

2011-2012



SKI BULLETIN

IMPORTANT REMINDERS

- CHSAA Committee Meeting – February 15, 2012 – Battle Mountain High School
- State Skiing Championships – February 16 & 17, 2012, Hosted by Battle Mountain High School
- Season schedules will be available online at CHSSL Coach Website (see below for address) when they are finalized
- Promote high levels of sportsmanship – Cheer for your team!

CHSAA CONTACT – Bethany Schott, 303-344-5050, bschott@chsa.org
CHSAA Information – www.chsa.org
CHSSL Coach Website – <https://sites.google.com/site/coloradohighschoolskileague/>

Head Trauma & Concussions

The CHSAA promotes and supports a Community-Based Approach to Concussion Management (School Team, Family Team, and a Medical Team). This is outlined in the REAP Project, found online at www.chsaa.org. Please visit our CHSAA Sports Medicine page for more information and resources.

The Role of the Coach

1620.4 BYLAW: All coaches must annually complete one of the following: The online NFHS Concussion Course or a school organized sports medicine review that includes a head trauma/concussion component, and emergency evacuation procedures. If you suspect that an athlete has a concussion, you should remove the athlete from play, ensure the athlete is evaluated by a health care professional experienced in evaluating for concussions, inform the athlete's parents about the possible concussion, and keep the athlete out of participation the day of injury and until the athlete obtains a written release from a licensed practitioner.

The Role of the Official

The contest official can look for signs, symptoms and conditions of head trauma and if observed shall send the player to the sideline for assessment by school personnel and/or a licensed practitioner. At that time the role of the contest official ceases.

The Role of the Licensed Practitioner & Trainer

If at any time during participation, a student-athlete is removed from participation due to head trauma, the student-athlete must obtain a written release from a licensed practitioner (as defined in the CHSAA bylaws) before participating again. The athlete may then begin a gradual return to play as determined by

HEADS+UP
CONCUSSION IN HIGH SCHOOL SPORTS

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION

SIGNS AND SYMPTOMS*

These signs and symptoms may indicate that a concussion has occurred.

Signs Observed by Coaching Staff	Symptoms Reported by Athlete
Appears dazed or stunned	Headache
Is confused about assignment	Nausea
Forgets plays	Balance problems or dizziness
Is unsure of game, score, or opponent	Double or fuzzy vision
Moves clumsily	Sensitivity to light or noise
Answers questions slowly	Feeling sluggish
Loses consciousness	Feeling foggy or groggy
Shows behavior or personality changes	Concentration or memory problems
Can't recall events prior to hit	
Can't recall events after hit	Confusion

*Adapted from: Lovell MR, Collins MW, Iverson GL, Johnston KM, Bradley JP. Grade 1 or "ding" concussions in high school athletes. The American Journal of Sports Medicine 2004;32(1):47-54.

February 2005

ACTION PLAN

If you suspect that a player has a concussion, you should take the following steps:

1. Remove athlete from play.
2. Ensure athlete is evaluated by an appropriate health care professional. Do not try to judge the seriousness of the injury yourself.
3. Inform athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
4. Allow athlete to return to play only with permission from an appropriate health care professional.

IMPORTANT PHONE NUMBERS

Emergency Medical Services
Name: _____
Phone: _____

Health Care Professional
Name: _____
Phone: _____

School Staff Available During Practice
Name: _____
Phone: _____

School Staff Available During Games
Name: _____
Phone: _____



November 2011,

COACHES and ATHLETIC DIRECTORS.....

Welcome to the 2011-2012 ski season! As you embark on this season, I wish you and your athletes the best. Your enthusiasm, energy and knowledge will be passed on to your eager athletes. I look forward to a great year of volleyball.

This information has been published to assist you with your planning. It is to be used as a source of quick reference to questions regarding dates, committee personnel, administrative duties and the day-to-day organization of matches and tournaments. If questions arise, and interpretations are needed, please do not hesitate to call the CHSAA office.

There are several NEW CHSAA bylaw changes that I want to highlight:

1. 1800.21 (Club Coach Rule): A student transferring, moving or for any reason to a new school where the student's non-school coach is also a coach of the school team, is considered to be attending for athletic purposes. The student, as a result of this transfer, will be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer. As used in this Rule, the term "coach" includes any person who coaches, volunteers (regardless of compensation) or assists in any capacity with the coaching or training of the school or non-school team.
2. 1800.3 (Athletic Transfer): Any transfer substantially motivated by athletic considerations will cause the student to be ineligible for one varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer.
3. 2310.5 (Sunday Contact): A coach may have contact with his or her team on Sunday for a social, academic or service related activity that is strictly voluntary. The contact must be a voluntary, non-competitive/non-participatory activity. CONTACT YOUR AD FOR CLARIFICATION.

If you have any questions with these changes, please contact your athletic director. Please keep in mind that you are our best public relations directors. Your role as coach and leader are respected not only by your peers, but by your students and community members as well. Our collective goal is to educate through activities; when the experiences for our youth are enjoyable and valuable, it enhances the overall educational process; and we can influence the public in a very positive way.

I know your upcoming season will pass quickly and that your efforts and accomplishments will be memorable to those involved. Good luck and have an enjoyable season!

Sincerely,



Bethany N. Schott
Assistant Commissioner

BNS/ms

TABLE OF CONTENTS

Ski League Contact Information.....	1
Legislative Council Changes.....	2
CHSAA Alpine & Nordic Regulations	3
CHSAA Race Regulations.....	7
Nordic Specific Regulations & Procedures.....	11
Alpine Specific Regulations & Procedures	14
CHSAA Ski Regulations for State Competition.....	18
2012 State Ski Championships Information.....	22
State Accommodations.....	23
State Ski Waiver Form.....	24
Protest Form	25

ATHLETIC DIRECTORS ROUTING INSTRUCTIONS

Two bulletins have been enclosed along with a rule book. Please feel free to make copies as needed. The bulletin can be found at www.chsaa.org

Please distribute the enclosed bulletin and rule book. The coach will need this information to begin his/her season. These are the only bulletins that will be distributed; all playoff information is written in this communication. District & Regional hosts will have reminders and information e-mailed them prior to their scheduled tournament.

SKI LEAGUE CONTACT INFORMATION

2011-2012 CHSAA SKI COMMITTEE

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303-250-5061

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KARL REMSEN (3A)

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leadville.nordic@gmail.com

SKI LEAGUE OFFICERS

Bob Feroldi, President, Treasurer, and Secretary

RESULTS COORDINATOR (NORDIC & SKIMEISTER)

Karl Remsen

Lake County High School

leadville.nordic@gmail.com

719-486-8200 x120

RESULTS COORDINATOR (ALPINE)

Karl Barth

Summit High School

smerfsat@yahoo.com

970-389-4670

2011-2012 BOYS' & GIRLS' SKI SCHOOLS

Aspen (530)

Battle Mountain (736)

Clear Creek (258)

Colorado Rocky Mtn. (145)

Eagle Valley (738)

Evergreen (988)

Lake County (287)

Middle Park (418)

Nederland (202)

Platte Canyon (400)

Ridge View (300)

Steamboat Springs (640)

Summit (816)

Vail Mountain (99)

INTRODUCTION

The CHSAA Constitution and Bylaws are the official rules of the Association. This bulletin provides the regulations for ski competition, but never supersedes the regulations found in the CHSAA Constitution and Bylaws. Copies of the CHSAA Constitution and Bylaws may be previewed and copied from the CHSAA website (www.chsaa.org).

