

# Colorado High School Swim Coaches Association 2012 Dick Rush Memorial

## Boys Swimming & Diving Invitation

**From:** CHSSCA, Ron Johns - (303) 229-2298 (cell); [johnsrswim@msn.com](mailto:johnsrswim@msn.com)

**Date:** Saturday, March 31, 2012

**Pool:** Veterans' Memorial Aquatic Center (VMAC)  
136<sup>th</sup> and Holly Street, Thornton, Colorado 80602  
East of I-25 on 136<sup>th</sup> Avenue, past Colorado Boulevard

**Site Coordinator:** Ron Johns and VMAC Staff

**Conduct:** This meet will be conducted in a Preliminary and Finals format. Diving preliminaries will be conducted while the Swimming preliminaries are in progress.

**Prelims** Warm-Up: 7:00 - 8:20 AM  
Start: Swim 8:30 AM  
Start: Diving 9:00 AM  
Swim Coach Meeting 7:30 AM (time limit 30 minutes)  
Dive Coach Meeting 8:00 AM

Only the top Four Swimmers/Divers from a team may advance to the finals.

Only one Relay from a team may advance to the finals.

**Finals** Warm-Up: 2 pm  
**Start:** 3 PM (8 lane consol and final heat)

**Scoring:** Top 16 from Preliminaries will compete in the evening championships  
Individual: 20- 17- 16- 15- 14- 13- 12- 11- 9- 7- 6- 5- 4- 3- 2- 1  
Relays: 40- 34- 32- 30- 28- 26- 24- 22- 18- 14- 12- 10- 8- 6- 4- 2

**Only top Four Swimmers/Divers from a team can compete/score in the finals.**

**Awards:** Team: Top Two Teams for both 5A and 4A schools  
Individual: Individual Medals 1<sup>st</sup> – 8<sup>th</sup>

### HOYT BRAWNER Award

Nominees must be a senior. Selection criteria will be based on Academics, Citizenship, and Athletic Achievement. Nominations must be in a Written (Typed) form and submitted prior to the start of the preliminary session.

**ATHLETE of the MEET (High Point): Selected based on performance during this meet.**

**Entry Fees:** \$60.00 per team plus \$7.00 per Swimmer/Diver, including swimmers listed as alternates for relays. Please mail before meet.

**Payable to CHSSCA, Colorado HS Swim&Dive Coaches Association**

**Please mail to: Ron Johns Swim Coach  
Chatfield HS, 7227 S Simms St, Littleton CO 80127**

**Electronic payment instructions, please call**

Jennifer Gillespie, Financial Secretary Chatfield Senior High School  
(303) 982-3657 office; [jgillesp@jeffco.k12.co.us](mailto:jgillesp@jeffco.k12.co.us)

Please provide proof of times with Hy-Tek entry report.

Times slower than Qualification Standards WILL be challenged. \$25 fine will be assessed for those that cannot be proved.

Bring Proof of Times if not provided with entries

**Admission:** Adults \$ 7.00 per session, \$ 10.00 All Day

**Programs:** Students \$5.00 per session with school activity sticker  
\$ 5.00 Preliminaries  
\$ 1.00 Finals (Heat Sheet Only)

**Entries Due:** **March 26, 2012. Only Hy-Tek entries will be accepted.**

**Entries:** **Entry Chair: Ron Johns** [johnsrswim@msn.com](mailto:johnsrswim@msn.com)  
a. Hy-Tek file with entries (**Team Abbreviation use CHSAA Bulletin**)  
**Note: Team Codes new for 2011-12**  
b. **Entry Report of your entries with Proof of Times.**  
(.pdf file please with entries and proof of times)  
Use Hy-Tek report option "Include Proof of Times" on the entry report.  
c. **REMEMBER: Dive Entries, I need the names of your divers.**  
d. Please include full team name and coach's full name in your email to help us ensure we do not miss any entries.

**Email:** [johnsrswim@msn.com](mailto:johnsrswim@msn.com) (**I will send you a reply email on receipt**)

**Rules:**

- 1) An athlete may enter a maximum of 4 events with no more than 2 as individual events.
- 2) Each team may enter unlimited competitors per individual event.  
Only Four (4) Individual Competitors per team will be allowed to compete in the Finals.
- 3) Two (2) Relays per School may be entered in the Relay Events. Only one per team in the Finals. Please include all relay entrants (8 allowed) with your entries.  
Note: Once a relay member swims on a B relay they cannot swim on that same event 'A' relay for finals.
- 4) Teams may divide their team into multiple squads. These must be entered as separate teams with unique team name. Athletes may not transfer between squads, defined teams, during this meet.

**Diving:** Divers will perform 11 dives following championship meet format.  
Cut to 32 after 3 rounds, 20 after 5 rounds and 16 after 8 rounds.  
**Dive Cards are Due** at start of meet warm-up, 7:00 AM. Have your card ready when you walk in the door! We will be running eDive.

**Qualifying Standards:**

**Standards may have been achieved during 2010-11 and 2011-12 seasons.**  
**Any recorded time is acceptable.**

	Yards
200 MEDLEY RELAY	<b>1:59.0</b>
200 FREESTYLE	<b>2:02.5</b>
200 INDIVIDUAL MEDLEY	<b>2:17.5</b>
50 FREESTYLE	<b>0:25.0</b>
DIVING	<b>160</b> for 6 Dives, <b>270</b> for 11 Dives
100 BUTTERFLY	<b>1:02.5</b>
100 FREESTYLE	<b>0:54.5</b>
500 FREESTYLE	<b>5:39.0</b>
200 FREESTYLE RELAY	<b>1:44.0</b>
100 BACKSTROKE	<b>1:04.0</b>
100 BREASTSTROKE	<b>1:10.5</b>
400 FREESTYLE RELAY	<b>3:55.0</b>

**Coaches: Please Adhere to these Standards. Times slower than Qualification Standards WILL be challenged. \$25 fine will be assessed for those that cannot be proved. Bring Proof of Times. School ADs will be billed. We want a quality meet with a reasonable timeline.**

Swimmers with a Disability may attend and compete.

Please contact Ron Johns, 303-229-2298 for athlete consideration.