

CWOA Web-Site

www.cwoa.us

The Colorado Wrestling Officials Association has established its own web-site. Information about the organization, rule interpretations and other items of interest can be accessed at this location in addition to the material housed at the "Officials Center" on the CHSAA site.

Be reminded this project is a work in progress. Members are very welcome to submit ideas, suggestions and material for the betterment of the CWOA and our new home on the web! Members of the executive committee will readily accept any contributions you may have to this new cause.

Guidelines for Mat Skill Improvement Opportunities

The executive committee of the CWOA allows any of the ten (10) administrative areas in Colorado to provide mat skill improvement activities in addition to the required rule clinics and work sessions. **Members attending a mat skills session will be given credit for the required Nov/Dec work session.**

Members should be reminded that any proposed such activities must be presented annually to the CWOA executive committee for review and approval **prior to** the activity being presented. The following is a list of the criteria requested by the executive committee to be reviewed:

- Time, date and location of the program
 - A statement of its purpose
 - Content of the instruction
 - Expectations of the attendees
- List of activity presenters or instructors
- Anticipated expenses to be incurred by the attendees

Scheduled Skill Improvement Opportunities for 2009-2010

SATURDAY, OCTOBER 24, 2009

8:00 AM to about 2:30 to 3:00 PM

Clinic and officiating will take place at Colorado School of Mines

Coordinators will be Steve Crockett, Rich Fell, Andy Free, Tom Stone

ALL OFFICIALS (both FIRST YEAR and EXPERIENCED) You are all invited and encouraged to attend!

In the recent past we have held a clinic in partnership with the Coaches Association at their meeting location. This year we have changed the meeting location and focus. For several years we have helped the Colorado School of Mines with their annual fund raising tournament. It has been successful in giving members the opportunity to get excellent pre-season experience with some very

tough matches. This year we will hold class room training for first year officials from 8:00 AM to 9:45 AM in CSM's wrestling room. We will teach the basics on officiating mechanics including positioning, starting positions, out of bounds, near falls. At 10:00 A.M. the tournament starts on 10 mats in the field house. Supervised teaching will continue for new officials throughout the day. Training and evaluations will be available for all members who wish to avail themselves of the input. All participants will leave with a feeling that they are prepared to being the new season. You will also have the opportunity to buy your equipment needs for the 2009/2010 season. If there are questions please call any of the coordinators listed above. Please **MARK** your calendars with the date.

Tuesday, NOVEMBER 17, 2009

6:00pm to 9:00pm

Colorado School of Mines in their field house or wrestling room (follow signs)

1500 Illinois St. Golden, Colorado 80401

Coordinators-Jerry Moore and Area 1 Directors

FIRST, SECOND AND THIRD YEAR OFFICIALS. (all officials welcome)

CWOA Area I Directors will sponsor an Officials Clinic for new or second and third year officials. We will have a panel of several veteran officials who will share their years of experience on jump starting your officiating career. You will learn firsthand the tips, hints, and activity knowledge that would require several years if you choose the do-it-yourself method. While this special session is not a required meeting, you are strongly encouraged to attend. If you choose not to join us this evening, the coaches are always willing to teach you the lessons over a longer period of time. A warning though, their instruction and lessons won't be nearly as official friendly. The lessons are learned much easier from your fellow officials! Call Jerry Moore (303-674-4485) if you have questions or need further details.

Wednesday, NOVEMBER 18, 2009

6 PM to 8:30PM

at Palisade High School

Ben Keefer and Area VI Officials – Coordinators

PRE-SEASON OFFICIATING CLINIC

ALL OFFICIALS (both NEW and EXPERIENCED)

This annual clinic serves as the kick-off to the up-coming wrestling season.

The clinic is organized and led by selected officials from the western slope of Colorado. Clinic sessions will include a slate of sessions focused towards all officials. The clinic will provide sessions specific to the newer officials including topics such as scoring criteria, mat movement, and officiating mechanics. The clinic will also provide opportunities for more experienced (Continued on next page) officials to meet together to review those more difficult subjective decisions, "tough calls" situations. The final schedule will be posted on the CWOA website (<http://cwoa.us>). Questions can be directed to Ben Keefer (keefer@mesastate.edu).

Saturday, December 5, 2009

9:00 AM to 3:00 PM

Colorado School for the Deaf and Blind

PPWOA-Tournament

The tournament is sponsored by the Board members of PPWOA. Experienced officials and new members will be afforded the opportunity to acquire additional mat skills, evaluations and assistance in improving your officiating skills.

Please call Dan Pohja for additional information on the day's events. Cell # (719) 494-3233