We encourage the telephone calls on areas of ELIGIBILITY to be made to the designated administrator; rulings on season policies should be made by the school personnel.

EXERPT FROM THE 2011-2012 LEGISLATIVE COUNCIL REPORT

MAJOR CHANGES FROM LAST YEAR'S (2010-2011) LC REPORT:

1. During the State competition only, if an Alpine skier loses a ski during a run, they are allowed to hike back to it, put it on, and finish the race in order to earn team points.

RATIONALE:

1. Places emphasis on the team competition and does not impact safety.

INFORMATIONAL ITEMS:

1. Alpine entries are due on the Wednesday preceding the race, by 9:00 am. Alpine coaches that submit late or incorrect race entries during the regular season and post season will be responsible for a fine (1st - \$20, 2nd - \$40, 3rd - \$60). This fine must be paid prior to participating at the State Championships.
2. The committee discussed and will now officially allow the use of single pole GS gates as this aligns with USSA and FIS rules.
3. In Alpine, DQ's will be listed after both genders have completed their 1st run of the day. Once posted, coaches will have 15 minutes to protest.
4. Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all events and official training. Telemark skiers who are racing must comply with the hard sided helmet rule.
5. Alpine bibs are the responsibility of the participant. If an individual shows up to a race without their bib, they will not be able to participate. If the bib is completely lost, it is up to the school to obtain a permanent replacement for this individual. You cannot reassign bib numbers on the day of the race.
6. Alpine races must be set to regulation specifications and courses set separately for each gender for regular season and state championships.
7. Modifications were made to the league schedule to eliminate as much travel as possible.

CHSAA SKI REGULATIONS FOR ALPINE AND NORDIC SKIING

OFFICIAL RULES

Official rules for all competitions will be governed under the rules of CHSAA, NCAA, USSA, and FIS rules, in that order, except where they are modified by this document.

SKI COMMITTEE/LEAGUE MEETINGS

The CHSAA and Colorado High School Ski league (CHSSL) host bi-annual meetings for athletic directors and coaches. The CHSAA pre-Season Meeting is generally held the first Friday in October. Immediately following this meeting is the fall Ski League meeting. The CHSAA sends out information for the October meeting.

The official CHSAA Ski committee meeting and the end-of-season ski league meeting occur the night before the first day of competition at the state meet. Please contact Bethany Schott, CHSAA Assistant Commissioner, 303-344-5050 or bschott@chsaa.org if you have questions or concerns.

THE CHSAA EVENTS

Nordic: Freestyle and Classical Alpine: Giant Slalom and Slalom
No variations to the disciplines are allowed.

THE COLORADO HIGH SCHOOL SKI LEAGUE (CHSSL) WEBSITE:

<https://sites.google.com/site/coloradohighschoolskileague/>

The purpose of the CHSSL website is primarily to distribute information to coaches and athletic directors. The address should not be given to parents or athletes. Please contact Bethany Schott to be added.

On the website there are 4 main pages:

1. The home page that includes basic directions for how to use the site.
2. A page that has contact information for the coaches and athletic directors of the CHSSL.
3. A page for open discussions about anything regarding the ski league.
4. A page that contains all of documents, including race information, start lists, and results that coaches and athletic directors may need.

Please visit this website to familiarize yourself with it and to see more specific instructions on the home page.

PRE-SEASON COMMUNICATIONS

Prior to the season, athletic directors and ski coaches should discuss the bulletin and other CHSAA regulations. All contracted coaches should understand all rules regarding the season and state tournament regulations.

STUDENT MEETING

Coaches are encouraged to conduct a student orientation meeting prior to any practice and/or tryout session. Consideration should be given to a review of the rules and regulations of the CHSAA organization and the school. Notice of the acknowledgment of risk in the sport should be mentioned. Without question, a signed attendance roll should be utilized for a permanent record of the meeting and a brief statement of acknowledgment of what was covered. Strong consideration should be given to deny practice opportunities to that not in attendance, until such time that the orientation meeting has been made up.

PHYSICAL EXAMINATION/PARENT CONSENT

Skiers must have on file with the principal a statement signed by a parent or legal guardian certifying that a physical exam has been passed and that the athlete is physically fit to participate.

If at any time during participation, a doctor removes an athlete from participation because of an illness or injury, the athlete must have a written release from a doctor before participating again. The release may be satisfied, if upon removal, the doctor specifies the duration of the student's restriction from participation.

DEFINITION OF A SPORT SEASON

A sport season begins with the first formal practice session as established in the CHSAA Bylaws and ends with the final state championship in that sport. Exception: The sport season ends for a member of a high school athletic team on the day following the completion of his/her school's competition at the level at which the student competes.

Unlike many other CHSAA sports, skiing does not have an official start date before which practices may not commence. Each school needs to email the official start date for its program to CHSAA each fall.

PRACTICE RULE

Each student competing in an interscholastic sports program must have had a minimum practice period of five days in his/her sport(s) (exclusive of Sundays) before representing a member school in an interscholastic contest or scrimmage. (Receiving school must have written verification on file if transfer of schools is involved.) The ski league must submit a practice start date to the CHSAA prior to the teams' first practice. Count days for five practice requirements will begin with the submitted date.

Q1: Do outside practices individual or club count toward the 5-day practice rule?

A1: No, the 5 days of practice must be with the high school team.

SUNDAY CONTACT (2310.5)

No high school interscholastic contests, practices for interscholastic contests, or association between participants and coaches/directors of any activity from the student's school shall take place on Sunday at any time during the school year. (This is to include both in-season and out-of-season sports/activities.) The Commissioner may, when deemed advisable, allow postponed state-level events to be played on Sunday.

A coach may have contact with his/her team on a Sunday for a social, academic or service related activity that is strictly voluntary. The contact must be a voluntary, non-competitive/non-participatory activity.

WINTER VACATION CONTACT PROHIBITION

2310.4 "There shall be no school sponsored activity of any sort, including practices, camps, clinics, tournaments, etc. from and including December 24 through December 27 and New Year's Day. Beginning December 28, **winter sports programs** may have **voluntary** practice (excluding Sundays), but may not compete in interscholastic scrimmages or competition."

2310.41 "No faculty member or coach may have contact with any of his/her school's athletes from December 24 through December 27 and New Year's Day. Beginning December 28, winter sports programs may have practice."

