

2011 NFHS FIELD HOCKEY RULE CHANGES & CLARIFICATIONS

Rules Book pg. 2

1-2-4c	Deleted the alley markings on the field
1-6-4	Clarified the weight of the stick
1-6-5	Clarified mandatory eye protection for all field players
1-6-6	Clarified how state associations may provide reasonable accommodations
1-8	Clarified head coaches' responsibilities
2-1-4	Clarified the amount of blood allowed on a player's uniform/equipment
3-2-6	Clarified the legal strokes for penalty corner
3-3-10	Clarified the definition of dribbling as a basic technique
8-1 PEN	Clarified the suspension time for a player who is awarded a yellow card
9-2 PEN 4	Clarified the field location when a violation of a 7-yard restriction occurs and the penalty award
10-2-6	Clarified when a goal can be scored from a penalty corner
12-2PEN 3	Clarified the order and severity of the penalty administration
Officials Guide	Reorganized to accommodate penalizing player misconduct

POINTS OF EMPHASIS

Rules Book pg. 61-62

1. Use of Cards
2. Penalty Corner
3. Coaching Responsibilities