kopang	SO	Bennett	63.07

## Event 64 Girls 800 Meter Run 3A

National: 2:02.90 N 2008 Chanelle Price  
 Colo. Prep: 2:07.53 C 1996 Tara Mendoza  
 State Meet: 2:12.70 R 2008 Samantha Berggren

Name	Yr	School	Finals
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## Finals

1 Samantha Berggren	SO	Middle Park	2:13.24
2 Emily LaValley	JR	Classical Acdy.	2:14.57
3 Kara Slavoski	JR	Saint Mary's HS	2:14.65
4 Kassie Mazzocco	SR	Classical Acdy.	2:18.83
5 Kim Hansen	SO	Estes Park	2:18.99
6 Sarah Goss	JR	Brush	2:21.41
7 Casey Kopang	SO	Bennett	2:23.67
8 Lauren Policky	JR	Salida	2:24.01
9 Shey Kiester	SR	Gunnison	2:24.54
10 Lauren Lauritzen	SR	Rye	2:25.18
11 Meredith Sloan	SO	Classical Acdy.	2:27.28
12 Alyssa Hamilton	SR	St. Mary's Acdy.	2:28.51
13 Jordan Kudrna	SO	Holy Family	2:29.10
14 Chiara Del Piccolo	JR	Basalt	2:29.24
15 Molly Swanson	SO	Estes Park	2:31.79
16 Kayla Gross	JR	Highland	2:32.73
17 Jenna Carlson	JR	Holy Family	2:32.76
18 Skylar Smith	SR	Strasburg	2:33.41
19 Shelby Brow	SO	Erie	2:33.68
20 Kristen Wells	SR	Lake County	2:39.55

## Event 65 Girls 1600 Meter Run 3A

National: 4:33.82 N 2008 Christine Babcock  
 Colo. Prep: 4:49.86 C 1991 Melody Fairchild  
 State Meet: 4:57.44 R 2005 Rachel Gioscia

Name	Yr	School	Finals
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## Finals

1 Kaitlin Hanenburg	JR	Classical Acdy.	5:00.86
2 Kara Slavoski	JR	Saint Mary's HS	5:01.02
3 Samantha Berggren	SO	Middle Park	5:05.98
4 Shelby Stableford	FR	Classical Acdy.	5:09.62
5 Brandi Krieg	SO	Grand Valley	5:16.78
6 Chiara Del Piccolo	JR	Basalt	5:17.01
7 Melissa Roberts	SO	Lyons	5:20.97
8 Jhenya Nahreini	SR	Peak to Peak	5:21.00
9 Lauren Policky	JR	Salida	5:24.14
10 Sarah Goss	JR	Brush	5:29.49
11 Alexandra Morgan	FR	Discovery Cnyn.	5:31.15
12 Victoria Milano	FR	Brush	5:35.91
13 Hannah Cooling	SR	Buena Vista	5:38.51
14 Ariel Andrews	SO	Yuma	5:39.74
15 Jordan Kudrna	SO	Holy Family	5:44.51
16 Emily Husted	SO	Classical Acdy.	5:46.16
17 Hilary Haase	JR	Platte Canyon	5:46.86
18 Deidra Montoya	SO	Trinidad	5:47.52
19 Anecia Lujan	JR	Bennett	5:48.45
20 Chelsea Weitzel	SO	Estes Park	5:56.27
21 Melissa White	FR	DenverChristian	6:07.92

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 66 Girls 3200 Meter Run 3A

National: 9:48.59 N 1996 Kimberly Mortensen  
 Colo. Prep: 10:21.37 C 1991 Melody Fairchild  
 State Meet: 10:52.49 R 2002 Caroline Cretti

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaitlin Hanenburg	JR	Classical Acdy.	10:52.67
2 Kara Slavoski	JR	Saint Mary's HS	10:58.14
3 Shelby Stableford	FR	Classical Acdy.	11:12.38
4 Chiara Del Piccolo	JR	Basalt	11:18.07
5 Melissa Roberts	SO	Lyons	11:37.42
6 Brandi Krieg	SO	Grand Valley	11:46.78
7 Alexandra Morgan	FR	Discovery Cnyn.	11:50.75
8 Jhenya Nahreini	SR	Peak to Peak	11:55.42
9 Elaina Turley	JR	Classical Acdy.	11:57.39
10 Janae Johnson	SO	Discovery Cnyn.	12:03.27
11 Victoria Milano	FR	Brush	12:09.16
12 Hannah Cooling	SR	Buena Vista	12:13.92
13 Jacie Harms	SR	Pagosa Springs	12:26.80
14 Katie Davis	FR	Salida	12:34.32
15 Savannah Garcia	JR	Valley	12:36.31
16 Anna George	SR	Gunnison	12:38.26
17 Alyssa Sinner	SR	Platte Valley	12:42.70
18 Brenda Suarez	FR	Olath	13:01.01
19 Anecia Lujan	JR	Bennett	13:03.32
20 Cara Nelson	FR	Legend	13:41.34
21 Victoria Robinson	FR	Legend	13:53.01
--- Hilary Haase	JR	Platte Canyon	DNS

## Event 67 Girls 100 Meter Hurdles 3A

National: 13.03 N 2007 Vashti Thomas  
 Colo. Prep: 13.23 C 1996 Dominique Calloway  
 State Meet: 14.91 R 1992 Leona Russell

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Chelyn McCain	JR	Coal Ridge	15.77Q1.5
2 Lindsay Hart	SR	Gunnison	15.77Q1.2
3 Tiffany Kenney	SO	Colo Spgs Chris.	16.13Q2.0
4 Becca Bultje	JR	Colo Spgs Chris.	15.85Q1.5
5 Rachel McPhee	JR	Estes Park	16.13Q1.2
6 Cheyenne Hickox	SO	Middle Park	16.26Q2.0
7 Kaelie Jelden	SR	Eaton	16.30q 2.0
8 Erin Vanderpool	JR	Grand Valley	16.56q 1.2
9 Tori Fisher	FR	University	16.62q 1.5
10 Jesse Montross	FR	Lyons	17.07 2.0
10 Lisa Wood	SO	Manitou Spgs.	17.07 1.5
12 Ciara Clyncke	SR	Holy Family	17.60 1.5
13 Shea Dillon	SR	University	17.67 2.0
14 Lisa Wickman	SO	Bayfield	17.91 2.0
15 Kala Matzdorf	JR	Pagosa Springs	17.96 1.5
16 Rhesa Mitchell	JR	Lake County	18.08 1.2
17 Megan Spelic	SR	Holy Family	18.20 1.2
18 Megan Rhoads	SO	Platte Canyon	18.97 2.0

19 Holly Prosser JR Weld Central 19.48 1.2

## Event 67 Girls 100 Meter Hurdles 3A

National: 13.03 N 2007 Vashti Thomas  
 Colo. Prep: 13.23 C 1996 Dominique Calloway  
 State Meet: 14.91 R 1992 Leona Russell

Name	Yr	School	Finals
<b>Finals</b>			
1 Becca Bultje	JR	Colo Spgs Chris.	15.62 0.4
2 Tiffany Kenney	SO	Colo Spgs Chris.	15.65 0.4
3 Rachel McPhee	JR	Estes Park	16.06 0.4
4 Chelyn McCain	JR	Coal Ridge	16.11 0.4
5 Lindsay Hart	SR	Gunnison	16.11 0.4
6 Cheyenne Hickox	SO	Middle Park	16.27 0.4
7 Kaelie Jelden	SR	Eaton	16.28 0.4
8 Tori Fisher	FR	University	16.87 0.4
9 Erin Vanderpool	JR	Grand Valley	17.11 0.4

## Event 68 Girls 300 Meter Hurdles 3A

National: 39.98 N 2001 Lashinda Demus  
 Colo. Prep: 41.35 C 2000 Twink Krainik  
 State Meet: 43.96 R 2008 Margaret Weingart

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Lindsey Hubbard	JR	Valley	45.67Q
2 Chelyn McCain	JR	Coal Ridge	46.69Q
3 Lindsay Hart	SR	Gunnison	47.64Q
4 Emily LaValley	JR	Classical Acdy.	46.96Q
5 Kelly Yelverton	SR	Lyons	47.91Q
6 Rachel McPhee	JR	Estes Park	48.64Q
7 Elena Roy	SO	Classical Acdy.	48.66q
8 Erin Vanderpool	JR	Grand Valley	49.31q
9 Rhesa Mitchell	JR	Lake County	49.71q
10 Haylee Ries	SR	Weld Central	50.41
11 Ciara Clyncke	SR	Holy Family	50.68
12 Taylor Hale	SO	Eaton	50.95
13 Shea Dillon	SR	University	51.05
14 Mindy Madigan	SO	Peyton	51.41
15 Mackenzie Dolan	SO	Holy Family	51.65
16 Kala Matzdorf	JR	Pagosa Springs	51.76
17 Michaela Weber	FR	Salida	52.66
18 Hanna Test	JR	Lyons	53.63
19 Madison Myers	FR	Lyons	54.11
20 Megan Rhoads	SO	Platte Canyon	57.65
--- Sami Conway	FR	Discovery Cnyn.	FS

## Event 68 Girls 300 Meter Hurdles 3A

National: 39.98 N 2001 Lashinda Demus  
 Colo. Prep: 41.35 C 2000 Twink Krainik  
 State Meet: 43.96 R 2008 Margaret Weingart

Name	Yr	School	Finals
<b>Finals</b>			
1 Lindsey Hubbard	JR	Valley	44.51
2 Chelyn McCain	JR	Coal Ridge	46.09

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Finals ... (Event 68 Girls 300 Meter Hurdles 3A)**

Name	Yr	School	Finals
3 Emily LaValley	JR	Classical Acdy.	46.34
4 Kelly Yelverton	SR	Lyons	47.07
5 Rachel McPhee	JR	Estes Park	47.31
6 Lindsay Hart	SR	Gunnison	48.10
7 Elena Roy	SO	Classical Acdy.	48.53
8 Erin Vanderpool	JR	Grand Valley	49.10
9 Rhesa Mitchell	JR	Lake County	49.65

**Event 69 Girls 4x100 Meter Relay 3A**

**National:** 44.50 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 46.51 C 2007 George Washington HS  
**State Meet:** 50.08 R 2002 La Junta HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Erie		51.50Q
2 Classical Academy		51.90Q
3 Eaton		51.93Q
4 Saint Mary's HS		52.15Q
5 Lyons		52.08Q
6 Valley		52.37Q
7 Bayfield		52.38q
8 Machebeuf		52.43q
9 Holy Family		52.86q
10 Grand Valley		52.92
11 Platte Canyon		53.11
12 Hotchkiss		53.12
13 Lamar		53.37
14 Olathe		53.45
15 University		53.69
16 Peak to Peak		54.61
17 Centauri		54.82
18 Florence		55.12

**Event 69 Girls 4x100 Meter Relay 3A**

**National:** 44.50 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 46.51 C 2007 George Washington HS  
**State Meet:** 50.08 R 2002 La Junta HS

Team	Relay	Finals
<b>Finals</b>		
1 Erie		51.15
2 Eaton		51.27
3 Machebeuf		51.52
4 Valley		51.61
5 Saint Mary's HS		51.69
6 Bayfield		51.71
7 Lyons		51.84
8 Classical Academy		52.07
9 Holy Family		52.42

**Event 70 Girls 4x200 Meter Relay 3A**

**National:** 1:33.87 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 1:38.09 C 2007 George Washington HS  
**State Meet:** 1:44.45 R 2002 La Junta HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Lyons		1:46.86Q
2 Classical Academy		1:47.46Q
3 Gunnison		1:47.54Q
4 Machebeuf		1:48.97Q
5 Holy Family		1:49.20Q
6 Bayfield		1:49.39Q
7 James Irwin Charter		1:50.21q
8 Erie		1:50.42q
9 Eaton		1:51.03q
10 Lutheran-Denver		1:51.71
11 Manitou Springs		1:51.87
12 Cedaredge		1:52.20
13 Florence		1:52.29
14 Olathe		1:52.32
15 Strasburg		1:52.45
16 Yuma		1:53.40
17 Centauri		1:53.71
18 Peak to Peak		1:57.82

**Event 70 Girls 4x200 Meter Relay 3A**

**National:** 1:33.87 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 1:38.09 C 2007 George Washington HS  
**State Meet:** 1:44.45 R 2002 La Junta HS

Team	Relay	Finals
<b>Finals</b>		
1 Lyons		1:45.82
2 Classical Academy		1:47.13
3 Gunnison		1:48.21
4 Machebeuf		1:49.28
5 Holy Family		1:49.30
6 Bayfield		1:49.52
7 Eaton		1:50.96
8 Erie		1:51.41
9 James Irwin Charter		1:52.18

**Event 71 Girls 4x400 Meter Relay 3A**

**National:** 3:35.49 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 3:48.59 C 1993 Denver South HS  
**State Meet:** 4:01.82 R 2008 Peak to Peak HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Classical Academy		4:05.60Q
2 Gunnison		4:06.99Q
3 Lyons		4:10.05Q
4 Eaton		4:09.24Q
5 Colo Spgs Chris.		4:11.20Q

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Preliminaries ... (Event 71 Girls 4x400 Meter Relay 3A)**

Team	Relay	Prelims
6	Valley	4:16.11Q
7	Holy Family	4:16.92q
8	Lamar	4:18.28q
9	Yuma	4:18.40q
10	Grand Valley	4:18.78
11	Brush	4:19.29
12	Centauri	4:20.31
13	Rye	4:21.35
14	Salida	4:22.72
15	Cedaredge	4:24.33
16	Estes Park	4:24.72
17	St. Mary's Academy	4:24.72
18	Peak to Peak	4:25.86
19	Faith Christian	4:26.95

**Event 71 Girls 4x400 Meter Relay 3A**

**National:** 3:35.49 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 3:48.59 C 1993 Denver South HS  
**State Meet:** 4:01.82 R 2008 Peak to Peak HS

Team	Relay	Finals
<b>Finals</b>		
1	Classical Academy	3:58.07R
2	Lyons	4:03.45
3	Valley	4:05.97
4	Gunnison	4:06.40
5	Eaton	4:07.64
6	Holy Family	4:07.97
7	Colo Spgs Chris.	4:11.70
8	Lamar	4:18.19
9	Yuma	4:20.34

**Event 72 Girls 4x800 Meter Relay 3A**

**National:** 8:58.43 N 1982 Ft. Wash. Upr. Dublin, PA  
**Colo. Prep:** 9:01.83 C 2003 Smoky Hill HS  
**State Meet:** 9:29.21 R 5/14/2009 Classical Academy

Team	Relay	Finals
<b>Finals</b>		
1	Classical Academy	9:29.21R
2	Holy Family	10:01.56
3	Brush	10:03.08
4	Estes Park	10:09.06
5	Rye	10:18.38
6	University	10:21.13
7	Peak to Peak	10:22.57
8	Salida	10:24.20
9	Eaton	10:28.35
10	Manitou Springs	10:29.71
11	Erie	10:30.70
12	Platte Canyon	10:32.89
13	Peyton	10:33.65
14	Pagosa Springs	10:45.97
15	Gunnison	10:46.64
16	Olathe	10:49.44

17	Faith Christian	10:59.10
18	Grand Valley	11:20.72

**Event 73 Girls High Jump 3A**

**National:** 6-03 N 1992 Amy Acuff  
**Colo. Prep:** 6-01 C 1978 Sharon Burrill  
**State Meet:** 5-07 R 1994 Erica Skolasinski

Name	Yr	School	Finals
<b>Finals</b>			
1	Tori Fisher	FR University	5-05.00
2	Myra Dean	JR Bayfield	J5-05.00
3	Noelle Brown	SO Classical Acdy.	5-02.00
4	Quincey Pederson	SO Middle Park	J5-02.00
5	Kendal Lorentzen	FR Olath	5-01.00
6	Cortlyne Huppe	FR Florence	J5-01.00
6	Jheri Gates	JR Cedaredge	J5-01.00
8	Emily Lubbers	SR Yuma	5-00.00
9	Cheyenne Hickox	SO Middle Park	J5-00.00
10	Jacey Sirios	SO Bayfield	J5-00.00
11	Grace Hinker	SR Lyons	4-10.00
11	Alysa Sharp	SR Peak to Peak	4-10.00
11	Cassie Bratton	SO University	4-10.00
14	Gabrielle Hammer	FR Lamar	4-08.00
14	Jordan Kudrna	SO Holy Family	4-08.00
14	Mandy Bailey	SR University	4-08.00
---	Taylor Sturms	FR Lutheran-Denver	NH
---	Anna Curtis	FR Faith Christian	NH
---	Madison Myers	FR Lyons	NH
---	Cassie Oliva	SR Dolores Huerta	DNS

**Event 74 Girls Pole Vault 3A**

**National:** 14-01 N 2007 Tori Anthony  
**Colo. Prep:** 13-03 C 2008 Elizabeth Stover  
**State Meet:** 11-01 R 2006 Carlee Morgan

Name	Yr	School	Finals
<b>Finals</b>			
1	Emily Lubbers	SR Yuma	10-06.00
2	Kelly Yelverton	SR Lyons	10-00.00
3	Sydney Seifert	JR Platte Canyon	9-06.00
4	Marcie Hinker	SR Lyons	J9-06.00
5	Kaelie Jelden	SR Eaton	9-00.00
6	Grace Hinker	SR Lyons	8-00.00
6	Taryn Lee	FR Erie	8-06.00
8	Karli Jelden	FR Eaton	J8-06.00
9	Emera Danos	SO Gunnison	8-00.00
10	Katie Crossland	FR Yuma	J8-00.00
---	Lisa Fraser	SO University	NH
---	Marleigh Coffelt	SR Bayfield	NH
---	Lihla Clancy	JR Middle Park	NH
---	Lisa Lucas	JR Gunnison	NH
---	Mandy Sandoval	SR Platte Canyon	NH
---	Katie Patton	SO Bayfield	DNS

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Event 75 Girls Long Jump 3A**

National: 22-01.75 N 1976

Kathy McMillan

Colo. Prep: 21-00.75 C 2005

Chelsea Taylor

State Meet: 18-01.25 R 2005

Melissa Hadfield

Name	Yr	School	Finals
<b>Finals</b>			
1 Beth Jones	JR	Eaton	18-02.75R+0.0
2 Tiffany Kenney	SO	Colo Spgs Chris.	16-11.00 +0.0
3 Alicia Nichols	JR	Brush	16-10.75 +0.0
4 Melanie Mackey	FR	Eaton	16-05.25 -0.6
5 Kylie Tait	FR	Olath	15-09.75 +0.0
6 Sienna Tracey	SO	Machebeuf	15-09.00 +0.0
7 Rachel McPhee	JR	Estes Park	15-04.75 -0.3
8 Marcie Hinker	SR	Lyons	15-03.00 0.5
9 Whitney Crown	SO	Lamar	J15-03.00 +0.0
10 Jordan Steinke	FR	Grand Valley	15-00.50 0.8
11 Jamie Deal	JR	Cedaredge	14-08.50 -0.6
12 Shelbey Moeller	JR	Centauri	14-07.75 -1.2
13 Fatima Chavez	SO	Lake County	14-06.50 +0.0
14 Cynthia Brandon	JR	Ellicott	14-06.00 +0.0
--- Alex Heller	SO	Buena Vista	ND NWI
--- Ana Plonski	SO	Holy Family	ND NWI
--- Kristin LeFebre	SR	DenverChristian	DNS NWI
--- Cassie Oliva	SR	Dolores Huerta	DNS NWI

**Event 76 Girls Triple Jump 3A**

National: 44-02.25 N 2001

Ychindria Spears

Colo. Prep: 41-03.50 C 2006

Nyeisha Wright

State Meet: 38-01 R 2006

Abby Weedor

Name	Yr	School	Finals
<b>Finals</b>			
1 Beth Jones	JR	Eaton	37-07.00 2.4
2 Alyssa Northam	JR	Classical Acy.	36-05.50 5.5
3 Lisa Fraser	SO	University	35-08.00 1.9
4 Kristin Ozzello	SR	La Junta	35-05.75 2.5
5 Kendra Miller	SR	Strasburg	35-03.50 3.8
6 Sherry Jesse	SR	Yuma	35-03.00 1.1
7 Brooke Claunch	JR	Monte Vista	34-10.00 2.4
8 Melanie Mackey	FR	Eaton	34-09.00 3.6
9 Quincey Pederson	SO	Middle Park	33-03.00 3.5
10 Whitney Crown	SO	Lamar	33-02.75 2.2
11 Alex Heller	SO	Buena Vista	32-07.75 1.2
11 Blaise Rosenberg	SO	Cedaredge	32-07.75 2.9
13 Liz Schaefer	SR	Monte Vista	32-06.50 4.7
14 Marcie Hinker	SR	Lyons	32-05.75 5.2
15 Jamie Deal	JR	Cedaredge	31-07.50 4.4
16 Cathy Maitlen	JR	Erie	31-04.25 2.5
17 Emily Herrema	SR	DenverChristian	29-11.50 5.5
18 Ana Plonski	SO	Holy Family	29-10.50 2.6
19 MiKenna Linn	FR	Bennett	29-09.00 1.4
20 Kristin LeFebre	SR	DenverChristian	29-07.00 1.9
--- Cassie Oliva	SR	Dolores Huerta	DNS NWI