RESTRICTED TRANSFER RULE (1800)

Colorado School Choice: The CHSAA supports school choice in academic pursuits and encourages its student participants to enhance their academic achievement. In concert with this attitude, the Association's philosophy addresses the establishment of a fair playing field for all student athletes.

1800.1 The transfer rule addresses athletic eligibility only as it relates to transfer between schools. Rules related to age, semesters, academic requirements and other CHSAA bylaws may result in an eligible transfer being declared ineligible.

1800.2 A student entering high school for the first time shall be eligible for all interscholastic athletic competition.

1800.21 A student who transfers to a member school following the close of school for the summer and before the beginning of the school year, other than under the provisions stated in 1800.2, 1800.3 and 1800.44, will be ineligible for varsity competition in the first 50% of the maximum regular season contests determined by that classification in any sport in which the student was a participant during the past 12 months. The student's individual performance limits (innings, games, quarters, etc.) shall be adjusted accordingly. The student may practice with the team and participate in an interscholastic contest at the sub-varsity level during this time. If there is no sub-varsity level, the student may not participate in an interscholastic contest until the games restriction is met.

EXCEPTION 1: A student, regardless of past participation as noted in 1800.32, who transfers at the beginning of the school year but after becoming a team member in a sport in any high school will be ineligible for varsity competition in that sport for the remainder of that sports season. A student becomes a team member when he/she reports for formal practice and is actively in contention for a position on the team.

EXCEPTION 2: A student transferring, moving or for any reason to a new school where the students' non-school coach is also a coach of the school team, is considered to be attending for athletic purposes. The student, as a result of this transfer, will be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer.

As used in the Rule, the term "coach" includes any person who coaches, volunteers (regardless of compensation) or assists in any capacity with the coaching or training of the school or non-school team.

AMATEUR RULE

In skiing, the amateur rules of the United States Ski Association will be in effect from the closing date of the sports season and until the individual becomes a member of the high school team.

SPONSORSHIP

A team or individual athletes may be sponsored by an outside organization provided all outside equipment and travel are cleared and in writing with the Athletic Director, during the high school season.

Example: Endorsement companies must send all equipment or travel requests to the Athletic Director during the CHSAA season. The Athletic Director will then record and issue the equipment to the student athlete during the ski season. Equipment return is negotiable through school personnel and athlete.

OFFICIAL TEAM

All members of the ski team must meet all CHSAA eligibility and competition rules.

OUTSIDE COMPETITION

2100.2 Players certified to participate as members of any high school sport team may compete on any other team, in any non-school activity or event in that sport during that sports season with the express written permission of the principal, which permission shall be granted if:

1. The student's class attendance is not compromised; and
2. The student is in good academic standing under the school's activities policy applicable to all students.

Q1: When may a principal prohibit a student from competing on an outside team in the same sport during that sports season?

A1: The principal may deny permission only when the student fails to meet the requirements of (a) and (b) above.

Q2: May high school team rules be used to determine the high school eligibility of the students who participate on outside teams?

A2: Yes. Section (b) would include team rules and other school policies which are applied and adhered to by all students.

INTERNATIONAL COMPETITION

Requests to participate in international competition (i.e., a training program or competition (1) conducted or sponsored by the United States Olympic Committee, or (2) directly funded and conducted by a national governing body for athletes having potential for future national participation) held during the school year involving eligible high school students must be submitted to the principal and/or athletic director. The athletic director will file an out-of-state travel waiver with the CHSAA Commissioner or designee.

CHSAA SKI REGULATIONS FOR BOTH ALPINE AND NORDIC RACES

ASSIGNED COACHES

The coach for the team at races must be the high school contracted coach certified educator (CDE) and/or registered with the CHSAA office. (Refer to the CHSAA Constitution and Bylaws for registration criteria for coaches.)

NUMBER OF CONTESTS

No individual may participate in more than 11 regularly scheduled high school ski races during the skiing season, exclusive of state championships. A registered skimeister may compete in 12 (6 Alpine & 6 Nordic) within the 11 meet schedule if they desire to do so. Skimeister is a ski league event (see below for details).

NUMBER OF RACES WITHIN ONE DAY

A host school or schools could schedule part of the meet at one site, other events at another site, and then move to another site due to changes in snow conditions. Schools would count this three-site, two-day meet as one of their scheduled competitions.

UNIFORM/EQUIPMENT RULE

Competing equipment rules not covered by the CHSAA and/or the NCAA can be found at www.fis.org. Complete uniform and equipment rules must be followed to ensure both safety and fairness. Racers must be in proper ski athletic attire during their competition.

PROTESTS

Only coaches may file protests (not spectators, parents, or other racers) against race officials' decisions or official results. Coaches will have 15 minutes after the disqualification list or results are posted to make a formal protest. Any protests are to be filed according to the meet organizers instructions. All protests should be handled at the meet; when coaches leave the competition, judgments are final. The results of the juries are to be posted; the jury decision cannot be protested.

FORMAL PROTEST TO CHSAA

In rare occasions, a coach may feel the need to protest directly to CHSAA after a meet. Formal protests of this form must be made to the CHSAA by Thursday following the race. (Form enclosed at the end of this bulletin) This protest form is to be used only to protest a decision made at a race that warrants discussion outside of a normal jury situation.

HOW TEAM SCORING WORKS

In individual events for both alpine and nordic, the score for the winning individual in each event is 60 points (scoring base). The scoring base is the same for all four events. The winner receives the full value of the scoring base, and each successive finisher shall score one point less – a reduction of one point per place.

Only **three** individuals from any one team may score points in an individual event. If a fourth or fifth individual from one team finishes in a scoring position, the points to be awarded to that place are awarded to the next skier who is not a fourth or fifth skier from a team.

In case of a tie, the tying skiers are awarded the average of the points designated for the tied position and the points for the next place of finish.

The following example illustrates the scoring of a sample competition. The winner receives 60 scoring points, and each successive finisher receives one point less. As explained above, only **three** individuals from any one team may score points.

The final score of a team in the meet shall be the sum of the points earned in each of the events. If the total points are the same for more than one team, that position shall be declared a tie.

Place	Finisher	Time	Team	Team Points
1.	Racer A	56.97	A	60 – (receives value of scoring base)
2.	Racer B	57.21	B	59
3.	Racer C	57.22	C	58
4.	Racer D	57.33	D	57
5.	Racer E	57.44	A	56
6.	Racer F	57.55	B	54.5 – (racers tied for 6 th & 7 th and share the value of the two positions)
6.	Racer G	57.55	C	54.5
8.	Racer H	57.66	A	53
9.	Racer I	58.12	A	-- (Racer I is fourth skier for Team A, so does not score team points)
10.	Racer J	58.34	E	52
11.	Racer K	58.34	A	-- (Fifth skier for Team A, so no need to split points for a tie)
12.	Racer L	59.22	H	51

SNOWBALLS

In all competition, snowball throwing is prohibited. Please be considerate of crowds at start and finish lines. The Unsportsmanlike Conduct Penalty will be applied for violation (Bylaw 2200.)

