

# 2009

## 5A STATE GYMNASTICS TIME SCHEDULE

### ORDER OF ROTATION

	VAULT	BEAM	BARS	FLOOR	TIMED WARM-UPS
<b>Rotation I</b>	(1) Niwot	(2) Standley lake	(3) Thompson Vy.	(4) Ponderosa	1:22 - 1:28
	(5) Green Mountain	(6) Ft. Collins	(7) Rocky Mtn.	(8) Cherry Creek	1:28 - 1:34
	(9) Overland	(10) Bear Creek	(11) Mountain Range	(12) Broomfield	1:34 - 1:40
	(13) Group A	(14) Group D	(15) Group C	(16) Group B	1:40 - 1:46
<b>Rotation II</b>	(4) Ponderosa	(1) Niwot	(2) Standley Lake	(3) Thompson Vy.	1:46 - 1:52
	(8) Cherry Creek	(5) Green Mountain	(6) Ft. Collins	(7) Rocky Mountain	1:52 - 1:58
	(12) Broomfield	(9) Overland	(10) Bear Creek	(11) Mountain Range	1:58 - 2:04
	(16) Group B	(13) Group A	(14) Group D	(15) Group C	2:04 - 2:10

### -50 MINUTE TIMED WARM-UP-

	VAULT	BEAM	BARS	FLOOR	TIMED WARM-UPS
<b>Rotation III</b>	(3) Thompson Vy.	(4) Ponderosa	(1) Niwot	(2) Standley Lake	6 min. per event
	(7) Rocky Mountain	(8) Cherry Creek	(5) Green Mountain	(6) Ft. Collins	
	(11) Mountain Range	(12) Broomfield	(9) Overland	(10) Bear Creek	
	(15) Group C	(16) Group B	(13) Group A	(14) Group D	
<b>Rotation IV</b>	(2) Standley Lake	(3) Thompson Vy.	(4) Ponderosa	(1) Niwot	
	(6) Ft. Collins	(7) Rocky Mountain	(8) Cherry Creek	(5) Green Mountain	
	(10) Bear Creek	(11) Mountain Range	(12) Broomfield	(9) Overland	
	(14) Group D	(15) Group C	(16) Group B	(13) Group A	

1.	Niwot	5.	Green Mountain	9.	Overland
2.	Standley Lake	6.	Fort Collins	10.	Bear Creek
3.	Thompson Valley	7.	Rocky Mountain	11.	Mountain Range
4.	Ponderosa	8.	Cherry Creek	12.	Broomfield

13. Group "A"	14. Group "D"	15. Group "C"	16. Group "B"
Columbine	Loveland	Chatfield	Arvada West
Heritage	Rampart	Legacy	Pine Creek
Horizon	Thornton	Northglenn	Rock Canyon
Lakewood			
Pomona			

## **GROUP A - #13**

### **Vault - 1st**

Pomona

### **Competitors**

Katherine Iacino  
Katie Leach

Heritage

Melissa Fresques  
Megan McNamara  
Bela Schuler  
Alexa Thomsen

Lakewood

Danica Evans

Columbine

Kelsey Petri

### **Beam - 2nd**

Columbine

### **Competitors**

Kelsey Petri  
Kristen Tekip

Pomona

Katherine Iacino

Heritage

Alexa Thomsen  
Bela Schuler  
Melissa Fresques

### **Unevens - 3rd**

Heritage

### **Competitors**

Melissa Fresques  
Megan McNamara  
Bela Schuler  
Alexa Thomsen

Columbine

Kelsey Petri

Pomona

Katherine Iacino

### **Floor - 4th**

Pomona

### **Competitors**

Katherine Iacino

Horizon

Marisa Diaz

Heritage

Melissa Fresques  
Bela Schuler  
Alexa Thomsen

Columbine

Christy O'Malley  
Kelsey Petri

## **GROUP B - #16**

### **Floor - 1st**

Rock Canyon

Pine Creek

Arvada West

### **Competitors**

Frances Shea

Natasha Borowee  
Hannah Brown  
Ava Hildenbrandt

Emily Atton  
Heather Honeyman

### **Vault - 2nd**

Pine Creek

Arvada West

Rock Canyon

### **Competitors**

Hannah Brown  
Sierra Day  
Ava Hildenbrandt

Emily Atton  
Heather Honeyman

Frances Shea

### **Beam - 3rd**

Arvada West

Rock Canyon

Pine Creek

### **Competitors**

Emily Atton  
Taylor Bott  
Tori Hardin  
Heather Honeyman

Frances Shea

Hannah Brown

### **Unevens- 4th**

Rock Canyon

Pine Creek

Arvada West

### **Competitors**

Steffani Meusburger  
Frances Shea

Hannah Brown

Emily Atton  
Taylor Bott  
Heather Honeyman

## **GROUP D - #14**

### **Beam - 1st**

### **Competitors**

Loveland	Eastyn Moore Jana Schmitt
Thornton	Alyson Carranco Alyssa Carranco
Rampart	Amy Boyd

### **Unevens - 2nd**

### **Competitors**

Thornton	Alyson Carranco Alyssa Carranco
Rampart	Alyssa Tannehill
Loveland	Eastyn Moore Jana Schmitt

### **Floor - 3rd**

### **Competitors**

Rampart	Brooke Johnson Alyssa Tannehill
Loveland	Eastyn Moore Jana Schmitt Courtney Mills
Thornton	Alyson Carranco Alyssa Carranco

### **Vault- 4th**

### **Competitors**

Loveland	Jana Schmitt Eastyn Moore Dayna Wadman Courtney Mills
Thornton	Alyssa Carranco Alyson Carranco
Rampart	Brooke Johnson

## **GROUP C # 15**

### **Unevens- 1st**

Northglenn

Legacy

Chatfield

### **Competitors**

Ancy Keller

Maddie Rivas  
Courtney Wilson

Baylee Rice  
Lisa Rocchio  
Sydney Smiley

### **Floor - 2nd**

Chatfield

Legacy

### **Competitors**

Amanda Clements  
Baylee Rice  
Lisa Rocchio  
Sydney Smiley

Maddie Rivas  
Courtney Wilson

### **Vault - 3rd**

Legacy

Chatfield

### **Competitors**

Maddie Riva  
Courtney Wilson

Amanda Clements  
Baylee Rice  
Lisa Rocchio  
Sydney Smiley

### **Beam - 4th**

Chatfield

Legacy

### **Competitors**

Baylee Rice  
Lisa Rocchio  
Sydney Smiley

Maddie Rivas  
Courtney Wilson