**Event 77 Girls Shot Put 3A**

National: 54-10.75 N 2003

Michelle Carter

Colo. Prep: 51-01 C 1994

Collinus Newsome

State Meet: 43-03 R 2001

Melissa Vallejos

Name	Yr	School	Finals
<b>Finals</b>			
1 Adrienne Lettow	JR	Faith Christian	39-04.50
2 Megan Patterson	FR	Dolores Huerta	38-06.75
3 Casie Ratzlaff	SR	Monte Vista	37-05.00
4 Tita Garcia	SO	Classical Acy.	37-03.50
5 Annita Alvarez	SR	Eaton	36-09.75
6 Darla Rosenbrock	JR	Brush	35-06.50
7 Jessica Needham	SR	Coal Ridge	35-03.00
8 Samantha Dix	SR	Peyton	34-00.75
9 Lisa Lucas	JR	Gunnison	33-10.00
10 Megan Bryant	JR	Pagosa Springs	33-01.75
11 Kali Wolaver	JR	Weld Central	32-07.75
12 Shannon White	JR	Bayfield	32-06.50
13 Allison Miller	SR	Holy Family	32-01.75
14 Adrienne Barlow	SR	Erie	31-08.25
15 Morgan Spencer	SR	Yuma	31-00.00
16 Amanda Peters	SR	Cedaredge	30-03.25
17 Jolyn Pacheco	SO	Platte Canyon	30-02.75
--- Tori Gustafson	JR	Weld Central	ND

**Event 78 Girls Discus Throw 3A**

National: 188-04 N 1994

Suzy Powell

Colo. Prep: 160-01 C 1994

Shelly Greathouse

State Meet: 141-08 R 1998

Maggie Metzler

Name	Yr	School	Finals
<b>Finals</b>			
1 Whitney Frase	SR	Manitou Spgs.	119-10
2 Morgan Spencer	SR	Yuma	115-08
3 Annita Alvarez	SR	Eaton	115-03
4 Samantha Dix	SR	Peyton	105-09
5 Lisa Lucas	JR	Gunnison	104-03
6 Casie Ratzlaff	SR	Monte Vista	103-08
7 Rebecca Walker	SO	Brush	102-08
8 Elsa Krieg	SO	Middle Park	101-11
9 Shelby Crosby	JR	Cedaredge	101-10
10 Brandi Calderwood	SR	Bayfield	100-11
11 Serina Benight	SO	Manitou Spgs.	97-03
12 Adrienne Lettow	JR	Faith Christian	96-09
12 Tori Gustafson	JR	Weld Central	96-09
14 Kelda Elliot	SR	Peak to Peak	94-05
15 Alexis Gerry	FR	Holy Family	89-11
15 Marissa Conilogue	JR	Erie	89-11
--- Brooklynn DuCharme	FR	Pagosa Springs	ND
--- Jolyn Pacheco	SO	Platte Canyon	ND

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 79 Girls 800 Sprint Medley 3A

Colo. Prep: 1:40.25 C 1999 Overland HS

State Meet: 1:48.29 R 2004 University HS

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Valley	1:53.17Q
2	Eaton	1:53.27Q
3	Erie	1:53.81Q
4	Manitou Springs	1:55.14Q
5	Gunnison	1:54.00Q
6	Coal Ridge	1:55.52Q
7	Lutheran-Denver	1:55.70q
8	Platte Canyon	1:55.89q
9	Holy Family	1:56.01q
10	James Irwin Charter	1:56.73
11	Saint Mary's HS	1:56.89
12	University	1:57.55
13	Olathe	1:57.71
14	Bayfield	1:58.67
15	Buena Vista	1:58.71
16	Florence	1:58.89
17	Weld Central	2:04.95
---	Peak to Peak	DNS

## Event 79 Girls 800 Sprint Medley 3A

Colo. Prep: 1:40.25 C 1999 Overland HS

State Meet: 1:48.29 R 2004 University HS

Team	Relay	Finals
<b>Finals</b>		
1	Valley	1:52.46
2	Eaton	1:53.02
3	Gunnison	1:53.18
4	Platte Canyon	1:53.81
5	Erie	1:55.04
6	Lutheran-Denver	1:55.95
7	Manitou Springs	1:55.98
8	Coal Ridge	1:56.95
9	Holy Family	1:57.84

## Event 81 Boys 100 Meter Dash 4A

National: 10.15 N 1990 Henry Neal

Colo. Prep: 10.32 C 2007 Jeremy Rankin

State Meet: 10.53 R 2000 Gregg Trigg

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	JP Taxman	SR Cheyenne Mtn.	10.98Q0.5
2	Phillip DeCOUD	JR Lewis-Palmer	11.02Q1.1
3	Trent Ireland	SO Broomfield	11.05Q0.5
4	Adam Frank	JR Golden	11.13Q1.1
5	Jared Lewis	JR T. Jefferson	11.09Q0.5
6	Zane Evans	JR Castle View	11.19Q1.1
7	Brett Wright	JR Silver Creek	11.23q0.5

8	Corey Gordon	SR Widefield	11.26q 1.1
9	John Greer	FR Mullen	11.28q 1.1
10	Cyler Miles	FR Mullen	11.31 1.1
11	Paul Browning	JR Widefield	11.35 0.5
12	Troy Gomez	JR Palisade	11.49 0.5
13	Michael Ortega	SO Wheat Ridge	11.50 0.5
14	Aramis McGinty	JR Mesa Ridge	11.55 1.1
15	Josh Ford	SR Mullen	11.58 0.5
---	Kenny Warner	JR Silver Creek	DNS 0.5
---	Peter Perdue	SR Cheyenne Mtn.	DNS 1.1

## Event 81 Boys 100 Meter Dash 4A

National: 10.15 N 1990 Henry Neal

Colo. Prep: 10.32 C 2007 Jeremy Rankin

State Meet: 10.53 R 2000 Gregg Trigg

Name	Yr	School	Finals
<b>Finals</b>			
1	Trent Ireland	SO Broomfield	10.94 0.1
2	JP Taxman	SR Cheyenne Mtn.	10.96 0.1
3	Jared Lewis	JR T. Jefferson	10.98 0.1
4	Adam Frank	JR Golden	11.12 0.1
5	Brett Wright	JR Silver Creek	11.21 0.1
6	John Greer	FR Mullen	11.22 0.1
7	Phillip DeCOUD	JR Lewis-Palmer	11.22 0.1
8	Zane Evans	JR Castle View	11.32 0.1
9	Corey Gordon	SR Widefield	11.45 0.1

## Event 82 Boys 200 Meter Dash 4A

National: 20.13 N 1985 Roy Martin

Colo. Prep: 20.70 C 2005 Jermey Dodson

State Meet: 21.10 R 1998 Corky Stark

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Phillip DeCOUD	JR Lewis-Palmer	22.14Q+0.0
2	Trent Ireland	SO Broomfield	22.31Q+0.0
3	Evan Hirt	SR Silver Creek	22.49Q+0.0
4	Michael Ortega	SO Wheat Ridge	22.72Q+0.0
5	Kenny Warner	JR Silver Creek	22.65Q+0.0
6	Zane Evans	JR Castle View	22.75Q+0.0
7	Ryan Chopp	SR Longmont	22.66q+0.0
8	Arthurean Mcgee	SR Castle View	22.71q+0.0
9	Maurice Broadway	SO Ridge View	22.77q+0.0
10	Scott Hardy	JR Silver Creek	22.86 +0.0
11	Bryson Newhall	JR Evergreen	22.95 +0.0
12	Michael Owens	SO Ridge View	22.99 +0.0
13	Eddison Mason	JR Sierra	23.00 +0.0
14	David Cramer	SR T. Jefferson	23.13 +0.0
15	John Greer	FR Mullen	23.18 +0.0
---	Cyler Miles	FR Mullen	DQ +0.0
---	Chris Gaines	SR Sierra	DQ +0.0

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 82 Boys 200 Meter Dash 4A

National: 20.13 N 1985 Roy Martin  
 Colo. Prep: 20.70 C 2005 Jermey Dodson  
 State Meet: 21.10 R 1998 Corky Stark

Name	Yr	School	Finals
<b>Finals</b>			
1 Phillip DeCOUD	JR	Lewis-Palmer	21.86 3.0
2 Evan Hirt	SR	Silver Creek	22.08 3.0
3 Trent Ireland	SO	Broomfield	22.31 3.0
4 Ryan Chopp	SR	Longmont	22.32 3.0
5 Arthurean Mcgee	SR	Castle View	22.52 3.0
6 Michael Ortega	SO	Wheat Ridge	22.54 3.0
7 Zane Evans	JR	Castle View	22.59 3.0
8 Maurice Broadway	SO	Ridge View	22.88 3.0
--- Kenny Warner	JR	Silver Creek	DNF 3.0

## Event 83 Boys 400 Meter Dash 4A

National: 45.25 N 1993 Calvin Harrison  
 Colo. Prep: 46.23 C 2006 J.T Scheuerman  
 State Meet: 47.01 R 2007 Matt Butcher

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Rory Bowen-Jimenez	SR	Pueblo South	49.69Q
2 Arthurean Mcgee	SR	Castle View	49.95Q
3 Jose Pinon	JR	Northridge	50.14Q
4 Ian Donaldson	SR	Broomfield	50.23Q
5 Trent Ireland	SO	Broomfield	50.45Q
6 Kyle Snow	SR	Canon City	50.46Q
7 Efrem Woldu	SR	T. Jefferson	50.48q
8 Josh Ehrmantraut	SO	Longmont	50.64q
9 Eddison Mason	JR	Sierra	50.86q
10 Alan Ford	SR	Mitchell	50.88
11 Keith Dugan	SR	Pueblo Cnty	51.49
12 Travis Whitman	JR	Glenwood Spr	52.23
13 Rob Franson	SR	Mtn. View	52.90
--- John Wingo	SR	Harrison	DQ

## Event 83 Boys 400 Meter Dash 4A

National: 45.25 N 1993 Calvin Harrison  
 Colo. Prep: 46.23 C 2006 J.T Scheuerman  
 State Meet: 47.01 R 2007 Matt Butcher

Name	Yr	School	Finals
<b>Finals</b>			
1 Arthurean Mcgee	SR	Castle View	49.15
2 Ian Donaldson	SR	Broomfield	49.77
3 Trent Ireland	SO	Broomfield	50.08
4 Jose Pinon	JR	Northridge	50.14
5 Efrem Woldu	SR	T. Jefferson	50.75
6 Rory Bowen-Jimenez	SR	Pueblo South	50.75
7 Kyle Snow	SR	Canon City	50.90
8 Josh Ehrmantraut	SO	Longmont	50.99
9 Eddison Mason	JR	Sierra	52.38

## Event 84 Boys 800 Meter Run 4A

National: 1:46.45 N 1996 Michael Granville  
 Colo. Prep: 1:51.23 C 2001 James Hatch  
 State Meet: 1:52.71 R 2006 Bobby Potrykus

Name	Yr	School	Finals
<b>Finals</b>			
1 Andrew Berberick	SR	Mullen	1:53.11
2 Henry Cowhick	SR	Wheat Ridge	1:54.42
3 Hondo Katz	JR	Mullen	1:57.36
4 Zane Hyland	SR	Windsor	1:58.03
5 Alex Paul	JR	Niwot	1:58.47
6 Chris Ganem	SO	Castle View	1:58.81
7 Ian Donaldson	SR	Broomfield	1:59.02
8 Rory Bowen-Jimenez	SR	Pueblo South	1:59.22
9 Sean Turner	JR	Fort Morgan	1:59.68
10 Seth Bott	SR	Windsor	1:59.86
11 Connor Tedstrom	JR	Battle Mtn	2:00.71
12 Chris Ullom	SR	Windsor	2:00.76
13 Grant George	JR	Cheyenne Mtn.	2:00.99
14 Kevin Johnson	JR	D'Evelyn	2:01.01
15 Ryan Buchanan	SO	Glenwood Spr	2:02.03
16 Joe Trujillo	SR	Eagle Valley	2:02.41
17 Alek Blubbaum	JR	Mullen	2:02.97
18 Chris Lopez	SR	Palisade	2:07.86

## Event 85 Boys 1600 Meter Run 4A

National: 3:59.51 N 2001 Alan Webb  
 Colo. Prep: 4:10.98 C 1981 Rich Martinez  
 State Meet: 4:12.61 R 2002 David Olson

Name	Yr	School	Finals
<b>Finals</b>			
1 Andrew Berberick	SR	Mullen	4:14.23
2 Henry Cowhick	SR	Wheat Ridge	4:14.40
3 Wesley Rickman	SR	Falcon	4:15.83
4 Chris Ganem	SO	Castle View	4:19.91
5 Kevin Johnson	SR	Falcon	4:20.54
6 Ryan Haebe	SR	Evergreen	4:21.87
7 David Perry	JR	Niwot	4:22.00
8 Dart Schwaderer	SR	Wheat Ridge	4:22.00
9 Sean Beal	SR	Thompson Vly	4:25.64
10 Alex Paul	JR	Niwot	4:26.38
11 Sean Turner	JR	Fort Morgan	4:26.92
12 Tommy Owen	SR	Alamosa	4:27.40
13 Ray Laws	SR	Fort Morgan	4:28.23
14 Scott Fauble	JR	Wheat Ridge	4:28.95
15 Hondo Katz	JR	Mullen	4:29.51
16 Kody Leach	JR	Greeley West	4:32.87
17 Zach Casias	SR	Cheyenne Mtn.	4:57.2h
--- Aaron Friedland	SR	Castle View	DNF

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 86 Boys 3200 Meter Run 4A

National: 8:34.23 N 2008 German Fernandez  
 Colo. Prep: 9:05.89 C 2003 Brent Vaughn  
 State Meet: 9:06.27 R 2008 Kevin Williams

Name	Yr	School	Finals
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## Finals

1	Wesley Rickman	SR	Falcon	9:15.87
2	Dart Schwaderer	SR	Wheat Ridge	9:29.67
3	David Perry	JR	Niwot	9:31.88
4	Kevin Johnson	SR	Falcon	9:35.46
5	Andrew Berberick	SR	Mullen	9:38.06
6	Ryan Haebe	SR	Evergreen	9:38.74
7	Scott Fauble	JR	Wheat Ridge	9:40.62
8	Tommy Owen	SR	Alamosa	9:47.03
9	Nick Kadlec	SO	Silver Creek	9:50.92
10	Michael Schmidt	SR	Pueblo West	9:54.65
11	Tim Muller	SR	D'Evelyn	10:00.26
12	Ed Cleary	FR	Fossil Ridge	10:01.15
13	Kody Leach	JR	Greeley West	10:07.20
14	Michael Cernoia	SO	Pueblo West	10:19.37
15	Ray Laws	SR	Fort Morgan	10:31.60
---	Aaron Friedland	SR	Castle View	DNF
---	Henry Cowhick	SR	Wheat Ridge	DNS
---	Chris Ganem	SO	Castle View	DNS

## Event 87 Boys 110 Meter Hurdles 4A

National: 13.1h N 1980 Dennis Brantley  
 National: 13.30 N 1990 Chris Nelloms  
 Colo. Prep: 13.61 C 2004 Wilbert Smith  
 State Meet: 13.68 R 1998 Ricardo Moody

Name	Yr	School	Prelims
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## Preliminaries

1	Kelby Dias	SR	Sierra	14.12Q2.0
2	Trevor Brown	JR	Wasson	14.53Q1.7
3	Peter Neis	SR	Niwot	14.74Q1.7
4	Aaron Praska	JR	Longmont	14.88Q2.0
5	Jamil Cooks	SR	Sierra	14.90Q2.0
6	Jake Nebelsick-Gullet	SR	Castle View	14.94Q1.7
7	Bob Barbour	SR	Windsor	15.14q 1.7
8	Sean Driscoll	SO	Falcon	15.22q 2.0
9	Connor McCurdy	SR	Montrose	15.30q 2.0
10	Kurt Hartmann	SR	Glenwood Spr	15.42 2.0
11	Bryce Lane	SR	Falcon	15.42 2.0
12	Taylor Aversano	SR	Wheat Ridge	15.45 1.7
13	Jordan Arelleno	SR	Pueblo West	15.48 1.7
14	Jalil DeBose	SR	T. Jefferson	15.50 1.7
15	Dakota Stonehouse	SR	Glenwood Spr	15.54 1.7
16	Hunter Warwick	SO	Palmer Ridge	15.55 2.0
17	Nate Bass	JR	Pueblo West	15.62 1.7
---	Matt Young	SR	Palisade	DNS 2.0

## Event 87 Boys 110 Meter Hurdles 4A

National: 13.1h N 1980 Dennis Brantley  
 National: 13.30 N 1990 Chris Nelloms  
 Colo. Prep: 13.61 C 2004 Wilbert Smith  
 State Meet: 13.68 R 1998 Ricardo Moody

Name	Yr	School	Finals
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## Finals

1	Kelby Dias	SR	Sierra	13.72 0.1
2	Trevor Brown	JR	Wasson	14.37 0.1
3	Aaron Praska	JR	Longmont	14.61 0.1
4	Peter Neis	SR	Niwot	14.94 0.1
5	Jake Nebelsick-Gullet	SR	Castle View	15.01 0.1
6	Jamil Cooks	SR	Sierra	15.03 0.1
7	Sean Driscoll	SO	Falcon	15.16 0.1
8	Bob Barbour	SR	Windsor	15.28 0.1
9	Connor McCurdy	SR	Montrose	15.30 0.1

## Event 88 Boys 300 Meter Hurdles 4A

National: 35.32 N 1985 George Porter  
 Colo. Prep: 36.41 C 2001 Gerren Crochet  
 State Meet: 36.82 R 1998 Derek Applewhite

Name	Yr	School	Prelims
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## Preliminaries

1	Aaron Praska	JR	Longmont	38.55Q
2	Kelby Dias	SR	Sierra	38.67Q
3	Connor McCurdy	SR	Montrose	39.75Q
4	Kenny Warner	JR	Silver Creek	39.88Q
5	Dakota Stonehouse	SR	Glenwood Spr	39.88Q
6	Jake Nebelsick-Gullet	SR	Castle View	39.90Q
7	Bob Barbour	SR	Windsor	39.92q
8	Trevor Brown	JR	Wasson	39.92q
9	Kurt Hartmann	SR	Glenwood Spr	40.11q
10	Cole Kadavy	JR	Greeley Cntrl	40.47
11	Peter Neis	SR	Niwot	40.48
12	Jack Dille	SR	D'Evelyn	40.56
13	Bryce Lane	SR	Falcon	40.78
14	Kyle Shannon	SR	Wheat Ridge	40.92
15	Hunter Warwick	SO	Palmer Ridge	41.66
16	Nathan Fetty	SR	Pueblo West	42.05
17	David Young	SR	Prairie View	42.19
18	Sean Driscoll	SO	Falcon	42.51

## Event 88 Boys 300 Meter Hurdles 4A

National: 35.32 N 1985 George Porter  
 Colo. Prep: 36.41 C 2001 Gerren Crochet  
 State Meet: 36.82 R 1998 Derek Applewhite

Name	Yr	School	Finals
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## Finals

1	Kelby Dias	SR	Sierra	37.75
2	Aaron Praska	JR	Longmont	38.10
3	Trevor Brown	JR	Wasson	38.41
4	Dakota Stonehouse	SR	Glenwood Spr	39.20
5	Kurt Hartmann	SR	Glenwood Spr	39.31

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Finals ... (Event 88 Boys 300 Meter Hurdles 4A)**

Name	Yr	School	Finals
6 Connor McCurdy	SR	Montrose	40.00
7 Bob Barbour	SR	Windsor	40.19
8 Jake Nebelsick-Gullet	SR	Castle View	40.24
--- Kenny Warner	JR	Silver Creek	DNS