TOBACCO POLICY

No use of tobacco, including chewing by coach or athlete is allowed in the race arena. Host organizers should discourage volunteers from using tobacco in the race arena.

UNSPORTSMANLIKE CONDUCT

Unsportsmanlike conduct is conduct that is unethical or dishonorable. It includes action and/or language that will bring discredit to the individual or his/her school. Disrespectfully addressing an official, using profanity, criticizing an opponent or an official are examples of unsportsmanlike conduct. This can only be reported by a race official. Race officials are defined as members of the jury, gate keepers, timers, starters and/or finish judges. The penalty is disqualification from the remainder of the meet. If flagrant, the skier would not be allowed to ski in the next race. This must be reported on the race result sheet.

EJECTION OF A SKIER

Any skier who has been ejected from a meet shall be disqualified for the remainder of that meet. In addition, the skier shall be ineligible for the next regularly scheduled meet of the same level. A school may not schedule a meet after an ejection in order to circumvent the penalty. He/She may not take part in any other high school meet at any level during this time. The number of races for which the participant has been declared ineligible will decrease the stated maximum allowable races for the disqualified participant.

Any skier ejected from a second meet during the same season shall be ineligible for the next two meets of the same level. Any skier ejected from a third race during the same season shall be subject to a penalty to be determined by the Commissioner or a CHSAA administrator.

If such ejection occurs in the final contest of the season, then that player shall be ineligible for the first match or contest of the next season of any sport that player elects to play. In satisfying the penalty, the player must sit out a game in a sport in which he/she completes the season.

Only race officials can disqualify a skier.

EJECTION OF A COACH

CHSAA Bylaws require that a credentialed coach under contract with the school district must assume supervisory responsibility for all interscholastic races. If a coach is ejected and no credentialed person from that school is available, the race shall be forfeited by that team.

If it becomes necessary for an official to eject a coach from a race for any reason, the coach shall be placed on CHSAA probation in accordance with the policies established by the CHSAA Board of Directors.

A coach ejected from a contest for committing an unsportsmanlike act shall be ineligible to coach for the next regularly scheduled contest of the same level or in any other contest at any level during this time.

A coach ejected from a second contest during the same season shall be ineligible to coach for the next two contests of the same level.

A coach ejected from two contests during a three-year period shall be required to appear at a hearing before the Commissioner or his/her designee and shall be subject to a penalty to be determined by the Commissioner.

A coach ejected from three contests in a five-year period shall be placed on restriction.

TAUNTING RULE

Taunting is considered any action(s) or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist.

Game officials shall, in all sports, follow the rules set forth by the National Federation for each sport. Penalties under these rules may include ejection or other penalties for flagrant unsportsmanship-like offenses.

Taunting in all sports and or activities is an unsportsmanlike offense that may result in a game ejection with penalties as outlined in the student ejection policy (CHSAA Handbook, Article 22, Rules 2200 and 2240).

LANGUAGE

Competitors, coaches and officials shall maintain high standards of moral and ethical conduct, self-control and responsible behavior. The physical and emotional well being of others must be considered. Courtesy and good manners must be displayed in public places at competitions. Competitors shall abide by the rules of competition in all events in public places. Competitors, coaches and officials shall avoid profane and abusive language.

Swearing will not be allowed. A penalty of 10% of the winning time will be added to the competitor's time. In alpine events the penalty will apply to the run where the infraction occurred. Repeated swearing will result in a disqualification (DQ). Flagrant swearing may result in the suspension of a racer from the next meet. Gatekeepers must record the language. All language violations must be posted.

CONDUCT OF PARTICIPANTS

The responsibility for the conduct of the coaches, players and spectators at any athletic contest shall lie with the officials of the schools whose teams are participating in the contest.

SKIMEISTER COMPETITION

The skimeister competition is a competition designed to test the all-around abilities of skiers in Colorado. It is not an official CHSAA event; it is a Ski League competition. Skiers compete in each of the four disciplines throughout the regular season and try to accumulate low finishes in each event.

To be eligible to compete and place in the Skimeister Competition you must:

1. Register your name before the first race with the results coordinator (currently Karl Remsen at leadville.nordic@gmail.org)
2. Ski in at least 3 Alpine races
3. Ski in at least 3 Nordic races

Each individual race will be calculated to a 20 point scoring system by the following:

1. Divide 20 by the total number of starters. (This calculates finish place points)
2. Determine the points for each skimeister by multiplying their finish place by the number calculated in step 1.
3. If they started the race but did not finish they will be awarded a 25.
4. If they did not start or compete in a race they will receive a 30 for that race.

The State Championships do not count towards skimeister totals.

To determine the overall score for a skimeister:

1. Take the lowest two scores from each discipline (GS, Slalom, Classic, Freestyle)
2. Add these 8 values.
3. Lowest total in each gender is the winner (the skimeister for the year)!
4. The top 5 (lowest 5 totals) of each gender will be recognized and awarded at the end of season awards ceremony at the State Meet.

NORDIC SPECIFIC REGULATIONS AND PROCEDURES

NORDIC RACE TYPES AND STARTS

The following types of starts are allowed for high school races: mass starts, individual starts, same-day and continuous pursuits, and wave starts.

In any pursuit race, both the classic and freestyle portions of the race must be timed as separate races so they can be used as separate races for state qualifying purposes.

In any type of start, non-high school athletes cannot start at a time that would allow him/her to overtake a high school skier. This means that in individual start races that involve non-high school athletes, these non-high school athletes should be started before the field of high school skiers. In mass start races, start times should be set so that these non-high school racers will not pass overtake any high school skier.

CHSSL NORDIC FLOURO BAN

CHSSL Nordic Ski teams are not allowed to glide their racers skis for any regular season races with any highly fluorinated (HF), pure fluorocarbon waxes, or any similar equivalents. Skiers may use hydrocarbon or low fluorinated (LF) waxes.

At the state meet, teams may use HF waxes, but still may not use pure fluorocarbon waxes of any brand.

As some brands do not clearly delineate a difference between low fluorinated and highly fluorinated wax lines, teams should avoid any highly fluorinated waxes except at the state meet.

This rule has no bearing on what kick waxes or klister waxes that teams would like to use.

PACING

Athletes being paced by coaches, spectators, or other athletes not in the competition will be subject to disqualification.

ENTRY FORMS

Online entry forms will be used for all races.

Each coach will provide the results coordinator with a list of athletes who may compete during the season. The results coordinator will use this to create an entry form specific for each team.

For each race, the coach for each team will send the results coordinator the form with the boxes denoting who is racing and what seed they are checked. The results coordinator will then combine these entries and send them to the host school for the race that week.

Coaches should make every effort to be timely in their entries. If a school does not send their entries in on time, the results coordinator will simply enter every skier from that school with random seeding.

