

# National Federation Football Jersey Requirements

By National Federation rule, all football jerseys must reach the top of the football pants and be tucked in if longer. There are situations with heavysset players where the jersey is not long enough to reach the top of the football pant. In this situation, a longer jersey should be purchased. In emergency situations, a similar colored T-shirt may be worn over the pads and under the jersey to meet this requirement. Further, receivers reaching for a high pass may also fit into this situation. It is the school's responsibility to make whatever adjustments necessary to meet the requirement of this rule (NF Rule 1-5-1(b), page 17).

**Please Note:** Effective 2012, visiting jerseys must be white per NFHS RULES.

Beginning in 2012, players of the visiting team shall wear jerseys that meet the following criteria: The body of the jersey (inside the shoulders, below the collar, and to the bottom of the jersey) shall be white and shall contain only the listed allowable adornments and accessory patterns in a color that contrasts to white:

- (a) as the jersey number(s) required in 1-5-1-c or as the team and/or player name within the body and/or on the shoulders,
- (b) either as a decorative stripe placed during production that follows the curve of the raglan sleeve not to exceed 1 inch at any point within the body of the jersey, or as decorative stripe(s) added in the shoulder area after production, not to exceed 1 inch per stripe and total size of combined stripes not to exceed 3.5 inches,
- (c) within the collar, a maximum of 1 inch in width, and/or
- (d) as a side seam, a maximum of 4 inches in width but any non-white color may not appear within the body of the jersey (with the exception of a decorative stripe placed during production that follows the curve of the raglan sleeve). The exception to (d) would be what is stated in (b) above.

Beginning in 2012, players of the home team shall wear jerseys that meet the following criteria: The body of the jersey (inside the shoulders, below the collar, and to the bottom of the jersey) may not include white, except as stated below. If white appears in the body of the jersey of the home team, it may only appear:

- a) as the jersey number(s) required in 1-5-1-c or as the team and/or player name within the body and/or on the shoulders,
- b) either as a decorative stripe placed during production that follows the curve of the raglan sleeve not to exceed 1 inch at any point within the body of the jersey, or as decorative stripe(s) added in the shoulder area after production, not to exceed 1 inch per stripe and total size of combined stripes not to exceed 3.5 inches,
- c) within the collar, a maximum of 1 inch in width, and/or
- d) as a side seam, a maximum of 4 inches in width but any white color may not appear within the body of the jersey (with the exception of a decorative stripe placed during production that follows the curve of the raglan sleeve). The exception to (d) would be what is stated in (b) above.