**Event 89 Boys 4x100 Meter Relay 4A**

National: 39.76 N 1998 Ft. Worth Wyatt HS, TX

Colo. Prep: 41.21 C 2007 Overland

State Meet: 41.28 R 1997 Mullen

Team	Relay	Prelims
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**Preliminaries**

1 Greeley West	42.89Q
2 Silver Creek	43.19Q
3 Mullen	43.18Q
4 Sierra	43.49Q
5 Lewis-Palmer	43.19Q
6 Windsor	43.52Q
7 Cheyenne Mountain	43.20q
8 Berthoud	43.31q
9 Wasson	43.56q
10 Widefield	43.64
11 Harrison	43.74
12 Thomas Jefferson	43.81
13 Palisade	43.89
14 Greeley Central	44.12
15 Delta	44.58
16 Broomfield	44.61
17 Longmont	44.70
18 Mountain View	45.17

**Event 89 Boys 4x100 Meter Relay 4A**

National: 39.76 N 1998 Ft. Worth Wyatt HS, TX

Colo. Prep: 41.21 C 2007 Overland

State Meet: 41.28 R 1997 Mullen

Team	Relay	Finals
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**Finals**

1 Berthoud	43.15
2 Lewis-Palmer	43.15
3 Mullen	43.34
4 Wasson	43.51
5 Silver Creek	43.70
6 Sierra	43.84
7 Windsor	44.36
--- Greeley West	DNF
--- Cheyenne Mountain	DNF

**Event 90 Boys 4x200 Meter Relay 4A**

National: 1:23.92 N 2007 Fort Bend Hightower HS, TX

Colo. Prep: 1:25.59 C 2007 George Washington

State Meet: 1:26.03 R 2000 Mullen

Team	Relay	Prelims
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**Preliminaries**

1 Silver Creek	1:28.43Q
2 Sierra	1:29.14Q
3 Thomas Jefferson	1:29.56Q
4 Cheyenne Mountain	1:30.21Q
5 Longmont	1:30.22Q
6 Greeley West	1:30.24Q
7 Evergreen	1:30.32q
8 Berthoud	1:30.48q
9 Glenwood Springs	1:30.61q
10 Ridge View	1:30.85
11 Lewis-Palmer	1:31.49
12 Broomfield	1:31.50
13 Centaurus	1:31.60
14 Palisade	1:31.73
15 Wasson	1:31.76
16 Northridge	1:32.85
17 Rifle	1:32.94
--- Greeley Central	DQ

**Event 90 Boys 4x200 Meter Relay 4A**

National: 1:23.92 N 2007 Fort Bend Hightower HS, TX

Colo. Prep: 1:25.59 C 2007 George Washington

State Meet: 1:26.03 R 2000 Mullen

Team	Relay	Finals
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**Finals**

1 Silver Creek	1:28.23
2 Sierra	1:28.66
3 Thomas Jefferson	1:29.64
4 Longmont	1:29.96
5 Greeley West	1:30.27
6 Berthoud	1:30.73
7 Glenwood Springs	1:30.76
8 Evergreen	1:30.79
9 Cheyenne Mountain	1:31.35

**Event 91 Boys 4x400 Meter Relay 4A**

National: 3:07.40 N 1985 Hawthorne HS, CA

Colo. Prep: 3:15.34 C 1997 Montbello

State Meet: 3:17.87 R 2003 Alamosa

Team	Relay	Prelims
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**Preliminaries**

1 Evergreen	3:23.45Q
2 Longmont	3:25.51Q
3 Rifle	3:24.21Q
4 Broomfield	3:25.65Q
5 Silver Creek	3:24.27Q

**Colorado High School - 5/14/2009 to 5/16/2009  
State Track & Field Championships  
Jefferson County Stadium, Lakewood**

**Results**

<b>Preliminaries ... (Event 91 Boys 4x400 Meter Relay 4A)</b>		
<b>Team</b>	<b>Relay</b>	<b>Prelims</b>
6	Glenwood Springs	3:25.78Q
7	Greeley Central	3:25.68q
8	Falcon	3:25.70q
9	Sierra	3:25.83q
10	Windsor	3:26.20
11	Fossil Ridge	3:27.41
12	Mountain View	3:27.54
13	Northridge	3:28.58
14	Niwot	3:29.75
15	Greeley West	3:32.01
16	Mullen	3:32.22
17	Wheat Ridge	3:35.79
18	Cheyenne Mountain	3:36.61

  

<b>Event 91 Boys 4x400 Meter Relay 4A</b>		
<b>National:</b>	<b>3:07.40 N 1985</b>	<b>Hawthorne HS, CA</b>
<b>Colo. Prep:</b>	<b>3:15.34 C 1997</b>	<b>Montbello</b>
<b>State Meet:</b>	<b>3:17.87 R 2003</b>	<b>Alamosa</b>
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>		
1	Evergreen	3:20.13
2	Glenwood Springs	3:22.17
3	Silver Creek	3:23.30
4	Rifle	3:23.37
5	Longmont	3:23.55
6	Sierra	3:24.98
7	Greeley Central	3:25.22
8	Falcon	3:26.09
9	Broomfield	3:26.34

  

<b>Event 92 Boys 4x800 Meter Relay 4A</b>		
<b>National:</b>	<b>7:36.24 N 1982</b>	<b>Ambler Wissahickon HS, PA</b>
<b>Colo. Prep:</b>	<b>7:45.10 C 2001</b>	<b>Smoky Hill</b>
<b>State Meet:</b>	<b>7:48.60 R 2006</b>	<b>D'Evelyn</b>
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>		
1	Wheat Ridge	7:51.91
2	Windsor	7:56.99
3	Falcon	7:57.61
4	Mullen	7:58.98
5	Cheyenne Mountain	8:02.48
6	D'Evelyn	8:06.12
7	Niwot	8:07.27
8	Rock Canyon	8:08.23
9	Montrose	8:09.15
10	Fossil Ridge	8:13.22
11	Evergreen	8:13.42
12	Thompson Valley	8:16.25
13	Eagle Valley	8:16.60
14	Roosevelt	8:23.35
15	Canon City	8:23.92
16	Pueblo West	8:25.14
17	Pueblo South	8:29.74

18	Greeley Central		8:31.30
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<b>Event 93 Boys High Jump 4A</b>			
<b>National:</b>	<b>7-05.25 N 1984</b>	<b>Dothel Edwards</b>	
<b>Colo. Prep:</b>	<b>7-04 C 1990</b>	<b>Matt Hemingway</b>	
<b>State Meet:</b>	<b>6-10 R 1991</b>	<b>Tracy Heiman</b>	
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Aldric Brown	SR Castle View	6-07.00
2	Kobi Rex	JR Lewis-Palmer	J6-07.00
3	Zach Zenzen	JR Fossil Ridge	6-04.00
4	Xavier Newton	SR Sierra	J6-04.00
5	Tye Duncan	SR Berthoud	J6-04.00
6	Phillip Decker	JR Delta	6-03.00
7	Tyler Rust	JR Rifle	J6-03.00
8	Andy Hebbelman	SR Northridge	6-02.00
9	John Clewe	JR Lewis-Palmer	J6-02.00
10	Sam Rudkin	JR Fossil Ridge	J6-02.00
11	Joel Hammond	SR Silver Creek	6-00.00
11	Marty Williams	SR Prairie View	6-00.00
---	Deundra Germany	SR Widefield	NH
---	Brock Garden	SO Silver Creek	NH
---	Zachery Kapule	Centaurus	NH
---	Christopher Spencer	JR Ridge View	NH
---	TJ Frison	SO Vista Ridge	NH
---	David Leopold	SR Summit	NH
---	Trevor Evanson	SO Golden	NH
---	Antonio Olivas	JR Greeley West	NH
---	J.J. Davis	FR Greeley West	NH
---	Ryan Baldwin	SR Montezuma-Co	NH
---	Joshua Potter	SO Centaurus	NH
---	Steven Montgomery	SO Frederick	NH
---	Greg Shaw	JR Northridge	NH
---	Jamil Cooks	SR Sierra	NH
---	Jack Osborne	SR Mullen	NH
---	Matthew Nam	SR Niwot	NH

  

<b>Event 94 Boys Pole Vault 4A</b>			
<b>National:</b>	<b>18-02.25 N 1999</b>	<b>Eric Eshbach</b>	
<b>Colo. Prep:</b>	<b>17-07.50 C 1986</b>	<b>Pat Manson</b>	
<b>State Meet:</b>	<b>15-08.50 R 2006</b>	<b>Sam Pierson</b>	
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Elliott Beski	SR Mullen	14-06.00
2	Tyler Johnson	JR Longmont	J14-06.00
3	Steven Richendifer	JR Sterling	13-06.00
4	Mikal Mekhraliyev	SO Greeley Cntrl	J13-06.00
5	Connor Roggy	JR Greeley West	J13-06.00
6	Joshua Christman	SR Lewis-Palmer	13-00.00
6	Alex Leatherman	JR Castle View	13-00.00
8	Matthew Nam	SR Niwot	J13-00.00
9	James Martinez	JR Rifle	J13-00.00
9	Kobi Rex	JR Lewis-Palmer	J13-00.00
11	Carson Wagner	JR Broomfield	12-06.00
11	TJ Puls	SR Pueblo Cntnl	12-06.00

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 94 Boys Pole Vault 4A)

Name	Yr	School	Finals
11 Trevor Floyd	JR	Mtn. View	12-06.00
14 Kyle Zumbrennen	SR	Rifle	12-00.00
14 Cody Walega	SR	Centaurus	12-00.00
14 Chad Baer	SR	Pueblo Cntnl	12-00.00
--- Nathan Neibauer	JR	Greeley Cntrl	NH
--- Daniel Flores	JR	Centaurus	DNS

## Event 95 Boys Long Jump 4A

National: 26-04.75 N 1989 James Stallworth  
 Colo. Prep: 24-07.50 C 1990 Chris Sanders  
 State Meet: 23-11 R 1992 Monte Fry

Name	Yr	School	Finals
1 Kelby Dias	SR	Sierra	22-02.00 -2.2
2 Daley Hall	SO	Greeley West	21-09.75 -0.9
3 Bryce Munoz	SR	Berthoud	21-04.75 -2.6
4 Conner Glenn	JR	Windsor	21-01.00 -4.7
5 Ryan McClintock	SR	Eagle Valley	20-09.25 -2.0
6 Efrem Woldu	SR	T. Jefferson	20-08.75 -2.4
7 Ryan Schuler	SO	Niwot	20-04.75 -2.3
8 Aldric Brown	SR	Castle View	20-04.00 -1.9
9 Bryce Lane	SR	Falcon	19-11.25 -2.1
10 Sean Eckert	SR	Evergreen	J19-11.25 -1.2
11 Roman Owens	JR	Skyline	19-09.50 -0.5
12 Brian Ivy	JR	Moffat Cnty	19-09.00 -1.4
13 Louis Fisher III	JR	Broomfield	19-04.25 -2.8
14 Evan Sterk	SR	Wasson	19-01.75 -3.7
--- Keenan Garcia	JR	Montezuma-Co	ND NWI
--- Alex Crabb	SR	D'Evelyn	ND NWI
--- Colby Starkebaum	SR	Sterling	ND NWI
--- Dontre Walker	SR	Sierra	ND NWI

## Event 96 Boys Triple Jump 4A

National: 52-10.50 N 1980 Charles Mayfield  
 Colo. Prep: 51-00.25 C 1973 Vic White  
 State Meet: 49-07.25 R 1999 Chavous Nichols

Name	Yr	School	Finals
1 Andrew Schomburg	SR	Lewis-Palmer	46-00.25 2.1
2 Anthony Turner	SR	Harrison	45-08.50 2.8
3 Brian Ivy	JR	Moffat Cnty	44-09.00 +0.0
4 Ben Niemann	SR	Greeley West	43-05.50 1.6
5 Colby Starkebaum	SR	Sterling	43-04.00 +0.0
6 Chris Fenlon	SR	Widefield	43-01.75 -1.4
7 Todd Sumerfield	SR	Broomfield	42-05.00 0.6
8 Josh Borjon	SR	Pueblo Cntrl	42-02.25 -0.1
9 Daniel Fischer	SR	Broomfield	42-01.00 0.9
10 Keith Limary	JR	Sierra	41-08.75 1.3
11 Ryan Stokes	JR	Golden	41-00.00 +0.0
12 Logan Case	SR	Montezuma-Co	40-11.25 0.1
13 Jared Giambalvo	SR	Woodland Prk	40-09.25 -0.4
14 Sam Rudkin	JR	Fossil Ridge	40-08.50 +0.0
15 Alex Crabb	SR	D'Evelyn	40-08.00 +0.0

16 J.J. Blake	JR	Broomfield	40-06.75 0.1
--- Trevor Tuck	SR	Canon City	ND NWI
--- Tom Pankey	JR	Pueblo Cntnl	ND NWI

## Event 97 Boys Shot Put 4A

National: 77-00 N 1979 Michael Carter  
 Colo. Prep: 66-03.25 C 1982 Jim Banich  
 State Meet: 60-04.75 R 1997 Carlos Tarin

Name	Yr	School	Finals
1 Ken Harriman	SR	Pueblo South	53-04.50
2 Mitch Stroehlein	SR	D'Evelyn	52-00.25
3 Bobby Cody	SR	Alamosa	51-09.00
4 David Greenstreet	SR	Woodland Prk	51-03.00
5 Brian Ford	SR	Alamosa	51-00.50
6 Eric Roat	SR	Northridge	49-05.50
7 Mark Weeks	JR	Arvada	49-05.00
8 Joe Hochanadel	SR	Fort Morgan	J49-05.00
9 Paul Rotering	JR	Falcon	49-04.50
10 Jordan Davis	JR	Greeley West	48-08.50
11 Reece James	JR	Ft. Lupton	48-05.25
12 Brent Richmond	SR	Delta	47-09.50
13 Joshua White	JR	Montrose	47-06.00
14 Greg Orosz	SR	Glenwood Spr	47-04.25
15 Joe Carroll	SR	Mullen	47-03.75
16 Gavin Miller	SR	Greeley West	47-03.50
17 Travis Pineda	SR	Pueblo South	47-02.00
18 Zach Thrall	SR	Eagle Valley	45-11.25

## Event 98 Boys Discus Throw 4A

National: 234-03 N 2001 Niklas Arrnenius  
 Colo. Prep: 222-03 C 2008 Mason Finley  
 State Meet: 183-11 R 1990 Ron Wach

Name	Yr	School	Finals
1 Jordan Davis	JR	Greeley West	167-00
2 Ken Harriman	SR	Pueblo South	159-11
3 A.J. Frieler	JR	Greeley West	159-08
4 Brian Ford	SR	Alamosa	156-11
5 Reece James	JR	Ft. Lupton	154-05
6 Joshua White	JR	Montrose	151-00
7 Scotland Coyle	JR	Longmont	148-06
8 Ryan Lawson	SR	Sterling	146-08
9 Nick Stephanus	JR	Palisade	146-04
10 Gavin Miller	SR	Greeley West	144-03
11 Bobby Cody	SR	Alamosa	143-01
12 Shayler Knechtel	SR	Silver Creek	142-06
13 Tanner Cook	SR	Mtn. View	141-07
14 Terrence Thomas	SR	Sierra	140-09
15 Jade Pender	JR	Castle View	140-04
16 Eric Roat	SR	Northridge	138-03
17 Mark Weeks	JR	Arvada	138-01
18 Chris Green	SR	Alamosa	134-04

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 101 Girls 100 Meter Dash 4A

**National:** 11.14 N 1992 Marion Jones  
**Colo. Prep:** 11.31 C 1987 Caryl Smith  
**State Meet:** 11.34 R 2004 Ashley Owens

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Emily Blok	SR	Conifer	12.05Q1.1
2 GinAsia Hamilton	FR	Widefield	12.11Q2.5
3 Erin Urbanoski	SR	Moffat Cnty	12.46Q1.1
4 Samatha Kee	JR	Longmont	12.47Q2.5
5 Kayla Wein	JR	Broomfield	12.62Q2.5
6 G'Naya Stewart	FR	Pueblo Cntnl	12.75Q1.1
7 Maya McGowan	SO	Greeley Cntrl	12.73q2.5
8 Emily Elliott	SO	Windsor	12.76q1.1
9 Amanda Sawicki	JR	Rock Canyon	12.78q2.5
10 Alicia Gieck	SR	Delta	12.90 1.1
11 Chelsie Horton	FR	Widefield	12.90 2.5
12 Ashley Harper	SR	Mitchell	12.92 1.1
13 Patrice Harris	SO	Wasson	12.93 1.1
14 Sadie Bryceland	SO	Falcon	12.96 2.5
15 Emily Bennett	SO	Elizabeth	12.98 2.5
16 Shanti Bridgewater	JR	Widefield	13.02 1.1
17 Iris Vollmer	JR	Wheat Ridge	13.08 1.1
--- Charron Johnson	FR	Harrison	DNS 2.5

## Event 101 Girls 100 Meter Dash 4A

**National:** 11.14 N 1992 Marion Jones  
**Colo. Prep:** 11.31 C 1987 Caryl Smith  
**State Meet:** 11.34 R 2004 Ashley Owens

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Blok	SR	Conifer	12.01 1.0
2 GinAsia Hamilton	FR	Widefield	12.25 1.0
3 Erin Urbanoski	SR	Moffat Cnty	12.50 1.0
4 Samatha Kee	JR	Longmont	12.50 1.0
5 Kayla Wein	JR	Broomfield	12.52 1.0
6 Emily Elliott	SO	Windsor	12.76 1.0
7 Maya McGowan	SO	Greeley Cntrl	12.79 1.0
8 Amanda Sawicki	JR	Rock Canyon	12.83 1.0
9 G'Naya Stewart	FR	Pueblo Cntnl	12.99 1.0

## Event 102 Girls 200 Meter Dash 4A

**National:** 22.52 N 2003 Allyson Felix  
**Colo. Prep:** 23.36 C 1994 Aspen Burkett  
**State Meet:** 23.42 R 2004 Ashley Owens

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Emily Blok	SR	Conifer	24.84Q0.5
2 GinAsia Hamilton	FR	Widefield	25.31Q0.6
3 Faleesa Jeffrey	SO	Sierra	25.29Q0.5
4 Liz Tremblay	SR	Thompson Vly	25.45Q0.6
5 Emily Elliott	SO	Windsor	25.30Q0.5

6 Morgan Griffin	JR	Lewis-Palmer	25.66Q0.6
7 Samatha Kee	JR	Longmont	25.31q0.5
8 Jolie Dubois	SO	Glenwood Spr	25.89q0.5
9 G'Naya Stewart	FR	Pueblo Cntnl	25.92q0.6
10 Alicia Gieck	SR	Delta	26.30 0.6
11 Alena Hartman	SR	Widefield	26.42 0.6
12 Kayla Wein	JR	Broomfield	26.50 0.5
13 Iris Vollmer	JR	Wheat Ridge	26.51 0.5
14 Megan Ryan	FR	Cheyenne Mtn.	26.73 0.6
15 Sierra Picksly-Zamora	SR	Eagle Valley	26.74 0.6
16 Nyla Nasser	SR	Regis Jesuit	26.82 0.6
17 Chelsie Horton	FR	Widefield	26.86 0.5
--- Kita Alvares	JR	Cheyenne Mtn.	DNS 0.5

## Event 102 Girls 200 Meter Dash 4A

**National:** 22.52 N 2003 Allyson Felix  
**Colo. Prep:** 23.36 C 1994 Aspen Burkett  
**State Meet:** 23.42 R 2004 Ashley Owens

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Blok	SR	Conifer	24.34 1.7
2 GinAsia Hamilton	FR	Widefield	24.45 1.7
3 Samatha Kee	JR	Longmont	24.82 1.7
4 Faleesa Jeffrey	SO	Sierra	25.09 1.7
5 Liz Tremblay	SR	Thompson Vly	25.13 1.7
6 Emily Elliott	SO	Windsor	25.34 1.7
7 Morgan Griffin	JR	Lewis-Palmer	25.56 1.7
8 Jolie Dubois	SO	Glenwood Spr	25.71 1.7
9 G'Naya Stewart	FR	Pueblo Cntnl	26.01 1.7

## Event 103 Girls 400 Meter Dash 4A

**National:** 50.74 N 2000 Monique Henderson  
**Colo. Prep:** 53.71 C 1993 Cynthia Newsome  
**State Meet:** 55.25 R 2006 Nyeisha Wright