ALL STATE POINTS

All State points for the CHSSL Nordic skiers are calculated for each discipline and gender. The following scoring system is used:

1. For each regular season race, the top 20 in each race earn points based on Supertour style points (1st = 30, 2nd = 25, 3rd = 21, 4th = 18, 5th = 16, 6th = 15, 7th = 14, 8th = 13, 9th = 12, 10th = 11, down to 20th = 1 point). At the state meet, these points are doubled (1st = 60, 2nd = 50 . . . 20th = 2 points).
2. Points are totaled and then skiers are ranked based on highest total.

3. Top five skiers for each discipline and gender at the end of the season are recognized as All-State skiers.

(NOTE: This is subject to change at the fall 2011 meeting.)

ALL STATE POINTS USED TO SEED THE STATE MEET

All State points that skiers have accumulated throughout the season will be used to seed the state meet.

In mass start races, the top two races for each skier in that discipline will be used to rank the skiers in order to place the skiers in a chevron start.

In individual start races, the top two races for each skier in that discipline will be used to split the field into A, B, C, and D seeds. These seeds will be determined by dividing the field of skiers into about 4 groups of equal sizes after the These seeds will then start in the order determined by the host school.

ROLE OF THE RESULTS COORDINATOR

The results coordinator for the Nordic ski side currently does the following:

1. Collect and pass on all entries to race directors.
2. Clean up results from races.
3. Calculate team scores for each race.
4. Use results to update and track All State, state qualifying, and skimeister points and lists.
5. Post all of the above on the CHSSL coaches site.

AREA RESPONSIBILITIES FOR HOSTING A MEET

These are minimum requirements for hosting a meet. Host schools may adopt stricter standards.

I. RACE VENUE AND FACILITIES

- A. Nordic race courses should be run on trails appropriate for all levels of high school skiers.
- B. Courses should be approximately 5 kilometers in length. In same day or continuous pursuit races, courses should be approximately 3 to 4 kilometers so that the total distance raced during the day does not exceed 8 kilometers.
- C. Please provide proper safety equipment as needed.
- D. As is possible, provide accessibility for spectators to the course and an area designated for athletes and spectators (for storage, changing, etc.).

II. SAFETY AND MEDICAL RESPONSE

- A. Qualified medical personnel will be on site. The trainer on duty will provide any necessary emergency care unless a team had its own certified trainer or licensed medical physician. If one exists, an area medical plan should be passed out at the team captain's meeting.
- B. All race crews and volunteers should have knowledge of medical procedure plans should an accident occur during the meet.
- C. Radio communication should be maintained throughout the race between appropriate race officials and medical personnel.
- D. Administrators and medical personnel should have course diagrams and time schedules.
- E. If temperature level drops (to) between -15° and -25°C at any point on the course, recommendations regarding cold weather protection must be given to competitors and officials. In addition, the race officials should meet (preferably with the coaches) to decide if there will be any delays or changes to the race.
- F. If the temperature in the major portion of the course is minus 25°C or below, the competition shall be delayed or canceled.
- G. Areas of the course that may cause injury must be marked and/or fenced off. (Reasonable accommodations to prevent injuries are mandatory.)

III. COST/LOGISTICS

Hosts should provide information to participating schools in a timely manner about race logistics, costs for the event, and, if necessary, lodging or restaurants within the proximity to race venue. This information can either be posted directly to the CHSSL website or sent to the results coordinator who will pass it on to coaches.

IV RACE OFFICIALS

A. The host schools should have designated at least the following officials in some form: Race director, head of timing, chief of course, chief of start, chief of finish.

B. Race crews should be adequate for course maintenance.

C. Host schools should assemble a jury ahead of time that consists of at least three members, including at least one coach from another school, to make decisions as needed.

V. TIMING

Electronic timing should be used as the primary timing system for all events. All races must have a back-up timing system, preferably manual hand-timing

IV. RESULT REPORTING

The race organizer is responsible for reporting individual results to the results coordinator for the appropriate discipline. These results will be posted on the CHSSL coaches website. Individual coaches are responsible for distributing these to media in their areas. CHSAA will download and publish these results on the CHSAA website (www.chsaa.org).

ALPINE SPECIFIC REGULATIONS AND PROCEDURES

SEEDING

In alpine events the second run of alpine events will use the Flip 15 method of seeding.

FORERUNNERS

The host school should obtain 3 to 5 forerunners from outside the school. The Technical Delegate reserves the right to add more forerunners.

JURY

The jury for each event shall be made up of the following voting members:

1. Technical delegates
2. Chief of race
3. Referee

Note: There will be juries for each gender. No person can hold more than one position of the jury for any single event.

COURSES

Alpine race courses must be set to regulation specifications and course set separately for each gender for both regular season events and the state championships.

REFEREE'S REPORT

The referee's report must be on the official form and displayed in the finish arena. Official disqualifications must be recorded on the referee report.

STARTS

There will generally be two types of starts

1. Fixed Interval Command (GS): "10" - After a 5 second pause, starter counts down to "5, 4, 3, 2, 1, Go" - Racer may start 5 sec before until 4 sec after "Go" Failure to start will result in DSQ.
2. Non-Fixed Interval (SL): Starter announces "Ready", followed by a few seconds later (Go) - Racer has 10 seconds to start. Failure to start will result in DSQ.

If a Racer scratched on race day, other seeds MAY NOT move up a seed to fill that vacated spot. Seeds cannot move up ever due to a scratch.

The "Golden Rule" will be used if disabled athletes are entered in the race.

RERUNS

Alpine contestants may request a rerun if they have suffered one of the following:

1. Obstruction by an official or a spectator;
2. Obstruction by an animal;
3. Obstruction by a racer who has fallen and has not cleared the course in time;
4. Objects on the course, such as ski poles, abandoned by a racer in a fall;
5. First-aid measures that obstruct the competitor;
6. Absence of a gate knocked down by a preceding racer and not replaced in time;
7. Any other similar occurrence outside the racers' control, causing a fall, slowing or lengthening of their course, thus significantly influencing the result; or
8. Failure of both primary and backup timing including hand timing.

A racer must ski out of the course at the point where any of the above occurs in order to be eligible to request a rerun. If the racer crosses the finish line NO rerun will be granted.

Delayed Start: Competitor is absent when called to the start gate is SANCTIONED which may or may not include disqualification. This racer will be given a PRR (Provisional Rerun).

All reruns need to be completed before the last racer starts.

POSTING OF DQ'S

Disqualified skiers will be listed after both genders have completed their 1st run of the day. Once posted, coaches will have 15 minutes to protest.

ATHLETES WHO MISS THE START

In Alpine, skiers who miss their start will race at the end of the gender classification unless it is due to a *force majeure* in which case the referee or designee will determine when that racer will start. Note: The very last start of each run is reserved for the very last seeded racer to let the race officials know that the race is over.

2ND RUN START LISTS (FIELD SIZE)

All alpine events must plan to run a second race for the full field. If the field size must be reduced to an appropriate percentage, this will be decided by the jury and announced one hour prior to the start of the race.

SINGLE POLE GS

The ski league will now allow the use of single pole Giant Slalom gates to align with USSA and FIS rules.