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Elizabeth Jefferson	JR	Valor Christian	57.08Q
2 GinAsia Hamilton	FR	Widefield	57.22Q
3 Emily Elliott	SO	Windsor	57.14Q
4 Liz Tremblay	SR	Thompson Vly	57.56Q
5 Emily Blok	SR	Conifer	57.67Q
6 Morgan Griffin	JR	Lewis-Palmer	57.68Q
7 Alicia Gieck	SR	Delta	57.77q
8 Brooke Regan	SR	Thompson Vly	58.14q
9 Vanessa Fabrizio	JR	Mullen	58.35q
10 Beth Luckel	SO	Vista Ridge	58.55
11 Gracie Petersen	SO	Fossil Ridge	58.62
12 Paige Locke	SO	Sterling	58.95
13 Katie Kielian	SR	Roosevelt	59.58
14 Meg Waibel	SR	Glenwood Spr	60.39
15 Sierra Picksly-Zamora	SR	Eagle Valley	60.52
16 Tanisha Mcmillian	SO	Sierra	63.48
17 Kim Powers	JR	Widefield	63.50

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 103 Girls 400 Meter Dash 4A

**National:** 50.74 N 2000 Monique Henderson  
**Colo. Prep:** 53.71 C 1993 Cynthia Newsome  
**State Meet:** 55.25 R 2006 Nyeisha Wright

Name	Yr	School	Finals
<b>Finals</b>			
1 Liz Tremblay	SR	Thompson Vly	55.19R
2 Emily Blok	SR	Conifer	55.75
3 Elizabeth Jefferson	JR	Valor Christian	56.80
4 GinAsia Hamilton	FR	Widefield	56.84
5 Emily Elliott	SO	Windsor	57.01
6 Morgan Griffin	JR	Lewis-Palmer	57.47
7 Alicia Gieck	SR	Delta	57.93
8 Vanessa Fabrizio	JR	Mullen	58.05
9 Brooke Regan	SR	Thompson Vly	58.70

## Event 104 Girls 800 Meter Run 4A

**National:** 2:02.90 N 2008 Channele Price  
**Colo. Prep:** 2:07.53 C 1996 Tara Mendoza  
**State Meet:** 2:10.12 R 5/15/2009 Samantha Thompson

Name	Yr	School	Finals
<b>Finals</b>			
1 Samantha Thompson	SR	Sierra	2:10.12R
2 Laura Tremblay	SR	Thompson Vly	2:13.66
3 Vanessa Fabrizio	JR	Mullen	2:14.55
4 Alicia Nelson	SR	Moffat Cnty	2:15.37
5 Brooke Regan	SR	Thompson Vly	2:16.33
6 Karina Ernst	FR	Thompson Vly	2:18.26
7 Nicki DeSouchet	SO	Alamosa	2:18.48
8 Tayler Warren	JR	Evergreen	2:19.94
9 Jenny DeSouchet	SO	Alamosa	2:20.51
10 Morgan Mosby	SR	Mullen	2:20.75
11 Courtney Linn	SR	Pueblo West	2:22.10
12 Kelly King	SR	Silver Creek	2:22.36
13 Anais Prasad	JR	Silver Creek	2:22.92
14 Janelle Martinez	SO	Greeley Cntrl	2:23.20
15 Erin Rasey	JR	Wheat Ridge	2:24.26
16 Katrina Selsor	SR	Glenwood Spr	2:24.82
--- Erica Hinchcliffe	JR	Greeley West	DNS
--- Gracie Petersen	SO	Fossil Ridge	DNS

## Event 105 Girls 1600 Meter Run 4A

**National:** 4:33.82 N 2008 Christine Babcock  
**Colo. Prep:** 4:49.86 C 1991 Melody Fairchild  
**State Meet:** 4:56.08 R 2006 Katie Vannatta

Name	Yr	School	Finals
<b>Finals</b>			
1 Laura Tremblay	SR	Thompson Vly	4:54.59R
2 Alicia Nelson	SR	Moffat Cnty	4:55.47R
3 Samantha Thompson	SR	Sierra	4:56.56
4 Lindsey Sowards	SR	Alamosa	5:10.35
5 Karina Ernst	FR	Thompson Vly	5:11.04
6 Sarah Swenson	JR	Greeley West	5:15.51
7 Anna Marshall	JR	Pueblo West	5:15.79

8 Ashlee Smalley	SR	Greeley West	5:16.58
9 Ryan Russ	JR	Mullen	5:17.28
10 Katrina Selsor	SR	Glenwood Spr	5:22.77
11 Maddy Jourgensen	SO	Moffat Cnty	5:23.25
12 Kelly King	SR	Silver Creek	5:25.43
13 Allison Parks	SO	Greeley Cntrl	5:28.88
14 Brooke Wells	JR	Roosevelt	5:29.11
15 Shelby Rushing	JR	Alamosa	5:33.93
16 Maura O'Brien	FR	Evergreen	5:35.44
17 Megan Lang	SR	Niwot	5:37.10

## Event 106 Girls 3200 Meter Run 4A

**National:** 9:48.59 N 1996 Kimberly Mortensen  
**Colo. Prep:** 10:21.37 C 1991 Melody Fairchild  
**State Meet:** 10:40.66 R 2006 Katie Vannatta

Name	Yr	School	Finals
<b>Finals</b>			
1 Lindsey Sowards	SR	Alamosa	11:15.79
2 Anna Marshall	JR	Pueblo West	11:24.35
3 Ashlee Smalley	SR	Greeley West	11:29.00
4 Sarah Swenson	JR	Greeley West	11:36.36
5 Allison Parks	SO	Greeley Cntrl	11:43.02
6 Alexandra Will	SO	Rock Canyon	11:47.35
7 Ryan Russ	JR	Mullen	11:48.96
8 Lauren Martin	JR	Alamosa	11:49.36
9 Maddy Jourgensen	SO	Moffat Cnty	11:50.66
10 Danielle Grossman	SO	Cheyenne Mtn.	11:50.86
11 Kirsten Keller	SR	Fort Morgan	12:07.46
12 Ellen Jackson	FR	Palmer Ridge	12:07.78
13 Amelia Ortiz	SO	Battle Mtn	12:09.30
14 Alicia Randall	SO	Thompson Vly	12:11.61
15 Bryn Haebe	SO	Evergreen	12:11.64
16 Brooke Wells	JR	Roosevelt	12:18.96
17 Maddie Kruger	JR	Lewis-Palmer	12:22.30
18 Jessica Cunningham	SR	Thompson Vly	12:51.83

## Event 107 Girls 100 Meter Hurdles 4A

**National:** 13.03 N 2007 Vashti Thomas  
**Colo. Prep:** 13.23 C 1996 Dominique Calloway  
**State Meet:** 13.61 R 2005 Kira Robinson

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kayla Wein	JR	Broomfield	14.63Q1.8
2 Annie Kunz	SO	Wheat Ridge	14.65Q0.2
3 Kalie Kirk	SR	Lewis-Palmer	14.69Q1.8
4 Kita Alvares	JR	Cheyenne Mtn.	14.81Q0.2
5 Sa'De Lewis	JR	Falcon	15.07Q0.2
6 Ashley Miknis	SR	Broomfield	15.26Q1.8
7 Samantha Chamberlin	JR	Cheyenne Mtn.	15.36q 1.8
8 Madison Riggins	JR	Mullen	15.47q 0.2
9 Holly Odneal	SR	Palisade	15.50q 0.2
10 Kelsey Ankoviak	JR	Wheat Ridge	15.54 1.8
11 Katie Lee	SR	Montezuma-Co	15.82 0.2
12 Ivy Diebel	SO	Rock Canyon	15.86 0.2

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Preliminaries ... (Event 107 Girls 100 Meter Hurdles 4A)**

Name	Yr	School	Prelims	
13 Ally Patak	SR	Regis Jesuit	15.87	0.2
14 Brianna Johnson	SR	Mitchell	15.93	1.8
15 SinaLu Good	JR	Widefield	15.97	1.8
16 Kirsten Schumacher	JR	Sterling	16.28	0.2
17 Charise Gennetta	JR	Pueblo Cnty	16.43	1.8
18 Kelsey Volk	SR	Mtn. View	16.51	1.8

**Event 107 Girls 100 Meter Hurdles 4A**

**National:** 13.03 N 2007 Vashti Thomas  
**Colo. Prep:** 13.23 C 1996 Dominique Calloway  
**State Meet:** 13.61 R 2005 Kira Robinson

Name	Yr	School	Finals	
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**Finals**

1 Annie Kunz	SO	Wheat Ridge	14.37	3.8
2 Kalie Kirk	SR	Lewis-Palmer	14.49	3.8
3 Kita Alvares	JR	Cheyenne Mtn.	14.56	3.8
4 Madison Riggins	JR	Mullen	14.77	3.8
5 Sa'De Lewis	JR	Falcon	14.77	3.8
6 Ashley Miknis	SR	Broomfield	14.91	3.8
7 Samantha Chamberlin	JR	Cheyenne Mtn.	15.25	3.8
8 Holly Odneal	SR	Palisade	15.32	3.8
--- Kayla Wein	JR	Broomfield	DNF	3.8

**Event 108 Girls 300 Meter Hurdles 4A**

**National:** 39.98 N 2001 Lashinda Demus  
**Colo. Prep:** 41.35 C 2000 Twink Krainik  
**State Meet:** 43.59 R 2004 Melicia Lewis

Name	Yr	School	Prelims	
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**Preliminaries**

1 Ashley Miknis	SR	Broomfield	44.42Q
2 Kita Alvares	JR	Cheyenne Mtn.	45.72Q
3 Kalie Kirk	SR	Lewis-Palmer	45.55Q
4 Laura Young	SR	Glenwood Spr	45.92Q
5 Samantha Chamberlin	JR	Cheyenne Mtn.	46.14Q
6 Kristy Moore	SO	Glenwood Spr	46.27Q
7 Lindsey Shell	SO	Mullen	46.35q
8 Madison Riggins	JR	Mullen	46.40q
9 Sara Heizer	SR	Roosevelt	46.50q
10 Ally Patak	SR	Regis Jesuit	46.74
11 Miranda Lahman	JR	Niwot	46.89
12 Shelby Soucek	JR	Thompson Vly	47.04
13 SinaLu Good	JR	Widefield	47.27
14 Madi Goodstein	FR	Glenwood Spr	47.29
15 Kirsten Schumacher	JR	Sterling	47.45
16 Chelsea Rotondo	SR	Sierra	48.62
17 Niki Barney	SO	D'Evelyn	48.92
18 Kelsey Ankoviak	JR	Wheat Ridge	50.34

**Event 108 Girls 300 Meter Hurdles 4A**

**National:** 39.98 N 2001 Lashinda Demus  
**Colo. Prep:** 41.35 C 2000 Twink Krainik  
**State Meet:** 43.59 R 2004 Melicia Lewis

Name	Yr	School	Finals	
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**Finals**

1 Kalie Kirk	SR	Lewis-Palmer	44.63
2 Ashley Miknis	SR	Broomfield	44.76
3 Laura Young	SR	Glenwood Spr	45.32
4 Madison Riggins	JR	Mullen	45.44
5 Samantha Chamberlin	JR	Cheyenne Mtn.	45.50
6 Kristy Moore	SO	Glenwood Spr	46.08
7 Kita Alvares	JR	Cheyenne Mtn.	46.64
8 Lindsey Shell	SO	Mullen	46.69
9 Sara Heizer	SR	Roosevelt	47.02

**Event 109 Girls 4x100 Meter Relay 4A**

**National:** 44.50 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 46.51 C 2007 George Washington  
**State Meet:** 48.38 R 2003 Niwot

Team	Relay	Prelims	
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**Preliminaries**

1 Niwot	49.30Q
2 Broomfield	49.42Q
3 Thompson Valley	49.56Q
4 Glenwood Springs	49.66Q
5 Lewis-Palmer	49.77Q
6 Widefield	49.92Q
7 Cheyenne Mountain	49.99q
8 Greeley Central	50.07q
9 Mitchell	50.21q
10 Sierra	50.24
11 Mullen	50.32
12 Windsor	50.56
13 Berthoud	50.83
14 Rock Canyon	51.19
15 Eagle Valley	51.49
16 Mountain View	51.53
17 Harrison	53.13
--- Wasson	DQ

**Event 109 Girls 4x100 Meter Relay 4A**

**National:** 44.50 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 46.51 C 2007 George Washington  
**State Meet:** 48.38 R 2003 Niwot

Team	Relay	Finals	
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**Finals**

1 Widefield	48.82
2 Thompson Valley	49.18
3 Niwot	49.24
4 Broomfield	49.61
5 Lewis-Palmer	49.76
6 Glenwood Springs	50.07

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Finals ... (Event 109 Girls 4x100 Meter Relay 4A)**

Team	Relay	Finals
7 Greeley Central		50.20
8 Mitchell		50.33
9 Cheyenne Mountain		50.51

**Event 110 Girls 4x200 Meter Relay 4A**

**National:** 1:33.87 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 1:38.09 C 2007 George Washington  
**State Meet:** 1:41.28 R 2006 Cherokee Trail

Team	Relay	Prelims
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**Preliminaries**

1 Niwot		1:43.94Q
2 Sierra		1:44.81Q
3 Greeley Central		1:44.75Q
4 Widefield		1:45.01Q
5 Thompson Valley		1:45.43Q
6 Roosevelt		1:45.81Q
7 Longmont		1:45.90q
8 Windsor		1:46.11q
9 Mitchell		1:46.16q
10 Elizabeth		1:46.94
11 Glenwood Springs		1:46.97
12 Falcon		1:47.02
13 Berthoud		1:47.13
14 Wheat Ridge		1:47.69
15 Palmer Ridge		1:47.90
16 Mountain View		1:48.24
17 Broomfield		1:48.45
18 Vista Ridge		1:49.70

**Event 110 Girls 4x200 Meter Relay 4A**

**National:** 1:33.87 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 1:38.09 C 2007 George Washington  
**State Meet:** 1:41.28 R 2006 Cherokee Trail

Team	Relay	Finals
------	-------	--------

**Finals**

1 Thompson Valley		1:43.79
2 Greeley Central		1:44.44
3 Niwot		1:44.54
4 Widefield		1:44.94
5 Longmont		1:45.50
6 Roosevelt		1:45.51
7 Sierra		1:46.06
8 Windsor		1:46.58
9 Mitchell		1:47.10

**Event 111 Girls 4x400 Meter Relay 4A**

**National:** 3:35.49 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 3:48.59 C 1993 Denver South  
**State Meet:** 3:54.45 R 2008 Thompson Valley

Team	Relay	Prelims
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**Preliminaries**

1 Glenwood Springs		4:00.35Q
2 Thompson Valley		4:02.51Q
3 Roosevelt		4:03.70Q
4 Widefield		4:05.48Q
5 Niwot		4:03.86Q
6 Windsor		4:05.63Q
7 Mountain View		4:05.29q
8 Alamosa		4:07.45q
9 Mullen		4:07.70q
10 Silver Creek		4:07.94
11 Vista Ridge		4:09.23
12 Longmont		4:09.28
13 Conifer		4:10.92
14 Greeley Central		4:12.28
15 D'Evelyn		4:13.58
16 Sierra		4:13.86
17 Wheat Ridge		4:17.48
18 Broomfield		4:25.25

**Event 111 Girls 4x400 Meter Relay 4A**

**National:** 3:35.49 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 3:48.59 C 1993 Denver South  
**State Meet:** 3:54.45 R 2008 Thompson Valley

Team	Relay	Finals
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**Finals**

1 Thompson Valley		3:50.74R
2 Glenwood Springs		3:56.57
3 Roosevelt		3:59.77
4 Niwot		4:00.16
5 Widefield		4:01.02
6 Windsor		4:02.96
7 Mullen		4:03.70
8 Alamosa		4:04.46
9 Mountain View		4:07.02

**Event 112 Girls 4x800 Meter Relay 4A**

**National:** 8:58.43 N 1982 Ft. Washington Upper Dublin,  
**Colo. Prep:** 9:00.07 C 5/14/2009 Thompson Valley  
**State Meet:** 9:00.07 R 5/14/2009 Thompson Valley

Team	Relay	Finals
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**Finals**

1 Thompson Valley		9:00.07R
2 Alamosa		9:30.41
3 Mullen		9:37.66
4 Longmont		9:45.66
5 Niwot		9:46.39
6 Rock Canyon		9:50.92

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 112 Girls 4x800 Meter Relay 4A)

Team	Relay	Finals
7 D'Evelyn		9:54.81
8 Glenwood Springs		9:55.44
9 Greeley West		9:56.26
10 Evergreen		9:57.32
11 Pueblo West		9:59.25
12 Greeley Central		10:04.79
13 Windsor		10:05.38
14 Roosevelt		10:07.65
15 Wheat Ridge		10:11.24
16 Broomfield		10:18.82
17 Montezuma-Cortez		10:22.83
18 Montrose		10:28.10

## Event 113 Girls 800 Sprint Medley 4A

Colo. Prep: 1:40.25 C 1998 Overland

State Meet: 1:47.07 R 2007 Thompson Valley

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Glenwood Springs		1:49.97Q
2 Windsor		1:50.23Q
3 Thompson Valley		1:50.68Q
4 Vista Ridge		1:51.51Q
5 Fossil Ridge		1:51.32Q
6 Moffat County		1:51.65Q
7 Niwot		1:51.77q
8 Mountain View		1:51.83q
9 Pueblo Centennial		1:52.06q
10 Greeley Central		1:52.22
11 Widefield		1:52.22
12 Silver Creek		1:52.74
13 Mullen		1:52.74
14 Rifle		1:53.69
15 Sierra		1:53.74
16 Conifer		1:56.73
17 Alamosa		1:56.95
18 Broomfield		1:57.50

## Event 113 Girls 800 Sprint Medley 4A

Colo. Prep: 1:40.25 C 1998 Overland

State Meet: 1:47.07 R 2007 Thompson Valley

Team	Relay	Finals
<b>Finals</b>		
1 Windsor		1:48.53
2 Glenwood Springs		1:48.96
3 Thompson Valley		1:49.86
4 Vista Ridge		1:50.80
5 Pueblo Centennial		1:50.98
6 Mountain View		1:51.64
7 Fossil Ridge		1:55.24
8 Niwot		1:59.23
9 Moffat County		2:02.09

## Event 114 Girls High Jump 4A

National: 6-03 N 1992 Amy Acuff

Colo. Prep: 6-01 C 1978 Sharon Burrill

State Meet: 5-08.25 R 1999 Jill Fadenrecht

Name	Yr	School	Finals
<b>Finals</b>			
1 Annie Kunz	SO	Wheat Ridge	5-05.00
2 Alison Forrester	JR	Rock Canyon	J5-05.00
3 Amy Medina	JR	Mtn. View	J5-05.00
4 Calyn Hull	JR	D'Evelyn	5-03.00
5 Holly Odneal	SR	Palisade	J5-03.00
6 Laurisa Canini	SR	Lewis-Palmer	5-02.00
7 Rachel Weakland	SR	Windsor	J5-02.00
8 Katie Chapman	SR	Delta	5-01.00
9 Gelisa Thorton	JR	Mitchell	5-00.00
10 Jordan Florschuetz	SO	Evergreen	J5-00.00
11 Stephanie Kruger	JR	J. F. Kennedy	4-10.00
11 Emily Mathews	SR	D'Evelyn	4-10.00
11 Tiffany Trimble	FR	Roosevelt	4-10.00
11 Lyndsi McDermott	JR	Pueblo West	4-10.00
11 Justine Boddy	SR	Thompson Vly	4-10.00
11 Sydney Coffey	JR	Niwot	4-10.00
11 Natasha Bruins	SR	Woodland Prk	4-10.00
11 Chaundra Sewell	SR	Broomfield	4-10.00
--- Ellery Miller	JR	Windsor	NH
--- Mariah Zarback	FR	Sierra	NH
--- Tayler Warren	JR	Evergreen	NH

## Event 115 Girls Pole Vault 4A

National: 14-01 N 2007 Tori Anthony

Colo. Prep: 13-03 C 2008 Elizabeth Stover

State Meet: 13-03 R 2008 Elizabeth Stover

Name	Yr	School	Finals
<b>Finals</b>			
1 Kendra Marquez	SR	Alamosa	11-00.00
2 Chandler Marshall	FR	Lewis-Palmer	J11-00.00
2 Morgan Griffin	JR	Lewis-Palmer	J11-00.00
4 Lauren Hoal	SR	Sterling	10-06.00
5 Danielle Metzner	JR	Niwot	10-00.00
6 Miranda Link	SR	Roosevelt	J10-00.00
7 Hildie Tillotson	JR	Broomfield	9-06.00
7 Gioia Ibrahim	JR	Castle View	9-06.00
9 Sarah Van Horn	JR	Thompson Vly	J9-06.00
10 Chelsea O'Connor	JR	Windsor	J9-06.00
11 Caylin Delaroy	JR	Longmont	J9-06.00
12 Lacie Grunski	SR	Conifer	9-00.00
12 Samantha Bellah	FR	Pueblo South	9-00.00
12 Margaret Fox	SR	Longmont	9-00.00
15 Jaime Winter	JR	Steamboat Sp	8-06.00
15 Tori Jorgenson	JR	Rifle	8-06.00
--- Julia Gorman	SO	Regis Jesuit	NH
--- Alexandria Wood	JR	Longmont	NH
--- Mikhaila Eckhardt	FR	Windsor	NH
--- Heather Sowards	JR	Alamosa	NH

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 116 Girls Long Jump 4A

National: 22-01.75 N 1976

Kathy McMillan

Colo. Prep: 21-00.75 C 2005

Chelsea Taylor

State Meet: 20-03 R 2005

Griffin Matthew

Name	Yr	School	Finals
<b>Finals</b>			
1 Erin Urbanoski	SR	Moffat Cnty	18-02.50 -1.4
2 Molly Bush	SR	Lewis-Palmer	17-06.25 -1.2
3 Katie Lindenmuth	SO	Thompson Vly	17-04.00 -3.4
4 Natasha Bruins	SR	Woodland Prk	17-03.75 -2.8
5 Kalie Kirk	SR	Lewis-Palmer	17-03.50 -1.1
6 Amy Medina	JR	Mtn. View	16-10.50 -3.9
7 Annie Kunz	SO	Wheat Ridge	16-10.00 -1.5
8 Naomi Ritthaler	SR	Montezuma-Co	16-09.75 -1.9
9 Brianna Johnson	SR	Mitchell	16-05.25 -1.5
10 Rachel Antoniak	JR	Longmont	16-05.00 -0.5
--- Katie Lee	SR	Montezuma-Co	ND NWI
--- Kelli Barris	FR	Pueblo West	ND NWI
--- Taylor McNamara	JR	Greeley Cntrl	ND NWI
--- Kelsey Ankoviak	JR	Wheat Ridge	ND NWI
--- kyra Earle	SR	Montrose	ND NWI
--- Emily Blok	SR	Conifer	ND NWI
--- Katie Chapman	SR	Delta	ND NWI
--- Sydney Richards	SO	Mullen	ND NWI

## Event 117 Girls Triple Jump 4A

National: 44-02.25 N 2001

Ychindria Spears

Colo. Prep: 41-03.50 C 2006

Nyeisha Wright

State Meet: 41-03.50 R 2006

Nyeisha Wright

Name	Yr	School	Finals
<b>Finals</b>			
1 Amy Medina	JR	Mtn. View	38-00.00 1.7
2 Annie Kunz	SO	Wheat Ridge	37-09.50 1.2
3 Molly Bush	SR	Lewis-Palmer	36-08.25 0.2
4 Sydney Richards	SO	Mullen	36-07.25 1.0
5 Sa'De Lewis	JR	Falcon	36-06.00 2.4
6 Cheyenne Hall	SO	Berthoud	36-05.00 1.0
7 Courtney Mills	FR	Berthoud	36-03.75 +0.0
8 Rachel Antoniak	JR	Longmont	35-10.50 2.3
9 Chloe Gearhart	SO	Wheat Ridge	35-00.00 0.6
10 Katie Chapman	SR	Delta	34-11.25 2.5
11 Rachel Weakland	SR	Windsor	34-08.50 +0.0
12 Andrea Tuck	FR	Canon City	34-04.50 0.9
13 Theresa Gabriel	JR	Glenwood Spr	34-03.75 2.2
14 Cosette Chaput	SR	Woodland Prk	34-03.50 0.7
15 Rikki Moore	SR	Pueblo Cntrl	33-04.50 0.9
16 Ginger Klopping	SO	Skyline	33-01.50 2.1
17 Taylor McNamara	JR	Greeley Cntrl	32-08.50 +0.0
18 Olevia Shafer	SO	Palisade	32-05.25 +0.0

## Event 118 Girls Shot Put 4A

National: 54-10.75 N 2003

Michelle Carter

Colo. Prep: 51-01 C 1994

Collinus Newsome

State Meet: 43-05 R 5/15/2009

Katie Kruger

Name	Yr	School	Finals
<b>Finals</b>			
1 Katie Kruger	SR	Alamosa	43-05.00R
2 Kiah Hicks	SO	Falcon	39-09.00
3 Elizabeth Robertson	JR	Sierra	37-06.00
4 Kacey Pfannenschmid	JR	Pueblo Cntnl	36-06.00
5 Tanya Bezanson	SO	Berthoud	36-01.00
6 Katie Olson	SR	Windsor	36-00.00
7 Claudia Ortega	SR	Frederick	35-09.00
8 Laura Daily	JR	Woodland Prk	35-07.25
9 Ashlee Utley	SO	Windsor	35-03.50
10 Rebecca Miller	SR	Widefield	35-03.00
11 Krystel Martinez	SO	Pueblo Cntnl	34-08.50
12 Losi Togi	SO	Sierra	34-04.00
13 Kayla Semmler	SR	Roosevelt	34-03.00
14 Alyssa Mlodzik	SR	Harrison	34-01.00
15 Jamie Bair	JR	Eagle Valley	34-00.00
16 Vessie Umu	JR	Widefield	32-04.00
17 Tiffany Chavez	SO	Frederick	32-03.25
18 Chelsey Galyon	JR	Montezuma-Co	32-00.00

## Event 119 Girls Discus Throw 4A

National: 188-04 N 1994

Suzy Powell

Colo. Prep: 160-01 C 1994

Shelly Greathouse

State Meet: 144-11 R 1997

C. Griffin

Name	Yr	School	Finals
<b>Finals</b>			
1 Kiah Hicks	SO	Falcon	134-07
2 Katie Kruger	SR	Alamosa	128-03
3 Anna Avila	SR	Mtn. View	121-06
4 Kacey Pfannenschmid	JR	Pueblo Cntnl	119-09
5 Chaundra Sewell	SR	Broomfield	116-09
6 Jamie Bair	JR	Eagle Valley	116-08
7 Rebecca Miller	SR	Widefield	112-03
8 Alyssa Mlodzik	SR	Harrison	111-09
9 Hannah Howard	SR	Delta	111-04
10 Krystel Martinez	SO	Pueblo Cntnl	110-03
10 Jessica Gile	SR	J. F. Kennedy	110-03
12 Ashley Williams	FR	Rock Canyon	107-01
13 Kacy Bair	SR	Eagle Valley	104-07
14 Chelsea O'Connor	JR	Windsor	102-05
15 Chaela Sankey	SR	Pueblo Cntnl	102-04
16 Erin Michaelis	SO	Broomfield	99-00
17 Ashlee Utley	SO	Windsor	96-03
18 Azirae Leonard	SR	Canon City	94-02

Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

Results

Event 121 Boys 100 Meter Dash 5A

National: 10.15 N 1990 Henry Neal  
Colo. Prep: 10.32 C 2007 Jeremy Rankin  
State Meet: 10.32 R 2007 Jeremy Rankin

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Jeremy Rankin	SR Overland	10.60Q+0.0
2	Jordan Edwards	SR Heritage	10.69Q1.0
3	Kenneth Chambers	JR Doherty	10.88Q1.0
4	Stephen Dickens	JR Cherokee Trl	10.96Q+0.0
5	John Dunbar	JR Chatfield	10.99Q+0.0
6	DeVaughn Levy	SR Cherry Creek	11.04Q1.0
7	Shaw Gifford	JR Chatfield	11.04q+0.0
8	Chris Graziano	SR ThunderRidge	11.06q 1.0
9	Darien Dunn	JR Grandview	11.08q+0.0
10	Gus Barnes	JR Durango	11.11 1.0
11	Conrad Evans	SR Rampart	11.12 1.0
12	Stuart Shrum	JR Grand Jctn.	11.26 1.0
13	Brandon Miller	SR Mtn. Vista	11.29 +0.0
14	Demetrius McDondle	JR Columbine	11.31 1.0
15	Visar Pantina	SR Arvada West	11.45 +0.0
16	Robinson DeVante	JR Overland	11.51 +0.0
17	Ben Meyer	FR Fairview	11.68 1.0
---	Devin Mohn	SR Rampart	DNS +0.0

Event 121 Boys 100 Meter Dash 5A

National: 10.15 N 1990 Henry Neal  
Colo. Prep: 10.32 C 2007 Jeremy Rankin  
State Meet: 10.32 R 2007 Jeremy Rankin

Name	Yr	School	Finals
<b>Finals</b>			
1	Jeremy Rankin	SR Overland	10.63 0.4
2	Jordan Edwards	SR Heritage	10.71 0.4
3	Kenneth Chambers	JR Doherty	10.84 0.4
4	Stephen Dickens	JR Cherokee Trl	11.00 0.4
5	John Dunbar	JR Chatfield	11.04 0.4
6	Darien Dunn	JR Grandview	11.14 0.4
7	Chris Graziano	SR ThunderRidge	11.16 0.4
8	DeVaughn Levy	SR Cherry Creek	11.18 0.4
9	Shaw Gifford	JR Chatfield	11.45 0.4

Event 122 Boys 200 Meter Dash 5A

National: 20.13 N 1985 Roy Martin  
Colo. Prep: 20.70 C 2005 Jeremy Dodson  
State Meet: 20.70 R 2005 Jeremy Dodson

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Jordan Edwards	SR Heritage	21.50Q1.0
2	Jeremy Rankin	SR Overland	21.86Q+0.0
3	Evan Taylor	SR Grandview	22.03Q+0.0
4	Kenneth Chambers	JR Doherty	22.08Q1.0
5	Devin Mohn	SR Rampart	22.09Q1.0

6	Stephen Dickens	JR Cherokee Trl	22.13Q+0.0
7	Sam Stratton	JR Chatfield	22.17q +0.0
8	Shaw Gifford	JR Chatfield	22.28q 1.0
9	DeVaughn Levy	SR Cherry Creek	22.32q 1.0
10	Blake Reimer	JR Fort Collins	22.42 +0.0
11	Isaiah Grady	JR Grandview	22.60 1.0
12	Sean Rockwood	JR Ralston Vall	22.64 1.0
13	Conrad Evans	SR Rampart	22.67 +0.0
14	Chris Graziano	SR ThunderRidge	23.07 1.0
15	Kevin Rice	SR Cherokee Trl	23.98 1.0
---	Cory Engel	SR Northglenn	DNS +0.0
---	Kumar Pinkney	SR Littleton	DNS +0.0
---	Kiel Pickett	JR Cherry Creek	DNS +0.0

Event 122 Boys 200 Meter Dash 5A

National: 20.13 N 1985 Roy Martin  
Colo. Prep: 20.70 C 2005 Jeremy Dodson  
State Meet: 20.70 R 2005 Jeremy Dodson

Name	Yr	School	Finals
<b>Finals</b>			
1	Jordan Edwards	SR Heritage	21.15 4.9
2	Kenneth Chambers	JR Doherty	21.32 4.9
3	Devin Mohn	SR Rampart	21.46 4.9
4	Jeremy Rankin	SR Overland	21.63 4.9
5	Evan Taylor	SR Grandview	21.99 4.9
6	Shaw Gifford	JR Chatfield	22.10 4.9
7	Sam Stratton	JR Chatfield	22.17 4.9
8	DeVaughn Levy	SR Cherry Creek	22.36 4.9
---	Stephen Dickens	JR Cherokee Trl	DNS 4.9

Event 123 Boys 400 Meter Dash 5A

National: 45.25 N 1993 Calvin Harrison  
Colo. Prep: 46.23 C 2006 JT Scheuerman  
State Meet: 46.23 R 2006 JT Scheuerman

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Cory Engel	SR Northglenn	48.52Q
2	Devin Mohn	SR Rampart	48.56Q
3	Blake Reimer	JR Fort Collins	48.78Q
4	Kyle MacIntosh	SR Littleton	48.90Q
5	Nolan Curtis	SR Central-Grand Jc	48.89q
6	Sam Stratton	JR Chatfield	49.07q
7	Tim Bannister	SR Pine Creek	49.54q
8	Travis Scott	JR Coronado	49.76q
9	Brandon Parson	SO Ftn-Ft. Carson	49.82q
10	Kenneth Hulbert	JR ThunderRidge	50.22
11	Kori Hazel	SO Cherry Creek	50.26
12	Kordell Deffebaugh	FR Montbello	50.42
13	Ashton Harris	JR Northglenn	50.45
14	Tyler Marsette	JR Mtn Range	50.47
15	Temani Adams	SR Cherokee Trl	50.80
16	Kiel Pickett	JR Cherry Creek	51.47

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 123 Boys 400 Meter Dash 5A

**National:** 45.25 N 1993 Calvin Harrison  
**Colo. Prep:** 46.23 C 2006 JT Scheuerman  
**State Meet:** 46.23 R 2006 JT Scheuerman

Name	Yr	School	Finals
<b>Finals</b>			
1 Devin Mohn	SR	Rampart	48.01
2 Sam Stratton	JR	Chatfield	48.43
3 Cory Engel	SR	Northglenn	48.45
4 Blake Reimer	JR	Fort Collins	48.46
5 Kyle MacIntosh	SR	Littleton	48.51
6 Nolan Curtis	SR	Central-Grand Jc	48.63
7 Brandon Parson	SO	Ftn-Ft. Carson	49.93
8 Tim Bannister	SR	Pine Creek	49.98
9 Travis Scott	JR	Coronado	50.06

## Event 124 Boys 800 Meter Run 5A

**National:** 1:46.45 N 1996 Michael Granville  
**Colo. Prep:** 1:51.23 C 2001 James Hatch  
**State Meet:** 1:51.88 R 2001 James Hatch

Name	Yr	School	Finals
<b>Finals</b>			
1 Nate Guthals	SR	Littleton	1:55.68
2 Rafael Cote	SR	Grand Jctn.	1:56.29
3 Alex Balsiger	SR	Chaparral	1:56.79
4 Dusty Solis	JR	Coronado	1:57.10
5 Alex Dillenbeck	JR	Cherokee Trl	1:57.31
6 Connor Winter	SO	Arapahoe	1:57.32
7 Ken Lane	SR	Overland	1:57.67
8 Mathieu Caldwell	JR	Smoky Hill	1:57.72
9 Travis Putnam	SR	Cherokee Trl	1:58.43
10 Matthew Winfrey	JR	Arapahoe	1:58.49
11 Walter Schafer	JR	Cherry Creek	1:59.21
12 Mifta Ali	JR	Denver South	1:59.29
13 Ian Cross	SR	Durango	1:59.70
14 Derek Eidt	SR	Chaparral	1:59.82
15 Andrew Goodman	SO	Palmer	1:59.94
16 Frank Socha	SR	Ftn-Ft. Carson	2:01.64
--- Alex Weinheimer	SR	Fairview	DNS
--- Kyle Lyons	SR	Arapahoe	DNS

## Event 125 Boys 1600 Meter Run 5A

**National:** 3:59.51 N 2001 Alan Webb  
**Colo. Prep:** 4:10.98 C 1981 Rich Martinez  
**State Meet:** 4:10.98 R 1981 Rich Martinez

Name	Yr	School	Finals
<b>Finals</b>			
1 Evan Appel	SR	Dakota Ridge	4:15.81
2 Walter Schafer	JR	Cherry Creek	4:18.17
3 Jeff Warren	SR	Mtn. Vista	4:22.62
4 Connor Winter	SO	Arapahoe	4:22.82
5 Alex Balsiger	SR	Chaparral	4:23.92
6 Danny Nicolls	JR	Regis	4:24.14
7 Mathieu Caldwell	JR	Smoky Hill	4:24.29

8 Alex Dillenbeck	JR	Cherokee Trl	4:24.95
9 Neil Bishop	SR	Liberty (Cs)	4:26.25
10 Derek Eidt	SR	Chaparral	4:26.95
11 Mason Mitchell	SR	Loveland	4:27.32
12 Tyler Nelson	SO	Highlands Ra	4:29.95
13 Jason Kearns	JR	Arapahoe	4:30.61
14 Michael English	SR	Horizon	4:30.78
15 Andrew Goodman	SO	Palmer	4:31.83
16 Kraig Kleiner	SR	Overland	4:33.82
17 Adam Sinda	JR	Pomona	4:35.86
--- Clif Campbell	SR	Fort Collins	DNS

## Event 126 Boys 3200 Meter Run 5A

**National:** 8:34.23 N 2008 German Fernandez  
**Colo. Prep:** 9:05.89 C 2003 Brent Vaughn  
**State Meet:** 9:05.89 R 2003 Brent Vaughn

Name	Yr	School	Finals
<b>Finals</b>			
1 Evan Appel	SR	Dakota Ridge	9:18.40
2 Walter Schafer	JR	Cherry Creek	9:26.57
3 Connor Winter	SO	Arapahoe	9:27.13
4 Danny Nicolls	JR	Regis	9:29.22
5 Jeff Warren	SR	Mtn. Vista	9:29.37
6 Clif Campbell	SR	Fort Collins	9:29.54
7 Michael English	SR	Horizon	9:33.54
8 Jason Kearns	JR	Arapahoe	9:40.70
9 Adam Sinda	JR	Pomona	9:44.26
10 Christopher Holt	SR	Arapahoe	9:45.01
11 Ashi Guiles	JR	Boulder	9:51.50
12 Andrew Hugill	SR	Coronado	9:53.34
13 Brian Sokas	JR	Regis	9:56.64
14 Collin Munoz	SR	Poudre	10:02.61
15 Mathieu Caldwell	JR	Smoky Hill	10:05.07
16 Brock Laue	SR	Loveland	10:08.90
17 Kyle Ames	FR	Smoky Hill	10:31.04
--- Ben Larson	SR	Rocky Mtn	DNS

## Event 127 Boys 110 Meter Hurdles 5A

**National:** 13.1h N 1980 Dennis Brantley  
**National:** 13.30 N 1990 Chris Nelloms  
**Colo. Prep:** 13.61 C 2004 Wilbert Smith  
**State Meet:** 13.62 R 2004 Wilbert Smith

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Tarique Hill	SR	Eaglecrest	13.97Q1.4
2 Tashaun Hill	SR	Eaglecrest	14.28Q1.5
3 Cory Engel	SR	Northglenn	14.40Q1.4
4 Robert Wasinger	JR	Ralston Vall	14.87Q1.5
5 Brendan Jackson	SR	Palmer	14.47Q1.4
6 Marcus Pierce	SR	Arapahoe	15.13Q1.5
7 Ben Courtney	SR	Littleton	14.53q 1.4
8 Herman Gutierrez	SR	Grand Jctn.	15.17q 1.5
9 Jason Dewitt	SR	Ralston Vall	15.20q 1.5
10 Jordan Aguilar-Wynn	SR	Regis	15.29 1.4

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Preliminaries ... (Event 127 Boys 110 Meter Hurdles 5A)

Name	Yr	School	Prelims
11 Ervin Farris	SR	Smoky Hill	15.29 1.4
12 Devyn Harris	SR	Ftn-Ft. Carson	15.61 1.5
13 Grant Golightly	SR	Columbine	15.94 1.4
14 Sean Willis	SR	Ponderosa	16.01 1.5
--- Brock Emory	SR	Ftn-Ft. Carson	DNF 1.5
--- Michael Tasker	SR	Cherokee Trl	DQ 1.5
--- Todd Paicurich	SR	Standley Lake	DNS 1.4
--- Vincent Delmonico	JR	Bear Creek	DNS 1.4

## Event 127 Boys 110 Meter Hurdles 5A

<b>National:</b>	<b>13.1h N 1980</b>	<b>Dennis Brantley</b>
<b>National:</b>	<b>13.30 N 1990</b>	<b>Chris Nelloms</b>
<b>Colo. Prep:</b>	<b>13.61 C 2004</b>	<b>Wilbert Smith</b>
<b>State Meet:</b>	<b>13.62 R 2004</b>	<b>Wilbert Smith</b>