ALL STATE

All State points for the CHSSL Alpine skiers are calculated for each discipline and gender. The following scoring system is used:

1. For each regular season race, the top 20 in each race earn points (1st = 20, 2nd = 19, 3rd = 18, 4th = 17, 5th = 16, down to 20th = 1 point). At the state meet, these points are doubled (1st = 40, 2nd = 38 . . . 20th = 2 points).
2. Points are totaled and then skiers are ranked based on highest total.
3. Top eight skiers for each discipline and gender at the end of the season are recognized as All-State skiers.

ALPINE SKI BIB NUMBERS

All bibs worn by racers will have assigned numbers at the start of the season. These numbers will not change that season. Bibs must be visible at all times in the race venue including coat runs. Bibs numbers cannot be modified with tape. Racer must compete in the bib number assigned at entry.

Bibs are the responsibility of the participant. If an individual shows up to a race without their bib, they will not be able to participate. If the bib is completely lost, it is up to the school to obtain a permanent replacement for this individual.

ALPINE REGULAR SEASON BIB NUMBER ASSIGNMENTS

Aspen (526-574)	Middle Park (186-229)
Battle Mountain (1-50)	Nederland (330-370)
Clear Creek (51-99)	Platte Canyon (230-259)
Colorado Rocky Mountain (260-299)	Ridge View Academy (626-675)
Eagle Valley (100-139)	Steamboat Springs (476-524)
Evergreen (700-775)	Summit (400-464)
Lake County (140-175)	Vail Mountain (371-399)

ENTRY FORMS

Online entry forms will be used for all races.

Racers added after the Wednesday 9:00 p.m. deadline or the day of the race will be entered as the very last seed for their gender.

Alpine coaches that submit late or incorrect race entries during the regular season or post season will be responsible for a fine (1st infraction is \$20, 2nd is \$40, 3rd and after is \$60). This fine must be

paid (to the Colorado High School Ski League) before the team may participate in the State Championships.

HELMETS

Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all events and official training. Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH, Din 1077, ASTM F2040, SNELL S98 or RS 98.

Helmets must cover the head and ears. Helmets with spoilers or edges that stick out are not permitted. Protective features integral to the discipline being contested, such as chin guards on slalom helmets are permitted. Telemark skiers who are racing must comply with the hard sided helmet rules.

SKI POLES

Ski poles must comply with Colorado State Laws.

LOST SKI

A disqualification will result for a skier that loses his/her ski above the second to the last gate.

During the State competition only, if an Alpine skier loses a ski during a run, they are allowed to hike back to it, put it on, and finish the race in order to earn team points.

ROLE OF THE RESULTS COORDINATOR

The results coordinator for the Alpine ski side currently does the following:

1. Collect entry fees and produce start lists for each race.
2. Clean up results from races.
3. Calculate team scores for each race.
4. Use results to update and track All State, state qualifying, and skimeister points and lists.
5. Post all of the above on the CHSSL coaches site.

AREA RESPONSIBILITIES FOR HOSTING A MEET

These are the minimum requirements for hosting a meet. The meet director can adopt stricter standards.

I. QUALITY RACE VENUE AND FACILITIES

A. Race Committee/Officials: shall be responsible for all technical aspects in the conduct of the competition, including course selection and preparation. The race committee shall be constituted as follows: The chief of race (chair), technical delegate, referee, start referee, finish referee, chief of course, chief of timing and calculations. These officials have the responsibility to enforce infractions of all rules. Other personnel needed are: gate judges, assistant starter, and hand timing crew.

B. Race Crews (recommend a certified technical delegate [TD]).

1. Adequate crew for course maintenance

C. Race Equipment Safety.

D. Accessibility for spectators.

E. Area designated for athletes and spectators (storage, changing, etc.)

F. Area for calculations for crew

G. Provide a minimum of 2 tickets per team or 1/8 racers

II. SAFETY AND MEDICAL RESPONSE

- A. Courses should be set to the level of skiers in the high school field.
- B. All race crews and volunteers should have knowledge of first aid and medical procedure plans should an accident occur during the meet.
- C. Radio communication must be maintained throughout the race. (5 min. for jury)
- D. Administrators and medical personnel should have course diagrams and time schedules.
- E. If temperature level drops (to) between -15° - -25°C at any point on the course, recommendations regarding cold weather protection must be given to competitors and officials.
- F. If the temperature in the major portion of the course is minus 25°C or below, the competition shall be delayed or canceled.
- G. Areas of the course that may cause injury must be marked and/or fenced off. (Reasonable accommodations to prevent injuries are mandatory.) Technical Delegate (TD) and Games Committee will confer on all decisions regarding safety.
- H. Qualified medical personnel will be on site. The trainer on duty will provide any necessary emergency care unless a team had its own certified trainer or licensed medical physician. All injuries will be reported to the CHSAA liaison. Note: an area medical plan should be passed out at the team captain's meeting.

III. COST/LOGISTICS

- A. Provide information to participating schools of lodging or restaurants within the proximity to race venue.

IV. COMMUNICATIONS

- A. Must send out all pre and post meet information in a timely manner to schools, coaches, and meet officials.
- B. Specify costs for entry fees and results coordination in writing to each school participating.

V. TIMING

Electronic timing should be used as the primary timing system for all events. All races must have a back-up timing system, preferably manual hand-timing

VI. COURSE SETTING

Only certified or qualified personnel should set courses. In the event that a certified race crew is not available, the host school coach or designee should set the course with a designated race crew; the second run should be set by a different person. Courses should be set with the mentality that the state championships offer competition to every level of skier. Safety must always be in the forefront of course setting. Communication with course setters and host school coach is essential to meeting the high school goals. Second run should be set by a designated member of the ski league.

VII. MEDICAL SERVICES

Medical personnel will be on site. The trainer on duty will provide any necessary emergency care unless a team has its own certified trainer or licensed medical physician. All injuries will be reported to the CHSAA liaison. An area medical plan should be passed out at the Team Captain's meeting.

VII. USEFUL TOOLS

Memo board (wipe off) in the Start Area. This can be used to list 1st Run DQ's, schedule changes, or just post the event schedule (program) for the day.

VIII. RESULT REPORTING

The race organizer is responsible for reporting individual results to the results coordinator for the appropriate discipline. These results will be posted on the CHSSL coaches website. Individual coaches are responsible for distributing these to media in their areas. CHSAA will download and publish these results on the CHSAA website (www.chsaa.org).

CHSAA SKI REGULATIONS FOR THE STATE COMPETITION

STATE MEET HOST SITE HISTORY

1987	Battle Mountain	1996	Lake County	2005	Summit
1988	Lake County	1997	Middle Park	2006	Middle Park
1989	Pagosa Springs	1998	Summit	2007	Battle Mountain
1990	Middle Park	1999	Clear Creek	2008	Steamboat Springs
1991	Platte Canyon	2000	Battle Mountain	2009	Lake County
1992	Eagle Valley	2001	Lake County	2010	Summit
1993	Nederland	2002	Middle Park	2011	Aspen
1994	Vail Mountain	2003	Eagle Valley	2012	Battle Mountain
1995	Battle Mountain	2004	Steamboat Springs		

STATE MEET MANAGEMENT

The management of the state meet will be under CHSAA direction and governed by modified CHSAA and NCAA rules. For an outline of the division of responsibilities between the host school, CHSAA, and CHSSL administrators, see below).