Name	Yr	School	Finals
<b>Finals</b>			
1 Tashaun Hill	SR	Eaglecrest	13.99 1.7
2 Tarique Hill	SR	Eaglecrest	14.23 1.7
3 Cory Engel	SR	Northglenn	14.25 1.7
4 Brendan Jackson	SR	Palmer	14.35 1.7
5 Ben Courtney	SR	Littleton	14.58 1.7
6 Robert Wasinger	JR	Ralston Vall	14.72 1.7
7 Marcus Pierce	SR	Arapahoe	15.00 1.7
8 Jason Dewitt	SR	Ralston Vall	15.06 1.7
9 Herman Gutierrez	SR	Grand Jctn.	15.16 1.7

## Event 128 Boys 300 Meter Hurdles 5A

<b>National:</b>	<b>35.28 N 2007</b>	<b>Jeshua Anderson</b>
<b>Colo. Prep:</b>	<b>36.41 C 2001</b>	<b>Gerren Crochet</b>
<b>State Meet:</b>	<b>36.41 R 2001</b>	<b>Gerren Crochet</b>

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kyle MacIntosh	SR	Littleton	37.97Q
2 Cory Engel	SR	Northglenn	38.05Q
3 Herman Gutierrez	SR	Grand Jctn.	38.55Q
4 Tim Bannister	SR	Pine Creek	39.22Q
5 Brendan Jackson	SR	Palmer	38.60Q
6 Ben Courtney	SR	Littleton	39.36Q
7 Casey Young	SO	Regis	38.80q
8 Jordan Aguilar-Wynn	SR	Regis	39.56q
9 Vincent Valdez	SR	Thornton	39.95q
10 Michael Tasker	SR	Cherokee Trl	39.95
11 Derik Linch	SR	Pomona	39.98
12 Robert Wasinger	JR	Ralston Vall	40.36
13 Vincent Delmonico	JR	Bear Creek	40.37
14 Derrick Clopton	SR	Cherry Creek	40.94
15 Reginald Allison	SO	Palmer	41.03
16 Marcus Pierce	SR	Arapahoe	41.12
17 Brock Emory	SR	Ftn-Ft. Carson	41.21
--- Kumar Pinkney	SR	Littleton	DNS

## Event 128 Boys 300 Meter Hurdles 5A

<b>National:</b>	<b>35.28 N 2007</b>	<b>Jeshua Anderson</b>
<b>Colo. Prep:</b>	<b>36.41 C 2001</b>	<b>Gerren Crochet</b>
<b>State Meet:</b>	<b>36.41 R 2001</b>	<b>Gerren Crochet</b>

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle MacIntosh	SR	Littleton	37.58
2 Herman Gutierrez	SR	Grand Jctn.	38.28
3 Cory Engel	SR	Northglenn	38.29
4 Brendan Jackson	SR	Palmer	38.85
5 Jordan Aguilar-Wynn	SR	Regis	38.91
6 Vincent Valdez	SR	Thornton	39.16
7 Casey Young	SO	Regis	39.48
8 Ben Courtney	SR	Littleton	39.65
--- Tim Bannister	SR	Pine Creek	DNS

## Event 129 Boys 4x100 Meter Relay 5A

<b>National:</b>	<b>39.76 N 1998</b>	<b>Fort Worth Wyatt HS, TX</b>
<b>Colo. Prep:</b>	<b>41.21 C 2007</b>	<b>Overland</b>
<b>State Meet:</b>	<b>41.21 R 2007</b>	<b>Overland</b>

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Chatfield		42.24Q
2 Doherty		42.38Q
3 Grandview		42.35Q
4 Cherokee Trail		42.42Q
5 Heritage		42.56Q
6 Rampart		42.82Q
7 ThunderRidge		42.84q
8 Overland		43.07q
9 Cherry Creek		43.09q
10 Arapahoe		43.16
11 Ftn.-Fort Carson		43.31
12 Smoky Hill		43.45
13 Monarch		43.56
14 Gateway		43.57
15 Grand Junction		43.68
16 Littleton		43.76
17 Eaglecrest		43.79
18 Rocky Mountain		44.72

## Event 129 Boys 4x100 Meter Relay 5A

<b>National:</b>	<b>39.76 N 1998</b>	<b>Fort Worth Wyatt HS, TX</b>
<b>Colo. Prep:</b>	<b>41.21 C 2007</b>	<b>Overland</b>
<b>State Meet:</b>	<b>41.21 R 2007</b>	<b>Overland</b>

Team	Relay	Finals
<b>Finals</b>		
1 Cherokee Trail		42.11
2 Grandview		42.19
3 Heritage		42.46
4 Rampart		42.61
5 Doherty		42.72
6 ThunderRidge		42.84

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Finals ... (Event 129 Boys 4x100 Meter Relay 5A)**

Team	Relay	Finals
7 Overland		42.88
8 Cherry Creek		43.05
9 Chatfield		43.41

**Event 130 Boys 4x200 Meter Relay 5A**

**National:** 1:23.92 N 2007 Fort Bend Hightower HS, TX  
**Colo. Prep:** 1:25.59 C 2007 George Washington  
**State Meet:** 1:25.59 R 2007 George Washington

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Chatfield		1:27.85Q
2 Cherokee Trail		1:27.87Q
3 Pine Creek		1:28.32Q
4 ThunderRidge		1:28.60Q
5 Cherry Creek		1:28.62Q
6 Rampart		1:29.08Q
7 Littleton		1:29.54q
8 Rocky Mountain		1:29.66q
9 Grandview		1:29.82q
10 Loveland		1:30.07
11 Ralston Valley		1:30.47
12 Arapahoe		1:30.57
13 Smoky Hill		1:30.60
14 Ftn.-Fort Carson		1:30.77
15 Monarch		1:30.90
16 Durango		1:31.12
17 Grand Junction		1:31.30
--- Overland		DNS

**Event 130 Boys 4x200 Meter Relay 5A**

**National:** 1:23.92 N 2007 Fort Bend Hightower HS, TX  
**Colo. Prep:** 1:25.59 C 2007 George Washington  
**State Meet:** 1:25.59 R 2007 George Washington

Team	Relay	Finals
<b>Finals</b>		
1 Chatfield		1:27.21
2 Rampart		1:27.56
3 Cherokee Trail		1:27.81
4 ThunderRidge		1:28.37
5 Littleton		1:28.48
6 Pine Creek		1:28.59
7 Cherry Creek		1:28.87
8 Grandview		1:28.96
9 Rocky Mountain		1:29.55

**Event 131 Boys 4x400 Meter Relay 5A**

**National:** 3:07.40 N 1985 Hawthorne HS, CA  
**Colo. Prep:** 3:15.34 C 1997 Montbello  
**State Meet:** 3:15.34 R 1997 Montbello

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Grand Junction		3:19.83Q
2 Littleton		3:21.15Q
3 Pine Creek		3:20.18Q
4 Boulder		3:22.95Q
5 Mountain Range		3:20.32Q
6 Heritage		3:23.44Q
7 Loveland		3:21.58q
8 Ftn.-Fort Carson		3:25.65q
9 Durango		3:26.37q
10 Cherokee Trail		3:26.39
11 ThunderRidge		3:26.71
12 Liberty (Cs)		3:26.80
13 Coronado		3:27.07
14 Grandview		3:28.02
15 Smoky Hill		3:28.30
16 Arapahoe		3:28.41
17 Chaparral		3:29.31
18 Northglenn		3:35.47

**Event 131 Boys 4x400 Meter Relay 5A**

**National:** 3:07.40 N 1985 Hawthorne HS, CA  
**Colo. Prep:** 3:15.34 C 1997 Montbello  
**State Meet:** 3:15.34 R 1997 Montbello

Team	Relay	Finals
<b>Finals</b>		
1 Littleton		3:18.43
2 Grand Junction		3:18.73
3 Ftn.-Fort Carson		3:19.80
4 Loveland		3:19.94
5 Pine Creek		3:20.02
6 Mountain Range		3:21.01
7 Boulder		3:21.59
8 Heritage		3:22.43
9 Durango		3:23.06

**Event 132 Boys 4x800 Meter Relay 5A**

**National:** 7:36.24 N 1982 Ambler Wissahickon HS, PA  
**Colo. Prep:** 7:45.10 C 2001 Smoky Hill  
**State Meet:** 7:45.10 R 2001 Smoky Hill

Team	Relay	Finals
<b>Finals</b>		
1 Chaparral		7:53.72
2 Ftn.-Fort Carson		7:55.46
3 Littleton		7:58.90
4 Regis		7:59.44
5 Arapahoe		8:01.18
6 Loveland		8:02.95

**Colorado High School - 5/14/2009 to 5/16/2009**

**State Track & Field Championships  
Jefferson County Stadium, Lakewood**

**Results**

**Finals ... (Event 132 Boys 4x800 Meter Relay 5A)**

Team	Relay	Finals
7	Rampart	8:04.53
8	Fairview	8:05.29
9	Durango	8:05.65
10	Smoky Hill	8:05.67
11	Boulder	8:06.56
12	Denver South	8:07.42
13	Coronado	8:07.81
14	Overland	8:14.13
15	Standley Lake	8:14.74
16	Cherokee Trail	8:15.57
17	Cherry Creek	8:15.71
18	Fruita Monument	8:23.66

**Event 133 Boys High Jump 5A**

<b>National:</b> 7-05.25 N 1984	<b>Dothel Edwards</b>
<b>Colo. Prep:</b> 7-04 C 1990	<b>Matt Hemingway</b>
<b>State Meet:</b> 7-02 R 1987	<b>Jeff Martinez</b>

Name	Yr	School	Finals
<b>Finals</b>			
1	Travis Scott	JR Coronado	6-07.00
2	Jon Gamble	SR Pomona	J6-07.00
3	Jason Dewitt	SR Ralston Vall	6-06.00
4	David Day	JR ThunderRidge	J6-06.00
5	Seun Ogunmodede	JR Regis	6-05.00
6	Kenny Bell	JR Fairview	6-04.00
7	Mike Ashton	JR Liberty (Cs)	6-03.00
8	Armoni Brewington	JR Bear Creek	J6-03.00
8	Ethan Karp	FR Rocky Mtn	J6-03.00
10	Christopher Gillespi	SR Eaglecrest	6-02.00
10	JC Coleman	SR ThunderRidge	6-02.00
10	Justin Jimmerson	SR Eaglecrest	6-02.00
13	Jeff Brown	JR Pomona	6-00.00
13	Joey Kingston	SR Rampart	6-00.00
13	Brock Emory	SR Ftn-Ft. Carson	6-00.00
13	Brett Peterson	JR Fruita Monum	6-00.00
13	Marcus Pierce	SR Arapahoe	6-00.00
13	Miles Jones	SR Bear Creek	6-00.00
13	Jessen Kirchner	SR Littleton	6-00.00
13	Justin Muench	SO Legacy	6-00.00
---	Matt Becar	FR Doherty	NH
---	Sean Edwards	SR Montbello	DNS

**Event 134 Boys Pole Vault 5A**

<b>National:</b> 18-02.25 N 1999	<b>Eric Eshbach</b>
<b>Colo. Prep:</b> 17-07.50 C 1986	<b>Pat Manson</b>
<b>State Meet:</b> 17-03 R 1986	<b>Pat Manson</b>

Name	Yr	School	Finals
<b>Finals</b>			
1	Chase Cooper	SR Smoky Hill	17-00.00
2	Todd Paicurich	SR Standley Lake	15-00.00
3	Patrick Brovsky	SR Arapahoe	14-06.00
4	Korey MacGill	JR Doherty	14-00.00
5	Vincent Delmonico	JR Bear Creek	J14-00.00

6	Bryce Hill	SR Pomona	13-06.00
6	Tyler Nieves	JR Rampart	13-06.00
8	Noah Christenson	SR Pine Creek	J13-06.00
8	Danny Lopez	JR Fairview	J13-06.00
10	Nick Turner	SR Loveland	13-00.00
10	Lee Marshall	SR Ralston Vall	13-00.00
10	Alex Aguilar	SR Littleton	13-00.00
10	Chris Ranglos	SR Fort Collins	13-00.00
14	Cameron Durkin	JR Arapahoe	12-06.00
14	Sean Stettner	JR Loveland	12-06.00
14	Andrew Shultz	JR Heritage	12-06.00
---	Jessen Kirchner	SR Littleton	NH
---	Jeremiah Henderson	SR Palmer	NH

**Event 135 Boys Long Jump 5A**

<b>National:</b> 26-04.75 N 1989	<b>James Stallworth</b>
<b>Colo. Prep:</b> 24-07.50 C 1990	<b>Chris Sanders</b>
<b>State Meet:</b> 24-05.50 R 1995	<b>William Henderson</b>

Name	Yr	School	Finals
<b>Finals</b>			
1	Stephon Roddey	JR ThunderRidge	21-10.50 -2.4
2	Joe Takikawa	JR Littleton	21-08.00 -2.4
3	Kenny Bell	JR Fairview	21-07.25 -3.8
4	Jonathan Edmunds	SO Littleton	21-06.50 -2.5
5	Jason Dewitt	SR Ralston Vall	21-05.50 -0.5
6	Taylor Accardi	SR Dakota Ridge	21-00.25 -1.9
7	Maurice Blackledge	SR Palmer	20-09.25 -1.4
8	Josh Valdez	SR Fruita Monum	20-07.25 -1.9
9	Randy Brown	SR Grand Jctn.	20-06.75 -0.1
10	Da Vaugh Thornton	SR Denver East	20-06.00 -5.0
11	Justin Castor	JR Arvada West	20-05.50 -2.1
12	Cameron McWee	FR Legacy	19-11.50 -1.9
12	Cameron Carter	SO Mtn. Vista	19-11.50 -1.0
14	Damian Henry	SR Ftn-Ft. Carson	19-11.25 -3.6
15	Kyle Thomas	JR Eaglecrest	19-10.25 -0.7
16	Josh Yates	JR Doherty	19-07.50 -2.0
17	Grant Golightly	SR Columbine	19-05.25 -2.2
18	Kendall Gregory-McGhee	SR Cherokee Trl	19-04.00 -1.0

**Event 136 Boys Triple Jump 5A**

<b>National:</b> 52-10.50 N 1980	<b>Charles Mayfield</b>
<b>Colo. Prep:</b> 51-00.25 C 1973	<b>Vic White</b>
<b>State Meet:</b> 51-00.25 R 1973	<b>Vic White</b>

Name	Yr	School	Finals
<b>Finals</b>			
1	Anthony Cardinale	SR Air Academy	46-03.00 0.1
2	Marvin McChriston	SR Coronado	45-07.50 2.4
3	Tyler Marsette	JR Mtn Range	45-04.00 +0.0
4	Cameron Carter	SO Mtn. Vista	44-05.50 1.4
5	Travis Sears	SR Legacy	44-04.50 1.2
6	Joe Takikawa	JR Littleton	44-04.25 0.5
7	Justin Castor	JR Arvada West	44-03.75 1.9
8	Jonathan Edmunds	SO Littleton	44-02.25 0.6
9	Tyler Jacobs	SR Monarch	44-00.50 +0.0
10	Randy Brown	SR Grand Jctn.	43-06.75 0.3

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Finals ... (Event 136 Boys Triple Jump 5A)

Name	Yr	School	Finals
11 Reginald Allison	SO	Palmer	43-04.00 -1.2
12 Stephon Roddey	JR	ThunderRidge	43-02.25 1.1
13 Kenneth Chambers	JR	Doherty	42-11.50 -0.3
14 Kordale Taylor	SO	Ftn-Ft. Carson	42-08.25 -1.1
15 Kyle Thomas	JR	Eaglecrest	42-01.00 +0.0
16 Justin Jimmerson	SR	Eaglecrest	42-00.75 0.3
17 JR Lee	SO	ThunderRidge	41-07.25 1.6
18 Kain Colter	JR	Cherry Creek	40-08.25 0.1

## Event 137 Boys Shot Put 5A

National: 77-00 N 1979 Michael Carter  
 Colo. Prep: 66-03.25 C 1982 Jim Banich  
 State Meet: 66-03.25 R 1982 Jim Banich

Name	Yr	School	Finals
<b>Finals</b>			
1 Mark Sparks	SR	Smoky Hill	56-05.50
2 Cody Sanders	SR	Heritage	54-05.50
3 Jamarius Mathis	JR	Ftn-Ft. Carson	53-09.50
4 Joe Purfield	SR	Ralston Vall	51-05.00
5 Jake Utley	JR	Bear Creek	50-11.50
6 Lane Stuht	SR	Loveland	50-01.00
7 Derrick Schmitz	SR	Littleton	49-09.50
8 Jason Hirshberg	JR	Fairview	49-01.00
9 Terrance Alletto	SR	Ponderosa	49-00.50
10 Josh Bredl	SR	Horizon	48-07.50
11 Frank Osuji	SR	Ftn-Ft. Carson	47-03.25
12 Ryan Duman	JR	Pomona	47-01.00
13 Justin Ellis	JR	Mtn Range	45-05.00
14 Jaden Terry	JR	Doherty	45-02.00
15 Leo Gerhard	SR	Loveland	45-00.50
16 Alec Pott	SR	Poudre	43-10.75
--- Adam Turner	SR	Standley Lake	ND
--- Caleb Spaulding	JR	Fort Collins	ND

## Event 138 Boys Discus Throw 5A

National: 234-03 N 2001 Niklas Arrhenius  
 Colo. Prep: 222-03 C 2008 Mason Finley  
 State Meet: 192-05 R 1977 Todd Austin

Name	Yr	School	Finals
<b>Finals</b>			
1 Mark Sparks	SR	Smoky Hill	177-08
2 Ryan Duman	JR	Pomona	158-01
3 Brendon Austin	SO	Chaparral	154-07
4 Jamarius Mathis	JR	Ftn-Ft. Carson	152-01
5 Leo Gerhard	SR	Loveland	151-06
6 Caleb Spaulding	JR	Fort Collins	149-07
7 Alec Pott	SR	Poudre	147-01
8 Lane Stuht	SR	Loveland	145-10
9 Hunter West	JR	Regis	144-10
10 Jaden Terry	JR	Doherty	144-03
11 Trevor Anhder	SR	Pine Creek	142-01
12 Garrett Karp	JR	Rocky Mtn	140-07
13 Ryan Tuley	SR	Mtn Range	132-07

14 J.T. VanVeen	Regis	127-02
15 Anthony Martin	JR Fruita Monum	124-01
16 Jason Hirshberg	JR Fairview	123-05
17 Ryan Cudd	SR Poudre	122-08
--- Corey Hoffman	SR Rampart	ND

## Event 141 Girls 100 Meter Dash 5A

National: 11.14 N 1992 Marion Jones  
 Colo. Prep: 11.31 C 1987 Caryl Smith  
 State Meet: 11.37 R 1997 Alisha Latimer

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 LaTraia Scott	SR	Coronado	11.90Q0.9
2 Kayla Fisher-Taylor	JR	Montbello	12.22Q+0.0
3 Ashley Foster	SR	Fort Collins	12.32Q+0.0
4 Andrea Slouka	JR	Heritage	12.43Q0.9
5 Lindsey Boyd	JR	Standley Lake	12.54Q0.9
6 Brittney Washington	JR	Denver East	12.68Q+0.0
7 Stephanie Hutsell	SO	Loveland	12.59q 0.9
8 Carly DeLorenzo	JR	Arvada West	12.66q 0.9
9 Meagan Robinson	SR	Poudre	12.69q 0.9
10 Callie Hancock	SR	Chatfield	12.70 +0.0
11 Austraya Domena	JR	Aurora Cntrl	12.76 +0.0
12 Ashly Lester	SR	Rocky Mtn	12.80 +0.0
13 Rachel Opgenorth	JR	Cherry Creek	12.83 +0.0
14 Tianna Porter	FR	Overland	12.91 0.9
15 Casey Clayton	SR	Green Mtn	12.92 +0.0
16 Breanna Jones	SR	Grand Jctn.	12.92 0.9
17 Tehdi Hudson	SR	Dakota Ridge	13.06 0.9
--- Sara Benson	JR	Rampart	DNS +0.0

## Event 141 Girls 100 Meter Dash 5A

National: 11.14 N 1992 Marion Jones  
 Colo. Prep: 11.31 C 1987 Caryl Smith  
 State Meet: 11.37 R 1997 Alisha Latimer

Name	Yr	School	Finals
<b>Finals</b>			
1 LaTraia Scott	SR	Coronado	11.91 +0.0
2 Kayla Fisher-Taylor	JR	Montbello	12.23 +0.0
3 Ashley Foster	SR	Fort Collins	12.35 +0.0
4 Andrea Slouka	JR	Heritage	12.57 +0.0
5 Lindsey Boyd	JR	Standley Lake	12.66 +0.0
6 Stephanie Hutsell	SO	Loveland	12.74 +0.0
7 Carly DeLorenzo	JR	Arvada West	12.74 +0.0
8 Meagan Robinson	SR	Poudre	12.75 +0.0
9 Brittney Washington	JR	Denver East	12.77 +0.0

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 142 Girls 200 Meter Dash 5A

**National:** 22.52 N 2003 Allyson Felix  
**Colo. Prep:** 23.36 C 1994 Aspen Burkett  
**State Meet:** 23.36 R 1994 Aspen Burkett

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 LaTraia Scott	SR	Coronado	24.41Q0.1
2 Kayla Fisher-Taylor	JR	Montbello	24.69Q+0.0
3 Kelsey Williamson	SR	ThunderRidge	25.11Q+0.0
4 Andrea Slouka	JR	Heritage	25.19Q0.1
5 Ashley Foster	SR	Fort Collins	25.33Q+0.0
6 Sara Benson	JR	Rampart	25.53Q0.1
7 Brittney Washington	JR	Denver East	25.61q+0.0
8 Vanessa Samuel	SR	Smoky Hill	25.75q+0.0
9 Stephanie Hutsell	SO	Loveland	25.79q+0.0
10 Hannah Bower	SR	Loveland	25.85 0.1
11 Olivia Heaston	SR	Cherry Creek	25.88 +0.0
12 Austraya Domena	JR	Aurora Cntrl	25.90 0.1
13 Lindsey Boyd	JR	Standley Lake	25.92 0.1
14 Rachel Opgenorth	JR	Cherry Creek	25.98 0.1
15 Carly DeLorenzo	JR	Arvada West	26.25 0.1
16 Breanna Jones	SR	Grand Jctn.	26.26 0.1
17 Chelsea Fenderson	JR	Overland	26.28 +0.0
18 Juliana Grover	SO	Chatfield	26.33 +0.0

## Event 142 Girls 200 Meter Dash 5A

**National:** 22.52 N 2003 Allyson Felix  
**Colo. Prep:** 23.36 C 1994 Aspen Burkett  
**State Meet:** 23.36 R 1994 Aspen Burkett

Name	Yr	School	Finals
<b>Finals</b>			
1 LaTraia Scott	SR	Coronado	23.98 1.8
2 Kayla Fisher-Taylor	JR	Montbello	24.42 1.8
3 Kelsey Williamson	SR	ThunderRidge	24.77 1.8
4 Ashley Foster	SR	Fort Collins	25.04 1.8
5 Andrea Slouka	JR	Heritage	25.20 1.8
6 Brittney Washington	JR	Denver East	25.21 1.8
7 Stephanie Hutsell	SO	Loveland	25.68 1.8
8 Vanessa Samuel	SR	Smoky Hill	26.12 1.8
--- Sara Benson	JR	Rampart	DNS 1.8

## Event 143 Girls 400 Meter Dash 5A

**National:** 50.74 N 2000 Monique Henderson  
**Colo. Prep:** 53.71 C 1993 Cynthia Newsome  
**State Meet:** 53.71 R 1993 Cynthia Newsome

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kelsey Williamson	SR	ThunderRidge	57.33Q
2 Samantha Strempeke	JR	Palmer	58.21Q
3 Dana Gaetani	FR	Littleton	57.50Q
4 Ashley Foster	SR	Fort Collins	58.33Q
5 Grace Brittan	FR	Littleton	58.28Q

6 Hannah Bower	SR	Loveland	58.51Q
7 Aleah Meade	JR	Littleton	58.33q
8 Austraya Domena	JR	Aurora Cntrl	58.61q
9 Kristen Narum	SO	Fairview	58.87q
10 Ashly Lester	SR	Rocky Mtn	59.16
11 Amanda Lark	FR	Ponderosa	59.30
12 Iris Hardarson	SO	Littleton	59.55
13 Ariel Aguilar	SR	Cherry Creek	59.90
14 Kayla Mescher	SO	Brighton	60.11
15 Nicole Williams	JR	Cherokee Trl	64.96
--- Elle Brunsdale	SO	Lakewood	DNS

## Event 143 Girls 400 Meter Dash 5A

**National:** 50.74 N 2000 Monique Henderson  
**Colo. Prep:** 53.71 C 1993 Cynthia Newsome  
**State Meet:** 53.71 R 1993 Cynthia Newsome

Name	Yr	School	Finals
<b>Finals</b>			
1 Kelsey Williamson	SR	ThunderRidge	55.60
2 Ashley Foster	SR	Fort Collins	56.37
3 Samantha Strempeke	JR	Palmer	57.07
4 Dana Gaetani	FR	Littleton	57.16
5 Grace Brittan	FR	Littleton	57.97
6 Hannah Bower	SR	Loveland	58.27
7 Kristen Narum	SO	Fairview	58.86
8 Aleah Meade	JR	Littleton	59.18
9 Austraya Domena	JR	Aurora Cntrl	59.73

## Event 144 Girls 800 Meter Run 5A

**National:** 2:02.90 N 2000 Chanelle Price  
**Colo. Prep:** 2:07.53 C 1996 Tara Mendozza  
**State Meet:** 2:07.52 R 1996 Tara Mendozza

Name	Yr	School	Finals
<b>Finals</b>			
1 Eleanor Fulton	SO	Highlands Ra	2:12.05
2 Olivia Anderson	FR	Cherry Creek	2:14.66
3 Kristen Narum	SO	Fairview	2:15.05
4 Nikki Long	SR	Rocky Mtn	2:15.11
5 Kelsey Lakowske	SO	Boulder	2:16.26
6 Natosha Rogers	SR	Dakota Ridge	2:16.55
7 Alesha Knudson	SO	Mtn Range	2:17.17
8 Rikki Gonzales	FR	Rangeview	2:19.13
9 Clare Gallagher	JR	Cherry Creek	2:20.71
10 Annie Whitford	JR	Palmer	2:21.54
11 Aliese Willard	SR	Rocky Mtn	2:22.43
12 Precious Lyons	SR	G. Washington	2:22.74
13 Lynnea Sjoerdsma	SR	Doherty	2:22.89
14 Megan Williams	JR	Cherry Creek	2:22.91
15 Kirsten Follett	JR	Fort Collins	2:22.95
16 Rachel Rudel	FR	Fort Collins	2:25.04
17 Katleyn Wojan	JR	Chaparral	2:28.66
18 Tati Ogan	SR	Fort Collins	2:36.69

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

## Event 145 Girls 1600 Meter Run 5A

National: 4:33.82 N 2008 Christine Babcock  
 Colo. Prep: 4:49.86 C 1991 Melody Fairchild  
 State Meet: 4:49.86 R 1991 Melody Fairchild

Name	Yr	School	Finals
<b>Finals</b>			
1 Eleanor Fulton	SO	Highlands Ra	4:58.57
2 Kelsey Lakowske	SO	Boulder	5:01.09
3 Natosha Rogers	SR	Dakota Ridge	5:03.10
4 Clare Gallagher	JR	Cherry Creek	5:06.84
5 Dominique Gerard	SO	ThunderRidge	5:08.84
6 Kirsten Follett	JR	Fort Collins	5:10.04
7 Sam Lewis	FR	Boulder	5:12.17
8 McLane Ritzel	JR	Highlands Ra	5:12.18
9 Nikki Long	SR	Rocky Mtn	5:13.46
10 Rachel Viger	JR	Fort Collins	5:15.64
11 Annie Whitford	JR	Palmer	5:16.21
12 Paige Lillo	SR	Dakota Ridge	5:17.32
13 Nikki Funkhauser	SO	Columbine	5:17.46
14 Miranda Benzel	SR	Fort Collins	5:19.72
15 Marci Witczak	SO	Fort Collins	5:21.38
16 Camille Logan	SR	Littleton	5:24.26
17 Megan Chipman	SR	Mtn. Vista	5:24.79
18 Tati Ogan	SR	Fort Collins	5:38.01

## Event 146 Girls 3200 Meter Run 5A

National: 9:48.59 N 1996 Kimberly Mortensen  
 Colo. Prep: 10:21.37 C 1991 Melody Fairchild  
 State Meet: 10:34.09 R 1990 Melody Fairchild

Name	Yr	School	Finals
<b>Finals</b>			
1 Kelsey Lakowske	SO	Boulder	10:49.18
2 Eleanor Fulton	SO	Highlands Ra	10:49.27
3 Natosha Rogers	SR	Dakota Ridge	10:50.60
4 Sam Lewis	FR	Boulder	11:03.38
5 Rachel Viger	JR	Fort Collins	11:09.23
6 Clare Gallagher	JR	Cherry Creek	11:17.78
7 Dominique Gerard	SO	ThunderRidge	11:21.72
8 Miranda Benzel	SR	Fort Collins	11:22.16
9 Marci Witczak	SO	Fort Collins	11:24.50
10 McLane Ritzel	JR	Highlands Ra	11:25.47
11 Sophie McNeely	SR	Arapahoe	11:25.58
12 Paige Lillo	SR	Dakota Ridge	11:29.20
13 Birdie Hutton	FR	Boulder	11:39.59
14 Cilia Jaeger	SO	Boulder	11:40.77
15 Camille Logan	SR	Littleton	11:56.50
16 Nikki Funkhauser	SO	Columbine	11:57.44
--- Kirsten Follett	JR	Fort Collins	DNS
--- Caroline Hine	JR	Chaparral	DNS

## Event 147 Girls 100 Meter Hurdles 5A

National: 13.03 N 2007 Vashti Thomas  
 Colo. Prep: 13.23 C 1996 Dominique Calloway  
 State Meet: 13.23 R 1996 Dominique Calloway

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kami Mendez	FR	Denver East	14.66Q1.2
2 Stephanie Gerber	SO	Arapahoe	14.67Q1.7
3 Sara Benson	JR	Rampart	14.92Q1.7
4 Lindsey Keller	SR	Eaglecrest	15.02Q1.2
5 Tori Tillquist	SR	Littleton	15.35Q1.7
6 Krystal Thomas	JR	Overland	15.38Q1.2
7 Maggie Anderson	SO	Loveland	15.47q 1.7
8 Alyse Harris	JR	Cherry Creek	15.51q 1.2
9 Emily Pirnack	JR	Littleton	15.52q 1.7
10 Kaylee Packham	FR	Loveland	15.56 1.7
11 Erin Glover	SR	Arvada West	15.75 1.2
12 Tiggy Hutchinson	SR	Sand Creek	15.75 1.7
13 Jamie Derrieux	FR	Grand Jctn.	15.76 1.2
14 Paige Follett	JR	Chaparral	15.81 1.2
15 Libby Westfall	JR	Pine Creek	15.89 1.7
16 Kayla Johnson	JR	Dakota Ridge	15.90 1.7
17 Jaquia Respass	SR	Littleton	16.27 1.2
--- Takara Reed	SO	G. Washington	DNS 1.2

## Event 147 Girls 100 Meter Hurdles 5A

National: 13.03 N 2007 Vashti Thomas  
 Colo. Prep: 13.23 C 1996 Dominique Calloway  
 State Meet: 13.23 R 1996 Dominique Calloway

Name	Yr	School	Finals
<b>Finals</b>			
1 Kami Mendez	FR	Denver East	14.53 2.9
2 Lindsey Keller	SR	Eaglecrest	14.94 2.9
3 Sara Benson	JR	Rampart	14.94 2.9
4 Krystal Thomas	JR	Overland	15.08 2.9
5 Stephanie Gerber	SO	Arapahoe	15.11 2.9
6 Emily Pirnack	JR	Littleton	15.25 2.9
7 Tori Tillquist	SR	Littleton	15.28 2.9
8 Alyse Harris	JR	Cherry Creek	15.28 2.9
9 Maggie Anderson	SO	Loveland	15.36 2.9

## Event 148 Girls 300 Meter Hurdles 5A

National: 39.98 N 2001 Lashinda Demus  
 Colo. Prep: 41.35 C 2000 Twink Krainik  
 State Meet: 41.35 R 2000 Twink Krainik

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Olivia Anderson	FR	Cherry Creek	45.76Q
2 Vanessa Samuel	SR	Smoky Hill	45.79Q
3 Stephanie Gerber	SO	Arapahoe	46.47Q
4 Sara Benson	JR	Rampart	46.63Q
5 Krystal Thomas	JR	Overland	46.63Q

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Preliminaries ... (Event 148 Girls 300 Meter Hurdles 5A)**

Name	Yr	School	Prelims
6 Kirsten Farquhar	SO	Rampart	46.79Q
7 Vanessa Emerson	SR	Aurora Cntrl	46.80q
8 Emily Pirnack	JR	Littleton	46.92q
9 Jaquia Respass	SR	Littleton	46.99q
10 Yahna Harris	JR	Ftn-Ft. Carson	47.23
11 Faith Winter	JR	Loveland	47.71
12 Kayla Johnson	JR	Dakota Ridge	47.83
13 Haley Brogan	FR	Lakewood	48.26
14 Emily Squadra	SR	Boulder	48.40
15 Laura Yarrow	FR	Pine Creek	48.74
16 Jamie Derrieux	FR	Grand Jctn.	49.06
17 Suzanne Case	SO	Loveland	49.16
18 Alyse Harris	JR	Cherry Creek	49.27

**Event 148 Girls 300 Meter Hurdles 5A**

**National:** 39.98 N 2001 Lashinda Demus  
**Colo. Prep:** 41.35 C 2000 Twink Krainik  
**State Meet:** 41.35 R 2000 Twink Krainik

Name	Yr	School	Finals
<b>Finals</b>			
1 Olivia Anderson	FR	Cherry Creek	43.58
2 Vanessa Samuel	SR	Smoky Hill	44.34
3 Sara Benson	JR	Rampart	44.42
4 Vanessa Emerson	SR	Aurora Cntrl	45.42
5 Krystal Thomas	JR	Overland	46.37
6 Kirsten Farquhar	SO	Rampart	46.65
7 Jaquia Respass	SR	Littleton	47.02
8 Stephanie Gerber	SO	Arapahoe	47.08
9 Emily Pirnack	JR	Littleton	50.97

**Event 149 Girls 4x100 Meter Relay 5A**

**National:** 44.50 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 46.51 C 2007 George Washington  
**State Meet:** 46.51 R 2007 George Washington

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Overland		48.73Q
2 Heritage		48.76Q
3 ThunderRidge		49.19Q
4 Coronado		49.46Q
5 Grand Junction		49.72Q
6 Doherty		49.78Q
7 Cherry Creek		49.91q
8 Dakota Ridge		49.93q
9 Poudre		49.95q
10 Montbello		50.17
11 Sand Creek		50.41
12 Chatfield		50.43
13 Cherokee Trail		50.51
14 Grandview		50.52
15 Fort Collins		50.92
16 Smoky Hill		51.02

17 Rampart	51.62
18 Loveland	51.92

**Event 149 Girls 4x100 Meter Relay 5A**

**National:** 44.50 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 46.51 C 2007 George Washington  
**State Meet:** 46.51 R 2007 George Washington

Team	Relay	Finals
<b>Finals</b>		
1 Heritage		48.63
2 Grand Junction		49.15
3 ThunderRidge		49.25
4 Coronado		49.41
5 Overland		49.64
6 Cherry Creek		49.76
7 Dakota Ridge		49.87
8 Doherty		49.97
9 Poudre		50.59

**Event 150 Girls 4x200 Meter Relay 5A**

**National:** 1:33.87 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 1:38.09 C 2007 George Washington  
**State Meet:** 1:38.09 R 2007 George Washington

Team	Relay	Prelims
<b>Preliminaries</b>		
1 ThunderRidge		1:41.52Q
2 Littleton		1:42.73Q
3 Loveland		1:41.96Q
4 Coronado		1:42.76Q
5 Heritage		1:42.51Q
6 Cherry Creek		1:42.77Q
7 Overland		1:43.24q
8 Sand Creek		1:44.38q
9 Chatfield		1:45.12q
10 Montbello		1:45.34
11 Grand Junction		1:45.55
12 Aurora Central		1:45.68
13 Douglas County		1:45.96
14 Cherokee Trail		1:46.20
15 Ftn.-Fort Carson		1:47.12
16 Green Mountain		1:47.73
17 Smoky Hill		1:47.77
18 Fort Collins		1:49.29

**Event 150 Girls 4x200 Meter Relay 5A**

**National:** 1:33.87 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 1:38.09 C 2007 George Washington  
**State Meet:** 1:38.09 R 2007 George Washington

Team	Relay	Finals
<b>Finals</b>		
1 ThunderRidge		1:41.82
2 Loveland		1:42.46
3 Coronado		1:43.26
4 Littleton		1:43.45

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

**Finals ... (Event 150 Girls 4x200 Meter Relay 5A)**

Team	Relay	Finals
5	Heritage	1:43.48
6	Cherry Creek	1:43.56
7	Overland	1:44.18
8	Sand Creek	1:44.97
9	Chatfield	1:47.94

**Event 151 Girls 4x400 Meter Relay 5A**

**National:** 3:35.49 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 3:48.59 C 1993 Denver South  
**State Meet:** 3:48.59 R 1993 Denver South

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Littleton	3:55.21Q
2	ThunderRidge	3:57.94Q
3	Loveland	3:59.07Q
4	Palmer	4:03.09Q
5	Cherry Creek	4:05.12Q
6	Ftn.-Fort Carson	4:06.64Q
7	Ralston Valley	4:07.58q
8	Rampart	4:07.62q
9	Arapahoe	4:07.74q
10	Smoky Hill	4:08.43
11	Grandview	4:08.51
12	Highlands Ranch	4:08.67
13	Green Mountain	4:09.21
14	Fairview	4:09.51
15	Lakewood	4:10.46
16	Pine Creek	4:11.18
17	Rocky Mountain	4:14.54
18	Cherokee Trail	4:23.35

**Event 151 Girls 4x400 Meter Relay 5A**

**National:** 3:35.49 N 2004 Long Beach Poly HS, CA  
**Colo. Prep:** 3:48.59 C 1993 Denver South  
**State Meet:** 3:48.59 R 1993 Denver South

Team	Relay	Finals
<b>Finals</b>		
1	Littleton	3:50.71
2	ThunderRidge	3:52.72
3	Loveland	3:56.00
4	Cherry Creek	3:57.93
5	Ralston Valley	4:00.83
6	Palmer	4:02.16
7	Ftn.-Fort Carson	4:05.47
8	Rampart	4:06.67
9	Arapahoe	4:11.27

**Event 152 Girls 4x800 Meter Relay 5A**

**National:** 8:58.43 N 1982 Ft. Washinton Upper Dublin,  
**Colo. Prep:** 9:01.83 C 2003 Smoky Hill  
**State Meet:** 9:01.83 R 2003 Smoky Hill

Team	Relay	Finals
<b>Finals</b>		
1	Rocky Mountain	9:20.58
2	Highlands Ranch	9:21.04
3	Cherry Creek	9:26.36
4	Chaparral	9:29.92
5	ThunderRidge	9:34.14
6	Fort Collins	9:36.08
7	Doherty	9:43.74
8	Green Mountain	9:43.99
9	Mountain Vista	9:44.04
10	Boulder	9:48.90
11	Palmer	9:50.75
12	Fairview	9:53.01
13	Arapahoe	9:53.05
14	Ralston Valley	9:53.37
15	Heritage	9:57.13
16	Loveland	9:57.51
17	Grandview	9:58.87
18	Pine Creek	10:00.54

**Event 153 Girls 800 Sprint Medley 5A**

**Colo. Prep:** 1:40.25 C 1998 Overland  
**State Meet:** 1:40.25 R 1998 Overland

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Littleton	1:50.40Q
2	Overland	1:50.55Q
3	Grandview	1:50.78Q
4	Fort Collins	1:50.98Q
5	Palmer	1:50.93Q
6	Chatfield	1:52.63Q
7	Chaparral	1:51.33q
8	Green Mountain	1:51.63q
9	Douglas County	1:52.86q
10	Loveland	1:53.21
11	Mountain Range	1:53.30
12	Fairview	1:53.53
13	Lakewood	1:53.54
14	Cherry Creek	1:54.27
15	Rocky Mountain	1:55.80
---	Rampart	DNF
---	Ralston Valley	DQ
---	Ftn.-Fort Carson	DNS

**Colorado High School - 5/14/2009 to 5/16/2009  
State Track & Field Championships  
Jefferson County Stadium, Lakewood**