QUALIFYING REQUIREMENTS ALPINE

To qualify for state championships for Alpine in a specific discipline (GS or Slalom), a skier needs to be eligible and qualified in that specific discipline.

Eligible means that a skier must race in and finish at least 2 out of the 3 races in that discipline.

Qualified means that in at least one race from that discipline the racer must finish in the top 1/3 of the finishing field (cumulative times from both runs if there are two). A skier may qualify in one or both disciplines. If the skier qualified in only one discipline, then the skier can only compete in that discipline at the state ski meet.

Bye to State skiers: Each school is guaranteed a minimum of three skiers in each discipline. If the student-athlete does not meet the above qualifying requirement. All skiers given a “bye to state” will be seeded after skiers who have met the qualifying requirements. All “bye to state” skiers must be eligible.

QUALIFYING REQUIREMENTS NORDIC

To qualify for state championships for Nordic in a specific discipline (Classic or Freestyle), a skier needs to be eligible and qualified in that specific discipline.

Eligible means that a skier must race in and finish at least 2 out of the 3 or 4 races in that discipline.

Qualified means that in at least one race from that discipline the racer must finish in the top 45% of the finishing field. A skier may qualify in one or both disciplines. If the skier qualified in only one discipline, then the skier can only compete in that discipline at the state ski meet.

Bye to State skiers: Each school is guaranteed a minimum of three skiers in each discipline. If the student-athlete does not meet the above qualifying requirement. All skiers given a “bye to state” will be seeded after skiers who have met the qualifying requirements. All “bye to state” skiers must be eligible.

ROUNDING OF QUALIFIERS

In determining qualifiers for both Alpine and Nordic (either top 1/3 or top 45%) the decimal .0 to .49 is rounded down and decimal .50 to .99 is rounded up.

WAIVERS

Any CHSAA athlete may submit a waiver to CHSAA if his or her coach feels that he or she should be allowed to compete in the State Championships but the athlete has not qualified for some reason. A separate form must be submitted for each racer and event for which a waiver is requested. All waivers must have accompanying documentation and the required signatures. Waivers will not be accepted after 1:00 pm on Monday, February 13th, 2012.

The CHSAA liaison will review all waiver requests. Please contact the CHSAA liaison if you have any questions or concerns prior to your waiver submission. Athletic directors (not coaches) will be contacted on waiver decisions by the Tuesday prior to the state meet. Waivers may be submitted prior to the due date.

WARM-UP ON THE HILL

A warm-up course should be provided by the host school at the state meet for the slalom. The course must be open to all skiers.

MEDICAL SERVICES

Qualified medical personnel will be on site. The trainer on duty will provide any necessary emergency care unless a team has its own certified trainer or licensed medical physician. All injuries will be reported to the CHSAA liaison.

SALE OF SOUVENIR ITEMS

No sale of souvenir items such as T-shirts, etc. without prior approval by the CHSAA office is permitted at any state tournament.

CHSAA BIBS FOR THE STATE MEET

Bibs must be visible at all times in the race venue, including coat runs. This does not include lifts, other trails, lodges, bathrooms or eating establishments. Bibs must be official CHSAA bibs with the proper assigned number for that event.

Sponsorship references, (tobacco, alcoholic, sexual vulgar, etc.) in conflict with educational mission and values of the CHSAA can not be displayed on competitor bibs. **Penalty:** Inappropriate bibs worn by athletes can result in a disqualification.

Host school is responsible for the collecting and maintenance of bibs. A \$50 fine will be assessed to a school's athletic program for each bib not returned at the conclusion of the state meet.

Racers must wear proper bibs with assigned number during their competition. Bibs cannot be modified with tape or any other materials.

JURY

There will be juries for each gender and each event. These may be that same jury for all genders and events or may be separate ones for each.

AWARDS

CHSAA gives out awards to the winners at the state meet will receive medals for places one through five in the Giant Slalom, Slalom, Classical, and Freestyle. A trophy for the first and second place teams overall (all four disciplines combined) for men and women will be presented.

The Colorado High School Ski League gives awards to the top 5 all-state skiers in both nordic disciplines in each gender, the top 8 all-state skiers in both alpine disciplines in each gender, the top 5 skimeisters in each gender, and a coach of the year in both alpine and nordic disciplines.

The awards ceremony for both of these sets of awards will follow the competition and will be open to the public.

In the event of a tie, an additional medal or trophy will be ordered the Monday following state championships. Please contact Bethany or Michele to confirm additional orders for CHSAA awards or Bob Feroldi for additional orders of CHSSL awards.

ACTS OF GOD

The following policy statements represent the general operating procedures of the CHSAA regarding post-season games/events, tournaments/conferences that are threatened by acts of god. Circumstances not covered by this policy are left to the discretion of the CHSAA Office for directions and/or discussions where deemed appropriate.

Team Competition

1. Dual Competitions - The scheduled starting time and/or date of a contest/event may be adjusted upon consultation and mutual agreement of the administrators from the two affected schools as well as consultation with the CHSAA Office.
2. Tournaments/Conferences - In the event acts of God prevents a team(s) from arriving on time for a scheduled contest as part of a post-season tournament, the following steps will be enacted:
 - a. Notify the tournament director or designee with complete details a minimum of four hours prior to the scheduled starting time the day the tournament is to begin and/or other affected days of the tournament.
 - b. If unable to arrive for the scheduled starting time, that segment of the bracket (game) will be moved to a later time slot that evening, following the completion of all scheduled contests.
 - c. When the number of schools participating is 25% or more that are unable to be present, the tournament/conference director-in consultation with the CHSAA-shall postpone all or part of the day's contests/activities. Alternative time schedules shall be determined by the director-in consultation with the CHSAA-which may include extending the activity.

Individual Competition:

1. Tournaments/Conferences. In the event inclement weather prevents an individual(s) from arriving on time for a schedule event as part of a post-season tournament, the following will apply:
 - a. In cases where less than ten percent of participants are affected, the event/tournament will continue as scheduled and the individual will forfeit his/her position in the draw. When a consolation bracket is involved, the participant(s) unable to make the scheduled match will enter the consolation bracket.
 - b. If a number of participants in excess of ten percent cannot be present prior to the official check-in period, but are planning to attend and contact the tournament director a minimum of four hours in advance of the tournament, the tournament director—in consultation with the CHSAA-may adjust the overall schedule for the purpose of allowing maximum participation.
 - c. When the number of participants is 25% or more who are unable to be present, the tournament director-in consultation with the CHSAA-shall postpone all or part of the day's contests/activities. Schedule/brackets and alternative plans shall be determined by the director-in consultation with the CHSAA-which may include extending the activity.