**Results**

**Event 153 Girls 800 Sprint Medley 5A**

**Colo. Prep:** 1:40.25 C 1998 Overland

**State Meet:** 1:40.25 R 1998 Overland

Team	Relay	Finals
<b>Finals</b>		
1 Littleton		1:47.06
2 Fort Collins		1:47.16
3 Overland		1:49.57
4 Douglas County		1:50.08
5 Palmer		1:50.13
6 Chatfield		1:51.42
7 Grandview		1:51.73
8 Chaparral		1:51.87
--- Green Mountain		DQ

**Event 154 Girls High Jump 5A**

**National:** 6-03 N 1992 Amy Acuff

**Colo. Prep:** 6-01 C 1978 Sharon Burrill

**State Meet:** 6-00.50 R 2005 Chelsea Taylor

Name	Yr	School	Finals
<b>Finals</b>			
1 Kirstin Young	SR	Legacy	5-06.00
2 Devin Steininger	SO	Douglas Cnty	5-05.00
3 Michal Kenney	SR	Arvada West	J5-05.00
4 Summer Winters	SR	Doherty	5-04.00
5 Sabrina Jones	JR	Aurora Cntrl	5-02.00
6 Erika Musante	SO	Rocky Mtn	J5-02.00
7 Jamie Hart	JR	Standley Lake	5-01.00
8 Ashley King	SR	Douglas Cnty	5-00.00
8 Amanda Chaffin	SO	Central-Grand Jc	5-00.00
10 Shanna Christian	FR	Ponderosa	J5-00.00
10 Yahna Harris	JR	Ftn-Ft. Carson	J5-00.00
10 Paige Follett	JR	Chaparral	J5-00.00
13 Whitney Evans	SR	Loveland	4-10.00
13 Kendra Smith	SO	Liberty (Cs)	4-10.00
13 Kendra Schwein	SR	Arapahoe	4-10.00
13 Jessie Christ	SO	Mtn. Vista	4-10.00
13 Hailey Gilleland	SO	Bear Creek	4-10.00
13 Nicole Hulet	FR	Monarch	4-10.00
--- Erin Gauck	SR	Pine Creek	NH
--- Sydney Edwards	SR	Columbine	DQ

**Event 155 Girls Pole Vault 5A**

**National:** 14-01 N 2007 Tori Anthony

**Colo. Prep:** 13-03 C 2008 Elizabeth Stover

**State Meet:** 13-01 R 2008 Kelli Ehardt

Name	Yr	School	Finals
<b>Finals</b>			
1 Jenna Adams	JR	Littleton	11-06.00
2 Valentina Pauna	SO	Rocky Mtn	11-00.00
3 Larissa Hartman	SR	Denver South	J11-00.00
4 Libby Westfall	JR	Pine Creek	J11-00.00
5 Ava Hildebrandt	JR	Pine Creek	10-00.00
6 Cassie Fambrough	SR	Smoky Hill	9-06.00

6 Kelly Flynn	JR	Ponderosa	9-06.00
8 Carrie Nickel	SO	Heritage	J9-06.00
9 Emily Zeise	SR	Arapahoe	J9-06.00
10 Jaimee Cichowitz	SR	Palmer	J9-06.00
11 Jasmin Oomrigar	SR	Grandview	9-00.00
11 Chalyn Logan	SR	Palmer	9-00.00
11 Deedee Longo	JR	Grandview	9-00.00
11 Samantha McDaniel	SR	Grandview	9-00.00
11 Danielle Thenell	SO	Bear Creek	9-00.00
11 Lindsey Jankowski	SO	Durango	9-00.00
11 Colleen McAnallen	SO	Littleton	9-00.00
11 Emily Pfannenstiel	SR	Legacy	9-00.00
11 Jordan Youngblade	JR	Arapahoe	9-00.00
11 Samantha Ince	SR	Cherry Creek	9-00.00
21 Whitney Arebalo	SR	Standley Lake	8-06.00
--- Kristen Blodgett	SR	Cherry Creek	NH

**Event 156 Girls Long Jump 5A**

**National:** 22-01.75 N 1976

**Kathy McMillan**

**Colo. Prep:** 21-00.75 C 1985

**Chelsea Taylor**

**State Meet:** 21-00.75 R 2005

**Chelsea Taylor**

Name	Yr	School	Finals
<b>Finals</b>			
1 Brittney Lewis	SO	Overland	18-00.50 -1.4
2 Rachel Bollinger	JR	Horizon	17-01.25 +0.0
3 Tasha Fitts	JR	Durango	17-00.00 +0.0
4 Jordan Rand	SO	Doherty	16-11.25 -1.2
5 Pam Yu	SO	Highlands Ra	16-11.00 0.4
6 Elle Brunsdale	SO	Lakewood	16-10.00 1.6
7 Renata Garbowski	SR	G. Washington	16-08.25 2.7
8 Katie Mattox	SR	Monarch	16-07.00 2.8
9 Chrissy Slanger	SR	Durango	16-03.75 0.3
10 Vail Davis	JR	Dakota Ridge	16-03.00 +0.0
11 Kaleigh Humphrey	JR	Monarch	16-01.00 2.1
--- Rianna Valentine	JR	Pine Creek	ND NWI
--- Julia Barker	SR	Cherry Creek	ND NWI
--- Jessica Lin	SO	Cherry Creek	ND NWI
--- Amy Kame	JR	Central-Grand Jc	ND NWI
--- Laura Whalen	SO	Littleton	ND NWI
--- Brandis Hughes	JR	Chaparral	ND NWI
--- Lisa Mackessey	SR	Highlands Ra	ND NWI

**Event 157 Girls Triple Jump 5A**

**National:** 44-02.25 N 2001

**Ychindria Spears**

**Colo. Prep:** 41-03.50 C 2006

**Nyeisha Wright**

**State Meet:** 41-00.50 R 2004

**Shaquania Lundy**

Name	Yr	School	Finals
<b>Finals</b>			
1 Alexandria White	SR	G. Washington	39-04.50 1.6
2 Sabrina Jones	JR	Aurora Cntrl	36-11.50 2.4
3 Jordan Rand	SO	Doherty	36-07.00 4.1
4 Paige Follett	JR	Chaparral	35-11.25 3.5
5 Mackenzie Comstock	FR	Green Mtn	J35-11.25 2.0
6 Julia Barker	SR	Cherry Creek	J35-11.25 1.6
7 Pam Yu	SO	Highlands Ra	35-09.00 4.1

**Colorado High School - 5/14/2009 to 5/16/2009**

**State Track & Field Championships  
Jefferson County Stadium, Lakewood**

**Results**

**Finals ... (Event 157 Girls Triple Jump 5A)**

Name	Yr	School	Finals
8 Danielle Williams	FR	Eaglecrest	35-07.50 2.8
9 Tori Tillquist	SR	Littleton	34-08.25 1.9
10 Chelsea Reiffenberger	SR	Columbine	34-06.00 1.6
11 Chelsie Overocker	JR	Horizon	34-05.25 2.4
12 Hailey Gilleland	SO	Bear Creek	34-02.00 3.0
13 Kayla Johnson	JR	Dakota Ridge	34-00.75 1.8
14 Amy Kame	JR	Central-Grand Jc	33-08.75 1.7
15 Sherrea Elliott	SR	Ftn-Ft. Carson	33-00.50 1.9
16 Monique Mosley	JR	Pomona	32-09.00 3.3
17 Caitlyn Reichlin	JR	Columbine	32-07.25 2.0
18 Jordan Savage	JR	ThunderRidge	31-07.75 2.2

**Event 158 Girls Shot Put 5A**

**National:** 54-10.75 N 2003 **Michelle Carter**  
**Colo. Prep:** 51-01 C 1994 **Collinus Newsome**  
**State Meet:** 50-01 R 1994 **Collinus Newsome**

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Hunsucker	SR	Pomona	42-08.75
2 Alexis Cooks	SO	Doherty	42-05.50
3 Molly Potter	SR	Northglenn	39-00.00
4 Hanifah Turner	FR	Denver East	37-03.00
5 Katie Pham	FR	Rangeview	36-11.00
6 Jillian Quintana	SR	Littleton	36-02.00
7 Beth McCarthy	SO	Pine Creek	35-08.25
8 Julia Costin	JR	Chaparral	35-06.25
9 Morgan Gradishar	SO	Grandview	35-03.25
10 Kajsa Bank	SR	Monarch	35-02.50
11 Jamie Pomaski	JR	Central-Grand Jc	34-01.50
12 Lindsey Chamblee	JR	Durango	34-00.00
13 Nichelle Brown	SR	Eaglecrest	33-09.75
14 Megan Glandon	SR	Littleton	33-09.00
15 Sarah Witmer	SR	Poudre	33-05.50
16 Emily Stark	SR	Highlands Ra	32-09.25
17 Anna Gerhard	FR	Loveland	32-01.25
18 Amanda Miller	JR	Thornton	31-01.00

**Event 159 Girls Discus Throw 5A**

**National:** 188-04 N 1994 **Suzu Powell**  
**Colo. Prep:** 160-01 C 1994 **Shelly Greathouse**  
**State Meet:** 153-03 R 2003 **Sarah Stevens**

Name	Yr	School	Finals
<b>Finals</b>			
1 Brooke Jackson	JR	Littleton	134-06
2 Angelina Crespo	SR	Rampart	132-03
3 Emily Hunsucker	SR	Pomona	127-04
4 Jillian Quintana	SR	Littleton	124-00
5 Rebecca Wagner	SR	Rocky Mtn	122-08
6 Julia Costin	JR	Chaparral	115-06
7 Katie Pham	FR	Rangeview	114-03
8 Reecie Dern	SO	Fort Collins	112-04
9 Alexis Cooks	SO	Doherty	110-11
10 Amanda Miller	JR	Thornton	110-02

11 Kaitlin Krattenmaker	JR	Pomona	107-08
12 Jamie Pomaski	JR	Central-Grand Jc	107-01
13 Montoya Walker	JR	Sand Creek	106-03
14 Molly Potter	SR	Northglenn	106-02
15 Beth McCarthy	SO	Pine Creek	101-04
15 Alice Schaefer	JR	Fruita Monum	101-04
17 Kelsy Wheeler	SR	Mtn. Vista	96-05
--- Nichelle Brown	SR	Eaglecrest	ND

**Women - 2A - Team Rankings - 19 Events Scored**

1) Akron	80
2) Limon	67.5
3) Paonia	54
4) Holyoke	46
5) Wray	41
6) Hoehne	35
7) Nederland	32
8) Fleming	25
8) Meeker	25
10) Kim	21
11) Fountain Valley	20
11) McClave	20
13) Crested Butte Community	19
13) Norwood	19
13) Merino	19
16) Las Animas	18
16) Sanford	18
18) Rocky Ford	17
18) The Vanguard School	17
20) Simla	16
20) West Grand	16
20) Hayden	16
23) Wiggins	15
24) Eads	14
24) Byers	14
26) Calhan	12
26) Sedgwick County	12
28) Fowler	11
28) Telluride	11
28) Dayspring Christian	11
31) Genoa-Hugo	10
31) Rangely	10
33) Lutheran-Parker	9
34) North Park	8.5
35) Bethune	8
36) Burlington	7
36) Ouray	7
36) Creede	7
39) Swink	6
39) Kiowa	6
39) Idalia	6
39) South Park	6
43) Springfield	5
43) Center	5
43) Dolores High School	5
46) Briggsdale	4
47) Caliche	3
47) Soroco	3

**Colorado High School - 5/14/2009 to 5/16/2009**

**State Track & Field Championships  
Jefferson County Stadium, Lakewood**

**Results**

47) Elbert	3
47) Deer Trail	3
51) Baca County	2
51) Karval	2
51) Custer County	2
51) Vail Christian	2
55) Dove Creek	1
55) Woodlin	1

**Women - 3A - Team Rankings - 19 Events Scored**

1) Classical Academy	135
2) Eaton	75
3) Lyons	71.5
4) Gunnison	49

4) Middle Park	49
6) Valley	40
7) Colo. Springs Christian	32
8) Estes Park	31
9) Saint Mary's HS	28
10) Brush	25
10) Yuma	25
12) University	23
13) Erie	20.5
14) Holy Family	19
14) Coal Ridge	19
16) St. Mary's Academy	18
16) Bayfield	18
18) Machebeuf	17
19) Grand Valley	16
20) Platte Canyon	15
21) Monte Vista	14
22) Manitou Springs	13
23) Peak to Peak	12
24) Sheridan	11
24) Basalt	11
26) Faith Christian	10
26) Olathe	10
28) Dolores Huerta Prep.	8
28) Peyton	8
30) La Junta	6
31) Florence	5.5
32) Strasburg	5
32) RYE	5
32) Salida	5
35) Cedaredge	4.5
36) Bennett	4
36) Lutheran-Denver	4
38) Hotchkiss	3
38) Lamar	3
38) Discovery Canyon	3
41) James Irwin Charter	2
42) Lake County	1

**Women - 4A - Team Rankings - 19 Events Scored**

1) Thompson Valley	101
2) Lewis-Palmer	69
3) Alamosa	60
4) Widefield	46
5) Mullen	43
6) Windsor	37
7) Glenwood Springs	35
8) Mountain View	33
8) Sierra	33
8) Moffat County	33
11) Niwot	32
11) Wheat Ridge	32
13) Broomfield	30.5
14) Falcon	28
14) Conifer	28
16) Longmont	26
17) Greeley West	20
18) Cheyenne Mountain	19

**Colorado High School - 5/14/2009 to 5/16/2009**  
**State Track & Field Championships**  
**Jefferson County Stadium, Lakewood**  
**Results**

18) Pueblo Centennial	19
18) Greeley Central	19
21) Rock Canyon	18
22) Roosevelt	16
23) Berthoud	12
24) Pueblo West	11
25) D'Evelyn	9
26) Woodland Park	8
27) Palisade	7
27) Valor Christian	7
29) Sterling	6
29) Vista Ridge	6
29) Delta	6
32) Mitchell	5
33) Eagle Valley	4
34) Frederick	3
34) Fossil Ridge	3
36) Castle View	2.5
37) Evergreen	2
37) Montezuma-Cortez	2
37) Harrison	2

<u>Women - 5A - Team Rankings - 19 Events Scored</u>	
1) Littleton	81
2) Cherry Creek	56
3) ThunderRidge	55
4) Fort Collins	47
5) Highlands Ranch	46
6) Overland	36
7) Rocky Mountain	34
8) Doherty	33
8) Coronado	33
10) Boulder	32
11) Heritage	28
11) Rampart	28
13) Loveland	27
14) Denver East	21
14) Dakota Ridge	21
16) Chaparral	20
16) Aurora Central	20
18) Pomona	17
19) Palmer	16
19) Montbello	16
21) Douglas County	15.5
22) Pine Creek	14
23) Smoky Hill	13.5
24) George Washington	13
25) Legacy	10
25) Fairview	10
25) Rangeview	10
25) Arvada West	10
25) Eaglecrest	10
30) Arapahoe	9
31) Horizon	8
31) Grand Junction	8
31) Durango	8
31) Standley Lake	8
35) Denver South	7
35) Northglenn	7
35) Green Mountain	7
38) Chatfield	5
38) Ralston Valley	5
40) Lakewood	4
40) Grandview	4
42) Ponderosa	3.5
43) FTN.-FORT CARSON	3
43) Mountain Range	3
43) Poudre	3
46) Sand Creek	2
46) Monarch	2
48) Central-Grand Jct.	1.5
49) Mountain Vista	1

<u>Men - 2A - Team Rankings - 18 Events Scored</u>	
1) Wray	68
2) Miami-Yoder	49
3) Wiggins	40.3333
4) Rocky Ford	37

**Colorado High School - 5/14/2009 to 5/16/2009**

**State Track & Field Championships  
Jefferson County Stadium, Lakewood**

**Results**

5) Limon	34.5	25) Crested Butte Community	10
6) Dolores High School	34	26) Ignacio	9
7) Holyoke	33	26) Plateau Valley	9
7) Hayden	33	28) Evangelical Christian	8
7) Paonia	33	28) Akron	8
10) Baca County	31	28) Byers	8
11) Sedgwick County	29.5	28) Holly	8
12) Soroco	27	28) Springfield	8
13) Briggsdale	26	33) Ouray	7
14) Cripple Creek-Victor	24	33) Eads	7
14) Burlington	24	33) West Grand	7
16) Norwood	23	33) Stratton	7
17) Hi-Plains	22	37) Lutheran-Parker	6
18) Idalia	20	37) Colo. School for D&B	6
19) Hoehne	18	39) Center	5
20) Sargent	17	39) Mancos	5
21) Fountain Valley	16	39) Genoa-Hugo	5
22) Pikes Peak Christian	15	39) Hilltop Baptist	5
22) Merino	15	43) Vail Christian	4
22) Meeker	15	44) Otis	3
		45) Peetz	2
		45) Rangely	2
		47) Karval	0.66666

**Men - 3A - Team Rankings - 18 Events Scored**

1) Classical Academy	72
2) Buena Vista	54
3) Faith Christian	52.5
4) University	47.5
5) Lutheran-Denver	42
6) Lyons	40.5
7) Holy Family	40
8) Erie	38.5
9) Platte Canyon	38
10) Roaring Fork	33
11) Strasburg	29
12) Colo. Springs Christian	27.5
13) Brush	21
13) Peak to Peak	21
15) Bayfield	19
16) Cedaredge	18
17) Monte Vista	16.5
18) RYE	16
18) Ellicott	16
18) Denver Christian	16
18) Weld Central	16
18) Platte Valley	16
23) Grand Valley	15
24) Hotchkiss	14
24) Eaton	14
26) Gunnison	13
27) Lamar	12
28) Machebeuf	11
29) Yuma	10
30) Manitou Springs	9
31) Bennett	8
31) Coal Ridge	8
31) Olathe	8
34) Saint Mary's HS	5

## Colorado High School - 5/14/2009 to 5/16/2009

State Track & Field Championships  
Jefferson County Stadium, Lakewood

## Results

35) Middle Park	4
36) Basalt	2
37) Highland	1

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**Men - 4A - Team Rankings - 18 Events Scored**

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1) Mullen	59
2) Sierra	57
3) Castle View	52.5
4) Longmont	45
5) Lewis-Palmer	44
6) Wheat Ridge	43
7) Falcon	42
8) Greeley West	41
9) Broomfield	40
10) Silver Creek	36
11) Niwot	29
12) Windsor	28

13) Berthoud	26
14) Pueblo South	24
15) Thomas Jefferson	23
16) Glenwood Springs	22
17) Wasson	21
18) Alamosa	20
18) Evergreen	20
20) Cheyenne Mountain	14
20) Sterling	14
22) Northridge	12
22) D'Evelyn	12
24) Montrose	10
25) Rifle	9.5
26) Greeley Central	9
27) Harrison	8
28) Moffat County	7
28) Fossil Ridge	7
30) Golden	6
30) Woodland Park	6
32) Eagle Valley	5
32) Widefield	5
32) Fort Lupton	5
35) Delta	4
36) Canon City	3
36) Arvada	3
36) Fort Morgan	3
39) Pueblo Central	2
39) Ridge View	2
39) Rock Canyon	2
42) Palisade	1
42) Thompson Valley	1

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**Men - 5A - Team Rankings - 18 Events Scored**

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1) Littleton	77
2) Rampart	37.5
3) Smoky Hill	35
3) Heritage	35
5) Arapahoe	34
6) Chatfield	32
7) FTN.-FORT CARSON	31
7) Cherokee Trail	31
9) Regis	30
10) Chaparral	29
10) ThunderRidge	29
12) Doherty	26
12) Grand Junction	26
14) Cherry Creek	25
14) Coronado	25
16) Dakota Ridge	24
16) Ralston Valley	24
18) Overland	22
19) Loveland	21
19) Northglenn	21
21) Pomona	20.5
22) Grandview	19
23) Eaglecrest	18
23) Mountain Vista	18
25) Fairview	16.5
26) Palmer	15

**Colorado High School - 5/14/2009 to 5/16/2009****State Track & Field Championships****Jefferson County Stadium, Lakewood****Results**

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27) Fort Collins	14
28) Pine Creek	12.5
29) Bear Creek	11.5
30) Mountain Range	11
31) Air Academy	10
32) Standley Lake	8
33) Legacy	5
34) Liberty (CS)	4
34) Central-Grand Jct.	4
34) Thornton	4
37) Poudre	3
37) Arvada West	3
37) Boulder	3
37) Horizon	3
41) Rocky Mountain	2.5
42) Durango	2
42) Fruita Monument	2
44) Ponderosa	1
44) Monarch	1