DIVISION OF RESPONSIBILITIES FOR THE STATE MEET

CHSAA

1. Produce the program for the competition.
2. Send a liaison to be available and present at all events for any questions or concerns.
3. Help to conduct the official ski committee meeting
4. Pay for appropriate expenses (meet officials, timing company, food, etc.)

HOST SCHOOL

1. Determine schedule of the meet.
2. Provide and plan for a coaches meeting and ski committee meeting on the night before the races. (This includes providing dinner in most cases.)
3. Hire timers.
4. Recruit volunteers
5. Be in charge of general logistics and running of the race. This includes parking, venue management, volunteers, etc.
6. Plan the banquet and awards ceremony for the last night.

CHSSL RESULTS COORDINATORS

1. Provide a list of state-qualified athletes to CHSAA for the state program.
2. Produce the start lists and send these to CHSAA and all coaches. They will need to work with host school to determine start times for races and format of races as needed to produce the start lists.
3. Calculate final team points, scores, and all state lists during and following the competition.
4. Produce a final list of award winners (possibly a slide-show presentation).

SKI LEAGUE PRESIDENT

1. Order ski league awards ahead of time.
2. Help to run the awards ceremony.

2012 CHSAA State Ski Championships - Battle Mountain High School

Date: Thursday, February 16, 2012 – GS
Friday, February 17, 2012 – SL

Location: NASTAR/Bear Trap @ Beaver Creek

Entries/Seeding: TBD

Team Size: Qualified athletes and/or a minimum team size of 3 athletes per gender.

Meetings: Team Captain's meeting and Ski League meeting will be held at BMHS on Feb. 15, 2012. Take exit 162, (Edwards), and head south, when you reach the last roundabout, bear left for Miller Ranch Road. Follow the road 1/2 mile. Entrance to BMHS will be the next roundabout.

Entry Fees: ****Lift ticket and entry fee for each racer TBD. Make checks payable to Battle Mountain High School or BMHS No credit cards; **checks and cash only.** Tickets for each teams' athletes must be purchased in one large group at registration. **Tickets must be worn at all times.****

Banquet Tickets: Price TBD

Banquet to be held at BMHS in the Cafeteria on the Eastern end of the complex. Athletes/coaches will proceed to the Auditorium adjacent to cafeteria for the award ceremony.

Competitors Area: The Hyatt is offering a room for both days for athletes to come in and change. There will be no changing allowed in the McCoy's cafeteria area. All bags must be stowed in the designated storage area.

Spectators: Spectators can view the race from the bottom of Bear Trap. The Buckaroo Express gondola is free to ride for foot passengers. No lift tickets will be required. Parents/Spectator lift ticket prices – TBD

Registration: 7:00-8:00 AM Tentatively in the rooms located below McCoy's. McCoy's café will be serving breakfast at that time.

Race Headquarters: TBD

Directions for bus parking:

From I-70 – Take Avon exit and go south through 5 roundabouts. At the last roundabout, Right on US 6 about a half-mile to stop light. Left, uphill to Entry Gate (far right side). Stop in the far right lane (the one without the over-hang) and check with the gate attendants to see where to unload the skiers. Unload at the Vilar Center. Buses may have to wait at the bottom depending on how many buses are unloading at the time. Skiers should try and unload as efficiently and quickly as possible to allow more buses access. Parking will be in the Elk lot. Gate attendants will give more information on parking

Directions for spectator parking:

In the village in the underground lot is \$35/day.

Free parking is available at the Bear Lot (West Lot), located at the base of the west entrance to Beaver Creek. This lot opens at 8:00 AM. At the Beaver Creek roundabout (near the Main Gate) go west on Highway 6 and take a left at the stop light. The parking lot is on the right. Take the Beaver Creek Village Shuttle to the top.

Liability Release: Vail Resorts will require a liability release form from each competitor. Bring signed forms with you to registration on February 15, 2012 to the coaches meeting or on race day.

Tentative Schedule:

7:00 – 8:00 AM Registration Location TBD, where you can purchase lift tickets with cash or check.
8:30 AM Lift load, (Centennial Express), open
8:30 AM Course open for inspection
9:15 AM Course closed following inspection
9:30 AM First run (women)
5min after Women's finish First run (men)
Course inspection for 2nd run begins 30 minutes after the completion of the first run. The 2nd run start will be approximately one hour after course opens for inspection. Official schedule updates will be posted at the start and on the scoreboard.

- GS course will run from top of NASTAR to bottom of Bear Trap. One course for both men and women.
- SL course will run from top of Bear Trap. There will be both women's and men's courses for both runs
- **Beaver Creek Race Crew will be maintaining the courses both days. This is the same race crew that manages and maintains the World Cup Birds of Prey Course, which gets rave reviews from the World Cup circuit for it's organization and efficiency!**

Race information:

- Bibs must be visible at all times in the race venue.
- Women will compete first for both runs.
- Starting order for the second run will use the flip 15 process.
- First run DQ's and DNF's will not be allowed a second run.
- DQ list will be posted at the scoreboard.
- Protests must be made on an official form to a jury member within 15 minutes of posting.
- Provisional re-runs will be allowed only with permission of a jury member.
- Jury meeting, if necessary, will be held immediately after the second run at Highlands.
- Skier Responsibility – fast skiing will not be allowed on public trails. Tickets will be pulled and racer disqualified.

Warm Up Area: We will work on warm-up terrain/courses as we approach the States

Surrounding Race Venue Terrain: The terrain between the race course finish area and the lift load are all slow ski trails. Use caution and slow speeds on Thunderbowl and surrounding terrain. Tickets will be pulled from any skier violating this expectation.

Race Results: Unofficial race results will be posted on the scoreboard. Full results with team scores will be available on the Colorado High School Ski League website

For further information call: Simon Marsh (970) 376-5915 simonmarsh@comcast.net

STATE SKI WAIVER FORM

This waiver form must be submitted to the CHSAA office no later than Monday, February 13th, 2012 at 1:00 PM to request an exemption for an athlete who did not qualify for the state meet under current CHSAA and CHSSL rules. A separate form must be submitted for each racer and event for which a waiver is requested.

1. _____
School

2. _____
Student's Name

3. _____
Coach's Name

4. Contact number for coach _____

5. Is the athlete academically eligible: yes no

6. Races the athlete competed in and his or her placing in each:

7. Races that athlete missed or did not complete with explanation (please include any additional paper work to support waiver request).

8. Please attach any written explanation needed to explain why this athlete deserves to race in the state competition although they have not officialy qualified.

9. Students' Signature _____

Coach's Signature _____

Athletic Director's Signature _____

No waiver will be considered without all signatures

Deadline: Monday, February 13th, 2012 at 1:00 pm. No waivers will be considered after this date.

Mail: 14855 E. Second Ave. - Aurora, Colorado 80011 **OR FAX:** 303-367-4101
Bethany Schott – bschott@chsaa.org

